

1 **Title:** A mathematical framework to correct for compositionality in microbiome datasets

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3 **Running Title** (Limit: 54 characters): Removing compositionality in metagenomic analyses

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11
12 **Keywords:** Compositionality, scaled abundance, internal standard, experimental design,
13 metagenomic sequencing

14 **Abstract**

15 The increasing use of metagenomic sequencing (MGS) for microbiome analysis has
16 significantly advanced our understanding of microbial communities and their roles in various
17 biological processes, including human health, environmental cycling, and disease. However, the
18 inherent compositionality of MGS data, where the relative abundance of each taxa depends on
19 the abundance of all other taxa, complicates the measurement of individual taxa and the
20 interpretation of microbiome data. Here we describe an experimental design that incorporates
21 exogenous internal standards in routine MGS analyses to correct for compositional distortions.
22 A mathematical framework was developed for using the observed internal standard relative
23 abundance to calculate “Scaled Abundances” for native taxa that were (i) independent of
24 sample composition and (ii) directly proportional to actual biological abundances. Through
25 rigorous analysis of mock community and human gut microbiome samples, we demonstrate that
26 Scaled Abundances outperformed traditional relative abundance measurements in both
27 precision and accuracy and enabled reliable, quantitative comparisons of individual microbiome
28 taxa across varied sample compositions and across a wide range of taxa abundances. By
29 providing a pathway to accurate taxa quantification, this approach holds significant potential for
30 advancing microbiome research, particularly in clinical and environmental health applications
31 where precise microbial profiling is critical.

32 **Importance**

33
34 Metagenomic sequencing (MGS) analysis has become central to modern characterizations of
35 microbiome samples. However, the inherent compositionality of these analyses often complicate
36 interpretations of results. We present here an experimental design and corresponding
37 mathematical framework that uses internal standards with routine MGS methods to correct for
38 compositional distortions. We validate this approach for both amplicon and shotgun MGS
39 analysis of mock communities and human gut microbiome (fecal) samples. By using internal
40 standards to remove compositionality, we demonstrate significantly improved measurement
41 accuracy and precision for quantification of taxa abundances. This approach is broadly
42 applicable across a wide range of microbiome research applications.

43
44

45 **Introduction**

46 Over the last several decades, the decreasing cost and increasing throughput of next
47 generation sequencing measurements have made metagenomic sequencing (MGS)
48 characterization a default strategy for microbiome analyses.¹⁻³ Owing to the ubiquity of naturally
49 occurring microbiomes throughout natural and man-made environments, MGS analyses have
50 correlated microbiomes, and their resident microbes, with a variety of important phenomena,
51 including human, animal, and plant health, renewable resources, infrastructure degradation,
52 environmental biogeochemical cycling, and waste remediation, among others.³⁻¹² Particularly in
53 the field of health, many connections have been postulated between the human microbiome and
54 various health and disease conditions such as obesity, gut health, autism, depression, or
55 autoimmune disease.^{4,6,8,13-18}

56
57 However, in spite of promising initial indications, many of the earliest correlations between
58 microbiomes and health conditions have failed to bear fruit. For instance, questions have arisen
59 about the relevance of the Firmicutes:Bacteroides ratio to obesity and gut health, about the
60 existence of a 'cancer microbiome', and about the role of microbes in Autism.¹⁹⁻²² Even early in
61 the Human Microbiome project, it was widely recognized that MGS results were much more
62 reproducible (precise) than they were accurate (reflecting the underlying biology).^{23,24} Many
63 comparisons have shown that analysis results vary significantly between samples and
64 methodologies.²⁵⁻³⁰

65
66 One of the complications with drawing conclusions from MGS results lies in the data's inherent
67 compositionality.^{25,27,30,31} In short, the observed relative abundance of each taxa in a sample
68 depends on both its actual abundance as well as the abundances of all other taxa in the
69 sample. While aggregate compositional differences between samples can be accurately
70 assessed, this severely limits the quantification of variations in the individual abundances of
71 constituent taxa. Alternately, rigorous compositional data analysis strategies hold great promise
72 for quantifying individual microbiome taxa abundances, correlating observed and actual
73 abundances of constituent taxa, and allowing direct comparisons between microbiome samples
74 with varied compositions.³²

75
76 A variety of ratiometric analysis strategies have been applied in the context of microbiome MGS
77 to try to correct for data compositionality.³²⁻³⁵ One effective strategy has been to use ratios of
78 pairs of taxa relative abundances within each sample to correct for the effects of
79 compositionality.^{25,36} Although this accurately accounts for compositionality, ratios of
80 abundances of native taxa can be challenging to interpret and require that both taxa be present
81 in all samples of interest. In wastewater biosurveillance for extracellular antimicrobial resistance
82 genes by MGS, the routine addition of exogenous DNA as an internal standard has been
83 demonstrated to improve MGS quantitation.^{37,38}

84
85 In the current effort, we describe an experimental design for the routine inclusion of internal
86 standards in microbiome MGS analyses. When genetic material from exogenous microbes is
87 systematically added to samples, it serves as an internal reference standard to assess and
88 mathematically correct for each sample's composition. A rigorous framework for this analysis is

89 provided along with several demonstrative examples. A previously reported systematic study of
90 mock communities is re-analyzed here using the proposed internal standard framework. Then, a
91 series of human gut microbiome samples are prepared and evaluated for two demonstration
92 cases: (i) constant microbe concentrations with varied sample compositions; and (ii)
93 systematically varied microbe concentrations with constant sample composition. In all cases,
94 the results validate the proposed mathematical model for using internal standards to improve
95 quantitative MGS analyses.

96

97 **Results and Discussion**

98 Mathematical framework

99 The analysis of microbiome samples using MGS varies among researchers but always requires
100 a series of physical and bioinformatic manipulations, typically including sample acquisition, DNA
101 extraction, library preparation, and next generation sequencing (NGS), as well as read trimming
102 and taxonomic assignment.^{1,25,29,30} Importantly, each step contributes biases that accumulate
103 throughout the measurement pipeline.^{25,30} For a locked-down method, these individual biases
104 can be combined into a single aggregate bias term for each taxa that describes the analytical
105 response through the entire protocol.²⁵

106

$$107 \quad \text{AnalyticalResponse}_{Taxa z} = \text{ActualAbundance}_{Taxa z} \times \text{Bias}_{Taxa z} \quad \text{Equation 1}$$

108

109 However, the analytical response is not directly observable from MGS results due to distortion
110 arising from process saturation. Since NGS analyses arbitrarily limit the total number of DNA
111 molecules that are analyzed, the measured relative abundance for each taxa depends on both
112 the analytical response of that taxa (Eqn 1) as well as the aggregate responses of all taxa in the
113 sample:

114

$$115 \quad \text{RelativeAbundance}_{Taxa z} = \frac{\text{AnalyticalResponse}_{Taxa z}}{\sum_{Taxa} (\text{AnalyticalResponse}_{Taxa})}$$
$$116 \quad \text{RelativeAbundance}_{Taxa z} = \frac{\text{ActualAbundance}_{Taxa z} \times \text{Bias}_{Taxa z}}{\sum_{Taxa} (\text{ActualAbundance}_{Taxa} \times \text{Bias}_{Taxa})} \quad \text{Equation 2}$$

117

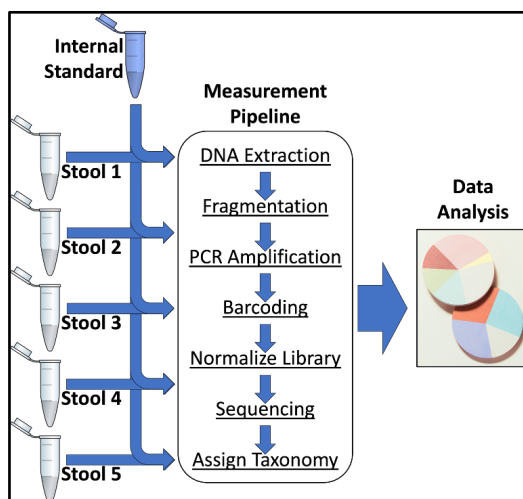
118 The denominator in Eqn 2 gives rise to the inherent compositional nature of MGS datasets since
119 the measured relative abundance for each taxa is inextricably tied to relative abundance of
120 every other taxa in the sample. So, for example, a measured increase in a taxa's relative
121 abundance could arise from either an increase in its actual biological abundance in the sample
122 or from a decrease in the actual abundances of other Taxa. These two scenarios are
123 phenomenologically distinct but generally indistinguishable experimentally, particularly as (i) the
124 Actual Abundances and Biases remain unknown for most taxa in naturally occurring samples
125 and (ii) biases vary substantially and unpredictably between individual taxa and various
126 common protocols.^{25,30} Thus, while whole-sample comparisons based on measured relative
127 abundances generally reflect aggregate compositional changes with some accuracy, at least
128 within the context of locked-down protocols, the quantitative comparison of individual taxa
129 relative abundances between samples is unreliable.

130

131 A variety of compositional data analysis approaches have been developed for or adapted to
132 MGS datasets with some success.^{25,32} In general, these approaches recognize that the
133 compositional denominator in Eqn 2 is identical for all taxa from a sample, and use ratios to
134 remove or diminish the compositionality. For example, the ratio of the relative abundances of
135 two native taxa from a sample will depend only on the actual taxa abundances and biases
136 associated with those taxa and will be independent of the rest of the sample composition:²⁵
137

$$\frac{RelativeAbundance_{Taxa\ z}}{RelativeAbundance_{Taxa\ y}} = \left(\frac{ActualAbundance_{Taxa\ z}}{ActualAbundance_{Taxa\ y}} \right) \times \left(\frac{Bias_{Taxa\ z}}{Bias_{Taxa\ y}} \right) \quad \text{Equation 3}$$

139
140 In the current effort, we propose an experimental design where an exogenous microorganism is
141 systematically added into each sample to be analyzed as an internal standard (Figure 1). The
142 strategy of employing internal standards to correct for analytical distortions between samples
143 has been advantageously employed in such analyses as fluorescence quantitation, gene arrays,
144 and metabolomic analyses.^{39–41} Basically, the internal standard is analyzed along with the rest
145 of the sample throughout the entire measurement pipeline, and its measured abundance is
146 similarly affected by sample-specific parameters such as compositionality. For application in
147 MGS datasets, the internal standard can be readily distinguished from other taxa based on its
148 unique genome sequence, and its observed relative abundance and known actual abundance
149 (as specified by a protocol for its systematic addition) help correct for compositionality.
150 Comparison of measured relative abundances of native taxa to that of the internal standard then
151 corrects for compositionality as shown in Equation 3, but without the ambiguity of referencing
152 two native taxa that may change independently of each other between samples.
153



154
155 **Figure 1.** Experimental design specifying systematic addition of an exogenous internal
156 standard microbe into every sample ahead of metagenomic sequencing analysis.
157

158 Thus, Equation 3 can be rearranged to calculate a 'Scaled Abundance' metric as the product of
159 the internal standard actual abundance and the ratio of each native taxa's relative abundance to
160 the internal standard relative abundance. These Scaled Abundances are then predicted to be
161 directly proportional to each taxa's actual abundance, with a constant of proportionality that
162 directly reflects the ratio of biases for that taxa and the internal standard:

163

$$164 \quad ScaledAbundance_{Taxa\ z} = \frac{RelativeAbundance_{Taxa\ z}}{RelativeAbundance_{Internal\ Standard}} \times ActualAbundance_{Internal\ Standard}$$

165

$$166 \quad ScaledAbundance_{Taxa\ z} = ActualAbundance_{Taxa\ z} \times \left(\frac{Bias_{Taxa\ z}}{Bias_{Internal\ Standard}} \right) \quad \text{Equation 4}$$

167

168 Because biases for each taxa arise from the specifics of the protocol steps employed, the bias
169 ratio in Equation 4 will be constant within locked-down protocols, allowing direct comparisons of
170 abundances between samples, independent of sample compositionality.

171

172 There are two primary applications for using this Scaled Abundance metric. In the first scenario,
173 taxa of interest may have been previously identified, isolated, and cultured. In this case, the taxa
174 of interest can be spiked into samples to allow calculation of the bias ratio in Eqn 4. This in turn
175 allows the Scaled Abundance measured in unknown samples to be directly converted into
176 accurately measured actual abundances. However, for many native taxa, bias ratios cannot be
177 independently determined for taxa of interest (e.g., unknown or unculturable taxa).

178 Nevertheless, in this scenario, the biases still remain constant between samples (analyzed
179 using a common protocol), so fold changes in scaled abundance between samples still directly
180 reports fold-changes in actual abundance:

181

$$182 \quad \Delta(ScaledAbundance_{Taxa\ z}) = \Delta(ActualAbundance_{Taxa\ z}) \quad \text{Equation 5}$$

183

184 This mathematical framework for using internal standards to calculate a Scaled Abundance
185 metric from MGS data is further explored in the remainder of this manuscript with actual MGS
186 data. With previously published MGS data from a series of microbial mock communities, we
187 reanalyze the results by treating one constituent taxa as an internal standard and showing that
188 the calculated Scaled Abundances correlate well with known actual abundances. Then, we
189 prepared and analyzed 5 distinct fecal samples to demonstrate that the calculated Scaled
190 Abundance is independent of sample composition (as predicted by Equation 4). We further
191 show how to calculate bias ratios for independently characterized taxa, thereby allowing direct
192 measurement of Actual Abundances for known taxa, and how to use fold changes in Scaled
193 Abundance to accurately report fold changes in Actual Abundance for all taxa (as predicted in
194 Equation 5). Finally, we explored a dilution series to show that Scaled Abundance accurately
195 tracks changes in actual abundance for native taxa, even when sample composition is constant
196 (as predicted by Equation 4). In each evaluation, analysis of real data supports the
197 mathematical framework described here and demonstrates that the use of an internal standard
198 to calculate Scaled Abundances accurately corrects for MGS compositionality and enables
199 abundances of individual taxa to be quantified and meaningfully compared between microbiome
200 samples.

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202 Previously published data

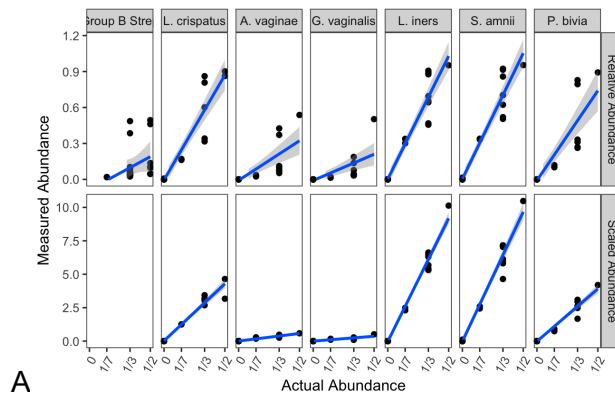
203 In 2015, Brooks et al. systematically generated a series of 80 combinations of 7 specific

204 bacterial strains commonly associated with the vaginal microbiome.²⁶ These diverse

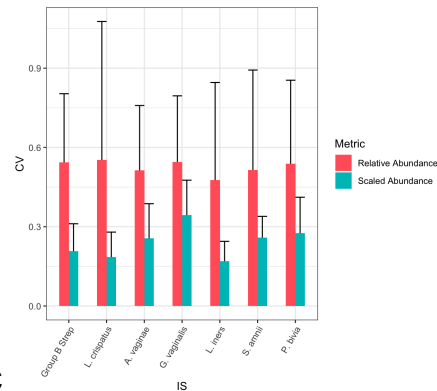
205 metagenomic samples were then analyzed using a common measurement pipeline, including

206 DNA extraction, PCR amplification of the V1-V3 region of the rRNA gene, followed-by next-
 207 generation sequencing. While the resulting measured relative abundances exhibited poor
 208 concordance with the known actual abundances of taxa, the data was systematically collected,
 209 annotated, and made publicly available, and these data have been usefully reevaluated to
 210 validate ratiometric approaches to compositional data analysis.²⁵ We have reanalyzed this
 211 dataset in the current framework by designating one added strain as an internal standard and
 212 using its known abundance to calculate scaled abundances for the remaining taxa (Figure 2).
 213

214



Target	RelAbund_CV	ScaledAbund_CV
Group B Strep	110%	NA
L. crispatus	29%	16%
A. vaginae	70%	19%
G. vaginalis	87%	33%
L. iners	22%	9%
S. amnii	21%	12%
P. bivia	44%	16%



215

B

C

216 **Figure 2:** Previously published data from a series of microbial mock communities
 217 (Brooks, et al., 2015) was reanalyzed using the mathematical framework described
 218 herein by treating one strain as an internal standard for calculating Scaled Abundances.
 219 Strain abundances, as represented by relative abundance (RA) or Scaled Abundance
 220 (SA), were plotted against their experimentally specified actual abundances (A). (Group
 221 B Strep was treated as the internal standard, so no Scaled Abundances were
 222 calculated.) Linear regressions and 95% confidence bounds show best fit linear
 223 correlation models. The regression goodness-of-fits are summarized (B) as calculated
 224 coefficients of variation (CVs) for each regression. This procedure was generalized by
 225 systematically treating each strain as the internal standard, and calculating the average
 226 goodness-of-fit (and 95% confidence intervals) for remaining strains as measured by
 227 each metric (C).
 228

229 As reported in the analysis from the original manuscript, measured relative abundance of
 230 individual taxa exhibited poor correlation with the actual abundances known from sample
 231 preparation (Figure 2a, relative abundance). However, when we designated one of the taxa

232 (e.g., Group B Strep) as an internal standard to correct for compositionality, the calculated
233 scaled abundances for the remaining taxa were much better correlated with the known actual
234 abundances (Figure 2a, scaled abundances). Regressions for each taxa's scaled abundance
235 demonstrated directly proportionality with their actual abundances, as predicted by Equation 4.
236

237 The slopes of the scaled abundance regressions varied between taxa, consistent with varying
238 constants of proportionality in each case as predicted by the bias ratios in Equation 4. For
239 known, independently quantified taxa (such as the ones explored in this dataset) these
240 regressions provided a quantification of the bias ratio and, in turn, a calibration for the
241 determination of actual abundances from scaled abundances measurements of any future
242 unknown samples. This calibration will be particular to the specific method/protocol employed.
243

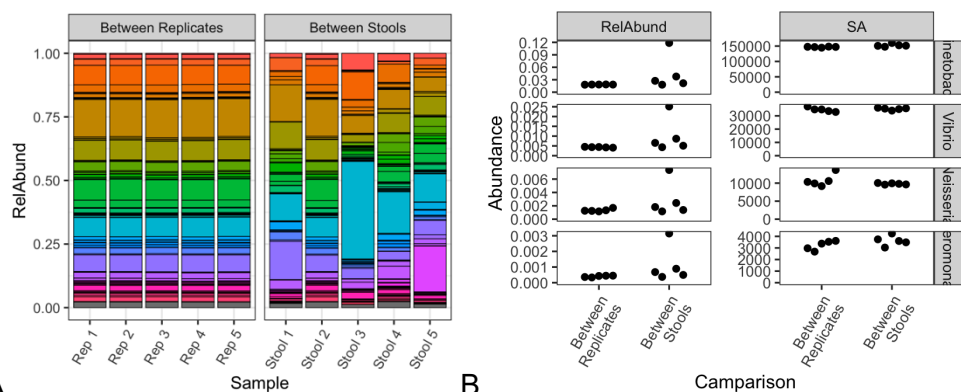
244 For each taxa, the degree of agreement between the observed and actual abundances
245 (goodness-of-fit) was summarized using a calculated coefficient of variation (CV, Figure 2b).
246 Using Group B Strep as the internal standard, the CVs for relative abundance measurements
247 were quite large and consistently higher than the CVs for Scaled Abundances, presumably
248 because the Scaled Abundance corrected for sample compositionality. Recognizing that any of
249 the mock community taxa could have been treated as the internal standards, these analyses
250 were repeated for each taxa. The average of CVs from the remaining taxa showed that Scaled
251 Abundance, calculated using the internal standards, consistently produced better correlation
252 (lower CVs) between measured and actual abundances than relative abundances (Figure 2c).
253 Taken together, these results were entirely consistent with the described mathematical
254 framework and demonstrated that using internal standards to calculate Scaled Abundances
255 significantly improved MGS quantitation and the ability to accurately correlate individual taxa
256 measurements with known actual abundances.
257

258 Testable Hypothesis 1: Scaled Abundance is independent of sample composition

259 One of the predictions arising from Equation 4 is that Scaled Abundance measurements for
260 individual taxa will be independent of sample composition. This is in direct comparison to
261 Relative Abundance measurements which are compositionally dependent (as shown in
262 Equation 2). To test this hypothesis, a series of samples were prepared wherein constant
263 amounts of microbial DNA from 4 exogenous taxa were spiked into individual fecal samples
264 exhibiting identical compositions (i.e., technical replicates) or varied compositions (Figure 3).
265 The concentrations of the spiked-in DNA was systematically varied by taxa across 2 orders of
266 magnitude, and it was then uniformly added to each sample. For each sample, MGS analysis
267 yielded Relative Abundance measurements which were used to calculate Scaled Abundances
268 for the spiked-in taxa through comparison to an internal standard as described in Equation 4.
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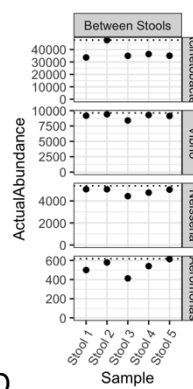
270 As expected for MGS analysis of fecal samples, good reproducibility was observed between
271 replicate analyses, while significant differences were observed between five different stool
272 samples (Figure 3A). The inherent compositionality of this measurement is implicit in the way
273 bar chart Relative Abundances always sum to unity. Stacked bar chart plots are particularly
274 useful for observing technical precision or compositional shifts within all of the taxa present.
275

276



277

Spiked-In DNA	Measured CVs (16S)				Bias Ratio
	Between Replicates		Between Stools		
	Relative Abundance	Scaled Abundance	Relative Abundance	Scaled Abundance	
Acinetobacter (4.8×10^4 Cp/mL)	1%	1%	94%	3%	3.1 ± 0.3
Vibrio (9.6×10^3 Cp/mL)	4%	5%	87%	2%	3.6 ± 0.2
Neisseria (5.4×10^3 Cp/mL)	16%	16%	91%	2%	2.0 ± 0.4
Aeromonas (6.2×10^2 Cp/mL)	13%	12%	103%	12%	5.2 ± 0.8



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Figure 3. Metagenomic sequencing of diverse stool samples. Stacked barcharts (A) of the most abundant genera reveal high reproducibility within replicate analyses of a single stool sample, and significant compositional differences between stool samples from different donors. Known concentrations of DNA from 4 taxa were uniformly spiked-in, and their individual abundances (B) are plotted for the relative abundance (RelAbund) and Scaled Abundance (SA) metrics and grouped for comparisons between replicates and between distinct stools. The precision of these abundance measurements are tabulated (C) as calculated CVs. Data from the Scaled Abundance technical replicates were used to calculate Bias Ratios (\pm 95% confidence interval), as described in Equation 4. Using these Bias Ratios, the actual abundances for the ‘between stools’ data are plotted (D) and correlate well with their actual abundances (dotted lines). Shown here for 16S MGS analysis, the same samples were analyzed using a shotgun MGS analysis pipeline with substantially similar results (Figure SI 1).

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However, Relative Abundance has limited utility for evaluating individual taxa between samples because of its compositional dependence. Here, when individual spike-in taxa were uniformly added to all samples, their measured Relative Abundances (Figure 3B, RelAbund) were only consistent within a common sample composition. Even though the spiked-in DNA was known to be constant, the observed relative abundances between different fecal samples exhibited significant variation. Further, these variations were strongly correlated between taxa. This behavior is entirely consistent with the expected effect of sample compositionality on the relative abundance measurement as described in Equation 2. In contrast, Scaled Abundances were calculated using an internal standard in an effort to correct for compositionality (Equation 4). Unlike the variation observed for Relative Abundance measurements, the calculated Scaled

302 Abundances exhibited consistency for both technical replicates and across differing sample
303 compositions (Figure 3B, ScaledAbund). This supported the hypothesis that the Scaled
304 Abundance metric would be wholly independent of sample composition.

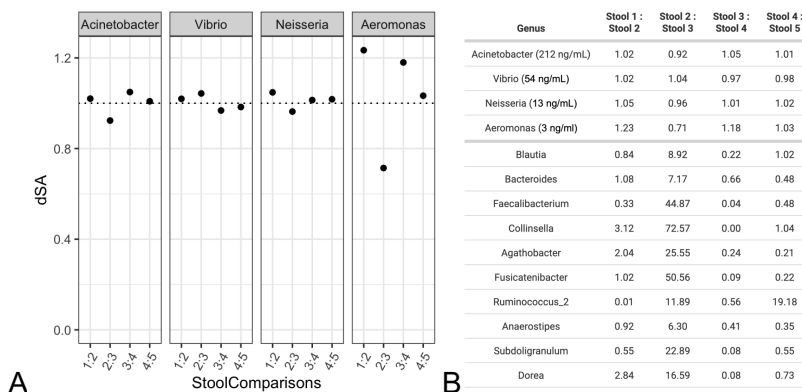
305
306 The precision of observed abundances (by Relative Abundance and Scaled Abundance) were
307 calculated as the coefficient of variation (CV) across each group of samples and for each
308 spiked-in taxa (Figure 3C). Within the measured Relative Abundances of technical replicates,
309 CVs ranged 1%-15%. This precision generally decreased alongside the spike-in concentration,
310 and these were interpreted as representing a lower limit of precision for sample preparation (i.e.,
311 spiking in DNA) and handling. When considering the measured Relative Abundances across
312 varied sample compositions, much higher variability (90%-100% CV) was observed for the
313 spiked-in taxa, consistent with the effects of compositionality. In contrast, calculated Scaled
314 Abundances exhibited generally high precision ($CV \leq 15\%$) for all spiked-in taxa, both within
315 technical replicates and between different sample compositions. Importantly, this showed that
316 the Scaled Abundance approach described herein was able to consistently account for
317 compositionality and achieve high precision across at least 2 orders of magnitude, and even at
318 low relative abundances ($RA \sim 0.0005$).

319 320 Accounting for Bias

321 While the calculated Scaled Abundances succeed at accounting for differences between sample
322 compositions, they are not without bias. Indeed, Equation 4 predicts that the constant of
323 proportionality between the Scaled Abundances for each taxa and their Actual Abundances
324 arises from the ratio of the analytical biases between the specified taxa and the internal
325 standard. Using the known Actual Abundances of each spike-in taxa, bias ratios
326 ($Bias_{Spike\ In} : Bias_{Internal\ Standard}$) were calculated from the technical replicate fecal samples
327 (Figure 3C). While the measured biases are expected to be highly protocol-specific, they were
328 highly reproducible across replicate samples for a locked-down protocol. These bias ratios were
329 then used to calculate actual abundances, from the Scaled Abundances in each distinct stool
330 sample, and exhibited excellent agreement to ground truth (Figure 3D). These results
331 demonstrated that for taxa that can be independently measured and spiked-in, bias ratios can
332 be directly quantified to calibrate the calculated Scaled Abundances to actual abundance
333 determinations.

334
335 However, many taxa native to microbiome samples may not be available for independent
336 culture and enumeration. An alternative strategy to account for bias is to recognize that bias is
337 invariant within a specified protocol and will skew Scaled Abundances equally within each
338 sample (Equation 4). Thus, the fold change in Scaled Abundance between samples allows
339 these biases to cancel, thereby directly reporting the fold change in Actual Abundance
340 (Equation 5). When $\Delta(Scaled\ Abundance)$ was calculated between the five fecal samples for
341 any of the uniformly added spike-in taxa, the results hovered around unity and were
342 independent of the particular taxa or samples considered (Figure 4A). These results were
343 consistent with an absence of any significant effect of sample composition, taxa identity, or
344 spike-in actual abundance on using internal standards and Scaled Abundances to quantify
345 $\Delta(Actual\ Abundance)$ between samples. This result improves on previous ratiometric

346 approaches in that the use of an internal standard reference allowed the comparisons between
 347 samples to be directly attributed to individual taxa. The calculated $\Delta(\text{ScaledAbundance})$ for each
 348 of the spike-in taxa as well as the most abundant 10 native taxa are also tabulated (Figure 4B).
 349 For native taxa, the fold-changes varied significantly between pairs of samples, as expected for
 350 diverse fecal samples.
 351



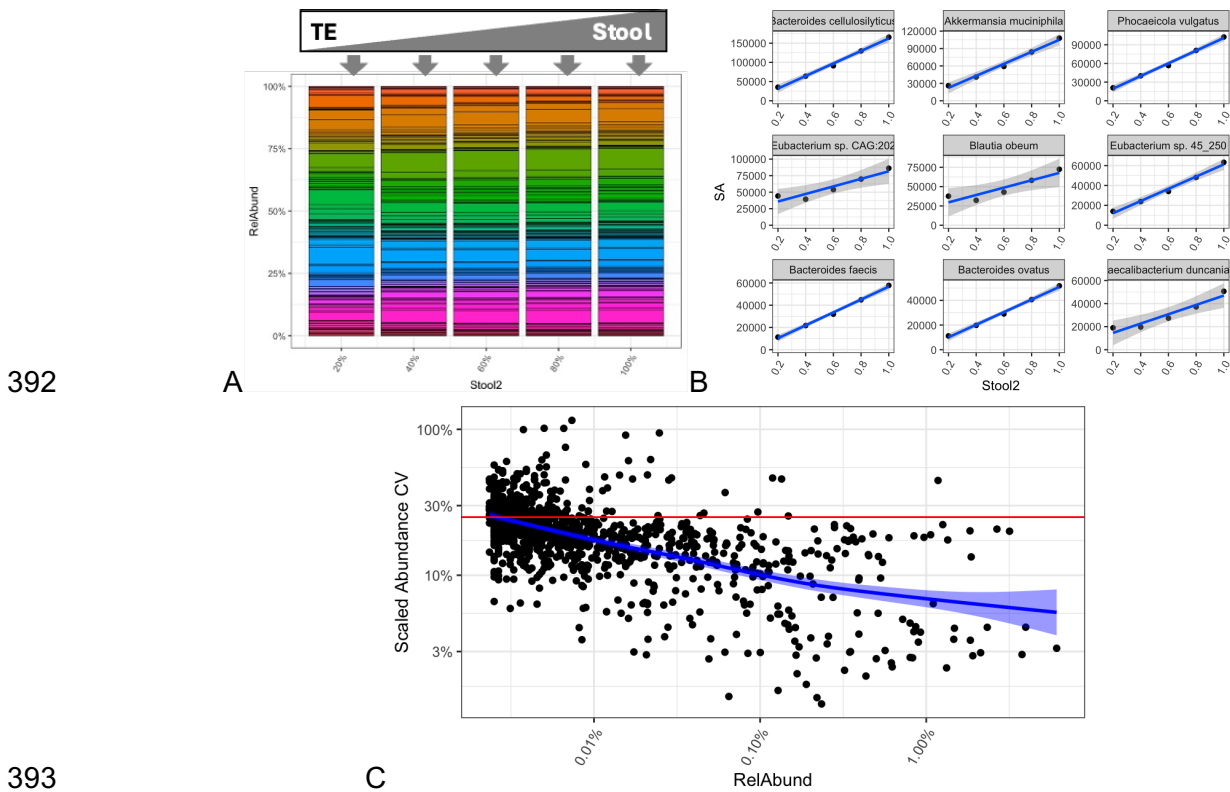
352 **Figure 4.** $\Delta(\text{ScaledAbundance})$ for each spike-in taxa was calculated and plotted (A) for
 353 pairs of the stool samples shown in Figure 3. Since the spike-ins were uniformly added
 354 to all samples, $\Delta(\text{ScaledAbundance})$ was expected to be unity (dotted line). The table (B)
 355 provides calculated $\Delta(\text{ScaledAbundance})$ for each of the spike-in taxa and the top 10
 356 most abundant taxa quantified in all 5 stool samples. Shown here for 16S MGS analysis,
 357 the same samples were analyzed using a shotgun MGS analysis pipeline with
 358 substantially similar results (Figures SI 2 and SI 3). An exhaustive list of all taxa and
 359 their measured $\Delta(\text{ScaledAbundance})$ values is also available (Table SI 1).
 360
 361

362 When the same fecal samples were analyzed using shotgun MGS (instead of 16S MGS),
 363 substantially similar results were attained (Figure SI 2). In particular, the quantified
 364 $\Delta(\text{ScaledAbundance})$ values for native taxa between samples were nearly identical (Figure SI 3,
 365 Table SI 1), suggesting that these results were accurately reporting $\Delta(\text{ActualAbundance})$ and
 366 reflect the real biological differences in native taxa abundances between samples.
 367

368 Thus, while bias is unavoidable in MGS measurements, the ratio of the biases between each
 369 taxa and the internal standard were consistent between samples and also represented the
 370 constant of proportionality between that taxa's calculated Scaled Abundances and its Actual
 371 Abundance (Equation 4). For independently enumerated taxa, this Bias Ratio can be calculated,
 372 allowing Scaled Abundances to be accurately converted into measures of Actual Abundance.
 373 For other taxa, such as unculturable native species, comparisons between samples still allow
 374 accurate quantification of fold changes in actual abundance (Equation 5). In either case, this
 375 experimental design for the addition of internal standards and mathematical framework to
 376 calculate Scaled Abundances provides a rigorous and quantitative strategy for directly
 377 comparing taxa actual abundances between samples.
 378

379 Testable Hypothesis 2: Scaled Abundance is proportional to actual abundance

380 To further demonstrate the utility of an experimental design which includes internal standards, a
381 series of samples were prepared wherein the sample composition was kept constant even while
382 microbial abundances were systematically varied. This was accomplished by systematically
383 diluting a fecal sample into Tris-EDTA buffer (Figure 5a). As can be seen from the stacked bar
384 charts of taxa relative abundances, as measured by shotgun MGS, sample composition
385 remained unchanged across all samples, even while the Actual Abundances of native were
386 known to be decreasing based on sample preparation. This dilution series was then treated as a
387 series of independent samples, into which the internal standard was uniformly added. For these
388 samples, the dilution fraction served as a stand-in for taxa actual abundance when comparing
389 between samples, and measured abundances were correlated with dilution fraction as
390 described in Equation 2 and Equation 4.
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- **Figure 5.** Metagenomic sequencing of a Stool dilution series. Stacked bar charts (A) of a systematic dilution of stool with TE buffer show a consistent sample composition. Comparisons of measured Scaled Abundance to actual stool concentration (B, for the nine most-abundance native taxa) were highly correlated. (Relative abundances for the same taxa exhibited poor correlations with stool concentration, as seen in Figure SI 4.) Similar regressions were determined for all taxa native to the stool, and their goodness-of-fits were plotted (C) as a function of each taxa's measured relative abundance. Across all taxa (blue trend line), these regressions revealed high correlation ($CV \leq 25\%$) between measured Scaled Abundances and known actual abundances across a wide range of taxa relative abundances.

406 When individual Scaled Abundances of the most abundant native taxa were compared to each
407 sample's known fecal concentration, good correlations were observed, as predicted from
408 Equation 4 (Figure 5B). In contrast, relative abundances of the same taxa exhibited poor
409 correlations with fecal concentration which were generally indistinguishable from the null
410 hypothesis of no correlation (Figure SI 4).

411
412 While regressions only from the 10 most abundant taxa are shown, linear fits of Scaled
413 Abundance to fecal concentration were calculated for each native taxa, and a goodness-of-fit
414 was measured for each regression as a coefficient of variation (CV) and plotted against taxa
415 relative abundance in whole stool (Figure 5C). Across a wide range of taxa abundances (down
416 to a relative abundance of 0.00003), the calculated Scaled Abundances were generally (blue
417 trace in Figure 5C) accurate in reporting changes to taxa actual taxa abundances with high
418 precision (CV $\leq 25\%$). Taken together, these data show that the calculation of Scaled
419 Abundances, as described in Equation 4, was useful in quantifying the actual abundances of all
420 taxa in the sample, even for low-abundance taxa.

421 422 **Conclusions**

423 This study introduces a new experimental design for improving the reliability of microbiome
424 analyses by incorporating internal standards to account for compositional distortions inherent in
425 metagenomic sequencing data. The mathematical framework developed herein demonstrates
426 that the inclusion of an exogenous internal standard, whose actual abundance is measurable,
427 allows for the calculation of taxa-specific 'Scaled Abundances' that are (i) independent of
428 sample composition and (ii) directly proportional to actual biological abundances. This approach
429 is consistent with prior ratiometric analysis strategies, with the added simplicity of accounting for
430 compositionality through comparison to a single, well-characterized taxa systematically added at
431 a known actual abundance.

432
433 For example, while conventional relative abundances can be used to detect compositional shifts
434 among all taxa in aggregate and to categorize whole microbiome samples (e.g., case-control
435 comparisons), the calculated Scaled Abundance described herein will enable researchers to
436 evaluate individual constituent taxa and quantify changes in taxa actual abundances between
437 samples. This ability to quantitatively interrogate individual taxa is central for hypothesis
438 generation and understanding how microbial composition relates to observed microbiome
439 function. In longitudinal studies with locked-down protocols, Scaled Abundances will enable
440 accurate tracking of individual microbial abundance over time (e.g., following a defined
441 intervention). Finally, by correcting for MGS compositionality, the framework described here
442 opens new opportunities for quantitatively characterizing conserved sub-microbiomes found
443 within larger, variable microbiome compositions.⁴²

444
445 Through rigorous analysis of previously published mock community data and freshly analyzed
446 gut microbiome samples, we show that calculated Scaled Abundances outperform traditional
447 relative abundance measurements in both precision and accuracy, and demonstrate their
448 potential for quantitative metagenomic profiling. Specifically, Scaled Abundances calculated for
449 MGS characterization of mock communities agreed much better than raw relative abundances

450 with taxa actual abundances across varied compositions. When exogenous taxa were spiked
451 into fecal samples at known actual abundances spanning several orders of magnitude, the
452 Scaled Abundance metric accurately reflected actual abundances and was wholly independent
453 of sample composition. Furthermore, the use of internal standards allowed accurate
454 comparisons of native taxa between samples, even when taxa-specific analytical biases could
455 not be independently measured. Finally, high precision and accuracy was demonstrated by
456 using Scaled Abundances to track actual abundances of native taxa across a series of stool
457 dilutions, even for low-relative abundance taxa.

458
459 The results presented here validate the proposed experimental design and mathematical
460 framework that uses routine, systematic addition of internal standards to microbiome samples to
461 correct for compositionality in MGS analyses. This is particularly crucial in microbiome studies
462 where variability in sample composition often complicates the interpretation of data. This
463 approach is flexible and is shown to be applicable to both shotgun and amplicon-based
464 sequencing methods, which further broadens its utility across a wide range of microbiome
465 research areas. Moreover, by offering a pathway to accurate and reproducible abundance
466 measurements at the level of individual taxa, this methodology could play a pivotal role in
467 advancing microbiome research, particularly in clinical and environmental health contexts where
468 precise taxa quantification is essential for modeling diverse biological phenomena.

469

470 **Methods**

471 Brooks, et al. (2015) data

472 Amplicon based MGS analyses of 80 distinct mock communities of 7 microbial taxa were
473 downloaded from the original publication.²⁶ The downloaded results provide relative
474 abundances for each taxa in each mock community. These data were reanalyzed in R (version
475 4.3.2) here by treating '*Group B Strep*' as an internal standard to allow calculation of Scaled
476 Abundances for the remaining taxa. (Mock communities that didn't include *Group B Strep* were
477 omitted from further analysis.) The specified dilutions from overnight stock (e.g., 1/2, 1/3, 1/7) were
478 taken as the known actual abundances for each taxa and correlated to measured relative
479 abundances or Scaled Abundances. The goodness-of-fit of these regressions were summarized
480 as coefficients of variation (CVs) for each taxa. This procedure was repeated treating alternate
481 strains as the 'internal standard', and the average of CVs in each case was used to compare
482 goodness-of-fits with respect to internal standard selection. The raw data and full code used for
483 this analysis has been made publicly available (doi.org/10.18434/mds2-3760).

484

485 Human microbiome sample prep

486 The human microbiome samples used in this study were used previously in the Mosaic
487 Standards Challenge and have been described previously.^{29,30} In short, 5 fecal samples were
488 collected from 5 different anonymized donors. Each sample was prepared by polling and
489 homogenizing multiple bowel movements from each donor, stabilizing the mixtures with
490 Omnigene Gut Solution, and preparing 1 mL identical aliquots at a final concentration of 100
491 mg/mL. Fecal aliquots were stored at -80 C until ready for analysis. Dilution series were
492 generated by mixing the thawed samples into Tris-EDTA buffer.

493

494 Internal Standard

495 The experimental design described here specified the systematic addition of an internal
496 standard prior to the traditional metagenomic sequencing measurement pipeline. We selected
497 DNA from *Legionella pneumophila* as an internal standard due to its absence in previous
498 metagenomic characterizations of the stool samples. Additionally, this material was stable and
499 had been well quantified by ddPCR previously.⁴³ Genomic DNA from *Legionella Pneumophila*
500 was added uniformly to all samples for a final concentration of $(2.16 \times 10^5 \pm 3.7 \times 10^3)$ copies/mcl.

501

502 Spike-in DNA

503 For experiments where specified concentrations of microbial DNA were spiked-in to fecal
504 samples (i.e., Testable Hypothesis #1), pure genomic microbial DNA was added from
505 *Acinetobacter baumannii*, *Vibrio furnissii*, *Neisseria meningitidis*, and *Aeromonas hydrophila*.
506 These DNA genomes were sourced from NIST RM8376⁴³ and were added to fecal samples at
507 the final concentrations of 4.8×10^4 copies/mcL, 9.6×10^3 copies/mcL, 5.4×10^3 copies/mcL, and
508 6.2×10^2 copies/mcL, respectively.

509

510 Metagenomic sequencing measurement pipeline

511 DNA extraction: DNA was extracted using the ZR Fecal DNA miniprep (cat# D6010)
512 following the manufacturer protocol. Briefly, each sample was combined with 400mcL of the
513 lysis buffer and vortexed (MoBio Genie 2) for 20 minutes at full speed. Lysis tubes were
514 centrifuged at 10,000xg for 1 minute, and the lysate was processed through the spin filter at
515 7,000xg for 1 minute. The filtrate was added to a 1.2 mL DNA binding buffer, mixed by pipetting,
516 and centrifuged in batches at 10,000xg through the spin column. The bound DNA was washed
517 and eluted into 150 mcL of elution buffer. The extracted DNA was quantified by fluorescence
518 using the DeNovix DS-11FX fluorometer with the DeNovix dsDNA High Sensitivity kit (Catalog
519 #: KIT-DADNA-HIGH-2).

520

521 Library Preparation: Next-generation sequencing libraries were prepared for both
522 shotgun and 16S amplicon analyses. For shotgun sequencing, extracted DNA was fragmented,
523 amplified, and barcoded using the Nextera XT DNA Library Preparation Kit (Illumina) and
524 Nextera XT Index kit V2 (Illumina, catalog # 15052163) as specified by manufacturer protocols.
525 For amplicon sequencing, the 16S rRNA gene was amplified using primers for the V4 variable
526 region sourced from IDT (10mcM RxnRead Primer Pool). 1mcL of the primer pool was
527 combined with 12.5 mcL of Kapa HiFi HotStart readymix (KapaBiosystems, Catalog #
528 07958935001) and 12ng extracted DNA in a final volume of 25mcL for PCR (initial denaturation
529 (180s at 95 °C), 18 cycles of denaturing (30s at 98 °C), annealing (15s at 55 °C), and elongation
530 (20s at 72.0 °C), and a final extension (300s at 72.0 °C)). The 16S amplicons were purified
531 using SPRIselect beads (Beckman Coulter, Catalog # B23318) at a 0.8:1 ratio of
532 Beads:amplicon, washing beads with molecular grade ethanol and resuspended in pure water.
533 Finally, barcodes were added (Nextera XT Index kit V2) as specified by manufacturer protocols.
534 For both shotgun and amplicon library prep, samples were quantified by fluorescence (DeNovix)
535 for DNA yield, and 10 ng from each sample were pooled for sequencing.

536

537 Sequencing: Pooled libraries were quantified by fluorescence, diluted to 4nM, and
538 denatured following manufacturer protocol (Document # 15039740 v10, Protocol A). Denatured
539 libraries were further diluted to 12 pM, combined with a 5% PhiX (V3 cat# 15017666 from
540 Illumina), and sequenced by paired-end sequencing on an Illumina MiSeq (MiSeq Reagent Kit
541 v3 600-cycle, cat #: MS-102-3003).

542
543 Initial Bioinformatic analysis
544 Demultiplexing and adapter trimming was completed as part of the Illumina MiSeq Generate
545 FASTQ workflow. Fastq files were analyzed separately for shotgun and amplicon sequencing,
546 as described subsequently. The final output of both shotgun and amplicon bioinformatic analysis
547 was a table specifying the taxa observed in each sample and their measured relative
548 abundances.

549
550 For shotgun sequencing, BBduk (38.90)⁴⁴ was used to quality filter the raw data, and
551 paired-end sample data were analyzed using Centrifuge⁴⁵ with the Web of Life database⁴⁶. The
552 bash script files have been made publicly available (doi.org/10.18434/mds2-3760).

553
554 For amplicon sequencing, Cutadapt (2.8)⁴⁷ was used to remove primer sequences, and
555 DADA2 (1.20.0)⁴⁸ was used to account for sequencing errors, determine absolute sequence
556 variants, measure relative abundances, and assign taxonomy based on the Silva database
557 (version 132)⁴⁹. The raw data and code (R, version 4.3.2)⁵⁰ used for amplicon sequencing
558 analysis has been made publicly available (doi.org/10.18434/mds2-3760).

559
560 Scaled Abundance calculations
561 The definitions and mathematical framework for calculating the Scaled Abundance metric from
562 tables of identified taxa from each sample and their measured relative abundances is provided
563 in the results section of this manuscript. These operations were implemented in R (version
564 4.3.2), and all raw data and the code have been made publicly available
565 (doi.org/10.18434/mds2-3760).

566
567 Data availability
568 All raw data and analysis code described in this manuscript has been made publicly available
569 (doi.org/10.18434/mds2-3760).

570
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580 necessarily the best available for the purpose.

581

582 Author contributions

583 SPF conceptualized the project with input from SLS and JGK. Experiments were designed by
584 SPF and SLS and executed by MEH and JND. Initial bioinformatic analysis was done by JGK
585 and SLS, and Scaled Abundances calculations and final bioinformatic analyses were done by
586 SPF. SPF wrote the manuscript and prepared the figures. In writing this manuscript, ChatGPT
587 was used to generate initial drafts of the conclusions and abstract sections that were then edited
588 extensively by the authors. All authors read and approved the final manuscript.

589

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