

# NIST Special Publication 260 NIST SP 260-213r1

# Certification of Standard Reference Material<sup>®</sup> 2386 Avocado Powder



Melissa M. Phillips Laura J. Wood Joseph F. Browning George C. Caceres Grace E. Hahm Mahboubeh Hanaee Abigail Lee Karen E. Murphy Rabia Oflaz Rick Paul Benjamin J. Place Jeanice Brown Thomas James H. Yen

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#### Abstract

The National Institute of Standards and Technology (NIST) recently released Standard Reference Material (SRM) 2386 Avocado Powder which has values assigned for over 70 analytes. This material is intended to be used for the evaluation of methods for the determination of elements, vitamins, amino acids, fatty acids, and proximates in this and similar matrices. The material was purchased pre-packaged from a commercial vendor and data was obtained from NIST and interlaboratory comparison exercises. A description of the material, sample preparations, results, and data analysis are discussed in the following report.

#### Keywords

Amino Acids; Avocado; Elements; Fat-Soluble Vitamins; Fatty Acids; Moisture; Proximates; Reference Material; Water-Soluble Vitamins.

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#### 1. Introduction

In 1997 and 2000, NIST held workshops to identify needs of the food industry and federal regulators. Among other things, NIST was asked to continue production of food-matrix SRMs in various sectors of the AOAC food composition triangle [1] for use by laboratories making measurements in support of nutrition labeling. These laboratories need a means for demonstrating method validity and accuracy when analyzing food products to generate data for nutrition labels. SRM 2386 fills a void in sector 2 of the food triangle as a high fat material with substantive nutritional content (Fig. 1). In addition, SRM 2386 would be only the second powdered material in the upper sectors of the food triangle.



Fig. 1. NIST adaptation of the AOAC food composition triangle.

The white "+" depict the location of available food-matrix reference materials.

#### 2. Material

#### 2.1. Acquisition & Packaging

SRM 2386 Avocado Powder was obtained from Avopure, a division of Avocado Oil NZ Ltd (Tauranga, New Zealand). Twenty kilograms of freeze-dried avocado powder was packaged at the Avopure facility into 2000 10-gram multi-walled, heat-sealed pouches (see Fig. 2). The material was received in a shipment of three large cardboard containers, each containing four inner boxes for a total of 12 boxes.

PRODUCT SPEC	IFICATION	AVOPURE
		100% FURE AVOCADO FOWDER
		ICATION
ATOP ONE PREEZE DRIED ATOR		
Product Description		
Avocado Powder is prepared from	100% New Zealand grown Hass Avo	cados
Characteristic Properties	Augendo	
Appearance	Rowder	
Colour	Pale Green	
Flavour	Mild Avocado Flavour	
Water Activity	0.310	
Moisture Content	1.4%	
<ul> <li>Country of Origin</li> </ul>	New Zealand	
<ul> <li>Packaging</li> </ul>		
AVOPURE is packed in high grade	e, multi walled heat-sealed bags with	a net weight of 10kg/22lb
•Storage		5-14 Q
AVOPURE should be stored in coo	of dry conditions away from direct sun	light. Once opened, we recommend
AVOPURE to be stored in airtight (	containers	
Shelf life is Twenty Four (24) mont	he from the date of nacking if stored	correctly in original packaging
<ul> <li>Microbiological Specifications</li> </ul>	no nom are due of publing if biolog	softeely in engina publicating
Micro Organism	Acceptable	
Aerobic Plate Count	<20,000 cfu per gram	1
Yeast and Mould	<100 cfu per gram	
Salmonella/25g	Not Detected	
Listeria	Not Detected	
<ul> <li>Nutritional Information</li> </ul>		
Nutrient	Quantity per 100g	
Energy (KJ)	1896.0 0.5 to 12.0	
Protein (g)	9.5 to 12.0	
Fat, total (g) Saturated (g)	3 to 6	
Carbohydrates (g)	9.5 to 39	
Sugars (g)	<0.5 to 3.3	
Dietary Fibre (g)	16 to 21	
Sodium (mg)	69.0	
Cholesterol (g)	0.0	
Potassium (mg)	3400 to 3800	
•General		
Specifications are for guidance on	ly and may be changed by the manu	facturer at any time.
Some seasonal variances will occ	ur	

Fig. 2. Product Specification for Avopure Freeze-Dried Avocado Powder.

#### 2.2. Irradiation

SRM 2386 was irradiated by Neutron Products, Inc. (Dickerson, MD) in the original cardboard containers from the manufacturer. The target for the absorbed dose was (6.0 to 10.0) kGy. The actual absorbed doses measured by Neutron Products were (6.4 to 10.0) kGy (see Fig. 3).

## CERTIFICATE OF IRRADIATION

**IRRADIATION LOT NUMBER:** 07520334

DATE(S) OF IRRADIATION: July 30, 2015 & August 3, 2015

CUSTOMER NIST 100 Bureau Drive MS 8462 Gaithersburg, Maryland 20899

PURCHASE ORDER NO .: 15-646-L434

PRODUCT DESCRIPTION AND CUSTOMER LOT NUMBER Avocado Powder SRM #2386

NUMBER OF CARTONS IN IRRADIATION LOT

ABSORBED DOSE SPECIFIED MINIMUM 6.0 kGy MAXIMUM 10.0 kGy

ABSORBED DOSE MEASURED MINIMUM 6.4 KGy MAXIMUM 10.0 KGy

ABSORBED DOSE MEASURED BY FWT60-00 DOSIMETERS. UNCERTAINTY OF MEASUREMENT ± 3.4% AT A 95% CONFIDENCE LEVEL.

COMMENTS

Imba た、Carol M. Campbell QC Manager, Radiation Processing Services A ų 2015 raust Date

#### **NEUTRON pRODUCTS inc**

Fig. 3. Certificate of Irradiation for SRM 2386 Avocado Powder.

#### 2.3. Storage

The packets of SRM 2386 have been stored at room temperature (18 to 22) °C at NIST since their receipt.

#### 3. Experimental Procedures

#### 3.1. NIST Methods and Procedures

#### 3.1.1. Moisture Content

Moisture content was determined at NIST using three independent methods. Independent, unopened samples from each of six boxes were used for the determination of moisture by freezedrying and independent, unopened samples from each of 12 boxes were used for desiccator drying and forced air oven drying. A summary of drying results is shown in the results and discussion section.

#### 3.1.1.1. Freeze Drying

Two aliquots of material from each of six freshly opened packets of SRM 2386 were transferred to Pyrex weighing bottles that had been previously heated at 110 °C, cooled to constant weight, and weighed ( $m_b$ ). The weighing bottle was capped, and mass of the material plus weighing bottle was recorded ( $m_w$ ). All weighings were conducted on the same balance, the calibration of which was confirmed with calibrated masses prior to use. The bottles were passed through a static eliminator prior to each weighing. All weights were determined and recorded to  $\pm 0.00001$  g.

Dryings were performed using a Virtis Advantage Plus Freeze Dryer (SP Scientific) using a standard drying program with a minimum temperature of -40 °C and approximate pressure of 2.66 Pa (200 mTorr). Uncapped samples were frozen at -40 °C for 20 h; the temperature was then increased to -10 °C and held for 7 d. At the end of the seven-day drying cycle, the vacuum was released, and the sample bottles were capped and transferred to a desiccator containing freshly opened magnesium perchlorate for at least one hour before weighing. Samples were removed from the desiccator, weighed, and the results ( $m_d$ ) recorded.

## 3.1.1.2. Desiccator Drying

Single aliquots from each of 12 freshly opened packets were placed in pre-weighed, glass weighing vessels ( $m_b$ ) to an approximate depth of 1 cm. The packets were rotated to mix prior to sampling. The vessels were again weighed ( $m_w$ ) and placed in a desiccator over magnesium perchlorate (Mg(ClO<sub>4</sub>)<sub>2</sub>). The samples were removed from the desiccator on day 7, weighed, returned to the desiccator, and the results ( $m_d$ ) recorded. The samples were weighed and the weights recorded again on days 14, 21, and 28. All weighings were performed using the same balance serviced and calibrated annually by Mettler. Prior to each use, calibration is verified by using standard masses ranging from (0.5 to 20) g that are traceable to the SI through the standard mass set maintained by the Inorganic Chemical Metrology Group.

## 3.1.1.3. Forced Air Drying

Single aliquots from each of 12 freshly opened packets were placed in pre-weighed, glass weighing vessels ( $m_b$ ) to an approximate depth of 1 cm. The packets were rotated to mix prior to sampling. The vessels were again weighed ( $m_w$ ) and placed in a forced-air drying oven set at 80 °C with caps removed. After 1 h, the samples were removed, capped, and allowed to cool to room temperature in a desiccator. Cooled samples were removed from the desiccator, weighed, and the results ( $m_d$ )

recorded. All weighings were performed using the same balance serviced and calibrated annually by Mettler. Prior to each use, calibration is verified by using standard masses ranging from (0.5 to 20) g that are traceable to the SI through the standard mass set maintained by the Inorganic Chemical Metrology Group.

#### 3.1.1.4. Moisture Calculation

The overall moisture results were calculated assuming that all mass losses were due to loss of moisture alone using the following equations:

Moisture content = 
$$100 \frac{m_{\rm w} - m_{\rm d}}{m_{\rm w} - m_{\rm b}}$$
 (1)

$$U_{95}$$
(Moisture content) =  $2.2\sqrt{u_a^2 + u_{b1}^2 + u_{b2}^2 + u_{b3}^2}$  (2)

where  $u_a$  is the standard deviation for the samples (n = 6 or n = 12) and  $u_{bi}$  are the standard uncertainties of the three weighings, each estimated to be  $\pm 0.01/\sqrt{3}$  mg. For each  $u_{bi}$  this value is converted to moisture content by division of the mean sample mass value. The expanded uncertainty value,  $U_{95}$ , is expressed at an approximate confidence level of 95 % by choosing the expansion factor 2.2, calculated based on degrees of freedom.

#### 3.1.2. Elements

A summary of elements measured for value assignment in SRM 2386 is listed in Table 1.

Element	NIST Methods
Boron (B)	TNPGAA
Cadmium (Cd)	ID ICP-MS
Calcium (Ca)	ICP-OES
Copper (Cu)	ICP-OES
Iron (Fe)	ICP-OES
Magnesium (Mg)	ICP-OES
Manganese (Mn)	ICP-OES
Molybdenum (Mo)	
Phosphorus (P)	ICP-OES
Potassium (K)	ICP-OES
Selenium (Se)	
Sodium (Na)	ICP-OES
Zinc (Zn)	ICP-OES

 Table 1. Methods Used for Elemental Determinations.

ICP-OESInductively Coupled Plasma Optical Emission SpectrometryID ICP-MSIsotope Dilution Inductively Coupled Plasma Mass SpectrometryTNPGAAThermal Neutron Prompt Gamma-Ray Activation Analysis

#### 3.1.2.1. ICP-OES Analysis

Mass fractions of Ca, Cu, Fe, K, Mg, Mn, Na, P, and Zn in SRM 2386 were determined at NIST using ICP-OES. Two 0.5 g aliquots were taken from each of 10 packets of SRM 2386 and were

placed into Teflon microwave vessels. Four 0.5 g aliquots of both SRM 1845a Whole Egg Powder and SRM 1577c Bovine Liver were prepared along with the samples for quality assurance, although both controls were not used for all elements. All samples were analyzed in as-received condition. Twelve procedural reagent blanks were also prepared along with the samples. Concentrated nitric acid (HNO<sub>3</sub>, 10 mL) was added to each vessel, and indium (0.25 mL of a 100 mg/kg In solution) and scandium (0.5 mL of a 100 mg/kg Sc solution) were added as internal standards to improve the precision of the instrumental measurements. The In solution was prepared in-house from Indium Corporation of America Lot # JK 1171 to a final concentration of 1.5 % (volume fraction) HNO<sub>3</sub>. The Sc solution was prepared from SRM 3148a Scandium (Sc) Standard Solution to a final concentration of 1.5 % (volume fraction) HNO<sub>3</sub>. All weighings were performed using a Mettler AT261 Delta Range analytical balance serviced and calibrated annually by Mettler. Prior to each use, calibration is verified by using standard masses ranging from (0.5 to 20) g that are traceable to the International System of Units (SI) through the standard mass set maintained by the Inorganic Chemical Metrology Group.

All prepared samples, controls, and blanks were digested using a CEM MARS microwave sample preparation system according to the microwave procedure in Table 2. After microwave digestion, solutions were transferred to Teflon beakers and were heated on a hot plate with a surface temperature of approximately 175 °C until the volume was reduced to near dryness. Samples were then diluted using 1.5 % (volume fraction) HNO<sub>3</sub>. Because the samples of SRM 2386 appeared to contain undigested fat, additional concentrated HNO<sub>3</sub> and 1 mL of concentrated perchloric acid (HClO<sub>4</sub>) were added to each sample. The solutions were covered for a minimum of 4 h to reflux then heated on a hot plate with a surface temperature of approximately 205 °C until the volume was reduced to near dryness. Samples were then diluted to 30 g using 1.5 % (volume fraction) HNO<sub>3</sub> and transferred to polyethylene bottles.

All samples were prepared using redistilled grade HNO<sub>3</sub> from Veritas and ACS grade HClO<sub>4</sub> from Mallinckrodt. Samples and acids were diluted using 18 M $\Omega$ ·cm water. All dilute acid concentrations are expressed in volume fractions with respect to the concentrated acid.

Step	Power (W)	Power Setting (%)	Ramp Time (min)	Control Pressure (PSI)	Temperature (°C)	Hold Time (min)
1	800	100	25	800	150	25
2	1600	100	25	800	190	15

 Table 2. Microwave Settings for Digestion of SRM 2386 Samples for Elemental Analysis.

Analyte mass fractions were calculated by the method of standard additions to compensate for any matrix effects. Samples were diluted to approximate analyte mass fractions. From each dilution, two aliquots were taken, and a matrix matched spike was added to one. The sample mass fraction dilutions, mass fractions of the matrix matched spike solution added to the second aliquot, and the total mass fraction expected in the spiked solution are listed in Table 3.

		Source SRM		Mass Fraction in	Mass Fraction	Total Mass Fraction in
Flomont	Symbol	SRM Number	Lot Number	Sample Solution	Added (Spike)	Spiked Aliquot
Calcium	Ca	3109a	130213	0.3	0.4	0.7
Copper	Cu	3114	120618	0.3	0.6	0.9
Iron	Fe	3126a	51031	0.6	0.7	1.3
Potassium	K	3141a	51220	0.9	1	1.9
Magnesium	Mg	3131a	140110	0.3	0.5	0.8
Manganese	Mn	3132	50429	0.2	0.4	0.6
Sodium	Na	3152a	10728	1	1	2
Phosphorus	Р	3139a	60717	1.5	2	3.5
Zinc	Zn	3168a	120629	0.6	1	1.6

Two inductively coupled plasma optical emission spectrometers were used for analysis: A Perkin-Elmer Optima 3300 Dual View and a Perkin-Elmer Optima 5300 Dual View. The analytes in the sample, control, and blank solutions were measured according to the parameters in Table 4.

		Wavelength	Plasma	Integration	Read	Number
Element	Symbol	(nm)	View	Time (s)	Time (s)	of Runs
Calcium	Ca	317.933	Axial	0.1	1	2
Copper	Cu	224.700	Axial	0.1	1	2
Iron	Fe	238.204	Axial	0.1	1	2
Potassium	K	766.550	Radial	0.1	1	2
Magnesium	Mg	285.213	Axial	0.025	1	2
Manganese	Mn	257.610	Axial	0.1	1	2
Sodium	Na	589.478	Radial	0.1	1	2
Phosphorus	Р	213.615	Axial	0.1	1	3
Zinc	Zn	206.200	Axial	0.1	1	2
Indium	In	230.606	Axial	0.1	1	2
Scandium	Sc	361.383	Axial	0.025	1	2
			Radial	0.1		

Table 4. ICP-OES Parameters Used to Measure Elements.

Four instrumental measurements were averaged for each sample aliquot and each spiked aliquot. After exporting raw data to Microsoft Excel, final mass fractions were calculated using the method of standard additions.

#### 3.1.2.2. ID ICP-MS Analysis

The mass fraction of Cd in SRM 2386 was determined at NIST using ID ICP-MS [2,3,4]. Two 0.5 g aliquots were taken from each of 6 packets of SRM 2386 and were placed into Teflon microwave vessels. Samples were allowed to equilibrate with room temperature for sixteen hours before processing. The aluminized packets of SRM 2386 were cut open with Teflon scissors and the dry avocado cakes were crushed and mixed by squeezing against the sides of the aluminized packets. Portions were transferred to clean aluminum weighing boats *via* an aluminum spatula, until test portions with a nominal mass of 0.5 g were obtained. The boats were transferred to a balance and masses were recorded to  $\pm 0.00001$  g. The boats were removed from the balance and the test

portions were transferred to a microwave digestion vessel. Aliquots of SRM 2384 Baking Chocolate and SRM 1577c Bovine Liver were prepared along with the samples for quality assurance. Known amounts of a <sup>111</sup>Cd spike solution were added to each test portion of SRM 2386, SRM 2384, SRM 1577c, and to the standards processed as samples (Standard as Sample, SAS) control samples, spike calibration samples, and procedural blanks by mass difference using a capped plastic syringe. The mass of each added spike solution portion was recorded to  $\pm 0.00001$ g. SAS controls were prepared in clean microwave vessels and spike calibration samples were prepared in clean 30 mL low density polyethylene (LDPE) bottles. Test portions, SAS controls, and spike calibration samples were spiked so that approximately 0.6 ng of <sup>111</sup>Cd spike was added for every 1 ng Cd in the sample, resulting in <sup>111</sup>Cd/<sup>112</sup>Cd, <sup>111</sup>Cd/<sup>113</sup>Cd, and <sup>111</sup>Cd/<sup>114</sup>Cd ratios of 2.7, 5.6, and 2.4, respectively. Procedural blanks were composed of smaller amounts of <sup>111</sup>Cd (≈0.6 ng) added to clean vessels in the same manner as test portions. Concentrated HNO<sub>3</sub> (4 g) was used to wash spike solution down from the sides of the microwave vessel after each addition of spike solution to each test portion, SAS control, and procedural blank (hereafter referred to as *samples*). The working <sup>111</sup>Cd spike solution in 2 % volume fraction HNO<sub>3</sub> was prepared by gravimetric dilution of a master stock solution of enriched <sup>111</sup>Cd (96.5 %, Oak Ridge assay) prepared from <sup>111</sup>CdO obtained from Oak Ridge National Laboratory. The Cd isotopic composition of this spike solution was experimentally verified by ICP-MS measurement. The masses of the sample test portions and added spike solutions were obtained on a calibrated 5-place Mettler XP205 balance and were recorded electronically. The specialized instruments and labware used in this analysis are described in Table 5.

The samples were pre-digested on a hot plate in a class 10 clean room for 2 h. Following predigestion, the vessels were cooled to ambient temperature and an additional 10 g HNO<sub>3</sub> were added. Vessels were transferred to a MARS Microwave Reaction System and digested according to the parameters listed in Table 2. Vessels were cooled to ambient temperature, removed from the microwave oven, and the contents transferred back to the hot plates in order to boil off the digestion acid. Solutions appeared a deep blue color. The digests were evaporated to near dryness and redissolved in one to two drops of concentrated HNO<sub>3</sub> followed by approximately 4 g of 2 % (volume fraction) HNO<sub>3</sub> to produce clear solutions. Samples were quantitatively transferred to Nalgene bottles and diluted with 2 % (volume fraction) HNO<sub>3</sub> to a mass fraction of approximately  $3.5 \mu g/kg^{111}Cd$ .

All samples were prepared using optima grade (Thermo Fisher Scientific, Waltham, MA) HNO<sub>3</sub>. High-purity water was prepared in-house by sub-boiling distillation using a conditioned, quartz still with deionized water as feedstock. All dilute acid concentrations are expressed in volume fractions with respect to the concentrated acid.

SRM 3108 Cadmium (Cd) Standard Solution (lot # 130116) served as a primary standard by gravimetric dilution to obtain the desired Cd mass fraction. An additional primary standard solution was prepared from the high purity Cd of SRM 746 Cadmium-Vapor Pressure (99.999+ percent purity, NIST and vendor assay). A (0.3 to 0.4) g piece of the metal was cleaned with an acid etch, dried, and weighed to  $\pm$  0.000005 g with a calibrated 6-place Mettler AT 20 balance. An air buoyancy correction of 0.999988 and a purity correction of 0.999999 were applied to the measured mass of the metal. The metal was dissolved quantitatively and diluted gravimetrically to obtain the desired mass fraction. The masses of the standard solution dilutions were obtained on a calibrated 5-place Mettler XP205 balance and were recorded electronically.

Instrument/Labware	Manufacturer
Isotemp Standard Laboratory Oven	Fisher Scientific, Pittsburgh, PA
XP205 balance	Mettler-Toledo, Columbus, OH
AT 20 balance	Mettler-Toledo, Columbus, OH
MARS Microwave Reaction System	CEM, Mathews, NC
Mars EasyPrep Vessels (TFM™-polytetrafluoroethylene Teflon)	CEM, Mathews, NC
5 mL and 10 mL plastic syringe	Henke Sass Wolf GmbH, Tuttlingen, Germany
30 mL LDPE bottles	Nalge Nunc, Rochester, NY
4 mL HDPE scintillation vials	Scientific Commodities, Lake Havasu City, AZ
XseriesII ICP-MS	ThermoFisher Scientific, Madison, WI
ESI SC-2DX autosampler	Elemental Scientific, Omaha, NE
100 µL/min PFA-ST microconcentric nebulizer	Elemental Scientific, Omaha, NE
Peltier-cooled impact bead spray chamber	ThermoFisher Scientific, Madison, WI

Table 5. Instruments and Labware Used in the Determination of Cadmium (Cd).

# HDPEHigh density polyethylenePFAPerfluoroalkoxy alkane

The amount of <sup>111</sup>Cd in the spike solution was calibrated against the primary Cd standards using reverse ID ICP-MS using the following functional relationship for calculations:

$$c_{y} = \frac{1}{m_{y}} \left\{ m_{z} c_{z} \left[ \frac{\left( (Ab \, z)_{z} (k_{b\prime}) (R_{y/z})_{b\prime} \right) - (Ab \, y)_{z}}{(Ab \, y)_{y} - (k_{b\prime}) (R_{y/z})_{b\prime} (Ab \, z)_{y}} \right] \right\}$$
(3)

In this expression, y refers to the spike, z refers to the standard, m to mass, Ab z to abundance of the reference isotope (i.e., <sup>112</sup>Cd, <sup>113</sup>Cd, <sup>114</sup>Cd), Ab y to abundance of the spike isotope (i.e., <sup>111</sup>Cd), k to the correction factor for mass bias, R to ratio, b' to the spike calibration blend (standard spiked with enriched isotope) corrected for dead time, and c to amount content ( $\mu$ mol/g).

Spike calibration samples were prepared concurrent with the analytical samples to have mass ratios similar to the analytical samples. The spike samples were diluted to produce the same ICP-MS count rate as the analytical samples. Two aliquots from each of two separate primary standard solution preparations were added to weighed spike solution aliquots resulting in four calibration samples.

Mass spectrometric analyses were performed on a ThermoFisher Scientific X series II ICP-MS equipped with matrix tolerant (Xt) cones and operated at 1400 W. Solution was introduced *via* a peristaltic pump into a low-flow (100  $\mu$ L/min) PFA microconcentric nebulizer. The nebulizer was fitted to an impact-bead spray chamber cooled to 2 °C. Samples were analyzed in both standard mode and collision cell kinetic energy discrimination mode (CC/KED mode). For CC/KED mode, a cell gas of 8 % mole fraction hydrogen in balance helium was introduced at a rate of 4.00 mL/min, the hexapole bias was operated at -20 V, and the quadrupole bias was set at -17 V. Measurements were conducted using peak jump data acquisition with one point per peak. Five blocks of data, each one minute in duration, were acquired per sample, and the mean intensity ratios were used for computations. Measured intensities were corrected for dead-time and interference (as required) and the intensity ratios were corrected for mass bias and drift. Detector dead-time was experimentally determined using natural Gd solutions with mass fractions that

resulted in count rates spanning the count rate range from  $(1 \times 10^5 \text{ to } 1 \times 10^6)$  counts per second (cps). The measured dead time was 35 ns. For Cd, a solution of pure Cd with nominal natural isotopic composition was used to measure the mass bias correction factor. (Note: <sup>111</sup>Cd and <sup>112</sup>Cd are considered absolutely stable; <sup>113</sup>Cd has a half-life of  $7.6 \times 10^{15}$  y and though <sup>114</sup>Cd has been predicted to be radioactive, decay has not been observed due to an extremely long half-life). The mass bias factor was measured at the beginning of the analysis sequence. The mass bias factor was then used to correct the measured ratio of a spike calibration sample measured immediately afterward. The spike calibration sample had an isotopic ratio similar to the spiked test portions, was remeasured throughout the analysis, and was used to correct the blanks, remaining calibration samples, test portions and controls for mass bias and any subsequent instrument drift. Drift was assessed every three samples and a correction applied assuming temporal linearity.

Signal intensities for Cd and interfering ions were measured at dwell times as described in Table 6. High-purity solutions of Zr, Mo, In, and Sn were also measured at the start of each analysis and used to evaluate and correct for spectral interference. For example, the measured count rate at mass 111 was corrected for the intensity of the <sup>94</sup>Zr<sup>16</sup>O<sup>1</sup>H interference in the sample by multiplying the measured <sup>91</sup>Zr signal intensity in the sample by the measured natural isotopic <sup>94</sup>Zr/<sup>91</sup>Zr ratio and multiplying that by the <sup>94</sup>Zr<sup>16</sup>O<sup>1</sup>H/<sup>94</sup>Zr ratio measured in the pure solution of Zr at the start of the analysis. The same process was followed to determine the intensity of the <sup>95</sup>Mo<sup>16</sup>O, and <sup>94</sup>Mo<sup>16</sup>O<sup>1</sup>H interferences at mass 111 in the sample. Likewise, masses 112, 113, and 114 were also corrected for potential interferences as described in Table 6. Cd mass fractions were calculated in the spiked samples from corrected <sup>111</sup>Cd/<sup>112</sup>Cd, <sup>111</sup>Cd/<sup>113</sup>Cd, and <sup>111</sup>Cd/<sup>114</sup>Cd intensity ratios, and the results averaged.

Ion	Dwell time	Potential Interferences
<sup>111</sup> Cd	10 ms	<sup>94</sup> Zr <sup>16</sup> O <sup>1</sup> H, <sup>95</sup> Mo <sup>16</sup> O, <sup>94</sup> Mo <sup>16</sup> O <sup>1</sup> H
<sup>112</sup> Cd	20 ms	<sup>96</sup> Zr <sup>16</sup> O, <sup>95</sup> Mo <sup>16</sup> O <sup>1</sup> H, <sup>96</sup> Mo <sup>16</sup> O, <sup>112</sup> Sn
<sup>113</sup> Cd	20 ms	<sup>96</sup> Zr <sup>16</sup> O <sup>1</sup> H, <sup>96</sup> Mo <sup>1</sup> 6O <sup>1</sup> H, <sup>97</sup> Mo <sup>16</sup> O, <sup>113</sup> In
<sup>114</sup> Cd	20 ms	<sup>97</sup> Mo <sup>16</sup> O <sup>1</sup> H, <sup>98</sup> Mo <sup>16</sup> O, <sup>114</sup> Sn
<sup>90</sup> Zr	5 ms	
<sup>91</sup> Zr	5 ms	
<sup>95</sup> Mo	5 ms	
<sup>97</sup> Mo	5 ms	
<sup>98</sup> Mo	5 ms	
<sup>115</sup> In	5 ms	
<sup>117</sup> Sn	5 ms	
118Sn	5 ms	

**Table 6.** ICP-MS Dwell Times for Target and Interfering Ions.

The functional relationship below was used to calculate the ID ICP-MS mass fraction results:

$$c_{\rm x} = \frac{1}{m_{\rm x}} \left\{ m_{\rm y} c_{\rm y} \left[ \frac{(Ab \ y)_{\rm y} - (k_b)(R_{\rm y/{\rm x}})_b (Ab \ {\rm x})_{\rm y}}{((Ab \ {\rm x})_{\rm x}(k_b)(R_{\rm y/{\rm x}})_b) - (Ab \ {\rm y})_{\rm x}} \right] - b lank \right\}$$
(4)

In this expression, x refers to the sample, y refers to the spike, m to mass, Ab x to abundance of the reference isotope (i.e., <sup>112</sup>Cd, <sup>113</sup>Cd, <sup>114</sup>Cd), Ab y to abundance of the spike isotope (i.e., <sup>111</sup>Cd), k to the correction factor for mass bias, R to ratio, b to the sample blend (sample spiked with enriched isotopes) corrected for dead time and interference, *blank* to procedure blank (µmol), and c to

amount content ( $\mu$ mol/g). The amount content in  $\mu$ mol/g was converted to mass fraction (mg/kg) by multiplying by the atomic weight [5].

A third nominal 1 g test portion was sampled from each of the SRM 2386 packets for moisture determination. The moisture determination samples were weighed directly into clean, dry glass weighing bottles for which the tare mass had been recorded. The portions of SRM 2386 were dried for 1 h in a forced air convection oven at 80 °C. Samples were cooled to room temperature in a desiccator and the loss in mass measured. The SRM 2386 samples were dried a second time under the same conditions to confirm that the samples had reached a constant mass. For Cd mass fractions reported on a dry mass basis, results from test portions were corrected for moisture using the mean mass loss measured for each respective packet. The mass loss after 1 h of drying did not differ significantly from the mass loss measured after an additional hour of drying (absolute average difference of 0.077 % loss) and so the two results were averaged.

## 3.1.2.3. TNPGAA Analysis

The mass fraction of B in SRM 2386 was determined at NIST using TNPGAA [2,3,4]. Two 0.75 g aliquots were taken from each of 6 packets of SRM 2386 and were pressed into pellets using a 13 mm stainless steel die and hydraulic press at 10,000 pounds' ( $6.89 \times 10^7$  Pa) force for (3 to 5) s. Prior to sampling, the material in each pouch was mixed by gentle side-to-side motion and rotation for approximately 1 min. Each pellet was heat-sealed into a bag of fluorinated ethylene propylene (FEP) Teflon prior to analysis. Initially, only 1 pellet was prepared from material in each pouch, but due to concerns about possible boron contamination of the die, a second set of six pellets were prepared using a different die. Three aliquots of SRM 1573a Tomato Leaves were prepared along with the samples for quality assurance. Procedural blanks were also prepared along with the samples, including an empty Teflon bag and a pressed disk of Whatman 42 filter paper. A Mettler Toledo XP205DR analytical balance, with calibration verified using Troemner calibrated masses, was used for weighing in the preparation of samples, controls, and standards. All samples were sealed in Teflon bags for analysis.

Standards used for calibration were legacy boron standards prepared by pipetting boric acid solution onto filter paper, which have been used many times previously for certification of boron in biological and agricultural materials using TNPGAA. Three standards, containing 62.1 µg B, 75.9 µg B, and 68.5 µg B, were used in this investigation. Additional standards, prepared from mixtures of tris(hydroxymethyl)aminomethane (TRIS) and a gravimetrically diluted solution of SRM 3107 Boron (B) Standard Solution, were used to assess the effect of hydrogen mass fraction on boron sensitivity. The TRIS material was crushed to a fine powder using a Spex Mixer mill. A portion was then weighed into a mixing vial and doped with about 0.2 g of the boron solution added via a plastic pipette (weighed before and after deposition). The powder was allowed to dry for three to four days in a clean hood and was then homogenized in the mixer mill. Pellets containing approximately 750 mg of doped material were then prepared as described earlier. All standards were sealed in Teflon bags for analysis.

Samples, standards, and controls were analyzed using the TNPGAA, vertical beam VT-5 facility located at the NIST Center for Neutron Research (NCNR) [6]. Targets were irradiated in an air-filled sample chamber; samples and standards were irradiated for 10 min each and controls were irradiated for 20 min. A 139 mg titanium foil was irradiated at regular intervals in order to monitor any variation in the neutron fluence rate and sample positioning within the beam over the course

of the investigation. An empty Teflon bag was irradiated overnight to measure boron background arising from neutron capture by shielding materials. A pressed disk of Whatman 42 filter paper was also irradiated as a standards blank.

#### 3.1.3. Water-Soluble Vitamins and Related Measurands

A summary of water-soluble vitamins analyzed in SRM 2386 is provided in Table 7.

Analyte	NIST Method
Ascorbic acid (vitamin C)	LC-UV
Thiamine (vitamin B <sub>1</sub> )	ID-LC-MS/MS
Riboflavin (vitamin B <sub>2</sub> )	ID-LC-MS/MS
Niacinamide (vitamin B <sub>3</sub> )	ID-LC-MS/MS
Niacin (vitamin B <sub>3</sub> )	ID-LC-MS/MS
Total vitamin B <sub>3</sub>	ID-LC-MS/MS
Pantothenic acid (vitamin B <sub>5</sub> )	ID-LC-MS/MS
Pyridoxal (vitamin B <sub>6</sub> )	ID-LC-MS/MS
Pyridoxine (vitamin B <sub>6</sub> )	ID-LC-MS/MS
Total vitamin B <sub>6</sub>	ID-LC-MS/MS
Choline	ID-LC-MS/MS
Carnitine	ID-LC-MS/MS

**Table 7.** Methods Used for Vitamin Determinations.

LC-UVLiquid Chromatography with UV Absorbance DetectionID-LC-MS/MSIsotope Dilution Liquid Chromatography with Tandem Mass Spectrometry Detection

## 3.1.3.1. Ascorbic Acid (Vitamin C)

The mass fraction of ascorbic acid (vitamin C) in SRM 2386 was determined at NIST using LC-UV and employing an internal standard, as modified from an earlier study [7]. Three 2 g aliquots were taken from each of 10 packets of SRM 2386 and were dissolved in (25 to 30) g of 0.1 mol/L hydrochloric acid (HCl). Three 2 g aliquots of SRM 1849a Infant/Adult Nutritional Formula I (milk-based) were prepared along with the samples for quality assurance. A 4-pyridoxic acid (4-PA) solution was prepared for use as an internal standard using pure material obtained from Sigma-Aldrich (St. Louis, MO) by dissolving 477.38 mg 4-PA in 1111.2507 g of 0.1 mol/L HCl. A 15-g aliquot of the 4-PA solution was added gravimetrically to each sample followed by 2 g of a 40 % solution of metaphosphoric acid to stabilize the vitamin C. About (0.5 to 1) g of dithiothreitol (DTT) solution (100 mg in 10 mL of 0.5 mol/L potassium phosphate dibasic) was added to the solution to convert dihydroascorbic acid to total ascorbic acid. The solution was sonicated for 30 min followed by centrifugation (1000 g<sub>n</sub>) at room temperature for 15 min. A 1-mL aliquot of the solution was removed and filtered using both a 0.45 µm and a 0.22 µm nylon filter prior to LC-UV analysis.

Four stock solutions of vitamin C (Sigma-Aldrich) were prepared by dissolving the compound in 0.1 mol/L HCl. Four calibration standards were independently prepared from these solutions and were run during the analyses of SRM 2386. The purity of the vitamin C solution was determined to be (99.71  $\pm$  0.10) % using LC-UV at 243 nm; the uncertainty represents the standard deviation of single measurements of four independently prepared solutions. Purity was also assessed using quantitative proton nuclear magnetic (qNMR) resonance spectroscopy using an internal standard

approach as  $(99.68 \pm 0.17)$  %. Because qNMR is a higher order method for purity assessment of neat materials at NIST, the purity value from this method was used to correct the mass fraction of the vitamin C calibration solutions used in SRM 2386 evaluations. Quantitation was based on the internal standard approach using averaged response factors. Mass fractions (expressed in mg/kg) were calculated from the ratio of peak areas and the detector response factors. An exemplar LC-UV chromatogram of an extract of SRM 2386 is shown in Fig. 4.



Fig. 4. Exemplar LC-UV Chromatogram of Ascorbic Acid (Vitamin C) Avocado Powder.

#### 3.1.3.2. B Vitamins

Mass fractions of thiamine, riboflavin, niacinamide, niacin, total vitamin B<sub>3</sub>, pantothenic acid, pyridoxal, pyridoxine, and total vitamin B<sub>6</sub> in SRM 2386 were determined at NIST by ID-LC-MS/MS. Two (1 to 1.5) g aliquots were taken from each of 10 packets of SRM 2386 and were placed into 125 mL polypropylene HotBlock digestion vessels. The contents of each packet of SRM 2386 were well mixed prior to sampling for extraction by applying external pressure to the open packet to break up pieces. Four 2 g aliquots each of SRM 2387 Peanut Butter were prepared along with the samples for quality assurance. Three blank samples were prepared along with the samples containing (1) only the internal standard solutions, (2) only the sample of SRM 2386, and (3) only the extraction process to identify any potential biases that may occur. A nominal 1 g aliquot of the mixed internal standard solution (described below) and 30 mL of an extraction solvent (0.1 mol/L ammonium acetate in water, adjusted to pH 2.6 with HCl) were added to all samples, controls, and blanks.

Samples were loosely capped and placed in a HotBlock with continuous stirring using a magnetic stir bar. Prior to certification, the extraction procedure was optimized for extraction temperature and number of extractions (see Section 4.3.2). A single cycle of HotBlock heating at 100 °C for 30 min was selected for extraction of vitamins for the certification measurements. Following digestion, contents of the digestion vessel were transferred to a 50 mL polyethylene centrifuge tube, and the digestion vessel was rinsed with a small aliquot (< 5 mL) of extraction solvent. Magnetic stir bars remained in the digestion cups. The samples were centrifuged for 15 min at (1000  $g_n$ ), and an aliquot of the supernatant was removed and filtered through a 0.45 µm regenerated cellulose (RC) filter into an autosampler vial for analysis by LC-MS/MS.

Samples, calibrants, controls, and blanks were analyzed by using an Agilent Series 1290 LC equipped with an Agilent Series 6410 Triple Quadrupole MS with electrospray ionization in the positive ion mode. The system was composed of a mobile phase degasser, binary pump, autosampler, and mass selective detector. The instrument was tuned prior to certification. A

Cadenza CD-C18 column (250 × 4.6 mm i.d., 3  $\mu$ m particles) from Silvertone Sciences (Philadelphia, PA) was used for the analyses without a guard cartridge. The gradient elution program shown in Table 8 was used with a flow rate of 0.8 mL/min. Mobile phase A consisted of 20 mM ammonium formate in water adjusted to pH 4.0 with formic acid, and mobile phase B was methanol. A 10  $\mu$ L injection volume was used for all samples. The mass spectrometer was operated at a nebulizer pressure of 1.03x10<sup>-5</sup> Pa (15 psig), a drying gas flow of 11 L/min, a drying gas temperature of 300 °C, a capillary voltage of 4000 V, and a dwell time of 100 ms.

Time (min)	% A	% B
0	100	0
6	100	0
20	50	50
20.1	0	100
30	0	100
30.1	100	0
50	100	0

**Table 8.** LC Gradient Profile Used for Analysis of B Vitamins.

Calibration solutions were prepared from neat materials as described in Table 9. Purity of these reference standards has been evaluated by NIST using LC-UV and these purities were used to correct the reported mass fractions for each analyte. Isotopically labelled vitamin analogues were used as internal standards as described in Table 10.

Table 9. Calibration Materials used for Determination of B Vitamin	IS.
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Compound	Source	Lot Number
Thiamine chloride hydrochloride	U.S. Pharmacopeia (Rockville, MD)	#O1F236
Riboflavin	U.S. Pharmacopeia (Rockville, MD)	#N0C021
Niacinamide	U.S. Pharmacopeia (Rockville, MD)	#N0E024
Niacin	Sigma (St. Louis, MO)	#1173748
Calcium pantothenate	U.S. Pharmacopeia (Rockville, MD)	#O1H081
Pyridoxal hydrochloride	Sigma (St. Louis, MO)	#021M1809V
Pyridoxine hydrochloride	U.S. Pharmacopeia (Rockville, MD)	#Q0G409

Labeled Compound	Source	Lot Number
	Cambridge Isotope Laboratories	
Thiamine chloride $(4,5,4$ -methyl- <sup>13</sup> C <sub>3</sub> )	(Andover, MA)	#PR-16731
Riboflavin ( $^{13}C_4$ , $^{15}N_2$ )	Isosciences (King of Prussia, PA)	#SJ-2007-284A1
Niacinamide $(2,4,5,6^{-2}H_4)$	Isosciences (King of Prussia, PA)	#DS2-2005-202A1
Niacin $(^{2}H_{4})$	Isosciences (King of Prussia, PA)	#DS2-2004-126A1
Calcium pantothenate monohydrate (β-alanyl-	Cambridge Isotope Laboratories	
$^{13}C_{3},^{15}N)$	(Andover, MA)	#PR-16732A
Pyridoxal hydrochloride ( <sup>2</sup> H <sub>3</sub> )	Isosciences (King of Prussia, PA)	#LN9-2012-028A2
Pyridoxine hydrochloride (4,5-	Cambridge Isotope Laboratories	
bis(hydroxymethyl)- <sup>13</sup> C <sub>4</sub> )	(Andover, MA)	#PR-16338

All stock calibrant and internal standard solutions were prepared in 0.1 mol/L ammonium acetate in water, adjusted to pH 2.6 with HCl. A stock solution containing each labeled vitamin was prepared for use in spiking SRM 2386 samples and controls, and for combination with calibration

solutions to determine response factors. Diluted and mixed solutions were prepared in 0.1 mol/L ammonium acetate in water, adjusted to pH 2.6 with HCl. Calibrant and internal standard solutions were stored in the refrigerator (4 °C) when not in use.

An AT261 Delta Range analytical balance calibrated according to standard procedures, was used for weighing in the preparation of samples, controls, and standards. All solvents used were HPLC grade. All other salts and acids used in sample and mobile phase preparation were reagent grade. All sample and solution preparation were conducted under reduced lighting to minimize potential vitamin degradation.

Quantification was performed in multiple reaction monitoring (MRM) mode using the timetable, transitions, fragmentor voltages, and collision energies listed in Table 11 for the vitamins and their respective internal standards.

Time	Compound	Precursor	<b>Product Ion</b>	<b>IS Precursor</b>	IS Product	Fragmentor	Collision
(min)	(Abbreviation)	Ion (m/z)	(m/z)	Ion (m/z)	Ion (m/z)	(V)	Energy (eV)
			52.1	128.0	53.0		48
8.0	Nissin (D.)	124.0	53.0		56.1	120	32
0.0	Macili (D <sub>3</sub> )	124.0	78.0		81.0		22
			80.0		84.0		20
11.0			42.1		42.1	110	52
	Thiamine (B <sub>1</sub> )	266.1	81.0	270.1	81.1		30
			123.1		123.1		10
14.0			41.2		43.1		44
	Duridoval (D)	169 1	67.1	171 1	70.1	110	30
	Pyridoxal (B <sub>6</sub> )	108.1	94.1	1/1.1	97.1		22
			150.0		153.1		10
	Pyridoxine (B <sub>6</sub> )	170.1	77.0	174.1	81.1	120	38
			80.1		83.1		40
			134.0		138.0		18
			152.1		156.1		10
		123.1	53.1	127.1	56.1	120	30
16.0	Niacinamide (B <sub>3</sub> )		78.0		81.0		22
			80.0		84.1		20
			41.1		41.1	110	48
175	Pantothenic Acid	220.0	43.1	224.0	43.1		30
17.5	(B <sub>5</sub> )	220.0	72.1	224.0	76.0		16
			90.1		94.1		10
			43.1		43.1		38
22.0	Riboflavin	377.2	172.1	383.2	175.1	146	38
22.0	$(B_2)$		198.0		202.1	146	38
			243.1		249.1		18

 Table 11. Multiple Reaction Monitoring Conditions for B Vitamins.

An exemplar ID-LC-MS/MS with MRM chromatogram for an extract of SRM 2386 is shown in Fig. 5.



Fig. 5. Exemplar ID-LC-MS/MS Chromatogram for B Vitamins.

Transitions for vitamin ions are shown in black, transitions for isotopically labeled internal standards are shown in red. Only traces for most intense transitions are displayed.

#### 3.1.3.3. Choline and Carnitine

The mass fractions of choline and carnitine in SRM 2386 were determined at NIST using ID-LC-MS/MS. Two 1 g aliquots were taken from each of 10 packets of SRM 2386 and were placed into 50 mL polyethylene centrifuge tubes. The contents of each packet of SRM 2386 were well mixed prior to sampling for extraction by applying external pressure to the open packet to break up pieces and thorough mixing with a metal spatula. Four 1 g aliquots from two different packets of SRM 1849a Infant/Adult Nutritional Powder I (milk-based) were prepared along with the samples for quality assurance. Three blank samples were prepared containing (1) only the internal standard solutions, (2) only the sample of SRM 2386, and (3) only the extraction solvent. These samples were diluted to the approximate volume of the other samples and carried through the extraction process to identify any potential biases that may occur. An aliquot of the mixed internal standard solution ( $\approx$ 1.43 g d<sub>9</sub>-choline and  $\approx$ 0.81 g d<sub>9</sub>-carnitine, exact mass known) and a portion ( $\approx$ 30 mL) of extraction solvent (1 mol/L aqueous HCl) were added. Internal standard solutions were prepared from choline chloride (trimethyl-d<sub>9</sub>, Lot #PR- 16783) obtained from Cambridge Isotope Laboratories (Andover, MA) and from DL-carnitine HCl (trimethyl-d9, Lot #Z324P21) obtained from C/D/N Isotopes (Pointe-Claire, QC, Canada). All stock calibrant and internal standard solutions were prepared in HPLC grade water. A stock solution containing each labeled analyte was prepared for use in spiking SRM 2386 samples and controls, and for combination with calibration solutions to determine response factors. Diluted and mixed solutions were prepared in HPLC grade water. Calibrants and internal standard solutions were stored in the refrigerator (4 °C) when not in use. A calibrated Mettler AT261 Delta Range analytical balance was used for weighing in the preparation of samples, controls, and standards.

Samples were shaken and vortexed for 20 s to ensure thorough mixing. The entire 30 mL sample was transferred from the polyethylene tube into a Teflon microwave vessel and hydrolyzed under 1600 W of microwave radiation using a Microwave Assisted Reaction System (MARS) with HP-500 Plus vessels from CEM Corporation (Matthews, NC). Prior to certification, the extraction procedure was optimized for microwave hold temperature, hold time, acid concentration, and need for a post-hydrolysis enzyme treatment. The optimum settings were chosen for certification measurements based on the highest extraction yield for choline. Samples were heated to 150 °C over 15 min and held at 150 °C for 15 min with a maximum pressure of  $2.76 \times 10^{-5}$  Pa (40 psi). Samples were then cooled and transferred back to 50 mL polyethylene centrifuge tubes. The pH of each sample was adjusted to be in the range of (3.8 to 4.0) using a 50 % solution (w/w) of sodium hydroxide and the pH was confirmed visually using pH paper. The samples were centrifuged for 15 min, and the supernatant was filtered through a 0.45 µm RC filter. Approximately (4 to 5) drops of sample extract were combined with ~1.5 mL of HPLC grade water in an autosampler vial.

Choline bitartrate (Lot #0112016V) and ( $\pm$ )-carnitine hydrochloride (Lot #0001333675) were obtained from Sigma (St. Louis, MO). (NOTE: Choline chloride is very hygroscopic and should not be used as a reference standard for choline measurements.) Purity of these reference standards has been evaluated by NIST using liquid chromatography with ultraviolet absorbance detection, differential scanning calorimetry, quantitative proton nuclear magnetic resonance spectroscopy, and Karl Fisher analysis, and these purities were used to correct the reported mass fractions for each analyte. All solvents used were HPLC grade. Phospholipase D (from *Arachis hypogaea* (peanut), Type II, lyophilized powder,  $\geq 60$  units/mg protein) and Triton X-100 used in the extraction optimization study for evaluation enzymatic hydrolysis were obtained from Sigma. Hydrochloric acid and sodium hydroxide used in the hydrolysis were reagent grade.

Samples were analyzed by using an Agilent Series 1290 Infinity II LC equipped with an Agilent Series 6410 Triple Quadrupole MS with electrospray ionization in the positive ion mode. The system was composed of a mobile phase degasser, binary pump, autosampler, and mass selective detector. The instrument was tuned prior to certification. A Scherzo SMC18 column  $(250 \times 4.6 \text{ mm i.d.}, 3 \text{ µm particles})$  from Silvertone Sciences (Philadelphia, PA) was used for the analyses without a guard cartridge. The gradient elution program listed in Table 12 was used with a flow rate of 0.5 mL/min. Mobile phase A consisted of 3 mmol/L ammonium formate in water, and mobile phase B was 25 mmol/L ammonium formate in 80:20 water:acetonitrile (volume fraction). A 5.0 µL injection volume was used for all samples. The mass spectrometer was operated at a nebulizer pressure of 15 psig, a drying gas flow of 6 L/min, a drying gas temperature of 300 °C, a capillary voltage of 4000 V, and a dwell time of 100 ms.

**Table 12.** LC Gradient Profile Used for Analysis of Choline and Carnitine.

Time (min)	% A	% B
0	100	0
11	0	100
27	0	100
27.1	0	0
45	0	0

Quantification was performed in multiple reaction monitoring (MRM) mode using the timetable, transitions, fragmentor voltages, and collision energies listed in Table 13 for choline, carnitine,

and their respective internal standards. An exemplar ID-LC-MS/MS with MRM chromatogram for an extract of SRM 2386 is shown in Fig. 6.

Time		Precursor	Product	<b>IS Precursor</b>	<b>IS Product</b>	Fragmentor	Collision
(min)	Compound	Ion (m/z)	Ion (m/z)	Ion (m/z)	Ion (m/z)	(V)	Energy (eV)
6.0	Comitino	162.12	60.1	171 17	69.2	110	20
0.0	Carmine	102.12	103.0	1/1.1/	103.0	110	16
12.0	Chaling	105 12	58.1	112 17	66.2	110	32
12.0	Choline	_noime 105.12	60.1	113.17	69.2	110	20

Table 13. Multiple Reaction Monitoring Conditions for Choline and Carnitine.



**Fig. 6.** Exemplar ID-LC-MS/MS Chromatogram for Choline and Carnitine.

Transitions for choline and carnitine ions are shown in black, transitions for isotopically labeled internal standards are shown in red. Transitions for each analyte are nearly identical to the corresponding transitions for isotopically labeled internal standards.

#### 3.1.4. Fatty Acids

The mass fractions of selected fatty acids (as free fatty acids) in SRM 2386 were determined at NIST by a method involving Soxhlet extraction, thermal transesterification with *m*-trifluoromethylphenyl trimethylammonium hydroxide derivatization agent, and gas chromatography with flame ionization detection (GC-FID). For extraction, duplicate 0.5 g portions of SRM 2386 from 12 unopened packets were analyzed. Along with the samples, duplicate 0.5 g portions of SRM 1845a Whole Egg Powder and a set mass (between 0.1 g and 2 g) of calibration solution were prepared for quality control. Samples were prepared and extracted over an eight-day period by Soxhlet extraction. All solid samples (SRM 2386 and SRM 1845a) were stored in 50-mL polypropylene centrifuge tubes at 4 °C between weighings. All aliquots were added to approximately 3 g of hydromatrix (Agilent Technologies, Wilmington, DE) in a Whatman cellulose extraction thimble (GE Healthcare Life Sciences, Marlborough, MA) and 0.5 mL of an internal standard solution was prepared by adding only the internal standard solution to

hydromatrix. An additional 3 g of hydromatrix was added to all mixtures, followed by  $\approx 0.5$  mL of HPLC-grade water. Each mixture was stirred with a clean spatula before extraction. The cellulose extraction thimbles were Soxhlet extracted for (20 to 22) h using approximately 250 mL of solvent containing 80 % (volume fraction) hexanes with 30 mg/L (nominal) butylated hydroxytoluene (BHT; Sigma-Aldrich) and 20 % acetone.

Calibration solutions were prepared from SRM 2377 Fatty Acid Methyl Esters in 2,2,4-Trimethylpentane. SRM 2377 was used to prepare six calibration solutions. Three calibration solutions were prepared by direct gravimetric additions of SRM 2377 to the Soxhlet extraction thimbles. For a broad concentration range, a diluted calibration solution was created by a gravimetric dilution (approximately 1:10) of SRM 2377 into 2,2,4-trimethylpentane. The single diluted stock solution was then used to create three additional calibration solutions, which were prepared by direct gravimetric additions to the Soxhlet extraction thimbles. Tridecanonin (C13:0 triglyceride) and methyl octacosanoate (C28:0 fatty acid methyl ester) were obtained from Sigma-Aldrich, Inc. (St Louis, MO) and were gravimetrically added to MTBE and the resulting solution was used as an internal standard (IS) spiking solution.

After extraction, the solutions were transferred from round-bottom flasks to Turbovap vessels and were concentrated under nitrogen to near dryness. Approximately 1 mL of toluene was volumetrically added to all samples and the solutions were mixed thoroughly before being transferred to 4 mL amber glass vials. All extracted samples were stored at 4 °C until further analysis. One day after the final set of extractions, a 1-mL ampoule of Meth-Prep II derivatization solution (W.R. Grace & Co., Columbia, MD) was added to all vials and the vials were shaken for (10 to 15) s and allowed to sit at room temperature for 1 h. For GC-FID analysis, 1 mL of each derivatized solution was added to autosampler vials (high concentration solution) and a 100 µL aliquot of each sample and control solution was volumetrically diluted 1:10 with toluene in additional autosampler vials. No dilution of the calibration solutions was necessary.

An Agilent 7890A GC-FID (Agilent Technologies) was used for analysis with a 0.25 mm × 100 m SP2560 (poly(biscyanopropyl siloxane)) fused-silica capillary column (Supelco, Bellefonte, PA) with 0.25  $\mu$ m film thickness. The instrumental method was adapted from AOAC Official Method 996.06 Fat (Total, Saturated, and Unsaturated) in Foods [8]. A 1  $\mu$ L injection was performed with a split ratio of 120:1, split flow of 120 mL/min, and injector temperature of 275 °C. The carrier gas used was helium with a flow rate of 1 mL/min (calculated average linear velocity 18.168 cm/sec). The oven program begins at 100 °C and is held for 4 min after injection. The temperature is then increased by 3 °C/min to 240 °C, which is then held for 20 min. The flame ionization detector settings include a temperature of 250 °C, hydrogen flow of 44 mL/min, air flow of 400 mL/min, and makeup (nitrogen) gas flow of 29 mL/min. The instrumental analysis was controlled using Open Lab ChemStation Rev C.01.04 (Agilent Technologies). Example chromatograms for the SRM 2386 extract and for a calibration solution are displayed in Fig. 7.



Fig. 7. Exemplar Chromatograms of Fatty Acids.

The chromatogram in panel A is for the SRM 2386 extract; that in panel B is for a calibration solution. Detected compounds are labeled.

Each sample was extracted in duplicate over three separate days and measured over three days. Samples were analyzed in random order, with every (3 to 4) samples or controls bracketed by calibrants. Quantitation was based on linear regression of internal standard-normalized response using tridecanonin (C13:0 triglyceride) as the internal standard. The methyl octacosanoate (C28:0 fatty acid methyl ester) material could not be used since its peak overlapped a peak in the SRM 2386 extracts that was not present in the control or calibration solutions.

Per industry standard, mass fractions of fatty acids are reported as grams of equivalent free fatty acid per 100 grams sample. Table 14 lists the factors for converting from fatty acid methyl ester (directly measured in this study) to free fatty acids, taken from AOAC Official Method 996.06 [8].

Fatty Acid	Factor	Fatty Acid	Factor	Fatty Acid	Factor
α-linolenic acid	0.9520	EPA	0.9957	myristoleic acid	0.9417
arachidic acid	0.9570	erucic acid	0.9602	nervonic acid	0.9632
arachidonic acid	0.9560	γ-linolenic acid	0.9520	oleic acid	0.9527
behenic acid	0.9604	gondoic acid	0.9568	palmitic acid	0.9481
capric acid	0.9247	lauric acid	0.9346	palmitoleic acid	0.9477
caprylic acid	0.9114	lignoceric acid	0.9963	stearic acid	0.9530
DHA	0.9590	linoelaidic acid	0.9524	transvaccenic acid	0.9527
DPA	0.9593	linoleic acid	0.9524	vaccenic acid	0.9527
elaidic acid	0.9527	mvristic acid	0.9421		

Table 14 Eactors fo	r Converting Fatt	v Acid Meth	vl Ester to Eree Ea	tty Acid Percentages
		y Aciu Metri	yi Later to rice ra	lly Add i eiterilages.

Hydromatrix and boiling stones used for Soxhlet were first solvent rinsed with hexanes and airdried. All solvents used for standard preparation, sample preparation, and extraction were HPLCgrade or better.

#### 3.2. GMA FIAC Interlaboratory Studies

The Grocery Manufacturers Association's Food Industry Analytical Chemists (GMA FIAC) Share Group distributed Candidate SRM 2386 in two interlaboratory studies. The quantitative results from these studies are reported here in full. The reported results from each participating organization have been assigned an arbitrary numeric code.

Laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study reported values for many fatty acids. All participants in either study who reported their methods used GC-FID for separation and detection. Table 15 lists the study(ies) in which participants reported fatty acid results and whether they reported using a hydrolysis and derivatization method.

Code <sup>a</sup>	Fall 2015 Study	Spring 2016 Study
2	Yes	b
3	No	b
4	Yes	No
5	No	Yes
6	No	b
7	Yes	Yes
9	b	Yes
10	С	b
12	b	Yes
13	С	No
16	b	Yes
18	Yes	Yes
22	b	No
24	Yes	b
25	b	No
26	No	b
27	No	b
28	b	No
29	b	Yes

**Table 15.** Reported Usage of Hydrolysis and Derivatization Methods for Fatty Acids.

*a* Arbitrary participant identification code

*b* Did not report fatty acid results in study

*c* Reported fatty acid results but did not provide method information

#### 3.2.1. Fall 2015 GMA Study

In August 2015, GMA FIAC Share Group distributed Candidate SRM 2386 in an interlaboratory study. Participants were asked to measure analytes of a total nutrient panel (proximates, fatty acids, vitamins, minerals, amino acids, phytosterols) in test portions taken from two individual packets of SRM 2386. Results were reported by the participants listed in Table 16.

Company	Location	Country	
Mereiux NutriSciences Brasil	Sao Paolo	Brazil	
Nestlé Brasil Ltda.	Sao Paolo	Brazil	
Silliker Canada Co	Markham, ON	Canada	
Covance (Asia) Pte. Ltd.	The Synergy	Singapore	
Covance Inc.	Harrogate North Yorkshire	United Kingdom	
Con Agra Foods	Omaha, NE	USA	
Covance Inc.	Battle Creek, MI	USA	
Covance Inc.	Madison, WI	USA	
Del Monte Foods	Walnut Creek, CA	USA	
Eurofins Scientific	Des Moines, IA	USA	
General Mills Inc.	Golden Valley, MN	USA	
Hormel Foods	Austin, MN	USA	
Krueger Food Labs	Chelmsford, MA	USA	
Land O' Lakes	Arden Hills, MN	USA	
Nestle Quality Assurance Center	Dublin, OH	USA	
NSF International	Ann Arbor, MI	USA	
Schwan Food Company	Salina, KS	USA	
The JM Smucker Co.	Orrville, OH	USA	
The National Food Laboratory	Livermore, CA	USA	

Table 16. Participants in the Fall 2015 GMA Study.

## 3.2.2. Spring 2016 GMA Study

In January 2016, the GMA FIAC Share Group distributed Candidate SRM 2386 in a second interlaboratory study. Participants were asked to measure fatty acids in test portions taken from two individual packets of SRM 2386. Results were reported by the participants listed in Table 17.

Company	Location	Country
Covance (Asia) Pte. Ltd.	The Synergy	Singapore
Covance Inc.	Harrogate North Yorkshire	United Kingdom
Covance Inc.	Madison, WI	USA
Del Monte Foods	Walnut Creek, CA	USA
Eurofins Central Analytical Laboratories	Metairie, LA	USA
Eurofins Scientific	Des Moines, IA	USA
Hormel Foods	Austin, MN	USA
Krueger Food Labs	Chelmsford, MA	USA
Land O' Lakes	Arden Hills, MN	USA
Nestle Quality Assurance Center	Dublin, OH	USA
Schwan Food Company	Salina, KS	USA

 Table 17. Participants in the Spring 2016 GMA Study.

#### 3.3. Statistical Approaches for Value Assignment

Statistical analysis was provided by the NIST Statistical Engineering Division (SED). Where more than one method was available for a measured analyte, the estimated value is a weighted mean of the method estimates available for this analyte. The weighted mean used is the Dersimonian-Laird estimate [9], the uncertainty of which is estimated using a bootstrap procedure based on a Gaussian random effects model for the between-method effects [10,11,12,13]. If only one method is available for an analyte, then that method estimate is the analyte estimate.

The uncertainties of all values except ash incorporate a relative uncertainty of 0.9 % due to moisture correction. In addition, values for some analytes incorporate an uncertainty component due to possible inhomogeneity. To address issues of possible inhomogeneity of the SRM, both analyses of variance with 5 % significance level and graphical analyses were run on NIST data where box information was available. For some measurands, the uncertainty incorporates a component for possible inhomogeneity based on the standard deviation as described in the individual results and discussion sections below.

Very marked differences are often observed between the results from the different laboratories participating in an interlaboratory study. For each interlaboratory study, the method estimate for that study for each analyte is the weighted median of the individual laboratory means for that analyte, where the weights are based on a Laplace random effects model [20]. For this SRM, the weighted median is equal to or very close to the unweighted median of laboratory means for most analytes. The uncertainty of the weighted median is estimated using a bootstrap procedure based on a Laplace random effects model for the between-laboratory and within-laboratory effects [10-14]. The weights and uncertainty of the weighted median are based in part on the uncertainties of the individual laboratory means. Here, the uncertainty assigned to each laboratory mean is the standard deviation of that mean. If a laboratory reported only one measurement for an analyte, then for the purposes of the computation that value is assigned an uncertainty equal to the maximum of the uncertainties reported by the other laboratories for that analyte.

A number of extreme outlier measurements from the interlaboratory studies were flagged by the analysts and omitted from the calculations. The deviance of these measurements from the others exceeded the usual variation, often differing by an order of magnitude or more. Other measurements may be questionable but could not be determined to be unrepresentative extreme outliers because of the sparseness and variation of the rest of the data.

Some of the estimates and uncertainties in this report are purposely listed with more significant digits than is scientifically warranted. The relevant technical experts trim any estimates and uncertainties to the number of significant digits that are scientifically warranted prior to inclusion on the Certificate of Analysis as either certified or non-certified values [15].

#### 4. Results and Discussion

#### 4.1. Moisture

#### 4.1.1. NIST Results

The change in mass as a function of time in the desiccator is displayed in Fig. 8, demonstrating that the rate of change decreases after 14 days. Based on this data, a minimum of a 14 days should be used for determination of moisture by desiccator drying. Moisture results from the three NIST methods are tabulated in Table 18, including summary statistics where N = number of values and SD = standard deviation of values.



Fig. 8. Change in Percent Moisture of SRM 2386 as a Function of Time in Desiccator.

Freeze Drying <sup>a</sup>				Desiccator <sup>b</sup>				FAIR <sup>c</sup> Combined <sup>c</sup>		
Box	Α	В	Mean <sup>e</sup>	7 Day	14 Day	21 Day	28 Day		Mean	SD
1				5.24	5.46	5.54	5.62	5.91	5.69	0.32
2	3.78	3.80	3.79	3.57	3.72	3.76	3.82	4.24	3.92	0.28
3				5.22	5.42	5.53	5.61	5.87	5.65	0.32
4	5.37	5.46	5.42	5.2	5.41	5.52	5.6	5.98	5.60	0.33
5				3.61	3.77	3.87	3.91	4.31	4.04	0.38
6	3.83	4.04	3.93	3.22	3.40	3.48	3.55	4.02	3.78	0.33
7				5.11	5.30	5.41	5.48	5.77	5.54	0.34
8	3.80	3.97	3.88	3.36	3.51	3.53	3.57	4.17	3.85	0.33
9				3.22	3.42	3.49	3.57	3.97	3.70	0.38
10	5.46	5.36	5.41	5.15	5.39	5.44	5.52	5.87	5.56	0.27
11				5.18	5.39	5.46	5.52	5.84	5.61	0.31
12	5.37	5.38	5.37	5.28	5.47	5.57	5.63	5.91	5.58	0.28
N:	6	6	6	12	12	12	12	12	12	
Mean:	4.60	4.67	4.63	4.45	4.64	4.72	4.78	5.15	4.88	
SD:	0.88	0.81	0.84	0.94	0.95	0.97	0.98	0.90	0.90	

Table 18. NIST Results for Moisture, %.

a Freeze drying for 7 days @  $-40^{\circ}$  C

b Desiccator drying over magnesium perchlorate

c Forced air drying for 1 h @ 80° C

d Combination 14 day desiccator drying, forced air drying, and mean of freeze-drying replicates

e Mean of two replicates from a single package
Moisture results from the three NIST methods are visualized in Fig. 9 and Fig. 10. The circles in the graphics represent the results from desiccator drying, the red triangles represent the results from forced air drying, and the green squares represent the results from freeze drying. The mean moisture is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD. While all drying methods produce similar values, the within-method variability is greater than expected based on experience with other food materials. As a result, the uncertainty on assigned values will be sufficiently large to encompass the within-packet moisture variability.



Fig. 9. Percent Moisture of SRM 2386 as a Function of Box Number.

The results of moisture determination as a function of initial sample weight are displayed in Fig. 10. The green squares represent the results from day 14 desiccator drying, the red triangles represent the results from forced air oven drying, and the circles represent the results from freeze drying. The mean moisture is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD. A correlation between the percent moisture and sample weight may indicate poor performance of a drying method for specific sample. However, over the range used, the weight of the SRM 2386 sample has little to no effect on the percent moisture determined.



Fig. 10. Percent Moisture of SRM 2386 as a Function of Sample Weight.

# 4.1.2. GMA Results

Laboratories participating in the Fall 2015 GMA Study reported moisture results as percent total solids, which was converted to percent moisture by subtraction of percent total solids from 100 %. Table 19 lists the results and methods reported for moisture in the Fall 2015 GMA Study.

	Pac	eket	Sum	mary <sup>a</sup>	
Lab	Α	В	Mean	SD	Method
2	6.25	6.18	6.22	0.05	Vacuum oven
3	5.13	4.46	4.79	0.47	Forced-air oven
4	3.97	3.77	3.87	0.14	Vacuum oven
5	7.56	7.45	7.51	0.08	Forced-air oven
7	5.50	5.50	5.50	0.00	Vacuum oven
10	4.80		4.80		not reported
11	4.50		4.50		not reported
13	5.62		5.62		not reported
16	3.20	3.20	3.20	0.00	Vacuum oven
18	6.88		6.88		Vacuum oven
24	6.76	6.95	6.86	0.13	Vacuum oven
25	7.46	7.48	7.47	0.01	Forced-air oven
26	4.48	4.53	4.51	0.04	Vacuum oven
27	3.39	3.41	3.40	0.01	Vacuum oven
		N	14	10	
	Mean,	Pooled SD	5.37	0.17	
		SD	1.45		

**Table 19.** Fall 2015 GMA Study Results for Moisture, %.

a Reported as percent total solids, converted to percent moisture by subtraction from 100 %.

# 4.1.3. Value Assignment and Dry-Mass Conversions

The assigned value for moisture content was determined using three NIST techniques and data from the Fall 2015 GMA Study. The four method estimates were combined using the Dersimonian-Laird weighted mean [9] to estimate a dry-mass proportion of  $(0.9516 \pm 0.0178)$  gram dry-mass per gram as-received mass, which was used to convert data from an as-received to a dry-mass basis. The uncertainty shown on this value is an approximate 95 % level of confidence expanded uncertainty,  $U_{95}$ . This uncertainty incorporates a component for possible inhomogeneity based on the standard deviation of box means, as a division into two groups was apparent in all the NIST moisture estimation methods.

The moisture correction is achieved by multiplying the as-received measurements by a conversion factor equal to the inverse of the dry-mass proportion. A relative uncertainty component for the conversion factor (0.9 %) obtained from the moisture measurements is incorporated in the uncertainties of the estimated analyte values (except ash), reported on a dry-mass basis.

#### 4.2. Elements

All elemental results determined at NIST were determined on a dry-mass basis. Results provided by the Fall 2015 GMA Study were provided on an as-received basis but converted to a dry-mass basis for the Certificate of Analysis (COA).

#### 4.2.1. Boron

The NIST TNPGAA results for boron (B), on a dry-mass basis, are summarized in Table 20, along with the moisture results collected during these experiments. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box standard deviations. The quality assurance measurement results were concordant with the certified value delivered by the control material, SRM 1573a.

		Boron (	mg/kg)		Moisture
Box	Α	В	Mean	SD	%
2	175	177	176.0	1.4	3.78
4	165	168	166.5	2.1	5.37
6	179	179	179.0	0.0	3.83
8	178	176	177.0	1.4	3.80
10	165	164	164.5	0.7	5.46
12	171	165	168.0	4.2	5.37
		<i>N</i> :	6		6
Μ	ean, Poo	oled SD:	171.8	2.1	4.60
		SD:	6.2		0.88

Table 20. Summary of Results for Boron (B), mg/kg.

The NIST boron results as a function of the sample box number are displayed in Fig. 11. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 11. Boron (B) Dry-Mass Basis Mass Fraction as a Function of Box Number.

Table 21 details the uncertainty components and calculations. The most difficult uncertainty to estimate in the analysis of hydrogenous materials by TNPGAA is the effect of hydrogen (H) scattering on element sensitivities. Element sensitivities in thin hydrogenous targets can be enhanced by up to 10 % compared to those measured in a thicker target [16]. Filter paper standards have been used in the past to measure boron in agricultural materials due to the similarity in H content. For example, both the control material, SRM 1573a Tomato Leaves, and the filter paper standards used in this investigation yielded hydrogen count rates of about (95 ± 10) cps. However, due to high moisture content, the H count rates of the SRM 2386 samples averaged around (140 ± 5) cps. To estimate the effects of neutron scattering, 750 mg boron standard pellets prepared from two mixtures of TRIS and boron spectrometric solution were measured. The H count rate of these pellets fell into the range of (160 to 170) cps. The average boron sensitivity of these pellets was found to differ from the average boron sensitivity measured in filter paper standards by only about 1 %. To be conservative, a 1 % uncertainty from H scattering effects was thus added to the total uncertainty.

Component	Description	Urel	Units		
Sample measurement	$s/\sqrt{n}$ , where <i>s</i> is standard deviation of the sample data replication and <i>n</i> is the number of samples analyzed.	1.03	%		
Standard replication	$s/\sqrt{n}$ , where <i>s</i> is standard deviation of the standard data replication and <i>n</i> is the number of standards analyzed.	0.71	%		
Weighing of samples	Uncertainty in weighing/average weight of sample: 100*0.01 mg /750 mg	0.001	%		
Sample positioning Flux variation	Estimated from the standard deviation of repeated measurements of a titanium foil.	0.5	%		
H scattering effects Estimated as approximately 1 % from the difference between boron standards of different H count rate and geometry.					
Standard quantity	Standard quantity Uncertainty in spectrometric standard mass fraction (given on the certificate)/2, assuming the certificate uncertainty is an expanded uncertainty with coverage factor of 2.				
Delivery of standard	Standard solution was determined by mass, and weighed to $\pm 0.1$ mg, so % uncertainty in solution mass for 100 mg of solution is $100*0.01/100$ .	0.01	%		
Blank correction	Estimated as 10 % of the blank correction.	0.06	%		
$u_{\rm rel}$	Combined relative uncertainty	1.68	%		
k	Student's t 95 % coverage factor for 5 degrees of freedom	2.57	%		
U <sub>95rel</sub>	$k^*u_{rel}$ , relative expanded uncertainty at a 95 % level of confidence	4.32	%		
$U_{95}$	$171.8 \text{ mg/kg} * U_{95rel} / 100$	7.42	mg/kg		

Tabla	21		Rudget for	TNIDCAA /	\nalveie	of Boron	B)
i abie	<b>Z</b> 1.	Uncertainty	Dudget ior	INPGAAA	Analysis		D).

#### 4.2.2. Cadmium

The NIST ID ICP-MS results for cadmium (Cd) on an as-received and dry-mass basis are summarized in Table 22, along with the moisture results collected during these experiments. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared withinbox standard deviations.

	Α	s-Received <b>E</b>	Basis (mg/k	g)	I	Dry-Mass Basis (mg/kg)				
Box	Α	В	Mean	SD	Α	В	Mean	SD	(%)	
1	0.13221	0.13191	0.13206	0.00021	0.14045	0.14014	0.14030	0.00022	5.87	
2	0.14419	0.14390	0.14405	0.00021	0.15075	0.15045	0.15060	0.00021	4.35	
4	0.13020	0.12996	0.13008	0.00017	0.13865	0.13840	0.13853	0.00018	6.10	
6	0.13279	0.13313	0.13296	0.00024	0.14107	0.14143	0.14125	0.00025	5.87	
7	0.13214	0.13262	0.13238	0.00034	0.14052	0.14103	0.14078	0.00036	5.96	
12	0.13223	0.13215	0.13219	0.00006	0.14062	0.14054	0.14058	0.00006	5.97	
		<i>N</i> :	6			Ν	6	6		
Mean, Pooled SD:			0.13395	0.00022	Mean, Pooled SD		0.14200	0.00023	5.69	
		SD:	0.00504			SD	0.00431		0.66	

Table 22.	Summary o	f Results for	Cadmium	(Cd), mg/kg.
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The NIST cadmium results as a function of the sample box number are displayed in Fig. 12. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 12. Cadmium (Cd) Dry-Mass Mass Fraction as a Function of Box Number.

Table 23 details the uncertainty components and calculations. ANOVA indicates significant between-bottle differences at a p = 0.05 significance level for results reported on both as-received and dry-mass bases ( $p = 9.4 \times 10^{-9}$  and  $3.4 \times 10^{-8}$ ); thus the results for the A and B sub-samples were averaged and six observations were included in the calculation of the mean and standard deviation.

After applying the correction for moisture, the %RSD improves to 3.04 indicating that differences in the moisture content between packets explains some of the observed variability, but not all. The observed variability between the packets/boxes is greater than that expected for the ID ICP-MS measurement process for Cd at this concentration level (estimated to be 1% relative U, approximate level of confidence of 95%), and indicates material heterogeneity for Cd. The quality

assurance measurement results were concordant with the certified values delivered by the control materials, SRM 2384 and SRM 1577c.

Component	$x_i$	$u(x_i)$	Units	Ci	$c_i u(x_i)$	vi	RelCon (%)
Rep	1.000	0.033	1	1.41E-01	4.62E-03	5	96.50
blank	0.00000022	0.00000009	μmol	-2.47E+02	-2.14E-05	2	< 0.01
$m_x$	0.48448	0.00015	g	-2.91E-01	-4.36E-05	8	0.01
DMCF	0.9404	0.0028	1	-1.49E-01	-4.20E-04	8	0.80
$m_y$	0.66971	0.00015	g	2.10E-01	3.15E-05	8	< 0.01
$C_y$	0.0005435	0.0000011	µmol/g	2.59E+02	2.97E-04	8	0.40
$(Aby)_{y}$	0.96497	0.00050	1	1.48E-01	7.41E-05	8	0.02
$(Abx)_{y}$	0.00588	0.00025	1	-3.79E-01	-9.47E-05	8	0.04
$(Abx)_{\rm x}$	0.28730	0.00070	1	-5.92E-01	-4.14E-04	8	0.78
$(Aby)_{\rm x}$	0.12800	0.00020	1	2.33E-01	4.65E-05	8	0.01
$k_b$	1.0000	0.0015	1	-1.73E-01	-2.61E-04	8	0.30
$(Ry/x)_b$	2.5539	0.0074	1	-6.74E-02	-5.02E-04	8	1.10
AtWt	112.4110	0.0040	μg/µmol	1.25E-03	5.01E-06	$\infty$	< 0.01
				u(total):	0.0047		
				kar	2 57		

 Table 23. Uncertainty Budget for ID ICP-MS Analysis of Cadmium (Cd).

 $k_{95}$ : 2.57  $U_{95}$ (total): 0.0121

$x_i$	Typical value of the component							
$u(x_i)$	Standard uncertainty of $x_i$							
$C_i$	Sensitivity coefficient for the component in the measurement model							
$v_i$	Effective degrees of freedom for component							
RelCon	$100(c_i u(x_i)/u(\text{total}))^2$ , relative contribution of the component to the total standard uncertainty							
Rep	Sample repeatability, using a prediction interval estimated as the (standard deviation of the							
	mean of the dry mass basis mass fraction results)( $v(6+1)$ ).							
blank	Procedure blank correction: estimated as the (standard deviation of the mean of procedure							
orunn	blank determinations.)							
$m_x$	Sample mass: $(\pm 0.00030 \text{ g tolerance of the 5-place balance})/2.$							
DMCF	Moisture correction (100 - Moisture %)/100: (absolute value of the difference between the mean of the current result and that in Section $4.1.1$ )/2							
$m_y$	mass of added spike solution: $(\pm 0.00030 \text{ g tolerance of the 5-place balance})/2$ .							
	Spike solution amount content calibrated by reverse ID comprised of the combined content							
C	$(U_{95,rel}$ between (0.15 & 0.2) %, the half width of the difference between the mean results of							
$c_y$	two primary standard solutions and the relative standard deviation of the mean of 5 spike							
	calibration samples.							
$(Aby)_{y}$	Abundance of spike isotope in the spike solution: (Oak Ridge certified $U_{95}$ )/2.							
$(Abx)_{y}$	Abundance of sample isotope in the spike solution: (Oak Ridge certified $U_{95}$ )/2.							
$(Abx)_{\rm x}$	Abundance of sample isotope in the sample: (uncertainty reported in Reference [17])/2.							
$(Aby)_{\rm x}$	Abundance of spike isotope in the sample: (uncertainty reported in reference [17])/2.							
k.	Mass bias correction factor: ( <i>u</i> of replicate mass bias uncertainty combined with an							
$\kappa_b$	experienced-based $U_{95,rel}$ of $\pm 1 \%$ )/2.							
	Ratio of intensity at spike mass to intensity at sample mass in an unknown spiked with							
$(Ry/x)_b$	enriched isotope: ( $\pm 0.2$ % for dead time correction combined with the average % difference							
	for replicate ICP-MS measurements)/2.							
AtWt	atomic weight. ( <i>u</i> reported in reference [17])/2.							
u(total)	$\sum (c_i u(x_i))^2$ , the combined standard uncertainty for the measurement							
k95	Student's two-tailed 95 % level of confidence expansion factor for 5 degrees of freedom							
$U_{95}$ (total)	$k_{95} \times u$ (total), 95 % level of confidence expanded uncertainty for the measurement							

# 4.2.3. Calcium, Copper, Iron, Potassium, Magnesium, Manganese, Sodium, Phosphorus, and Zinc

Results for Ca, Cu, Fe, K, Mg, Mn, Na, P, and Zn at NIST by using ICP-OES were reported on a dry-mass basis and are summarized in the following sections. All results have been corrected for the mean blank values from their corresponding runs by subtracting the mean total micrograms found in the blanks from the total micrograms found in each individual sample. In all cases, the quality assurance measurement results were concordant with the certified values delivered by the control materials, SRM 1845a Whole Egg Powder and SRM 1577c Bovine Liver.

# 4.2.3.1. Calcium

The NIST ICP-OES results for calcium (Ca) and all Ca values reported by the participants in the Fall 2015 GMA Study are summarized in Table 24. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

		Fall 2015 GMA Study									
Box	Α	В	Mean	SD		Lab	Α	В	Mean	SD	Method
1		749.8	749.8			1	786	785	785.5	0.7	not reported
2	777.3	766.3	771.8	7.8		2	744	730	737.0	9.9	ICP-OES
3	718.9	747.3	733.1	20.0		3	739	758	748.5	13.4	ICP-OES
4	758.3	736.6	747.4	15.3		4	882	965	923.5	58.7	AAS
5	749.4	736.8	743.1	8.9		5	793	762	777.5	21.9	ICP-MS
6	731.2	741.0	736.1	6.9		6	748	800	774.0	36.8	ICP-OES
7	763.2	749.7	756.4	9.5		7	667	609	638.0	41.0	ICP-OES
8		735.3	735.3			10	713		713.0		not reported
9	751.9	749.5	750.7	1.7		11	739		739.0		not reported
10	753.4	752.3	752.9	0.7		13	758		758.0		not reported
		N:	10			16	759	759	759.0	0.0	AAS
1	Mean, Po	oled SD:	747.7	10.7		18	770		770.0		ICP-OES
		SD:	11.6			24	804	781	792.5	16.3	AAS
						26	777	762	769.5	10.6	ICP-OES
						27	785	774	779.5	7.8	AAS
N:											
					Mean, Pooled SD:					26.4	
SD:								58.2			

	_				
Table 24.	Summary	of Results	for Calcium	(Ca),	mg/kg.
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AAS Atomic Absorption Spectroscopy

ICP-MS Inductively Coupled Plasma Mass Spectrometry

ICP-OES Inductively Coupled Plasma Optical Emission Spectroscopy

The NIST calcium results as a function of the sample box number are displayed in Fig. 13. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 13. Calcium (Ca) Mass Fraction as a Function of Box Number.

#### 4.2.3.2. Copper

The NIST ICP-OES results for copper (Cu) and all Cu values reported by the participants in the Fall 2015 GMA Study are summarized in Table 25. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

	NIST ICP-OES							Fall 2015 GMA Study					
Box	Α	В	Mean	SD		Lab	Α	В	Mean	SD	Method		
1	15.63	15.45	15.54	0.13		1	15.2	14.6	14.90	0.42	not reported		
2	16.59	16.47	16.53	0.08		2	16.0	16.2	16.10	0.14	ICP-OES		
3	16.72	16.56	16.64	0.11		4	18.9	18.2	18.55	0.49	AAS		
4	15.60	15.63	15.61	0.02		5	15.9	15.9	15.90	0.00	ICP-MS		
5	16.82	15.25	16.03	1.11		6	15.2	15.8	15.50	0.42	ICP-OES		
6	16.40	17.43	16.92	0.73		7	7.8	5.9	6.85	1.34	ICP-MS		
7	15.85	16.09	15.97	0.17		10	16.4		16.40		not reported		
8	15.94	15.46	15.70	0.35		11	18.0		18.00		not reported		
9	17.06	16.84	16.95	0.16		13	17.5		17.50		not reported		
10	16.21	16.16	16.18	0.04		16	15.0	15.0	15.00	0.00	AAS		
		<i>N</i> :	10			18	15.0		15.00		ICP-OES		
	Mean, H	Pooled SD:	16.21	0.44		26	14.9	15.1	15.00	0.14	ICP-OES		
		SD:	0.53			27	17.7	17.7	17.70	0.00	AAS		
	N:												
	Mean, Pooled SD:								15.57	0.52			
								SD:	2.91				
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Table 25. Summary of Results for Copper (Cu), mg/kg.

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ICP-MS Inductively Coupled Plasma Mass Spectrometry

ICP-OES Inductively Coupled Plasma Optical Emission Spectroscopy

The NIST copper results as a function of the sample box number are displayed in Fig. 14. The blue circles in the figure represent the results for the first replicate and the red squares the second

replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times SD$ .



Fig. 14. Copper (Cu) Mass Fraction as a Function of Box Number.

#### 4.2.3.3. Iron

The NIST ICP-OES results for iron (Fe) and all Fe values reported by the participants in the Fall 2015 GMA Study are summarized in Table 26. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations. Statistical outliers identified using Dixon's Q-test were excluded from further calculations.

	NIS	T ICP-O	ES		Fall 2015 GMA Study						
Box	Α	В	Mean	SD		Lab	Α	В	Mean	SD	Method
1	32.16	32.67	32.41	0.36		1	34.1	37.4	35.75	2.33	not reported
2	33.64		33.64			2	32.6	33.3	32.95	0.49	ICP-OES
3		34.36	34.36			3	31.9	33.7	32.80	1.27	ICP-OES
4	32.67	31.22	31.95	1.03		4	40.2	37.3	38.75	2.05	AAS
5	32.14		32.14			5	32.5	32.4	32.45	0.07	ICP-MS
6	33.10	35.18	34.14	1.47		6	33.6	35.0	34.30	0.99	ICP-OES
7	33.23	36.56	34.89	2.35		7	57.0	28.0	42.50	20.51	not reported
8	33.46	32.79	33.13	0.47		10	33.2		33.20		not reported
9	35.74	34.42	35.08	0.93		11		39.1	39.10		not reported
10		32.84	32.84			13	33.8		33.80		not reported
		<i>N</i> :	10			16	23.0	23.0	23.00	0.00	AAS
]	Mean, Po	ooled SD:	33.46	1.29		18	39.2		39.20		ICP-OES
		SD:	1.14			24	41.0	38.0	39.50	2.12	AAS
						26	28.8	28.3	28.55	0.35	ICP-OES
						27	33.3	33.0	33.15	0.21	AAS
									15		
						Me	an, Poo	oled SD:	34.60	6.31	
SD:									4.88		

Table 26.	Summary	of Results	for Iron	(Fe),	mg/kg.
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AAS Atomic Absorption Spectroscopy

ICP-MS Inductively Coupled Plasma Mass Spectrometry

ICP-OES Inductively Coupled Plasma Optical Emission Spectroscopy

The NIST iron results as a function of the sample box number are displayed in Fig. 15. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 15. Iron (Fe) Mass Fraction as a Function of Box Number.

#### 4.2.3.4. Potassium

The NIST ICP-OES results for potassium (K) and all K values reported by participants in the Fall 2015 GMA Study are summarized in Table 27. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of squared within-box or within-participant standard deviations.

	NIS	ST ICP-O	ES		_	Fall 2015 GMA Study						
Box	Α	В	Mean	SD		Lab	Α	В	Mean	SD	Method	
1	32031	37868	34950	4128		1	37000	37000	37000	0	not reported	
2	42509	39670	41089	2008		2	32200	32400	32300	141	ICP-OES	
3	41743	41317	41530	0301		3	34310	35430	34870	792	ICP-OES	
4	35472	37562	36517	1478		4	34000	34400	34200	283	AAS	
5	40475	35706	38091	3372		5	33100	33300	33200	141	ICP-MS	
6	41249	38983	40116	1603		6	36800	39570	38185	1959	ICP-OES	
7	39835	39211	39523	0442		7	31100	30700	30900	283	ICP-MS	
8	38511	37947	38229	0399		10	32300		32300		not reported	
9	42543	38184	40364	3082		11	31500		31500		not reported	
10	38248	38798	38523	0389		13	33700		33700		not reported	
		<i>N</i> :	10			16	32332	32252	32292	57	AAS	
	Mean, P	Pooled SD:	38893	2175		18	32100		32100		ICP-OES	
		SD:	2062			24	31600	31400	31500	141	AAS	
						26	28700	28800	28750	71	ICP-OES	
						27	35499	35409	35454	64	AAS	
N:								15				
	Mean, Pooled SD:							oled SD:	33217	653		
SD:							2434					

Table 27. Summary of Results for Potassium (K), mg/kg.

AAS Atomic Absorption Spectroscopy

ICP-MS Inductively Coupled Plasma Mass Spectrometry

ICP-OES Inductively Coupled Plasma Optical Emission Spectroscopy

The NIST potassium results as a function of the sample box number are displayed in Fig. 16. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 16. Potassium (K) Mass Fraction as a Function of Box Number.

#### 4.2.3.5. Magnesium

The NIST ICP-OES results for magnesium (Mg) and all Mg values reported by participants in the Fall 2015 GMA Study are summarized in Table 28. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of squared within-box or within-participant standard deviations. Statistical outliers identified using Dixon's Q-test were excluded from further calculations.

	NIS	T ICP-O	ES					Fall 2	015 GMA	A Study	r
Box	Α	В	Mean	SD		Lab	Α	В	Mean	SD	Method
1	1739	1887	1813	0105		1	2060	2060	2060	0	not reported
2	1950	1946	1948	0003		2	1970	1920	1945	35	ICP-OES
3	2042	1987	2015	0038		4	1790	1760	1775	21	AAS
4	1918	1874	1896	0031		5	1910	1910	1910	0	ICP-MS
5	1904		1904			6	2060	2150	2105	64	ICP-OES
6	1917	1890	1903	0019		7	1600	1460	1530	99	ICP-OES
7	1829	1914	1871	0060		10	1730		1730		not reported
8	1794	2404	2099	0432		11	1690		1690		not reported
9	2019	2769	2394	0531		13	1850		1850		not reported
10	2497	2354	2426	0101		16	2131	2150	2141	13	AAS
		<i>N</i> :	10			18	1850		1850		ICP-OES
	Mean, P	ooled SD:	2027	235		24	1900	1900	1900	0	AAS
		SD:	217			26	2030	2030	2030	0	ICP-OES
						27	1713	1678	1696	25	AAS
	N:										
						Μ	lean, Poo	led SD:	1872	40	
	SD.										

Table 28. Summary of Results for Magnesium (Mg), mg/kg.

AAS Atomic Absorption Spectroscopy

ICP-MS Inductively Coupled Plasma Mass Spectrometry

ICP-OES Inductively Coupled Plasma Optical Emission Spectroscopy

The NIST magnesium results as a function of the sample box number are displayed in Fig. 17. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 17. Magnesium (Mg) Mass Fraction as a Function of Box Number.

#### 4.2.3.6. Manganese

The NIST ICP-OES results for manganese (Mn) and all Mn values reported by the participants in the Fall 2015 GMA Study are summarized in Table 29. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

	NIST	FICP-O	ES				Fall 20	15 GMA	<b>Study</b>	7
Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Method
1	10.34	10.34	10.34	0.00	1	10.60	10.80	10.70	0.14	not reported
2	11.11	10.89	11.00	0.16	2	10.40	10.60	10.50	0.14	ICP-OES
3	11.00	10.90	10.95	0.07	4	12.00	11.70	11.85	0.21	AAS
4	10.35	10.27	10.31	0.05	5	10.10	10.30	10.20	0.14	ICP-MS
5	10.50	10.28	10.39	0.16	6	8.46	8.85	8.66	0.28	ICP-OES
6	10.79	11.33	11.06	0.38	7	8.80	7.90	8.35	0.64	ICP-MS
7	10.62	10.73	10.68	0.08	10	10.50		10.50		ICP-OES
8	10.67	10.54	10.60	0.09	11	10.70		10.70		not reported
9	11.15	11.02	11.08	0.09	13	10.50		10.50		not reported
10	10.75	10.60	10.68	0.10	18	<10				ICP-OES
		N:	10		27	10.00	10.00	10.00	0.00	ICP-MS
I	<b>Mean, Pooled SD:</b> 10.71 0.15						N:	10		
<b>SD:</b> 0.30					Me	ean, Pool	ed SD:	10.20	0.29	
SD:								1.02		

		~			-		/ <b>-</b> - \	
Table	29.	Summar	∕ ot	Results	tor	Mandanese	(Mn).	ma/ka.
							····/,	

AAS Atomic Absorption Spectroscopy

ICP-MS Inductively Coupled Plasma Mass Spectrometry

ICP-OES Inductively Coupled Plasma Optical Emission Spectroscopy

The NIST manganese results as a function of the sample box number are displayed in Fig. 18. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 18. Manganese (Mn) Mass Fraction as a Function of Box Number.

#### 4.2.3.7. Sodium

The NIST ICP-OES results for sodium (Na) and all Na values reported by the participants in the Fall 2015 GMA Study are summarized in Table 30. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

	NIS	Г ІСР-О	ES					Fall 20	)15 GM/	A Study	y
Box	Α	В	Mean	SD		Lab	Α	В	Mean	SD	Method
1	680	816	748	96		1	967	964	966	2	not reported
2	903	919	911	11		2	837	836	837	1	ICP-OES
3	983	907	945	54		3	810	890	850	57	ICP-OES
4	833	816	825	12		4	1310	1200	1255	78	AAS
5	825	789	807	26		5	851	858	855	5	ICP-MS
6	904	910	907	4		6	756	807	782	36	ICP-OES
7	857	838	847	14		7	866	857	862	6	ICP-MS
8	818	831	825	9		10	846		846		not reported
9	920	918	919	2		11	842		842		not reported
10	852	831	841	15		13	847		847		not reported
		<i>N</i> :	10			16	903	910	907	5	AAS
I	Mean, Po	oled SD:	857	37		18	860		860		ICP-OES
		SD:	61			24	1460	1330	1395	92	AAS
						26	1010	1040	1025	21	ICP-OES
			27	917	917	917	0	AAS			
								N:	15		
						Me	an, Poo	led SD:	936	42	
	SD-								170		

Table 30 Summa	v of Results for Sodium (Na) mai	/ka
	y of results for Social (rul), mg/	ng.

AAS Atomic Absorption Spectroscopy

ICP-MS Inductively Coupled Plasma Mass Spectrometry

ICP-OES Inductively Coupled Plasma Optical Emission Spectroscopy

The NIST sodium results as a function of the sample box number are displayed in Fig. 19. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 19. Sodium (Na) Mass Fraction as a Function of Box Number.

# 4.2.3.8. Phosphorus

The NIST ICP-OES results for phosphorus (P) and all P values reported by the participants in the Fall 2015 GMA Study are summarized in Table 31. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations. Statistical outliers identified using Dixon's Q-test were excluded from further calculations.

	NIS	T ICP-O	ES			Fall 2015 GMA Study					
Box	Α	В	Mean	SD	]	Lab	Α	В	Mean	SD	Method
1	2982	3467	3224	343		1	3610	3600	3605	7	not reported
2	3683	4020	3851	238		2	3560	3520	3540	28	ICP-OES
3	3099	3714	3406	435		3	3420	3600	3510	127	ICP-OES
4	3410	3367	3388	30		4	2920	2950	2935	21	colorimetry
5	3455	3359	3407	68		5	3540	3500	3520	28	ICP-MS
6	3645	3701	3673	40		6	3670	4010	3840	240	ICP-OES
7	3501	3471	3486	22		7	3100	2870	2985	163	ICP-OES
8		3375	3375			10	3420		3420		not reported
9	3720	3763	3742	30		11	3940		3940		not reported
10	3427	3467	3447	29		13	3550		3550		not reported
		<i>N</i> :	10			16	3425	3462	3444	26	colorimetry
]	Mean, Po	ooled SD:	3500	204		18	3260		3260		ICP-OES
		SD:	193			24	31700	31400	out	lier	colorimetry
					-	26	3700	3700	3700	0	AAS
							4260	4260	4260	0	ICP-MS
									14		
						Me	ean, Poo	oled SD:	3536	102	
	SD:								348		

Table 31. Summary of Results for Phosphorus (P), mg/kg.

AAS Atomic Absorption Spectroscopy

ICP-MS Inductively Coupled Plasma Mass Spectrometry

ICP-OES Inductively Coupled Plasma Optical Emission Spectroscopy

The NIST phosphorus results as a function of the sample box number are displayed in Fig. 20. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 20. Phosphorus (P) Mass Fraction as a Function of Box Number.

#### 4.2.3.9. Zinc

The NIST ICP-OES results for zinc (Zn) and all Zn values reported by the participants in the Fall 2015 GMA Study are summarized in Table 32. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

		NIST	ICP-O	ES			Fall 2015 GMA Study					
	Box	Α	В	Mean	SD		Lab	Α	В	Mean	SD	Method
	1	33.77	34.44	34.11	0.47		1	35.5	35.8	35.7	0.2	not reported
	2	36.70	37.59	37.15	0.63		2	35.9	36.0	36.0	0.1	ICP-OES
	3	36.48	36.92	36.70	0.31		4	44.3	41.2	42.8	2.2	AAS
	4	34.33	33.67	34.00	0.47		5	36.5	36.3	36.4	0.1	ICP-MS
	5	39.12	33.48	36.30	3.99		6	40.0	41.8	40.9	1.3	ICP-OES
	6	35.30	36.25	35.78	0.67		7	30.0	26.0	28.0	2.8	ICP-OES
	7	34.94	34.72	34.83	0.16		10	35.5		35.5		not reported
	8	34.26	33.20	33.73	0.75		11	36.8		36.8		not reported
	9	37.72	37.58	37.65	0.10		13	37.9		37.9		not reported
	10	33.70	34.98	34.34	0.91		16	34.0	34.0	34.0	0.0	AAS
			<i>N</i> :	10			18	35.1		35.1		ICP-OES
	I	Mean, Poo	oled SD:	35.46	1.37		24	33.0	33.0	33.0	0.0	AAS
			SD:	1.44			26	37.1	36.0	36.6	0.8	ICP-OES
							27	38.4	38.7	38.6	0.2	AAS
	N:									14		
							Me	an, Pool	ed SD:	36.2	1.2	
									SD:	3.5		]
~			. •	a .								

Table 32. Summary of Results for Zinc (Zn), mg/kg.

AAS Atomic Absorption Spectroscopy

ICP-MS Inductively Coupled Plasma Mass Spectrometry

ICP-OES Inductively Coupled Plasma Optical Emission Spectroscopy

The NIST zinc results as a function of the sample box number are displayed in Fig. 21. The blue circles in the figure represent the results for the first replicate and the red squares the second

replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times SD$ .



Fig. 21. Zinc (Zn) Mass Fraction as a Function of Box Number.

# 4.2.3.10. Uncertainty Budget

Table 33 lists the uncertainty budget for Ca, Cu, Fe, K, Mg, Mn, Na, P, and Zn.

Uncertainty	Basis	Туре	DF
Sample Replication, S <sub>sample</sub>	The uncertainty due to sample preparation and measurement is estimated by calculating the standard deviation of the mean. ( $n = 16, 19, \text{ or } 20$ )	А	15,18,19
Blank Replication, S <sub>blank</sub>	The uncertainty due to blank preparation and measurement is estimated by calculating the standard deviation of the mean. $(n = 12)$	А	11
Moisture Correction, Smoisture	The uncertainty due to the moisture correction is estimated by calculating the standard deviation of the mean then converting percent moisture to mass. $(n = 4)$	А	3
Primary Standard, <i>u</i> s	The uncertainty associated with the primary standards is calculated to be the expanded uncertainty divided by the expansion factor, $k$ , obtained from the Certificate of Analysis for each SRM used as the standard addition spike.	В	> 60
Weighing of Standards, <i>u</i> <sub>b1</sub>	The uncertainty for each weighing of the standard is $\pm 0.01$ mg based on the certificate of calibration for the balance. This uncertainty is normalized by division by $\sqrt{3}$ .	В	œ
Weighing of Samples, <i>u</i> <sub>b2</sub>	The uncertainty for each weighing of the sample is $\pm 0.01$ mg based on the certificate of calibration for the balance. This uncertainty is normalized by division by $\sqrt{3}$ .	В	œ

 Table 33.
 Uncertainty Budget for ICP-OES Analysis of Ca, Cu, Fe, K, Mg, Mn, Na, P, Zn.

## 4.2.4. Molybdenum

All molybdenum (Mo) values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 34. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
1	0.0850	0.0830	0.0840	0.0014	not reported
5	0.0840	0.0810	0.0825	0.0021	ICP-MS
18	0.0680		0.0680		ICP-OES
27	< 0.5	< 0.5			ICP-MS
		<i>N</i> :	3		
	Mean, P	ooled SD:	0.0782	0.0018	
		SD:	0.0088		

 Table 34.
 Summary of Results for Molybdenum (Mo), mg/kg.

ICP-MS Inductively Coupled Plasma Mass Spectrometry

ICP-OES Inductively Coupled Plasma Optical Emission Spectroscopy

# 4.2.5. Selenium

All selenium (Se) values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 35. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
1	0.046	0.043	0.0445	0.0021	not reported
3	712	746			ICP-MS
5	<0.4	< 0.4			ICP-MS
7	< 0.1	< 0.1			other
10	0.4000		0.4000		not reported
13	0.0400		0.0400		not reported
18	0.0140		0.0140		ICP-OES
27	0.0860	0.0840	0.0850	0.0014	ICP-MS
		<i>N</i> :	5		
	Mean, P	ooled SD:	0.1167	0.0018	
		SD:	0.1604		

Table 35. Summary of Results for Selenium (Se), mg/kg.

ICP-MS Inductively Coupled Plasma Mass Spectrometry

ICP-OES Inductively Coupled Plasma Optical Emission Spectroscopy

# 4.2.6. Value Assignment

As described in Section 3.3, the available data for each measurand was used to provide an estimate of the mass fraction present in SRM 2386 where x is the mean and  $U_{95}(x)$  is the 95% confidence interval. The summary of these estimates for elements is provided in Table 36, along with a summary of the methods used to arrive at these estimates. A blank in the table indicates that no data from that method was available for determination of the estimate. Analysis of variance at a 5% significance level showed statistically significant heterogeneity in some cases, and the uncertainties for Cd, Mg, Mn, and Na values containing NIST results incorporate an additional component for possible heterogeneity.

				Based on
Analyte	x	$U_{95}(x)$	NIST Methods	Fall 2015 GMA Methods <sup>a</sup>
Boron	171.833	14.422	TNPGAA	
Cadmium	0.14201	0.00988	ID-ICP-MS	
Calcium	776.61	62.32	ICP-OES	ICP-OES, ICP-MS, AAS
Copper	16.22	0.60	ICP-OES	ICP-OES, ICP-MS, AAS
Iron	33.57	1.38	ICP-OES	ICP-OES, ICP-MS, AAS
Magnesium	1999.25	540.99	ICP-OES	ICP-OES, ICP-MS, AAS
Manganese	10.72	0.70	ICP-OES	ICP-OES, ICP-MS, AAS
Molybdenum	0.0867	0.0168		ICP-OES, ICP-MS
Phosphorus	3591.30	214.30	ICP-OES	ICP-OES, ICP-MS, AAS, Colorimetry
Potassium	36440.80	5011.22	ICP-OES	ICP-OES, ICP-MS, AAS
Selenium	0.0460	0.0278		ICP-OES, ICP-MS
Sodium	866.53	138.93	ICP-OES	ICP-OES, ICP-MS, AAS
Zinc	36.57	2.62	ICP-OES	ICP-OES, ICP-MS, AAS

Table 36. Summary of Estimates for Elements in SRM 2386, mg/kg.

a Not all laboratories reported methods used.

AAS Atomic Absorption Spectroscopy

ICP-OES Inductively Coupled Plasma Optical Emission Spectrometry

ICP-MS Inductively Coupled Plasma Mass Spectrometry

ID ICP-MS Isotope Dilution Inductively Coupled Plasma Mass Spectrometry

TNPGAA Thermal Neutron Prompt Gamma-Ray Activation Analysis

# 4.3. Vitamins

All vitamin results determined at NIST and by the Fall 2015 GMA Study were reported on an as-received basis and converted to a dry-mass basis using the moisture correction described in Section 3.1.1.4 for reporting on the COA. Results from GMA studies include those vitamins that were quantitatively determined by at least two participants. Results reported as "0" or "<" values are not used in the statistical summaries. Values that are at least 10-fold greater than the median of the quantitative values (most likely reflecting unit conversion errors) are also not used in the summaries.

# 4.3.1. Vitamin C (Ascorbic Acid)

The NIST LC-UV results for ascorbic acid are summarized in Table 37. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box standard deviations. The quality assurance measurement results were concordant with the certified value delivered by the control material, SRM 1849a.

			Pack	et 1		Packet 2						Packet 3					Total	
Box	Α	В	С	Mean	SD	Α	В	С	Mean	SD	Α	В	С	Mean	SD	Mean	SD	
1	173	174	171	172.7	1.5	176	175	180	177.0	2.6	174	175	170	173.0	2.6	174.2	2.4	
2	175	182	175	177.3	4.0	185	186	183	184.7	1.5	173	177	179	176.3	3.1	179.4	4.6	
3	170	179	184	177.7	7.1	174	171	182	175.7	5.7	172	175	181	176.0	4.6	176.4	1.1	
4	184	177	180	180.3	3.5	176	176	181	177.7	2.9	172	175	182	176.3	5.1	178.1	2.0	
5	175	183	177	178.3	4.2	171	176	174	173.7	2.5	186	180	184	183.3	3.1	178.4	4.8	
6	179	177	174	176.7	2.5	170	175	180	175.0	5.0	184	176	178	179.3	4.2	177.0	2.2	
7	172	175	171	172.7	2.1	177	177	180	178.0	1.7	178	171	177	175.3	3.8	175.3	2.7	
8	175	171	184	176.7	6.7	177	170	178	175.0	4.4	180	176	171	175.7	4.5	175.8	0.8	
9	183	185	182	183.3	1.5	186	185	185	185.3	0.6	183	186	185	184.7	1.5	184.4	1.0	
10	173	174	169	172.0	2.6	178	177	170	175.0	4.4	176	179	179	178.0	1.7	175.0	3.0	
			<i>N</i> :	10					10					10		10		
M	Mean, Pooled SD: 176.8			4.0				177.7	3.5				177.8	3.6	177.4	2.8		
SD:			3.6					4.1					3.7		3.0			

Table 37. Summary of NIST Results for Ascorbic Acid (Vitamin C), mg/kg.

The NIST ascorbic acid results as a function of box number are displayed in Fig. 22. The blue diamonds represent the triplicate results for samples from the first packet, the red triangles represent the triplicates from the second packet, and the green circles represent the triplicates from the third packet. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD. While the within-packet triplicates appear bunched, the within-sample variability as estimated by the within-sample pooled standard deviations are of very similar magnitude to the between-sample standard deviations. SRM 2386 appears homogenous with regard to ascorbic acid content.



Fig. 22. Ascorbic Acid (Vitamin C) Mass Fraction as a Function of Box Number.

Ascorbic acid values reported by the participants in the Fall 2015 GMA Study are summarized in Table 38. The results of the study were highly variable and summary statistics could not be calculated.

Table 38. Fall 2015 GMA Study Results for Ascorbic Acid (Vitamin C), mg/kg.

Lab <sup>a</sup>	Α	В	Mean	SD	Method
2	<10	<10			LC-UV
3	1.2	1.3	1.3	0.1	LC-UV
4	<10	<10			Other
5	5.9	5.6	5.8	0.2	not reported
6	<5	<5			DCPIP
7	6.2		6.2		not reported
10	<10				not reported
13	1700		1700		not reported
16	490	510	500	14	DCPIP
26	< 0.4	< 0.4			LC-FL

DCPIP Titration with Dichlorophenol Indophenol Detection

LC-UV Liquid Chromatography with Ultraviolet Absorbance Detection

LC-FL Liquid Chromatography with Fluorescence Detection

### 4.3.2. B Vitamins

Vitamins were extracted from samples of SRM 2386 for 30 min by sonication without added heat and by using a HotBlock at 60 °C and 100 °C, for up to three extraction cycles, and the recoveries using different conditions compared. Consistent extraction yields were observed at all extraction temperatures for thiamine, riboflavin, niacin, and pantothenic acid. Increased recovery was observed, however, for niacinamide, pyridoxal, and pyridoxine at elevated temperatures. No significant increases in extraction yield were observed with increasing number of extraction cycles for any of the measurands. The results of the optimization experiments are summarized in Fig. 23. For value assignment, the vitamins were extracted using a HotBlock at 100 °C.

For quantification, mass fractions of thiamine, riboflavin, niacin, niacinamide, pantothenic acid, pyridoxine, and pyridoxal in the samples were bracketed with calibration solutions. A response factor was calculated for each transition in each injection, and an average response factor (RF) was determined for each transition using:

$$RF = \frac{(A_{\rm a})(m_{\rm IS})}{(A_{\rm IS})(m_{\rm a})} \tag{5}$$

where:  $A_a$  peak area of the analyte,

 $A_{\rm IS}$  peak area of the internal standard,

 $m_{\rm IS}$  mass of the internal standard, and

 $m_{\rm a}$  mass of the analyte.

Very low signal to noise was observed for some transitions, and those transitions were not used in determination of average RFs. Relative standard deviation (RSD) for five injections of five calibration solutions was good for all transitions of riboflavin (2.8 to 4.6) %, niacin (4.4 to 5.4) %, and pantothenic acid (1.8 to 3.3) %, three transitions of pyridoxine (3.7 to 6.0) %, two transitions of niacinamide (4.1 to 4.9) %, and one transition of pyridoxal (5.3 %). Variability (RSD) was slightly higher, yet still acceptable, for one transition each for thiamine (9.7 %), niacinamide (7.5 %), and pyridoxine (9.5 %). High variability was observed for two transitions of thiamine (18.6 to 27.3) % and three transitions of pyridoxal (14.7 to 16.1) %. One transition for thiamine giving high variability (27.3 %) was not used in calculation of sample mass fractions due to low signal to noise observed in the calibrants. For all vitamins, the variability in the analysis of the samples is comparable to or greater than the variability in the calibration.



Fig. 23. Optimization of Extraction Temperature and Number of Cycles for B Vitamins.

Error bars represent the standard deviation of three measurements.

A large peak was identified in the m/z 269.1  $\rightarrow m/z$  81 transition for labeled thiamine in a blank sample, which contained only SRM 2386 with no internal standard spike. As a result, this transition was not used in the determination of thiamine mass fraction in the samples. No other peaks were identified in any blank samples.

Averages of peak areas over all samples or calibrants were used for each transition. Averages of masses and/or mass fractions were used to estimate the levels in the samples or calibrants. The uncertainty in peak integration was assumed to be 1 %. The uncertainty in weight on a g-scale

balance was assumed to be 0.005 %. Uncertainty in purity of calibrant materials was assumed to be 5 % when the uncertainty was not previously established. The combined measurement uncertainties were between 1.25% and 2.02% for all transitions of all analytes.

The mass fraction results for each compound in each sample were determined as the mean of the value from each transition with adequate signal to noise in the samples and calibrants using the measurement equation:

$$x = \frac{(A_{a,s})(A_{IS,c})(m_{IS,s})(m_{a,c})(p_a)}{(A_{a,c})(A_{IS,s})(m_{IS,c})(m_s)}$$
(6)

- $A_{a,s}$  peak area of the analyte in the sample,
- $A_{\rm IS,c}$  peak area of the internal standard in the calibrant,
- $m_{\rm IS,s}$  mass of the internal standard in the sample,
- $m_{\rm a,c}$  mass of the analyte in the calibrant,
- $p_{\rm a}$  purity of the analyte in the calibrant,
- $A_{\rm IS,s}$  peak area of the internal standard in the sample,
- $A_{a,c}$  peak area of the analyte in the calibrant,
- $m_{\rm IS,c}$  mass of the internal standard in the calibrant, and
- $m_{\rm s}$  mass of the sample.

Measured values for thiamine, riboflavin, and pantothenic acid were consistent with the certified values for the SRM 1845a control, however the values for niacinamide and pyridoxal were higher than expected. Measured values for thiamine, riboflavin, niacin, pantothenic acid, pyridoxine, and total vitamin B6 were consistent with the certified values for the SRM 2387 control, however the measured values for niacinamide and pyridoxal were also higher than expected. These observations may have been related to the more robust extraction condition used for SRM 2386 (heating at 100 °C for 30 min) compared to those used for the original value assignment of control materials. The vitamins in the controls were also declared to be in the free, unbound form.

The NIST ID LC-MS/MS results for the various B vitamins are summarized in the following sections.

# 4.3.2.1. Thiamine (Vitamin B<sub>1</sub>)

The NIST ID-LC-MS/MS results for thiamine (vitamin  $B_1$ ) and the thiamine values reported by the participants in the Fall 2015 GMA Study are summarized in Table 39. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

		NIST	D-LC-	MS/MS					Fall 20	15 GI	MA Study
	Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Method
	1	1.516	1.716	1.616	0.141	5	1.63	1.60	1.62	0.02	LC-MS or LC-MS/MS
	2	1.644	1.787	1.716	0.101	6	1.98	1.96	1.97	0.01	LC-FL
	3	1.727	1.973	1.850	0.174	7	3.58	3.38	3.48	0.14	Digestion-fluorescence
	4	1.785	1.656	1.721	0.091	10	1.80		1.80		not reported
	5	1.514	1.626	1.570	0.079	13	2.00		2.00		not reported
	6	1.730	1.857	1.794	0.090	18	1.90		1.90		Digestion-fluorescence & AA
	7	1.942	1.792	1.867	0.106			<i>N</i> :	6		
	8	1.708	1.778	1.743	0.049	Mea	n, Poole	d SD:	2.13	0.08	
	9	1.727	1.905	1.816	0.126			SD:	0.68		
	10	1.599	1.633	1.616	0.024						
			N:	10							
	Mea	an, Poo	led SD:	1.731	0.106						
			SD:	0.104							
AA	L		Autoan	alyzer							
LC	C-FL Liquid Chromatography with Fluorescence Detection										
LC	-MS		Liquid	Chromat	ography	with Ma	ss Spect	rometr	y		
LC	-MS/M	1S	Liquid	Chromat	ography	with Ta	ndem Ma	ass Spe	ectromet	ry	
ID-	D-LC-MS/MS Isotope Dilution Liquid Chromatography with Tandem Mass Spectrometry										

**Table 39.** Summary of Results for Thiamine (Vitamin B<sub>1</sub>), mg/kg.

The NIST thiamine results as a function of box number are displayed in Fig. 24. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 24. Thiamine (Vitamin B<sub>1</sub>) Mass Fraction as a Function of Box Number.

# 4.3.2.2. Riboflavin (Vitamin B<sub>2</sub>)

The NIST ID-LC-MS/MS results for riboflavin (vitamin B<sub>2</sub>) and the riboflavin values reported by the participants in the Fall 2015 GMA Study are summarized in Table 40. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

	NIST	ID-LC-N	MS/MS					]	Fall 2015	<b>GMA</b>	Study
Box	Α	В	Mean	SD	La	ıb	Α	В	Mean	SD	Method
1	6.881	6.586	6.734	0.209	5	5	5.34	5.32	5.33	0.01	LC-MS
2	7.502	7.530	7.516	0.020	e	5	6.15	5.92	6.04	0.16	Extraction-LC-FL
3	7.472	7.807	7.640	0.237	7	7	9.06	6.00	7.53	2.16	Digestion-fluorescence
4	6.894	6.965	6.930	0.050	1	0	11.10		11.10		not reported
5	7.497	7.834	7.666	0.238	1	3	13.30		13.30		not reported
6	7.638	7.333	7.486	0.216	1	8	9.60		9.60		Digestion-fluorescence
7	7.212	7.538	7.375	0.231				<i>N</i> :	6		
8	7.070	7.164	7.117	0.066	I	Me	an, Pool	ed SD:	8.82	1.25	
9	7.391	7.575	7.483	0.130				SD:	3.08		
10	7.145	7.056	7.101	0.063							-
		<i>N</i> :	10								
Ι	Mean, Po	oled SD:	7.305	0.169							
		SD:	0.316								
C-FL		Liquid Cl	iromatog	ranhv wi	th Fh	iore	escence I	Detectio	m		

Table 40. Summary of Results for Riboflavin (Vitamin B<sub>2</sub>), mg/kg.

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LC-MS Liquid Chromatography with Mass Spectrometry

Isotope Dilution Liquid Chromatography with Tandem Mass Spectrometry ID-LC-MS/MS

The NIST riboflavin results as a function of box number are displayed in Fig. 25. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times SD$ .



Fig. 25. Riboflavin (Vitamin B<sub>2</sub>) Mass Fraction as a Function of Box Number.

## 4.3.2.3. Niacinamide (Vitamin B<sub>3</sub>)

The NIST ID-LC-MS/MS results for niacinamide (vitamin B<sub>3</sub>) and the niacinamide values reported by the participants in the Fall 2015 GMA Study are summarized in Table 41. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared withinbox standard deviations.

	NIST	ID-LC	-MS/MS						Fall 201	5 GM	A Study
Box	Α	В	Mean	SD		Lab	Α	В	Mean	SD	Method
1	6.468	6.948	6.708	0.340		5	< 0.2	< 0.2			LC-MS or LC-MS/MS
2	6.320	6.268	6.294	0.036		6	6.13	5.47	5.80	0.47	LC-FL
3	5.867	5.926	5.897	0.042							
4	6.656	6.327	6.491	0.232							
5	5.693	5.815	5.754	0.086							
6	6.167	5.968	6.067	0.141							
7	5.891	6.123	6.007	0.164							
8	6.623	6.670	6.647	0.033							
9	5.777	5.854	5.816	0.055							
10	6.677	6.720	6.698	0.030							
		<i>N</i> :	10								
Me	an, Pool	ed SD:	6.238	0.152							
		SD:	0.377								
FL	Li	quid Cł	iromatogi	aphy wit	th	Fluore	scence	Detect	tion		
MS	Li	quid Cł	nromatogi	aphy wit	th	Mass S	Spectro	metry			

Fable 41.	Summary	of Results f	or Niacinamide	(Vitamin B <sub>3</sub> ), mg/kg.
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LC-FLLiquid Chromatography with Fluorescence DetectionLC-MSLiquid Chromatography with Mass SpectrometryLC-MS/MSLiquid Chromatography with Tandem Mass SpectrometryID-LC-MS/MSIsotope Dilution Liquid Chromatography with Tandem Mass Spectrometry

The NIST niacinamide results as a function of box number are displayed in Fig. 26. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 26. Niacinamide (Vitamin B<sub>3</sub>) Mass Fraction as a Function of Box Number.

## 4.3.2.4. Niacin (Vitamin B<sub>3</sub>)

The NIST ID-LC-MS/MS results for niacin (vitamin B<sub>3</sub>) and the niacin values reported by the participants in the Fall 2015 GMA Study are summarized in Table 42. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

	NIST I	D-LC-N	AS/MS					Fa	all 2015	GMA	Study
Box	Α	В	Mean	SD		Lab	Α	В	Mean	SD	Method
1	84.06	86.74	85.40	1.90	Γ	5	107.6	108.0	107.8	0.3	LC-MS or LC-MS/MS
2	96.21	96.81	96.51	0.42		6	70.2	76.8	73.5	4.7	LC-FL
3	97.71	96.35	97.03	0.96		7	132.0	131.0	131.5	0.7	not reported
4	84.75	82.94	83.85	1.28		10	117.0		117.0		not reported
5	96.89	95.82	96.36	0.76		13	123.0		123.0		not reported
6	101.14	96.91	99.03	2.99		18	114.0		114.0		Microbiological
7	93.18	92.58	92.88	0.42	-			<i>N</i> :	6		
8	77.75	81.02	79.39	2.32		Mea	an, Pool	ed SD:	111.1	2.7	
9	94.32	94.94	94.63	0.44				SD:	20.1		
10	84.83	84.36	84.60	0.34							-
		N:	10								
Μ	lean, Pool	led SD:	90.97	1.47							
		SD:	6.95								
FL	Liquid Chromatography with Fluorescence Detection										

Table 42. Summa	ry of Results	for Niacin	(Vitamin	B <sub>3</sub> ), mg/kg.
	,		<b>\</b>	-// 0.0

Liquid Chromatography with Fluorescence Detection
Liquid Chromatography with Mass Spectrometry
Liquid Chromatography with Tandem Mass Spectrometry
Isotope Dilution Liquid Chromatography with Tandem Mass Spectrometry

The NIST niacin results as a function of box number are displayed in Fig. 27. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 27. Niacin (Vitamin B<sub>3</sub>) Mass Fraction as a Function of Box Number.

## 4.3.2.5. Total Vitamin B<sub>3</sub> as Niacinamide

The NIST ID-LC-MS/MS results for total vitamin B<sub>3</sub> and the total vitamin B<sub>3</sub> values reported by the participants in the Fall 2015 GMA Study are summarized in Table 43. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations. Total vitamin B<sub>3</sub> was calculated as the mass fraction of niacinamide plus 0.992 times the mass fraction of niacin. The factor 0.992 is the ratio of the molar masses of the two compounds: 122.1 g/mol for niacinamide and 123.1 g/mol for niacin.

	NIST	ID-LC-N	AS/MS					Fa	all 2015	GMA	Study
Box	Α	В	Mean	SD		Lab	Α	В	Mean	SD	Method
1	89.85	92.99	91.42	2.22		5	107.6	108.0	107.8	0.3	LC-MS or LC-MS/MS
2	101.76	102.30	102.03	0.38		7	132.0	131.0	131.5	0.7	not reported
3	102.79	101.50	102.15	0.91				<i>N</i> :	2		
4	90.72	88.60	89.66	1.50		Me	an, Pool	led SD:	119.7	0.5	
5	101.81	100.86	101.34	0.67				SD:	16.8		
6	106.50	102.10	104.30	3.11							
7	98.32	97.96	98.14	0.26							
8	83.75	87.04	85.39	2.33							
9	99.34	100.03	99.68	0.49							
10	90.83	90.40	90.61	0.30							
		<i>N</i> :	10								
N	<b>Mean, Pooled SD:</b> 96.47 1.55										
		SD:	6.58								

 Table 43.
 Summary of Results for Total Vitamin B3 as Niacinamide, mg/kg.

LC-MSLiquid Chromatography with Mass SpectrometryLC-MS/MSLiquid Chromatography with Tandem Mass Spectrometry

The NIST results for total vitamin  $B_3$  as a function of box number are displayed in Fig. 28. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times SD$ .



**Fig. 28.** Total Vitamin B<sub>3</sub> Mass Fraction as a Function of Box Number.

## 4.3.2.6. Pantothenic Acid (Vitamin B<sub>5</sub>)

The NIST ID-LC-MS/MS results for pantothenic acid (vitamin B5) and the pantothenic acid values reported by the participants in the Fall 2015 GMA Study are summarized in Table 44. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared withinbox or within-participant standard deviations.

	NIST I	D-LC-l	MS/MS				]	Fall 2015	GMA	Study	
Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Method	
1	57.56	58.11	57.84	0.39	5	6.5	5.9	6.2	0.4	LC-MS or LC-MS/MS	
2	67.64	67.51	67.58	0.09	7	70.2	47.4	58.8	16.1	not reported	
3	67.65	68.70	68.18	0.74	10	72.2		72.2		not reported	
4	56.78	56.93	56.86	0.11	13	67.5		67.5		not reported	
5	67.79	66.86	67.33	0.66	18	63.0		63.0		microbiological	
6	67.41	67.16	67.29	0.18			<i>N</i> :	5			
7	65.76	65.92	65.84	0.11	Me	an, Pool	ed SD:	53.5	11.4		
8	57.12	57.02	57.07	0.07			SD:	26.9			
9	66.12	65.70	65.91	0.30						-	
10	59.15	59.09	59.12	0.04							
		<i>N</i> :	10								
Me	ean, Pool	ed SD:	63.30	0.36							
		SD:	4.89								
-MS	MS Liquid Chromatography with Mass Spectrometry										
-MS/M	AS/MS Liquid Chromatography with Tandem Mass Spectrometry										

Table 44. Summary of Results for Pantothenic Acid (Vitamin B<sub>5</sub>), mg/kg.

LC LC ID-LC-MS/MS Isotope Dilution Liquid Chromatography with Tandem Mass Spectrometry

The NIST pantothenic acid results as a function of box number are displayed in Fig. 29. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times SD$ .



Fig. 29. Pantothenic Acid (Vitamin B₅) Mass Fraction as a Function of Box Number.

## 4.3.2.7. Pyridoxal (Vitamin B<sub>6</sub>)

The NIST ID-LC-MS/MS results for pyridoxal (vitamin  $B_6$ ) and the pyridoxal values reported by a participant in the Fall 2015 GMA Study are summarized in Table 45. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box standard deviations.

	NIST	ID-LC-l	MS/MS		Fall 2015 GMA Study						
Box	Α	В	Mean	SD	Lab	A	B	Mean	SD	Method	
1	1.346	1.479	1.412	0.094	5	1.3	1.2	1.23	0.11	LC-MS or LC-MS/MS	
2	1.910	1.820	1.865	0.063							
3	1.903	1.820	1.862	0.059							
4	1.383	1.294	1.339	0.063							
5	1.694	1.789	1.741	0.067							
6	2.006	1.869	1.937	0.097							
7	2.029	2.160	2.094	0.093							
8	1.345	1.471	1.408	0.089							
9	2.101	2.161	2.131	0.042							
10	1.384	1.460	1.422	0.053							
Μ	lean, Poo	1.721	0.074								
		SD:	0.303								

 Table 45.
 Summary of Results for Pyridoxal (Vitamin B<sub>6</sub>), mg/kg.

LC-MS Liquid Chromatography with Mass Spectrometry

LC-MS/MS Liquid Chromatography with Tandem Mass Spectrometry

ID-LC-MS/MS Isotope Dilution Liquid Chromatography with Tandem Mass Spectrometry

The NIST pyridoxal results as a function of box number are displayed in Fig. 30. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 30. Pyridoxal (Vitamin B<sub>6</sub>) Mass Fraction as a Function of Box Number.

# 4.3.2.8. Pyridoxine (Vitamin B<sub>6</sub>)

The NIST ID-LC-MS/MS results for pyridoxine (vitamin  $B_6$ ) and the pyridoxine values reported by the participants in the Fall 2015 GMA Study are summarized in Table 46. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box standard deviations.

	NIST	ID-LC-	MS/MS			Fall 2015 GMA Study						
Box	Α	В	Mean	SD		Lab	Α	В	Mean	SD	Method	
1	3.256	3.246	3.251	0.007		5	3.16	3.07	3.12	0.06	LC-MS or LC-MS/MS	
2	3.599	3.636	3.618	0.026								
3	3.654	3.567	3.611	0.061								
4	3.235	3.201	3.218	0.024								
5	3.652	3.520	3.586	0.094								
6	3.557	3.478	3.518	0.056								
7	3.520	3.448	3.484	0.051								
8	3.142	3.146	3.144	0.003								
9	3.551	3.485	3.518	0.047								
10	3.409	3.178	3.294	0.163								
	N: 10											
<b>Mean, Pooled SD:</b> 3.424 0.070												
		SD:	0.179									
-MS	AS Liquid Chromatography with Mass Spectrometry											

**Table 46.** Summary of Results for Pyridoxine (Vitamin B<sub>6</sub>), mg/kg.

LC-MSLiquid Chromatography with Mass SpectrometryLC-MS/MSLiquid Chromatography with Tandem Mass SpectrometryID-LC-MS/MSIsotope Dilution Liquid Chromatography with Tandem Mass Spectrometry

The NIST pyridoxine results as a function of box number are displayed in Fig. 31. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 31. Pyridoxine (Vitamin B<sub>6</sub>) Mass Fraction as a Function of Box Number.

# 4.3.2.9. Total Vitamin B<sub>6</sub>

The NIST ID-LC-MS/MS results for total vitamin  $B_6$  and the total vitamin  $B_6$  values reported by the participants in the Fall 2015 GMA Study are summarized in Table 47. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations. Total vitamin  $B_6$  was calculated as the mass fraction of pyridoxine plus 1.017 times the mass fraction of pyridoxal. The factor 1.017 is the ratio of the molar masses of the two compounds: 170.0 g/mol for pyridoxine and 167.2 g/mol for pyridoxal.

	NIST	ID-LC-	MS/MS		Fall 2015 GMA Study						
Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Method	
1	4.618	4.743	4.680	0.089	3	0.48	0.48	0.48	0.00	LC-MS or LC-MS/MS	
2	5.532	5.479	5.505	0.038	5	4.47	4.22	4.35	0.18	LC-MS or LC-MS/MS	
3	5.580	5.409	5.495	0.121	6	5.70	5.80	5.75	0.07	LC-FL	
4	4.635	4.511	4.573	0.088	7	8.37	8.57	8.47	0.14	not reported	
5	5.367	5.330	5.348	0.026	10	5.82		5.82		not reported	
6	5.588	5.369	5.478	0.154	13	9.01		9.01		not reported	
7	5.573	5.634	5.603	0.043	18	24.97		24.97		Microbiological	
8	4.503	4.635	4.569	0.093			<i>N</i> :	7			
9	5.678	5.673	5.675	0.004	Me	an, Pool	ed SD:	8.41	0.12		
10	4.811	4.656	4.733	0.109			SD:	7.83			
N: 10											
<b>Mean, Pooled SD:</b> 5.166 0.089											
<b>SD:</b> 0.464											

LC-FL	Liquid Chromatography with Fluorescence Detection
LC-MS	Liquid Chromatography with Mass Spectrometry
LC-MS/MS	Liquid Chromatography with Tandem Mass Spectrometry
ID-LC-MS/MS	Isotope Dilution Liquid Chromatography with Tandem Mass Spectrometry

The NIST results for total vitamin  $B_6$  as a function of box number are displayed in Fig. 32. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 32. Total Vitamin B<sub>6</sub> Mass Fraction as a Function of Box Number.

## 4.3.3. Choline and Carnitine

Choline and carnitine were extracted from samples of SRM 2386 using microwave-assisted hydrolysis with 1 mol/L HCl at various temperatures ranging from (110 to 160) °C using a 15-min hold time (Fig. 33). The choline mass fraction levels increased steadily with increased temperature from (110 to 150) °C, with a slight decrease in mass fraction observed at the highest hold temperature setting of 160 °C. Minimal changes in carnitine mass fraction levels were obtained with increased temperature.



Fig. 33. Optimization of Hold Temperature for Choline and Carnitine Extraction.

The asterisk denotes the conditions used for the certification measurements. Error bars represent the standard deviation of the measured mass fraction levels (N=3).

Choline and carnitine were extracted from samples of SRM 2386 using microwave-assisted hydrolysis with a hold temperature of 140 °C and variable hold times for samples prepared with 1 mol/L HCl and 2 mol/L HCl (Fig. 34). Changes in hold time and acid concentration did not produce significant changes in measured choline or carnitine mass fractions, so the shortest time and lowest acid concentration were chosen for simplification of the certification sample preparation.



Fig. 34. Optimization of Hold Time and Fraction Acid for Choline and Carnitine Extraction.

The asterisk denotes the conditions used for the certification measurements. Error bars represent the standard deviation of the measured mass fraction levels (N=3).

Most forms of choline are susceptible to acid hydrolysis, but the choline found in phosphocholine may require phospholipase enzyme hydrolysis to free the choline ion from the phospholipid backbone. Following microwave-assisted hydrolysis using parameters determined above and pH adjustment, samples were treated with  $\approx 100 \ \mu$ L of Triton X-100, a surfactant used to improve recovery of choline esters. A 300  $\mu$ L aliquot of the sample was combined with 1 mL of phospholipase D solution (20 U/mL in 0.25 mol/L sodium acetate plus 0.05 mol/L calcium chloride solution) in a 15 mL polyethylene centrifuge tube and incubated in a water bath at 37 °C for 15 min. The samples were then diluted to  $\approx 10 \ mL$  with water, centrifuged, and the supernatant filtered through a 0.45  $\mu$ m regenerated cellulose (RC) filter, and recovery compared with the same samples without enzyme treatment (Fig. 35). Choline recovery decreased with the use of posthydrolysis enzyme treatment and the recovery of carnitine did not depend on the use of the treatment. As a result, the post-hydrolysis enzyme treatment was not performed for preparation of samples for certification measurements.



Fig. 35. Impact of Post-Hydrolysis Enzyme Treatment on Recovery for Choline and Carnitine.

The asterisk denotes the conditions used for the certification measurements. Error bars represent the standard deviation of the measured mass fraction levels (N=3).

For quantitation, mass fractions of choline and carnitine in the samples were bracketed with calibration solutions. Each calibration solution for SRM 2386 was injected 5 times; those for the control (SRM 1849a) were injected 2 times. A response factor (RF) was calculated for each injection using Eq. (5). The relative standard deviation (RSD) for five injections of calibration solutions was good for choline (2.33 to 2.37) % and acceptable for carnitine (4.51 to 6.44) %. The RSD for two injections of calibration solutions for the control was excellent for both choline (0.60 to 0.75) % and carnitine (0.50 to 0.61) %.

Averages of peak areas over all samples or calibrants were used for each transition. Averages of masses and/or mass fractions were used to estimate the levels in the samples or calibrants. The uncertainty in peak integration was assumed to be 1 %. The uncertainty in weight on a g-scale balance was assumed to be 0.005 %. Uncertainty in purity of calibrant materials was assumed to be 5 % when the uncertainty was not previously established. The combined measurement uncertainty was estimated to be 2.39 % for both transitions of choline. The observed between-sample relative measurement precision (RSD) was 2.36 %. Unidentified peaks were detected in the MRM channels for labeled and unlabeled choline in blank samples containing only extraction solvent. Peaks from five injections of the blank samples were integrated for each choline MRM transition. The resulting average area was about 0.09 % relative to the areas of labeled and

unlabeled choline in the SRM 2386 samples. These observations suggest that 2.5 % is an appropriate RSD for the choline measurements.

For carnitine, the between-sample RSD within each transition was an acceptable 10.0 %. However, combining results between transitions increased the variability because the means for the transitions differ:  $(2.30 \pm 0.25) \text{ mg/kg}$  for  $m/z \ 162 \rightarrow m/z \ 60.1$  compared to  $(1.79 \pm 0.18) \text{ mg/kg}$  for  $m/z \ 162 \rightarrow m/z \ 103$ . An examination of the MRM transition ratios between the calibration solution and the samples indicates that the carnitine signal in one of the channels is biased. Because only two transitions were monitored, however, the biased transition cannot be identified. The above results for carnitine may thus be biased, high or low, by about one-half of the between-transition difference, or approximately  $(0.26 \pm 0.15) \text{ mg/kg}$ .

The mass fraction results for each compound in each sample were determined as the mean of the value from each transition with adequate signal to noise in the samples and calibrants using Eq. (6). The quality assurance measurement results were concordant with the certified values delivered by the control material, SRM 1849a. The NIST ID LC-MS/MS results are summarized in the following sections.

# 4.3.3.1. Choline

The NIST ID-LC-MS/MS results for choline and the choline values reported by the participants in the Fall 2015 GMA Study are summarized in Table 48. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box standard deviations.

	NIST I	D-LC-N	AS/MS		Fall 2015 GMA Study							
Box	Rep1	Rep2	Mean	SD	Lab	Α	B	Mean	SD	Method		
1	1364	1357	1361	5	5	1440	1430	1435	7	LC-MS or LC-MS/MS		
2	1445	1430	1438	11	7	1210	1250	1230	28	Other		
3	1434	1441	1438	5	10	1240		1240		not reported		
4	1351	1363	1357	8	13	815		815		not reported		
5	1430	1421	1426	6			<i>N</i> :	4				
6	1428	1430	1429	1	Mean, Pooled SD:			1180	21			
7	1409	1410	1410	1	SD:			261				
8	1372	1358	1365	10						_		
9	1418	1402	1410	11								
10	1380	1379	1380	1								
<i>N</i> :			10									
Mean, Pooled SD: 1			1401	7								
		SD:	33									

 Table 48.
 Summary of Results for Choline, mg/kg.

LC-MS Liquid Chromatography with Mass Spectrometry

LC-MS/MS Liquid Chromatography with Tandem Mass Spectrometry

ID-LC-MS/MS Isotope Dilution Liquid Chromatography with Tandem Mass Spectrometry

The NIST choline results as a function of box number are displayed in Fig. 36. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.


Fig. 36. Choline Mass Fraction as a Function of Box Number.

## 4.3.3.2. Carnitine

LC

The NIST ID-LC-MS/MS results for carnitine and all of the carnitine values reported by the participants in the Fall 2015 GMA Study are summarized in Table 49. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box standard deviations.

NIST ID-LC-MS/MS								Fa	all 2015 GMA Study
Box	Α	В	Mean	SD		Lab	Α	В	Method
1	1.810	1.840	1.825	0.021		5	<5	<5	Hydrolysis, derivatization, LC
2	2.150	2.270	2.210	0.085		10	0		not reported
3	2.170	2.200	2.185	0.021		13	0		not reported
4	1.710	1.850	1.780	0.099					
5	2.080	2.180	2.130	0.071					
6	2.170	2.290	2.230	0.085					
7	2.350	2.380	2.365	0.021					
8	1.810	1.830	1.820	0.014					
9	1.970	2.040	2.005	0.049					
10	1.940	1.900	1.920	0.028					
		<i>N</i> :	10						
I	Mean, Po	ooled SD:	2.047	0.058					
		SD:	0.205						
	Liqu	uid Chrom	atography	7					

**Table 49.** Summary of Results for Carnitine, mg/kg.

ID-LC-MS/MS Isotope Dilution Liquid Chromatography with Tandem Mass Spectrometry

The NIST carnitine results as a function of box number are displayed in Fig. 37. The blue circles in the figure represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 37. Carnitine Mass Fraction as a Function of Box Number.

#### 4.3.4. Biotin

All biotin values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 50. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
5	< 0.02	< 0.02			LC-MS or LC-MS/MS
7	0.155	0.214	0.185	0.042	Microbiological
10	0.080		0.080		not reported
13	0.080		0.080		not reported
		<i>N</i> :	3		
]	Mean, P	ooled SD:	0.115	0.042	
		SD:	0.060		

 Table 50.
 Summary of Results for Biotin, mg/kg.

LC-MSLiquid Chromatography with Mass SpectrometryLC-MS/MSLiquid Chromatography with Tandem Mass Spectrometry

#### 4.3.5. myo-Inositol

All *myo*-inositol values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 51. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Table 51. Summary of Results for myo-Inositol, mg/kg.

Lab	Α	В	Mean	SD	Method
10	3820		3820		not reported
13	3950		3950		not reported
		<i>N</i> :	2		
		Mean:	3885		
		SD:	92		

## 4.3.6. Total Folate

All total folate values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 52. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
7	2.33		2.33		Microbiological
10	2.19		2.19		not reported
13	2.41		2.41		not reported
18	1.71		1.71		LC-MS or LC-MS/MS
		<i>N</i> :	4		
		Mean:	2.16		
		SD:	0.31		

 Table 52.
 Summary of Results for Total Folate, mg/kg.

LC-MSLiquid Chromatography with Mass SpectrometryLC-MS/MSLiquid Chromatography with Tandem Mass Spectrometry

# 4.3.7. Retinol (Vitamin A)

All retinol (vitamin A) values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 53. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
2	0.130	0.080	0.105	0.035	Saponification, LC-Abs
3	0	0			Extraction
4	0.620	0.520	0.570	0.071	Saponification, extraction, LC-Abs
5	0.180	0.130	0.155	0.035	Saponification, extraction, LC-Abs
6	<1000	<1000			Saponification, extraction, LC-Abs
10	< 0.30				not reported
11	0.601		0.601		not reported
13	< 0.30				not reported
18	1.670		1.670		Saponification, LC-Abs
26	<12	<12			Extraction
27	< 0.5	< 0.5			Extraction
		<i>N</i> :	5		
	Mea	an, Pooled SD:	0.620	0.050	
		SD:	0.563		

LC-Abs Liquid Chromatography with Absorbance Detection

## 4.3.8. β-Carotene

All of the  $\beta$ -carotene values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 54. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
3	35	28			not reported
5	< 0.24	< 0.24			not reported
10	0.250		0.250		not reported
13	0.220		0.220		not reported
18	0.144		0.144		LC-Abs
27	< 0.5	< 0.5			not reported
		<i>N</i> :	3		
		Mean:	0.205		
		SD:	0.063		

Table 54. Summary of Results for b-Carotene (Provitamin A), mg/kg.

LC-Abs Liquid Chromatography with Absorbance Detection

## 4.3.9. Tocopherols (Vitamin E)

All of the tocopherol values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 55. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

		a-Toco	pherol		β-Τοςομ	oherol	<u>γ-Tocoph</u>	lerol	
Lab	Α	В	Mean	SD	Α	B	Α	В	Method
2	47.50	50.20	48.85	1.91					Saponification, LC-FL
4	<30	<30							Saponification, extraction, LC-Abs
5	27.	25	26.00	1.41					Saponification, extraction, LC-FL
6	288	284							Saponification, extraction, LC-FL
7	47.70		47.70		18.50		4.75		not reported
10	23.30		23.30		3.04		3.65		not reported
18	27.30		27.30		2.35		3.73		Saponification, LC-FL
27	21.13	21.93	21.53	0.57					LC
		<i>N</i> :	6		3		3		
M	ean, Poo	led SD:	32.45	1.41	7.96		4.04		
		SD:	10.15		10.54		0.71		

LC-Abs Liquid Chromatography with Absorbance Detection

LC-FL Liquid Chromatography with Fluorescence Detection

## 4.3.10. Vitamin K

All of the vitamin K values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 56. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
5	0.386	0.385	0.386	0.001	Extraction, LC-FL
10	0.325		0.325		not specified
13	0.120		0.120		not specified
27	< 0.2	< 0.2			LC
		<i>N</i> :	3		
Mean, Pooled SD:			0.277	0.001	
		SD:	0.161		

Table 50. Summary of Results for Vitamin R, mg/kg	Table 56.	Summary of	Results for	Vitamin k	K, mg/kg.
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LC Liquid Chromatography

LC-FL Liquid Chromatography with Fluorescence Detection

## 4.3.11. Value Assignment

As described in Section 3.3, the available data for each measurand was used to provide an estimate of the mass fraction present in SRM 2386 where x is the mean and  $U_{95}(x)$  is the 95% confidence interval. The summary of these estimates for vitamins is provided in Table 57, along with a summary of the methods used to arrive at these estimates. A blank in the table indicates that no data from that method was available for determination of the estimate. For ascorbic acid, riboflavin, niacin, niacinamide, total vitamin B<sub>3</sub>, pantothenic acid, pyridoxal, pyridoxine, total vitamin B<sub>6</sub> as pyridoxine, choline, and carnitine, the uncertainty incorporates a component for possible inhomogeneity based on the standard deviation.

				Based on
Analyte	x	$U_{95}(x)$	NIST Method	Fall 2015 GMA Methods <sup>a</sup>
Ascorbic acid	186.44	361.76 <sup>b</sup>	LC-UV	LC-FL, LC-UV, DCPIP
Ascorbic acid	186.4449	10.5938	LC-UV	
Biotin	0.084	0.112 <sup>b</sup>		LC-MS or LC-MS/MS, Microbiological
Carnitine	2.151	0.461	ID-LC-MS/MS	
Choline	1468.39	141.50	ID-LC-MS/MS	Extraction-based LC-MS or LC-MS/MS
myo Inositol	4082.568	372.830		Not reported
Niacin	106.82	30.64	ID-LC-MS/MS	LC-MS, LC-MS/MS, Extraction-LC,
				Microbiological
Niacinamide	6.555	0.872	ID-LC-MS/MS	LC-MS, LC-MS/MS, Extraction-LC
Pantothenic acid	66.56	11.26	ID-LC-MS/MS	LC-MS, LC-MS/MS, Microbiological
Pyridoxal	1.809	0.676	ID-LC-MS/MS	
Pyridoxine	3.598	0.414	ID-LC-MS/MS	
Retinol	0.599	0.743 <sup>b</sup>		Saponification, Extraction, LC-UV
Riboflavin	7.68	1.35	ID-LC-MS/MS	LC-MS, Digestion-FL, Extraction-FL
Thiamine	1.82	0.17	ID-LC-MS/MS	AA, LC-MS, LC-MS/MS, LC-FL, Digestion-FL
Total Folates	2.375	0.569		LC-MS or LC-MS/MS, Microbiological
Total Vitamin B <sub>3</sub>	101.44	24.03	ID-LC-MS/MS	LC-MS, LC-MS/MS, Extraction-LC-FL,
				Microbiological
Total Vitamin B <sub>6</sub>	5.43	2.06	ID-LC-MS/MS	LC-MS, LC-MS/MS, LC-FL, Microbiological
as Pyridoxine				
Vitamin K	0.342	0.271		Extraction, LC-FL
α-Tocopherol	28.005	12.797		Saponification, Extraction, LC-UV, LC-FL
β-Carotene	0.247	17.499 <sup>b</sup>		LC-UV
β-Tocopherol	3.195	21.387 <sup>b</sup>		Saponification, Extraction, LC-UV, LC-FL
γ-Tocopherol	3.920	1.383		Saponification, Extraction, LC-UV, LC-FL

Table 57.	Summary of	Estimates f	or Vitamins in	SRM 2386,	mg/kg.
	,			,	

a Not all laboratories reported methods used.

b The expanded uncertainty is larger than the value, indicating a large level of variability. Any interval for the value should be truncated at zero.

AA	Autoanalyzer
DCPIP	Titration with Dichlorophenol Indophenol Detection
ID-LC-MS/MS	Isotope Dilution Liquid Chromatography with Tandem Mass Spectrometry
FL	Fluorescence
LC	Liquid Chromatography
LC-UV	Liquid Chromatography with UV Absorbance Detection
LC-FL	Liquid Chromatography with Fluorescence Detection
LC-MS	Liquid Chromatography with Mass Spectrometry
LC-MS/MS	Liquid Chromatography with Tandem Mass Spectrometry

# 4.4. Fatty Acids

No fatty acids were consistently detected in the duplicate analysis of the blank sample, although a detectable quantity of oleic acid, palmitic acid, and stearic acid methyl esters were found in the first blank analysis, potentially due to carryover from the high concentration of the first calibration solution. The carry-over mass from the previous calibrant accounts for less than 1 % of the mass in the calibration solution and should not affect calculations. No quantity of these compounds was detectable in the second analysis of the same blank solution. The contribution of the potential blank contamination is minimal to all fatty acids except stearic acid and should not affect the overall quantitation of most of the fatty acids. Up to 14 % of the steric acid result may be due to blank contamination.

In previous studies of fatty acids, measurement of both a concentrated and dilute solution of the sample extract was required to determine both high- and low-level fatty acids. In this study, concentrated and dilute solutions of the extracts were measured but due to the high level of background signal and the high concentration of most fatty acids, the results for the concentrated samples are not reported. The analyte signal for some compounds in multiple samples was below a 3.3 signal-to-noise cut-off for limits of detection and are also not reported. The Soxhlet setup for one of the box 1 samples was spilled resulting in the loss of sample mass. The results from this sample are technical outliers and are not reported.

The quality assurance measurement results for most of the free fatty acids were concordant with the non-certified values delivered by the control material, SRM 1845a.

All fatty acids results determined at NIST and by the Fall 2015 and Spring 2016 GMA Studies were reported on an as-received basis and converted to a dry-mass basis using the moisture correction described in Section 3.1.1.4 for reporting on the COA. Results from GMA studies include those fatty acids that were quantitatively determined by at least two participants. Results reported as "0" or "<" values are not used in the statistical summaries. Values that are at least 10-fold greater than the median of the quantitative values (most likely reflecting unit conversion errors) are also not used in the summaries.

## 4.4.1. Lauric Acid (C12:0)

The NIST GC-FID results and the lauric acid values reported by the participants in the Fall 2015 GMA Study and Spring 2016 GMA Study are summarized in Table 58. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

	NIST GC-FID					Fall 2015 GMA Study				Spring 2016 GMA Study			
Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Α	В	Mean	SD
1	0.046		0.046		2	0.003	0.004	0.004	0.001				
2	0.116	0.043	0.080	0.052	3	0.016		0.016					
3	0.072	0.122	0.097	0.035	4					0	0		
4	0.066	0.055	0.061	0.008	5	< 0.01	< 0.01			0.020	0.020	0.020	0.000
5	0.081	0.069	0.075	0.008	6	< 0.01	< 0.01						
6	0.088	0.094	0.091	0.004	7	0.050	0.040	0.045	0.007	0.005	0.004	0.005	0.001
7	0.046	0.070	0.058	0.017	10	< 0.005							
8	0.104	0.057	0.081	0.033	12					0.040	0.020	0.030	0.014
9	0.053	0.059	0.056	0.004	13	< 0.01	< 0.01			0	0		
12		0.113	0.113		16					0.010	< 0.01	0.010	
		<i>N</i> :	10		18					< 0.01	< 0.01		
Mear	n, Poole	ed SD:	0.076	0.026	22					< 0.01			
		SD:	0.021		24	0.010	0.010	0.010	0.000				
					25					< 0.007			
					27	0.003	0.003	0.003	0.000				
					28					< 0.01			
					29					< 0.01	< 0.01		
							<i>N</i> :	5				4	
					Μ	ean, Poo	led SD:	0.016	0.004			0.016	0.008
							SD:	0.017				0.011	

**Table 58.** Summary of Results for Lauric Acid, %.

The NIST lauric acid results as a function of box number are displayed in Fig. 38. The blue circles in the graphics represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 38. Lauric Acid Mass Fraction as a Function of Box Number.

# 4.4.2. Myristic Acid (C14:0)

Myristic acid values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 59. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fall	2015 GN	<b>IA Stud</b>	ly	Spring 2016 GMA Study				
Lab	Α	В	Mean	SD		А	В	Mean	SD
2	0.016	0.014	0.015	0.001					
3	0.019	0.018	0.019	0.001					
4						0.013	0.000	0.007	0.009
5	< 0.01	< 0.01				0.010	0.010	0.010	0.000
6	0.012	0.013	0.013	0.001					
7	0.020	0.020	0.020	0.000		0.018	0.018	0.018	0.000
10	0.011		0.011						
12						0.020	0.030	0.025	0.007
13	0.010		0.010			0.015	0.009	0.012	0.004
16						0.010	0.020	0.015	0.007
18	0.015		0.015			0.010	0.010	0.010	0.000
22						0.011		0.011	
24	0.020	0.020	0.020	0.000					
25						0.012		0.012	
26	0.012	0.012	0.012	0.000					
27	0.016	0.017	0.017	0.000					
28						0.011		0.011	
29						0.011	< 0.01	0.011	
		N:	10					11	
]	Mean, Po	oled SD:	0.015	0.001				0.013	0.005
		SD:	0.004					0.005	

 Table 59.
 Summary of Results for Myristic Acid, %.

#### 4.4.3. Palmitic Acid (C16:0)

The NIST GC-FID results and the palmitic acid values reported by the participants in the Fall 2015 GMA Study and Spring 2016 GMA Study are summarized in Table 60. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

	NIST GC-FID					Fall 2015 GMA Study					Spring 2016 GMA Study			
Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Α	В	Mean	SD	
1	2.998		2.998		2	3.445	3.536	3.491	0.064					
2	3.007	3.071	3.039	0.045	3	3.052	3.105	3.079	0.037					
3	3.084	3.078	3.081	0.004	4	4.710	4.610	4.660	0.071	2.990	2.970	2.980	0.014	
4	3.054	3.008	3.031	0.033	5	3.020	3.040	3.030	0.014	3.110	3.150	3.130	0.028	
5	3.030	2.918	2.974	0.079	6	2.732	2.787	2.760	0.039					
6	3.099	3.034	3.067	0.046	7	3.260	3.220	3.240	0.028	3.612	3.233	3.423	0.268	
7	3.019	3.019	3.019	0.000	9					4.570	4.650	4.610	0.057	
8	3.102	3.172	3.137	0.049	10	3.110		3.110						
9	3.057	3.023	3.040	0.024	12					3.190	3.250	3.220	0.042	
12	2.966	3.073	3.020	0.076	13	3.022		3.022		3.603	3.594	3.599	0.006	
		<i>N</i> :	10		16					3.230	3.180	3.205	0.035	
Mea	in, Poole	ed SD:	3.041	0.047	18	3.277		3.277		2.850	2.800	2.825	0.035	
		SD:	0.046		22					3.040		3.040		
					24	3.220	3.220	3.220	0.000					
					25					3.420		3.420		
					26	4.034	4.106	4.070	0.051					
					27	3.949	3.652	3.800	0.210					
					28					3.190		3.190		
					29					3.310	3.310	3.310	0.000	
							N:	12				12		
	Mean, 1						oled SD:	3.396	0.081			3.329	0.094	
							SD:	0.536				0.455		

Table 60.	Summary	of Results for	Palmitic A	cid. %.
1 4010 001	ourning	01110000100100		010, 70.

The NIST palmitic acid results as a function of box number are displayed in Fig. 39. The blue circles in the graphics represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 39. Palmitic Acid Mass Fraction as a Function of Box Number.

#### 4.4.4. Palmitoleic Acid (C16:1-9c)

The NIST GC-FID results and the palmitoleic acid values reported by the participants in the Fall 2015 GMA Study and Spring 2016 GMA Study are summarized in Table 61. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

	NIST GC-FID					Fall 2015 GMA Study					Spring 2016 GMA Study		
Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Α	В	Mean	SD
1	1.095		1.095		2	1.164	1.184	1.174	0.014				
2	1.124	1.147	1.136	0.016	3	1.081	1.101	1.091	0.014				
3	1.154	1.151	1.153	0.002	4	1.650	1.620	1.635	0.021	0.887	0.882	0.885	0.004
4	1.119	1.103	1.111	0.011	5					1.060	1.080	1.070	0.014
5	1.133	1.081	1.107	0.037	6	0.987	1.006	0.997	0.013				
6	1.149	1.138	1.144	0.008	7	1.080	1.080	1.080	0.000	1.194	1.092	1.143	0.072
7	1.112	1.110	1.111	0.001	9					1.540	1.660	1.600	0.085
8	1.165	1.173	1.169	0.006	10	1.073		1.073					
9	1.136	1.119	1.128	0.012	12					1.100	1.100	1.100	0.000
12	1.105	1.148	1.127	0.030	13	1.058		1.058					
		N:	10		16					1.120	1.110	1.115	0.007
Mean	n, Poole	ed SD:	1.128	0.018	18	1.124		1.124		1.000	0.980	0.990	0.014
		SD:	0.023		22					1.050		1.050	
					24	1.110	1.110	1.110	0.000				
					25					1.180		1.180	
					26	1.401	1.419	1.410	0.013				
					27	1.352	1.253	1.302	0.070				
					28					1.100		1.100	
							<i>N</i> :	11				10	
					Μ	ean, Poo	led SD:	1.187	0.028			1.123	0.043
							SD:	0.190				0.187	

**Table 61.** Summary of Results for Palmitoleic Acid, %.

The NIST palmitoleic acid results as a function of box number are displayed in Fig. 40. The blue circles in the graphics represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 40. Palmitoleic Acid Mass Fraction as a Function of Box Number.

#### 4.4.5. Stearic Acid (C18:0)

The NIST GC-FID results and the stearic acid values reported by the participants in the Fall 2015 GMA Study and Spring 2016 GMA Study are summarized in Table 62. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

	NIST GC-FID				Fall 2015 GMA Study					Spring 2016 GMA Study			
Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Α	В	Mean	SD
1					2	0.110	0.109	0.110	0.001				
2	0.087	0.102	0.095	0.011	3	0.188	0.192	0.190	0.003				
3	0.097	0.108	0.103	0.008	4	0.140	0.130	0.135	0.007	0.220	0.229	0.225	0.006
4	0.100	0.101	0.101	0.001	5	0.081	0.082	0.082	0.001				
5	0.096	0.120	0.108	0.017	6	0.084	0.085	0.085	0.001				
6	0.084	0.081	0.083	0.002	7	0.120	0.120	0.120	0.000	0.118	0.097	0.108	0.015
7	0.099	0.101	0.100	0.001	9					0.150	0.150	0.150	0.000
8	0.108	0.102	0.105	0.004	10	0.090		0.090					
9	0.094	0.107	0.101	0.009	12					0.100	0.120	0.110	0.014
12	0.101	0.102	0.102	0.001	13	0.087		0.087		0.104	0.092	0.098	0.008
		N:	9		16					0.120	0.100	0.110	0.014
Mea	an, Pool	ed SD:	0.099	0.008	18	0.106		0.106		0.100	0.100	0.100	0.000
		SD:	0.007		22					0.088		0.088	
					24	0.120	0.140	0.130	0.014				
					25					0.100		0.100	
					26	0.106	0.106	0.106	0.000				
					27	0.116	0.103	0.110	0.009				
					28					0.095		0.095	
					29					0.101	0.101	0.101	0.000
							<i>N</i> :	12				11	
					N	Iean, Poo	led SD:	0.112	0.006			0.117	0.010
							SD:	0.030				0.039	

**Table 62.** Summary of Results for Stearic Acid, %.

The NIST stearic acid results as a function of box number are displayed in Fig. 41. The blue circles in the graphics represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 41. Stearic Acid Mass Fraction as a Function of Box Number.

## 4.4.6. Oleic Acid (C18:1-9c)

The NIST GC-FID results and the oleic acid values reported by the participants in the Fall 2015 GMA Study and Spring 2016 GMA Study are summarized in Table 63. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

		NIST G	C-FID			Fall 2015 GMA Study					Spring 2016 GMA Study			
Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Α	В	Mean	SD	
1	12.335		12.335		3	13.113	13.290	13.202	0.125					
2	12.051	12.378	12.215	0.231	4	18.540	18.390	18.465	0.106	13.310	12.960	13.135	0.247	
3	12.410	12.316	12.363	0.066	7	12.500	12.440	12.470	0.042					
4	12.570	12.357	12.464	0.151	9					18.690	18.830	18.760	0.099	
5	12.219	11.676	11.948	0.384	10	12.754		12.754						
6	12.497	12.269	12.383	0.161	12					12.800	12.820	12.810	0.014	
7	12.430	12.414	12.422	0.011	13	12.376		12.376		17.998	17.992	17.995	0.004	
8	12.466	12.698	12.582	0.164	16					12.920	12.720	12.820	0.141	
9	12.398	12.239	12.319	0.112	18	17.569		17.569		11.750	11.550	11.650	0.141	
12	11.925	12.314	12.120	0.275	22					12.300		12.300		
		N:	10		24	12.710	12.640	12.675	0.049	14.000	13.000	13.500	0.707	
Mea	an, Poo	led SD:	12.315	0.203	26	18.187	18.190	18.189	0.002					
		SD:	0.181		29					15.300	15.300	15.300	0.000	
							<i>N</i> :	8				9		
							oled SD:	14.712	0.079			14.252	0.276	
							SD:	2.805				2.548		

 Table 63.
 Summary of Results for Oleic Acid, %.

The NIST oleic acid results as a function of box number are displayed in Fig. 42. The blue circles in the graphics represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 42. Oleic Acid Mass Fraction as a Function of Box Number.

#### 4.4.7. Vaccenic Acid (C18:1-11c)

The NIST GC-FID results and the vaccenic acid values reported by the participants in the Fall 2015 GMA Study and Spring 2016 GMA Study are summarized in Table 64. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

	]	NIST G	C-FID			Fall	2015 G	MA Stu	dy	Spring 2016 GMA Study			
Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Α	В	Mean	SD
1	1.167		1.167		3	3.213	3.285	3.249	0.051				
2	1.172	1.191	1.182	0.013	4	1.840	1.840	1.840	0.000	3.600	3.850	3.725	0.177
3	1.191	1.206	1.199	0.011	7	1.120	1.120	1.120	0.000				
4	1.186	1.172	1.179	0.010	9					1.980	1.960	1.970	0.014
5	1.177	1.129	1.153	0.034	10	1.145		1.145					
6	1.202	1.190	1.196	0.008	12					1.140	1.140	1.140	0.000
7	1.177	1.171	1.174	0.004	13	1.191		1.191		1.274	1.268	1.271	0.004
8	1.219	1.216	1.218	0.002	16					1.170	1.140	1.155	0.021
9	1.188	1.173	1.181	0.011	22					1.120		1.120	
12	1.152	1.192	1.172	0.028	24	1.150	1.150	1.150	0.000				
		N:	10		25					1.260		1.260	
Mea	an, Pool	ed SD:	1.182	0.017	26	1.455	1.467	1.461	0.008				
	<b>SD:</b> 0.018				28					1.180		1.180	
							<i>N</i> :	7				8	
						ean, Poo	oled SD:	1.594	0.023			1.603	0.080
							SD:	0.775				0.902	

Table 64.	Summary	v of Results fo	or Vaccenic Acid	. %.
	Carrier	,		,

The NIST vaccenic acid results as a function of box number are displayed in Fig. 43. The blue circles in the graphics represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 43. Vaccenic Acid Mass Fraction as a Function of Box Number.

### 4.4.8. Total cis-C18:1 Fatty Acids

The NIST GC-FID results and the total *cis*-C18:1 fatty acid values reported by the participants in the Fall 2015 GMA Study and Spring 2016 GMA Study are summarized in Table 65. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared withinbox or within-participant standard deviations.

		NIST G	C-FID			Fall 2015 GMA Study					Spring 2016 GMA Study			
Box	Α	В	Mean	SD	]	Lab	Α	В	Mean	SD	Α	В	Mean	SD
1	13.502		13.502			2	19.725	19.401	19.563	0.229				
2	13.223	13.569	13.396	0.245		3	16.326	16.575	16.451	0.176				
3	13.601	13.522	13.562	0.056		4	20.380	20.230	20.305	0.106	16.910	16.800	16.855	0.078
4	13.756	13.529	13.643	0.161		5					15.430	15.530	15.480	0.071
5	13.396	12.805	13.101	0.418		6	12.145	12.406	12.276	0.185				
6	13.699	13.459	13.579	0.170		7	13.660	13.590	13.625	0.049	20.306	17.812	19.059	1.764
7	13.607	13.585	13.596	0.016		9					20.680	20.800	20.740	0.085
8	13.685	13.914	13.800	0.162		10	13.925		13.925					
9	13.586	13.412	13.499	0.123		12					13.970	13.990	13.980	0.014
12	13.077	13.506	13.292	0.303		13	13.597		13.597		19.317	19.302	19.310	0.011
		<i>N</i> :	10			16					16.880	16.570	16.725	0.219
Mea	an, Pool	ed SD:	13.497	0.218		18	17.569		17.569					
		SD:	0.195			22					13.400		13.400	
					-	24	15.940	15.800	15.870	0.099				
						25					15.300		15.300	
						26	19.693	19.669	19.681	0.017				
						27	16.323	15.036	15.679	0.910				
						28					16.600		16.600	
						29					15.300	15.300	15.300	0.000
								<i>N</i> :	11				11	
						Ν	1ean, Poo	oled SD:	16.231	0.348			16.614	0.630
								SD:	2.767				2.288	

 Table 65.
 Summary of Results for Total cis-C18:1 Fatty Acids, %.

The NIST total *cis*-C18:1 fatty acid results as a function of box number are displayed in Fig. 44. The blue circles in the graphics represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 44. Total *cis*-C18:1 Fatty Acids Mass Fraction as a Function of Box Number.

# 4.4.9. Total trans-C18:1 Fatty Acids

The total *trans*-C18:1 fatty acids values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 66. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fa	ll 2015 C	GMA Stu	Spring 2016 GMA Study				
Lab	Α	В	Mean	SD	Α	В	Mean	SD
2	0.014	0.008	0.011	0.004				
4	0.030	0.040	0.035	0.007	0.037	0.192	0.115	0.110
6		0.010	0.010					
7	0.130	0.130	0.130	0.000	0.012	0.008	0.010	0.003
10	0.038		0.038					
12					0.110	0.120	0.115	0.007
13	0.013		0.013		0.006	0.006	0.006	0.000
16					0.010	0.050	0.030	0.028
18	0.008		0.008					
22					0.011		0.011	
24	0.040	0.040	0.040	0.000				
25					0.016		0.016	
26	0.006	0.006	0.006	0.000				
28					0.024		0.024	
29					0.028	0.029	0.029	0.001
N:			9				9	
N	Mean, Pooled SD:			0.004			0.039	0.046
		SD:	0.039				0.043	

Table 66. Summary of Results for Total trans-C18:1 Fatty Acids, %.

#### 4.4.10. Linoleic Acid (C18:2-9,12c)

The NIST GC-FID results and the linoleic acid values reported by the participants in the Fall 2015 GMA Study and Spring 2016 GMA Study are summarized in Table 67. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

	1	NIST G	C-FID			Fall 2015 GMA Study				Spring 2016 GMA Study			
Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Α	В	Mean	SD
1	2.080		2.080		3	2.101	2.152	2.127	0.036				
2	2.086	2.126	2.106	0.028	4	3.060	3.040	3.050	0.014	2.040	2.040	2.040	0.000
3	2.131	2.139	2.135	0.006	5					2.280	2.290	2.285	0.007
4	2.151	2.082	2.117	0.049	6	1.817	1.858	1.838	0.029				
5	2.093	1.997	2.045	0.068	7	2.100	2.090	2.095	0.007				
6	2.152	2.109	2.131	0.030	9					3.090	3.150	3.120	0.042
7	2.091	2.099	2.095	0.006	10	2.108		2.108					
8	2.159	2.190	2.175	0.022	12					2.100	2.100	2.100	0.000
9	2.114	2.102	2.108	0.008	13	2.083		2.083		2.445	2.439	2.442	0.004
12	2.080	2.123	2.102	0.030	16					2.150	2.120	2.135	0.021
		<i>N</i> :	10		18	2.218		2.218					
Mea	n, Poole	ed SD:	2.109	0.034	22					2.080		2.080	
		SD:	0.034		25					2.330		2.330	
					26	2.630	2.627	2.629	0.002				
					28					2.160		2.160	
					29					2.350	2.340	2.345	0.007
							<i>N</i> :	8				10	
					Μ	ean, Pool	ed SD:	2.268	0.022			2.304	0.018
							SD:	0.385				0.316	

The NIST linoleic acid results as a function of box number are displayed in Fig. 45. The blue circles in the graphics represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 45. Linoleic Acid Mass Fraction as a Function of Box Number.

## 4.4.11. Total *cis*-C18:2 Fatty Acids

The total *cis*-C18:2 fatty acids values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 68. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fa	all 2015 G	GMA Stu	dy	Spring 2016 GMA Study				
Lab	Α	В	Mean	SD	Α	В	Mean	SD	
2	0.014	0.008	0.011	0.004					
4	0.030	0.040	0.035	0.007	0.037	0.192	0.115	0.110	
6		0.010	0.010						
7	0.130	0.130	0.130	0.000	0.012	0.008	0.010	0.003	
10	0.038		0.038						
12					0.110	0.120	0.115	0.007	
13	0.013		0.013		0.006	0.006	0.006	0.000	
16					0.010	0.050	0.030	0.028	
18	0.008		0.008						
22					0.011		0.011		
24	0.040	0.040	0.040	0.000					
25					0.016		0.016		
26	0.006	0.006	0.006	0.000					
28					0.024		0.024		
29					0.028	0.029	0.029	0.001	
N:			9				9		
N	Mean, Pooled SD:			0.004			0.039	0.046	
		SD:	0.039				0.043		

Table 68. Summary of Results for Total cis-C18:2 Fatty Acids, %.

# 4.4.12. Total *trans*-C18:2 Fatty Acids

The total *trans*-C18:2 fatty acids values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 69. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	F	all 2015 G	GMA Stuc	Spring 2016 GMA Study					
Lab	Α	В	Mean	SD	Α	В	Mean	SD	
2	0	0							
3	0	0							
4	4.440	4.460			0	0.060	0.060		
5	< 0.01								
6	0.012	< 0.01							
7	0.01	0.010	0.010	0.000	0.015	0.018	0.017	0.002	
9					4.000	3.660			
10	0.011		0.011						
12					0.010	0.010	0.010	0.000	
13	< 0.01				0	0			
16					0.020	0.010	0.015	0.007	
18	0.003		0.003						
24	0.110	0.050	0.080	0.042					
26	0.009	0.015	0.012	0.004					
27	4.340	3.940							
	N:						4		
I	Mean, P	ooled SD:	0.023	0.025			0.025	0.004	
		SD:	0.032				0.023		

 Table 69.
 Summary of Results for Total trans-C18:2 Fatty Acids, %.

# 4.4.13. γ-Linolenic Acid (C18:3-6,9,12c)

The  $\gamma$ -linolenic acid values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 70. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fa	<b>II 2015 G</b>	SMA Stud	y	Spring 2016 GMA Study				
Lab	Α	В	Mean	SD	Α	В	Mean	SD	
2	0.006		0.006						
3	0.032	0.017	0.025	0.011					
5					0.04	0.04	0.040	0.000	
6	0.012	0.017	0.015	0.004					
7	0.010	0.010	0.010	0.000	0.009	0.007	0.008	0.001	
10	0.010		0.010						
12					0.01	0.01	0.010	0.000	
13	< 0.01				0.012	0.006	0.009	0.004	
16					< 0.01	< 0.01			
18					0.01	0.01	0.010	0.000	
22					< 0.01				
24	< 0.01	< 0.01							
25					< 0.007				
26	0.006	0.009	0.008	0.002					
27	0.019	0.017	0.018	0.001					
28					< 0.01				
		<i>N</i> :	7				5		
Ν	Aean, Poo	oled SD:	0.013	0.005			0.015	0.002	
		SD:	0.007				0.014		

Table 70. Summary of Results for γ-Linolenic Acid, %.

#### 4.4.14. α-Linolenic Acid (C18:2-9,12c)

The NIST GC-FID results and the  $\alpha$ -linolenic acid values reported by the participants in the Fall 2015 GMA Study and Spring 2016 GMA Study are summarized in Table 71. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-box or within-participant standard deviations.

NIST GC-FID						Fall 2015 GMA Study				Spring 2016 GMA Study			
Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Α	В	Mean	SD
1	0.219		0.219		2	0.185	0.185	0.185	0.000				
2	0.214	0.221	0.218	0.005	3	0.192	0.194	0.193	0.001				
3	0.222	0.227	0.225	0.004	4					0.193	0.199	0.196	0.004
4	0.222	0.220	0.221	0.001	5					0.200	0.200	0.200	0.000
5	0.218	0.200	0.209	0.013	6	0.157	0.160	0.159	0.002				
6	0.226		0.226		7	0.180	0.180	0.180	0.000	0.189	0.173	0.181	0.011
7	0.219	0.217	0.218	0.001	9					0.340	0.350	0.345	0.007
8	0.224	0.229	0.227	0.004	10	0.192		0.192					
9	0.219	0.216	0.218	0.002	12					0.190	0.190	0.190	0.000
12	0.205	0.215	0.210	0.007	13	0.185		0.185		0.196	0.193	0.195	0.002
N: 10		16					0.200	0.200	0.200	0.000			
Mea	n, Poole	ed SD:	0.219	0.006	18	0.217		0.217					
		SD:	0.006		22					0.196		0.196	
					24	0.190	0.190	0.190	0.000				
					25					0.219		0.219	
					26	0.217	0.220	0.219	0.002				
					27	0.263	0.236	0.249	0.019				
					28					0.202		0.202	
					29					0.234	0.232	0.233	0.001
					•		<i>N</i> :	10				11	
					N	Iean, Po	oled SD:	0.197	0.007			0.214	0.005
S				SD:	0.025				0.046				

**Table 71.** Summary of Results for  $\alpha$ -Linolenic Acid, %.

The NIST  $\alpha$ -linolenic acid results as a function of box number are displayed in Fig. 46. The blue circles in the graphics represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



**Fig. 46.** α-Linolenic Acid Mass Fraction as a Function of Box Number.

# 4.4.15. Arachidic Acid (C20:0)

The arachidic acid values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 72. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fal	1 2015 G	GMA Stud	y	Sprii	ng 2016	GMA Stu	ldy
Lab	Α	В	Mean	SD	Α	В	Mean	SD
2	0.014	0.011	0.013	0.002				
3	0.012	0.021	0.017	0.006				
4		0.050	0.050		0.015	0.026	0.021	0.008
6	0.017	0.017	0.017	0.000				
7	0.010	0.010	0.010	0.000	0.011	0.011	0.011	0.000
10	0.014		0.014					
12					0.010	0.020	0.015	0.007
13	0.014		0.014		0.027	0.030	0.029	0.002
16					0.030		0.020	0.014
18	0.015		0.015		0.020	0.020	0.020	0.000
22					0.010		0.010	
24	0.020	0.020	0.020	0.000				
25					0.015		0.015	
26	0.015	0.018	0.017	0.002				
27	0.021	0.019	0.020	0.001				
28					0.011		0.011	
29					0.011	0.012	0.012	0.001
N:			11				10	
N	Iean, Poo	led SD:	0.019	0.003			0.016	0.007
		SD:	0.011				0.006	

 Table 72.
 Summary of Results for Arachidic Acid, %.

#### 4.4.16. Total *cis*-C20:1 Fatty Acids

The NIST GC-FID results and the total *cis*-C20:1 fatty acid values reported by the participants in the Fall 2015 GMA Study and Spring 2016 GMA Study are summarized in Table 73. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared withinbox or within-participant standard deviations.

	I	NIST G	C-FID			Fall 2015 GMA Study				Spring 2016 GMA Study			
Box	Α	В	Mean	SD	Lab	Α	В	Mean	SD	Α	В	Mean	SD
1	0.037		0.037		2	0.042	0.046	0.044	0.003				
2	0.046	0.035	0.041	0.008	3	0.043	0.042	0.043	0.001				
3	0.040	0.043	0.042	0.002	4	0.340	0.330			0.040	0.050	0.045	0.007
4	0.041	0.036	0.039	0.004	5					0.060	0.060	0.060	0.000
5	0.034	0.039	0.037	0.004	6	0.037	0.038	0.038	0.001				
6	0.043	0.039	0.041	0.003	7	0.050	0.050	0.050	0.000	0.045	0.042	0.044	0.002
7	0.035	0.036	0.036	0.001	10	0.041		0.041					
8	0.035	0.031	0.033	0.003	12					0.050	0.050	0.050	0.000
9	0.040	0.033	0.037	0.005	13	0.040		0.040		0.059	0.056	0.058	0.002
12	0.033	0.045	0.039	0.008	16					0.050	0.050	0.050	0.000
		N:	10		18	0.039		0.039		0.040	0.040	0.040	0.000
Mea	n, Pool	ed SD:	0.038	0.005	22					0.039		0.039	
		SD:	0.003		24	0.050	0.040	0.045	0.007				
					25					0.046		0.046	
					26	0.549	0.561	0.555	0.008				
					27	0.055	0.050	0.052	0.003				
					28					0.040		0.040	
					29					0.044	0.043	0.044	0.001
							<i>N</i> :	11				11	
					Μ	ean, Pool	ed SD:	0.116	0.005			0.047	0.003
							SD:	0.170				0.007	

 Table 73.
 Summary of Results for Total cis-C20:1 Fatty Acids, %.

The NIST total *cis*-C20:1 fatty acid results as a function of box number are displayed in Fig. 47. The blue circles in the graphics represent the results for the first replicate and the red squares the second replicate. The mean mass fraction is indicated by the solid line, and the dashed lines bound the interval Mean  $\pm 2 \times$ SD.



Fig. 47. Total *cis*-C20:1 Fatty Acids Mass Fraction as a Function of Box Number.

# 4.4.17. Eicosadienoic Acid (C20:2-11,14c)

The eicosadienoic acid values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 74. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fall	l 2015 GI	MA Study	y	Spring 2016 GMA Study				
Lab	Α	В	Mean	SD	Α	B	Mean	SD	
2	0	0							
3	0.023	0.025	0.024	0.001					
4	0.370	0.390			0.020	0.020	0.020	0.000	
6	< 0.01	< 0.01							
7	< 0.01	< 0.01			0	0			
9					0.28	0.23			
10	< 0.005								
12					< 0.01				
13	< 0.01				0				
16					< 0.01				
18	0.011		0.011						
22					< 0.01				
24	0.020	0.020	0.020	0.000					
25					< 0.007				
26	0.275	0.272							
27	0.006	0.007	0.006	0.000					
28					< 0.01				
29					< 0.01	< 0.01			
		<i>N</i> :	4				1		
	Mean, Po	oled SD:	0.015	0.001			0.020	0.000	
		SD:	0.008						

Table 74. Summary of Results for Eicosadienoic Acid, %.

# 4.4.18. Behenic Acid (C22:0)

The behenic acid values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 75. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fa	ll 2015 G	MA Stud	у	Spring 2016 GMA Study				
Lab	Α	В	Mean	SD	Α	В	Mean	SD	
2	0.081	0.114	0.098	0.023					
3	0.133	0.132	0.133	0.001					
4					0.200	0.220	0.210	0.014	
5					0.020	0.020	0.020	0.000	
6	< 0.01	< 0.01							
7	0.02	0.02	0.020	0.000	0.416	0.227			
10	0.009		0.009						
12					0.02	0.01	0.015	0.007	
13	0.011		0.011		0	0			
16					< 0.01	< 0.01			
18					0.040	0.020	0.030	0.014	
24	0.130	0.130	0.130	0.000					
27	0.020	0.020	0.020	0.000					
		<i>N</i> :	6				4		
Mean, Pooled SD:			0.054	0.000			0.069	0.011	
		SD:	0.060						

Table 75. Summary of Results for Behenic Acid, %.

# 4.4.19. Lignoceric Acid (C24:0)

The lignoceric acid values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 76. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	F	all 2015 G	MA Stu	dy	Spring 2016 GMA Study					
Lab	Α	В	Mean	SD	Α	В	Mean	SD		
3	0.018	0.019	0.019	0.001						
2	0.023	0.029	0.026	0.004						
4	0.030	0.030	0.030	0.000	0.020	0.020	0.020	0.000		
5					0.110	0.090	0.100	0.014		
6	< 0.01	< 0.01								
7	0.060	0.060	0.060	0.000	0.022	0.016	0.019	0.004		
10	0.084		0.084							
12					0.020	0.020	0.020	0.000		
13	0.025		0.025		0.012	0.012	0.012	0.000		
16					0.020	0.020	0.020	0.000		
18	0.020		0.020		0.020	0.020	0.020	0.000		
22					0.019		0.019			
24	0.030	0.030	0.030	0.000						
25					0.027		0.027			
26	0.018	0.018	0.018	0.000						
27	0.027	0.044	0.036	0.012						
28					0.020		0.020			
		<i>N</i> :	10				10			
I	Mean, Po	ooled SD:	0.035	0.005			0.028	0.006		
		SD:	0.021				0.026			

 Table 76.
 Summary of Results for Lignoceric Acid, %.

# 4.4.20. Total ω-3 Fatty Acids

The total  $\omega$ -3 fatty acid values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 77. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fall	2015 G	GMA Stu	dy	Spring 2016 GMA Study				
Lab	Α	B	Mean	SD	Α	В	Mean	SD	
2	0.20	0.20	0.20	0.00					
3	0.19	0.24	0.22	0.03					
4	0.34	0.33	0.34	0.01	0.24	0.29	0.27	0.04	
5	0.33	0.32	0.33	0.00	0.25	0.25	0.25	0.00	
6	0.17	0.17	0.17	0.00					
7	0.19	0.19	0.19	0.00	0.20	0.18	0.19	0.01	
9					0.34	0.35	0.35	0.01	
10	0.2		0.20						
12					0.19	0.19	0.19	0.00	
13	0.195		0.20		2.649	2.717			
16					0.2	0.2	0.20	0.00	
18					0.2	0.2	0.20	0.00	
22					0.20		0.20		
24	0.19	0.19	0.19	0.00		0.219	0.22		
25									
26	1.27	1.19							
28					0.214		0.21		
29					0.246	0.232	0.24	0.01	
		N:	9				11		
Me	an, Poole	ed SD:	0.22	0.01			0.23	0.01	
		SD:	0.06				0.05		

Table 77. Summary of Results for Total  $\omega$ -3 Fatty Acids, %.

# 4.4.21. Total ω-6 Fatty Acids

The total  $\omega$ -6 fatty acid values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 78. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fal	l 2015 (	GMA Stu	ıdy	Spring 2016 GMA Study			
Lab	Α	B	Mean	SD	Α	B	Mean	SD
2	2.37	2.34	2.36	0.02				
3	2.16	2.19	2.18	0.03				
4	3.43	3.43	3.43	0.00	2.07	2.20	2.14	0.09
5	2.08	2.09	2.09	0.01				
6	1.83	1.87	1.85	0.03				
7	2.11	2.10	2.11	0.01	2.37	2.12	2.25	0.18
9					3.51	3.50	3.51	0.01
10	2.12		2.12					
12					2.12	2.13	2.13	0.01
13	2.08		2.08		2.45	2.45	2.45	0.01
16					2.16	2.12	2.14	0.03
18					2.03	2.00	2.02	0.02
22					2.08		2.08	
24	2.16	2.15	2.16	0.01				
25					2.33		2.33	
26	2.92	2.92	2.92	0.00	1			
28					2.16		2.16	
29					2.35	2.34	2.35	0.01
		<i>N</i> :	10				11	
Mea	n, Poole	ed SD:	2.33	0.02			2.32	0.07
		SD:	0.48				0.41	

**Table 78.** Summary of Results for Total  $\omega$ -6 Fatty Acids, %.

#### 4.4.22. Saturated Fat

The saturated fat values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 79. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fall 2015 GMA Study						Spring 2016 GMA Study			
Lab	Α	В	Mean	SD		Α	В	Mean	SD	
2	3.84	3.72	3.78	0.08						
3	3.44	3.49	3.46	0.03						
4	4.88	4.82	4.85	0.04		3.46	3.46	3.46	0.00	
5	3.23	3.25	3.24	0.01		3.20	3.23	3.22	0.02	
6	2.91	2.97	2.94	0.04						
7	3.57	3.50	3.54	0.05		4.23	3.63	3.93	0.42	
9						4.72	4.79	4.76	0.05	
10	3.32		3.32							
12						3.44	3.48	3.46	0.03	
13	3.17		3.17			3.81	3.784	3.80	0.02	
16						3.45	3.36	3.41	0.06	
18	3.29		3.29			3.09	3.03	3.06	0.04	
22						3.45		3.45		
24	3.57	3.49	3.53	0.06						
25						3.58		3.58		
26	4.25	4.33	4.29	0.06						
27	4.19	3.89	4.04	0.21						
28						3.36		3.36		
29						3.71	3.73	3.72	0.01	
		N:	12					12		
Mea	n, Pool	ed SD:	3.62	0.09				3.60	0.15	
		0.54					0.44			

 Table 79.
 Summary of Results for Saturated Fat, %.

## 4.4.23. *cis*-Monounsaturated Fat

The *cis*-monounsaturated fat values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 80. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fal	ll 2015 G	MA Stu	dy	Spring 2016 GMA Study			
Lab	Α	В	Mean	SD	Α	В	Mean	SD
2	20.99	20.66	20.83	0.23				
3	17.47	17.74	17.61	0.19				
4	22.23	22.07	22.15	0.11	17.38	17.33	17.36	0.04
5	14.90	15.00	14.95	0.07	16.55	16.67	16.61	0.08
6	13.19	13.47	13.33	0.20				
7	14.87	14.81	14.84	0.04	21.57	18.97	20.27	1.84
9					22.36	22.53	22.45	0.12
10	15.04		15.04					
12					15.18	15.21	15.20	0.02
13	14.70		14.70		20.65	20.61	20.63	0.03
16					18.09	17.77	17.93	0.23
18	17.95		17.95		13.81	13.62	13.72	0.13
22					14.50		14.50	
24	17.18	17.03	17.11	0.11				
25					16.50		16.50	
26	21.68	21.68	21.68	0.00				
27	17.77	16.39	17.08	0.98				
28					17.80		17.80	
29					16.60	16.50	16.55	0.07
		N:	12				12	
Μ	ean, Po	oled SD:	17.27	0.35			17.46	0.62
		SD:	2.94				2.59	

Table 80. Summary of Results for cis-Monosaturated Fat, %.

# 4.4.24. *cis*-Polyunsaturated Fat

The *cis*-polyunsaturated fat values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 81. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fal	ll 2015	GMA Stu	ıdy	Spring 2016 GMA Study			
Lab	Α	В	Mean	SD	Α	В	Mean	SD
2	2.57	2.54	2.56	0.02				
3	2.39	2.48	2.44	0.06				
4	3.80	3.93	3.87	0.09	2.30	2.43	2.37	0.09
5	2.41	2.42	2.42	0.01	2.54	2.55	2.55	0.01
6	1.99	2.04	2.02	0.03				
7	2.35	2.33	2.34	0.01	2.56	2.29	2.43	0.19
9					3.70	3.73	3.72	0.02
10	2.32		2.32					
12					2.35	2.37	2.36	0.01
13	2.28		2.28		5.141	5.203	5.17	0.04
16					2.38	2.34	2.36	0.03
18	2.35		2.35		2.23	2.2	2.22	0.02
22					2.29		2.29	
24	2.38	2.38	2.38	0.00				
25					2.55		2.55	
26	4.21	4.14	4.17	0.05				
27	3.02	2.77	2.90	0.18				
28					2.37		2.37	
29					2.60	2.58	2.59	0.01
		<i>N</i> :	12				12	
Mea	n, Pool	ed SD:	2.67	0.07			2.75	0.07
		SD:	0.67				0.86	

 Table 81. Summary of Results for cis-Polyunsaturated Fat, %.

#### 4.4.25. Total *trans*-Fat

The total *trans*-fat values reported by laboratories participating in the Fall 2015 GMA Study and the Spring 2016 GMA Study are summarized in Table 82. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

	Fal	l 2015 G	GMA Stu	dy		Spring 2016 GMA Study			
Lab	Α	В	Mean	SD		Α	В	Mean	SD
2	0.040	0.040	0.040	0.000					
3	0.018	0.019	0.019	0.001					
4	4.480	4.570			(	).050	0.260	0.155	0.148
5	< 0.01	< 0.01							
6	0.020	0.010	0.015	0.007					
7	0.150	0.140	0.145	0.007	(	).060	0.050	0.055	0.007
9					4	4.000	3.660		
10	0.090		0.090						
12					(	).120	0.130	0.125	0.007
13	0.013		0.013		(	).039	0.039	0.039	0.000
16					(	).060	0.070	0.065	0.007
18	0.060		0.060		(	).030	0.030	0.030	0.000
22					(	).026	0.000	0.013	0.018
24	0.170	0.120	0.145	0.035					
25									
26	0.045	0.048	0.047	0.002					
27	4.350	3.650							
28					(	).024		0.024	
29					(	).028	0.029	0.029	0.001
		N:	9					9	
Me	ean, Poo	led SD:	0.064	0.015				0.059	0.053
		SD:	0.052					0.049	

 Table 82.
 Summary of Results for Total trans-Fat, %.

## 4.4.26. Value Assignment

As described in Section 3.3, the available data for each measurand was used to provide an estimate of the mass fraction present in SRM 2386 where x is the mean and  $U_{95}(x)$  is the 95% confidence interval. The summary of these estimates for fatty acids is provided in Table 83, along with a summary of the methods used to arrive at these estimates. A blank in the table indicates that no data from that method was available for determination of the estimate.

				Based on	
Amaluta		IL (a)	NIST	Fall 2015	Spring 2016
Analyte	x	$U_{95}(x)$	Methods	GMA Methods <sup>a</sup>	GMA Methods <sup>a</sup>
C12:0 Lauric Acid	0.0353	0.0493 <sup>b</sup>	GC-FID	GC-FID	GC-FID
C14:0 Myristic Acid	0.0143	0.0038		GC-FID	GC-FID
C16:0 Palmitic Acid	3.277	0.1668	GC-FID	GC-FID	GC-FID
C16:1-9c Palmitoleic Acid	1.1862	0.0361	GC-FID	GC-FID	GC-FID
C18:0 Stearic Acid	0.1053	0.0059	GC-FID	GC-FID	GC-FID
C18:1-9c Oleic Acid	12.9468	0.5322	GC-FID	GC-FID	GC-FID
C18:1-11c Vaccenic Acid	1.2428	0.1146	GC-FID	GC-FID	GC-FID
Total cis-C18:1	15.9919	2.3364	GC-FID	GC-FID	GC-FID
Total trans-C18:1	0.0169	0.0205 <sup>b</sup>		GC-FID	GC-FID
C18:2-9,12c Linoleic Acid	2.2193	0.0705	GC-FID	GC-FID	GC-FID
Total cis-C18:2	2.2192	0.0609		GC-FID	GC-FID
C18:3-9,12,15c α-Linolenic Acid	0.2144	0.0222	GC-FID	GC-FID	GC-FID
C18:3-6,9,12c γ-Linolenic Acid	0.0105	0.0049		GC-FID	GC-FID
C20:0 Arachidic Acid	0.0168	0.0035		GC-FID	GC-FID
Total cis-C20:1	0.0435	0.0045	GC-FID	GC-FID	GC-FID
C20:2-11,14c Eicosadienoic Acid	0.0231	0.1917 <sup>b</sup>		GC-FID	GC-FID
C24:0 Lignoceric Acid	0.0255	0.0085		GC-FID	GC-FID
Saturated Fat	3.6558	0.1890		GC-FID	GC-FID
cis-Monounsaturated Fat	17.9171	1.1130		GC-FID	GC-FID
cis-Polyunsaturated Fat	2.5194	0.2362		GC-FID	GC-FID
Total trans-Fat	0.0434	0.0270		GC-FID	GC-FID
Total Omega-3 Fatty Acids	0.2181	0.0222		GC-FID	GC-FID
Total Omega-6 Fatty Acids	2.2604	0.1607		GC-FID	GC-FID

 Table 83.
 Summary of Estimates for Fatty Acids in SRM 2386, %.

a Not all laboratories reported methods used.

b The expanded uncertainty is larger than the value, indicating a large level of variability. Any interval for the value should be truncated at zero.

GC-FID Gas Chromatography with Flame Ionization Detection

## 4.5. Proximates

Results for proximates provided by the Fall 2015 GMA Study were provided on an as-received basis but converted to a dry-mass basis for the Certificate of Analysis (COA), except ash.

## 4.5.1. Total Fat (Sum of Fatty Acids as Triglycerides)

The total fat values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 84. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Α	В	Mean	SD	Method
28.18	28.69	28.44	0.36	Sum of fatty acids as triglycerides
24.41	24.83	24.62	0.30	Sum of fatty acids as triglycerides
35.39	35.39	35.39	0.00	Sum of fatty acids as triglycerides
20.50	20.70	20.60	0.14	Sum of fatty acids as triglycerides
31.89	32.02	31.96	0.09	Sum of fatty acids as triglycerides
35.90	35.75	35.83	0.11	Sum of fatty acids as triglycerides
24.80		24.80		Sum of fatty acids as triglycerides
24.41	24.23	24.32	0.13	Sum of fatty acids as triglycerides
29.96	29.78	29.87	0.13	Sum of fatty acids as triglycerides
31.93	31.63	31.78	0.21	Sum of fatty acids as triglycerides
30.67	28.24	29.46	1.72	Sum of fatty acids as triglycerides
	<i>N</i> :	11		
Mean, Pooled SD:			0.57	
	SD:	2.92		
	A 28.18 24.41 35.39 20.50 31.89 35.90 24.80 24.41 29.96 31.93 30.67 Mean, Po	A         B           28.18         28.69           24.41         24.83           35.39         35.39           20.50         20.70           31.89         32.02           35.90         35.75           24.80         24.41           24.41         24.23           29.96         29.78           31.93         31.63           30.67         28.24           N:         N:           Mean, Pooled SD:         SD:	A         B         Mean           28.18         28.69         28.44           24.41         24.83         24.62           35.39         35.39         35.39           20.50         20.70         20.60           31.89         32.02         31.96           35.90         35.75         35.83           24.80         24.32         24.32           29.96         29.78         29.87           31.93         31.63         31.78           30.67         28.24         29.46           N:         11           Mean, Pooled SD:         28.82           SD:         2.92	A         B         Mean         SD           28.18         28.69         28.44         0.36           24.41         24.83         24.62         0.30           35.39         35.39         35.39         0.00           20.50         20.70         20.60         0.14           31.89         32.02         31.96         0.09           35.90         35.75         35.83         0.11           24.80         24.80         24.80           24.41         24.23         24.32         0.13           29.96         29.78         29.87         0.13           31.93         31.63         31.78         0.21           30.67         28.24         29.46         1.72           N:         11         Mean, Pooled SD:         28.82         0.57           SD:         2.92         2.92         2.92

 Table 84.
 Summary of Results for Total Fat, %.

#### 4.5.2. Ash

The ash values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 85. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
2	7.16	7.16	7.16	0.00	Weight loss
3	6.51	6.85	6.68	0.24	Weight loss
4	5.80	5.71	5.76	0.06	Weight loss
5	7.31	7.45	7.38	0.10	Weight loss
6	7.54	7.55	7.55	0.01	Weight loss
7	14.10	14.06	14.08	0.03	Weight loss
10	15.20	12.10	13.65	2.19	not reported
13	13.40		13.40		not reported
16	5.90	6.10	6.00	0.14	not reported
18	6.79		6.79		Weight loss
24	7.68	7.70	7.69	0.01	Weight loss
25	8.09	8.09	8.09	0.00	Weight loss
26	8.20	8.35	8.28	0.11	Weight loss
27	7.19	7.18	7.19	0.01	Weight loss
		<i>N</i> :	14		
Ν	Aean, Po	oled SD:	8.55	0.64	
		SD:	1.54		

 Table 85.
 Summary of Results for Ash, %.

#### 4.5.3. Protein

The protein values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 86. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
2	9.94	9.01	9.48	0.66	Kjeldahl, factor 6.25
3	9.02	9.34	9.18	0.23	Combustion - Leco
4	9.04	8.75	8.90	0.21	Kjeldahl, factor 6.25
5	9.11	9.02	9.07	0.06	Kjeldahl
6	10.09	9.99	10.04	0.07	Combustion - Leco
7	9.79	9.95	9.87	0.11	Not reported
10	9.72		9.72		Not reported
11	9.61		9.61		Not reported
13	10.40		10.40		Not reported
16	9.10	9.10	9.10	0.00	Kjeldahl
18	9.73		9.73		Combustion - Leco; Kjeldahl, factor 6.25
24	9.55	9.38	9.47	0.12	Kjeldahl
25	8.17	8.17	8.17	0.00	Kjeldahl
26	9.64	9.70	9.67	0.04	Combustion - Leco
27	9.42	9.48	9.45	0.04	Combustion - Leco
	N: 14				
Γ	Mean, Pooled SD:		9.46	0.24	
		SD:	0.29		

Table	86.	Summary	/ of	Results	for	Protein.	%.
I UDIC	00.	Gammary		rteouno	101	1 101011,	/0.
#### 4.5.4. Carbohydrates

The carbohydrate values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 87. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
2	47.96	49.32	48.64	0.96	Solids-(protein+fat+ash)
3	54.93	54.51	54.72	0.30	Solids-(protein+fat+ash)
4	45.80	46.38	46.09	0.41	Solids-(protein+fat+ash)
5	54.40	54.40	54.40	0.00	Solids-(protein+fat+ash)
7	48.71	48.76	48.74	0.04	Solids-(protein+fat+ash)
10	45.90		45.90		not reported
11	38.90		38.90		not reported
13	39.30		39.30		not reported
18	51.80		51.80		Solids-(protein+fat+ash)
24	41.69	41.69	41.69	0.00	Solids-(protein+fat+ash)
25	29.41	29.57	29.49	0.11	Solids-(protein+fat+ash)
26	45.75	45.79	45.77	0.03	Solids-(protein+fat+ash)
27	49.33	51.69	50.51	1.67	Solids-(protein+fat+ash)
		<i>N</i> :	13		
Ν	Mean, Po	ooled SD:	45.84	0.67	
		SD:	1.99		

Table 87. Summary of Results for Carbohydrates, %.

### 4.5.5. Total Dietary Fiber

The total dietary fiber values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 88. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
2	21.02	21.31	21.17	0.21	Other
3	21.08	21.27	21.18	0.13	AOAC 985.29
4	20.60	20.40	20.50	0.14	AOAC 985.29
5	18.30	18.70	18.50	0.28	AOAC 985.29
6	30.30	28.80	29.55	1.06	not reported
7	8.00	8.00	8.00	0.00	not reported
10	21.10		21.10		not reported
13	20.10		20.10		not reported
16	18.20	21.30	19.75	2.19	AOAC 985.29
18	23.80		23.80		AOAC 985.29
24	21.95	21.74	21.85	0.15	AOAC 985.29
25	16.91	16.91	16.91	0.00	AOAC 985.29
		N:	12		
Ν	lean, Poo	oled SD:	20.20	0.82	
		SD:	2.40		

Table 88. Summary of Results for Dietary Fiber, %.

# 4.5.6. Total Sugars

The total sugars values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 89. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
2	1.90	1.90	1.90	0.00	LC-RI
3	2.58	2.92	2.75	0.24	LC-ELSD
5	2.90	3.00	2.95	0.07	LC-amperometric
7	2.60	2.68	2.64	0.05	not reported
10	2.30		2.30		not reported
11	2.40		2.40		not reported
13	2.50		2.50		not reported
16	1.63	1.66	1.65	0.02	LC-RI
18	2.53		2.53		LC-RI
24	2.87	2.95	2.91	0.06	LC-ELSD
26	2.21	2.16	2.19	0.04	LC-RI
27	6.34	5.98	6.16	0.25	LC-RI
		<i>N</i> :	12		
Mean, Pooled SD:			2.74	0.13	
		SD:	0.66		

 Table 89.
 Summary of Results for Total Sugars, %.

LC-amperometricLiquid Chromatography with Amperometric DetectionLC-ELSDLiquid Chromatography with Evaporative Light Scattering Detection

LC-RI

Liquid Chromatography with Evaporative Light Scattering Dete Liquid Chromatography with Refractive Index Detection

#### 4.5.7. Calories

The calorie values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 90. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

Lab	Α	В	Mean	SD	Method
2	487.0	487.0	487.0	0.0	9(fat)+4(protein)+4(carbohydrate)
3	475.0	479.0	477.0	2.8	9(fat)+4(protein)+4(carbohydrate)
4	538.0	539.0	538.5	0.7	9(fat)+4(protein)+4(carbohydrate)
5	449.0	449.0	449.0	0.0	9(fat)+4(protein)+4(carbohydrate)
7	431.0	430.0	430.5	0.7	9(fat)+4(protein)+4(carbohydrate)
10	441.0		441.0		not reported
11	508.0		508.0		not reported
13	400.0		400.0		not reported
18	469.0		469.0		9(fat)+4(protein)+4(carbohydrate)
24	518.0	520.0	519.0	1.4	9(fat)+4(protein)+4(carbohydrate)
25	420.0	419.0	419.5	0.7	9(fat)+4(protein)+4(carbohydrate)
26	508.9	506.6	507.8	1.6	9(fat)+4(protein)+4(carbohydrate)
27	511.0	499.0	505.0	8.5	9(fat)+4(protein)+4(carbohydrate)
		<i>N</i> :	13		
Ν	Aean, Po	oled SD:	473.2	3.1	
		SD:	23.6		

Table 90. Summary of Results for Calories, kcal/100 g.

#### 4.5.8. Value Assignment

As described in Section 3.3, the available data for each measurand was used to provide an estimate of the mass fraction present in SRM 2386 where x is the mean and  $U_{95}(x)$  is the 95% confidence interval. The summary of these estimates for proximates is provided in Table 91, along with a summary of the methods used to arrive at these estimates. A blank in the table indicates that no data from that method was available for determination of the estimate.

				Based on
Analyte	x	$U_{95}(x)$	Units	Fall 2015 GMA Methods <sup>a</sup>
Ash	7.46	1.42	%	Weight loss on drying
Protein	9.96	0.37	%	Kjeldahl, Leco Combustion (Factor of 6.25)
Fat	30.95	3.64	%	Sum of fatty acids as triglycerides
Carbohydrates	48.43	4.39	%	Calculation [Solids-(protein+fat+ash)]
Total Dietary Fiber	21.86	2.64	%	AOAC 985.29
Total Sugars	2.64	0.51	%	LC-RI, LC-ELSD, LC-AMP
Calories	501.26	30.69	kcal/100 g	Calculation [9(fat)+4(protein)+4(carbohydrate)]

Table 91. Summary of Estimates for Proximates in SRM 2386.

a Not all laboratories reported methods used.

LC-RI Liquid Chromatography with Refractive Index Detection

LC-ELSD Liquid Chromatography with Evaporative Light Scattering Detection

LC-AMP Liquid Chromatography with Amperometric Detection

## 4.6. Amino Acids

Results for amino acids provided by the Fall 2015 GMA Study were provided on an as-received basis but converted to a dry-mass basis for the Certificate of Analysis (COA). All participants who reported method information for amino acids used liquid chromatography following hydrolysis and derivatization. Some laboratories did not report the method used.

### 4.6.1. Fall 2015 GMA Study

The amino acid values reported by laboratories participating in the Fall 2015 GMA Study are summarized in Table 92. The table also provides several summary values: N = number of values, Mean = mean of values, SD = standard deviation of values, and Pooled SD = square-root of the sum of the squared within-participant standard deviations.

		Ala	nine			Argi	nine			Aspart	ic Acid	
Lab	Α	В	Mean	SD	Α	В	Mean	SD	Α	B	Mean	SD
3	0.402	0.408	0.405	0.004	0.360	0.380	0.370	0.014	0.676	0.685	0.681	0.006
5	0.460	0.470	0.465	0.007	0.367	0.371	0.369	0.003	0.770	0.780	0.775	0.007
7	0.494	0.495	0.495	0.001	0.397	0.408	0.403	0.008	0.846	0.833	0.840	0.009
10	0.468		0.468		0.451		0.451		0.787		0.787	
13	0.490		0.490		0.500		0.500		0.820		0.820	
		<i>N</i> :	5				5				5	
Mea	n, Pool	ed SD:	0.465	0.005			0.419	0.009			0.780	0.008
		SD:	0.036				0.056				0.061	
		Cys	tine			Glutan	ic Acid			Gly	cine	
Lab	Α	В	Mean	SD	Α	В	Mean	SD	Α	В	Mean	SD
3					0.926	0.941	0.934	0.011	0.357	0.367	0.362	0.007
5					1.030	1.050	1.040	0.014	0.400	0.420	0.410	0.014
7	0.093	0.080	0.087	0.009	1.150	1.141	1.146	0.006	0.454	0.459	0.457	0.004
10	0.113		0.113		1.080		1.080		0.432		0.432	
13	0.080		0.080		1.120		1.120		0.420		0.420	
		N:	3				5				5	
Mea	n, Pool	ed SD:	0.093	0.009			1.064	0.011			0.416	0.009
		SD:	0.017				0.083				0.035	
		Histi	idine			Isolu	icine			Leu	cine	
Lab	Α	В	Mean	SD	Α	В	Mean	SD	Α	В	Mean	SD
3	0.135	0.142	0.139	0.005	0.210	0.212	0.211	0.001	0.470	0.475	0.473	0.004
5	0.180	0.190	0.185	0.007	0.260	0.300	0.280	0.028	0.550	0.580	0.565	0.021
7	0.233	0.223	0.228	0.007	0.374	0.367	0.371	0.005	0.613	0.613	0.613	0.000
10	0.171		0.171		0.370		0.370		0.609		0.609	
13	0.200		0.200		0.410		0.410		0.670		0.670	
		<i>N</i> :	5				5				5	
Mea	in, Pool	ed SD:	0.185	0.006			0.328	0.017			0.586	0.012
		SD:	0.033				0.081				0.074	

Table 92. Summary of Results for Amino Acids, %.

	Lysine					Methi	ionine		Phenylalanine			
Lab	Α	В	Mean	SD	Α	В	Mean	SD	Α	В	Mean	SD
3	0.287	0.299	0.293	0.008	0.105	0.102	0.104	0.002	0.278	0.279	0.279	0.001
5	0.440	0.460	0.450	0.014					0.310	0.330	0.320	0.014
7	0.641	0.535	0.588	0.075	0.172	0.169	0.171	0.002	0.368	0.354	0.361	0.010
10	0.439		0.439		0.134		0.134		0.350		0.350	
13	0.530		0.530		0.170		0.170		0.400		0.400	
		<i>N</i> :	5				4				5	
Mea	an, Pool	ed SD:	0.460	0.044			0.145	0.002			0.342	0.010
		SD:	0.111				0.032				0.046	

		Pro	line			Ser	·ine		Threonine			
Lab	Α	В	Mean	SD	Α	В	Mean	SD	Α	В	Mean	SD
3	0.277	0.286	0.282	0.006	0.428	0.440	0.434	0.008	0.288	0.293	0.291	0.004
5	0.410	0.390	0.400	0.014	0.490	0.490	0.490	0.000	0.370	0.390	0.380	0.014
7	0.444	0.460	0.452	0.011	0.509	0.494	0.502	0.011	0.385	0.381	0.383	0.003
10	0.413		0.413		0.465		0.465		0.359		0.359	
13	0.420		0.420		0.490		0.490		0.380		0.380	
		<i>N</i> :	5				5				5	
Mean, Pooled SD:		0.393	0.011			0.476	0.008			0.359	0.009	
SD:		0.065				0.027				0.039		

		Tyre	osine	 Valine					
Lab	Α	В	Mean	SD	Α	В	Mean	SD	
3	0.206	0.206	0.206	0.000	0.267	0.271	0.269	0.003	
5	0.270	0.280	0.275	0.007	0.360	0.410	0.385	0.035	
7	0.280	0.270	0.275	0.007	0.495	0.506	0.501	0.008	
10	0.307		0.307		0.485		0.485		
13	0.330		0.330		0.530		0.530		
		<i>N</i> :	5				5		
Mea	n, Pool	ed SD:	0.279	0.006			0.434	0.021	
		SD:	0.047				0.107		

# 4.6.2. Value Assignment

As described in Section 3.3, the available data for each measurand was used to provide an estimate of the mass fraction present in SRM 2386 where x is the mean and  $U_{95}(x)$  is the 95% confidence interval. The summary of these estimates for amino acids is provided in Table 93, along with a summary of the methods used to arrive at these estimates.

			Based On
Analyte	x	$U_{95}(x)$	Fall 2015 GMA Methods <sup>a</sup>
Alanine	0.492	0.043	Hydrolysis and Derivatization with LC
Arginine	0.423	0.076	Hydrolysis and Derivatization with LC
Aspartic acid	0.827	0.077	Hydrolysis and Derivatization with LC
Cystine	0.091	0.036	Hydrolysis and Derivatization with LC
Glutamic acid	1.135	0.107	Hydrolysis and Derivatization with LC
Glycine	0.441	0.042	Hydrolysis and Derivatization with LC
Histidine	0.194	0.045	Hydrolysis and Derivatization with LC
Isoleucine	0.389	0.103	Hydrolysis and Derivatization with LC
Leucine	0.640	0.092	Hydrolysis and Derivatization with LC
Lysine	0.473	0.144	Hydrolysis and Derivatization with LC
Methionine	0.160	0.057	Hydrolysis and Derivatization with LC
Phenylalanine	0.368	0.058	Hydrolysis and Derivatization with LC
Proline	0.434	0.070	Hydrolysis and Derivatization with LC
Serine	0.515	0.035	Hydrolysis and Derivatization with LC
Threonine	0.399	0.044	Hydrolysis and Derivatization with LC
Tyrosine	0.289	0.056	Hydrolysis and Derivatization with LC
Valine	0.510	0.135	Hydrolysis and Derivatization with LC

Table 93. Summary of Estimates for Amino Acids in SRM 2386, %.

a Not all laboratories reported methods used.

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# Appendix A. Acronyms

AA	Autoanalyzer
AAS	Atomic Absorption Spectroscopy
COA	Certificate of Analysis
cps	counts per second
DCPIP	Titration with Dichlorophenol Indophenol Detection
FIAC	Food Industry Analytical Chemists
FL	Fluorescence
GC-FID	Gas Chromatography with Flame Ionization Detection
GMA	Grocery Manufacturers Association
ICP-MS	Inductively Coupled Plasma Mass Spectrometry
ICP-OES	Inductively Coupled Plasma Optical Emission Spectrometry
ID ICP-MS	Isotope Dilution Inductively Coupled Plasma Mass Spectrometry
ID-LC-MS/MS	Isotope Dilution Liquid Chromatography with Tandem Mass Spectrometry
	Detection
IS	Internal Standard
LC	Liquid Chromatography
LC-ELSD	Liquid Chromatography with Evaporative Light Scattering Detection
LC-MS/MS	Liquid Chromatography with Tandem Mass Spectrometry Detection
LC-RI	Liquid Chromatography with Refractive Index Detection
LC-UV	Liquid Chromatography with UV Absorbance Detection
LDPE	Low Density Polyethylene
MARS	Microwave Assisted Reaction System
MRM	Multiple Reaction Monitoring
NIST	National Institute of Standards and Technology
PFA	Perfluoroalkoxy Alkane
RC	Regenerated Cellulose
RF	Response Factor
RSD	Relative standard deviation
SAS	Standard as Sample
SI	International System of Units
SRM	Standard Reference Material
TRIS	tris(hydroxymethyl)aminomethane
TNPGAA	Thermal Neutron Prompt Gamma-Ray Activation Analysis

## **Appendix B. Updates**

- 1) Replaced incorrect Table 43 Total Vitamin B<sub>3</sub> as Niacinamide, Section 4.3.2.5.
- 2) Added Appendix A: Acronyms.
- 3) Updated Figure 1 to a 2023 version.
- 4) Numerous format changes to bring document into compliance with NIST current standard format.