

# Using CO<sub>2</sub> as a Ventilation Clue in Classrooms

Dustin Poppendieck<sup>1,\*</sup>

<sup>1</sup> National Institute of Standards and Technology, Gaithersburg, USA

\*Corresponding email: [dustin.poppendieck@nist.gov](mailto:dustin.poppendieck@nist.gov)

## SUMMARY

In the era of COVID19, we need to quickly find and fix classrooms that have inadequate ventilation to reduce long-range airborne transmission of diseases. Historically, the limited available data has shown classrooms in the United States to be under ventilated in relation to consensus standard ventilation values that do not consider airborne infectious disease risk. Carbon dioxide (CO<sub>2</sub>) is a reasonable proxy of emissions from humans. This presentation will discuss the assumptions and uncertainties in using carbon dioxide concentrations as a proxy for ventilation in classrooms. Specifically, the influence of student density and activity level on carbon dioxide concentration will be modeled for a range of student ages and activities. This analysis shows classrooms with high carbon dioxide concentrations (above 2,000 ppm<sub>v</sub>) are unlikely to be meeting United States ventilation standards. However, uncertainties mean conclusions cannot be easily made about ventilation rates in classrooms with lower carbon dioxide concentrations.

## KEYWORDS

*ventilation, consumer grade monitors, public understanding*

## 1 INTRODUCTION

The concentration of COVID-19 laden particles can build up in spaces with poor ventilation, with the potential to lead to infection. Adequate ventilation is one way to reduce long-range airborne disease transmission risk in classrooms. ASHRAE is an organization that writes consensus standards for design of buildings including ventilation rates in classrooms. However, these values do not consider airborne infectious disease risk. For typical classrooms, the ASHRAE required ventilation rate of outdoor air is around 7 L s<sup>-1</sup> person<sup>-1</sup>. However, in surveys a majority of classrooms fall below that value.

Given its relatively high concentration and ease of measurement compared to other chemicals and emissions from people, carbon dioxide is a good proxy of emissions from humans. It is important to note the CO<sub>2</sub> is only a proxy for human emissions and many other things impact indoor air quality. Building materials, furniture, cleaning supplies, indoor chemical reactions and outdoor contaminants all impact indoor air quality. Hence, low indoor CO<sub>2</sub> concentrations do not necessarily indicate good indoor air quality.

When we use CO<sub>2</sub> as a ventilation clue, we need to make sure non-human sources of CO<sub>2</sub> are not present, such as indoor combustion or vehicles idling outside air intakes.

Widespread use of consumer grade indoor air quality monitors can be used to monitor CO<sub>2</sub> concentrations in classrooms, as has been demonstrated by the over 4,000 that were deployed by the Boston Public School System (<https://www.bostonpublicschools.org/Page/8810>) in 2021. One goal of using CO<sub>2</sub> meters in classrooms is to find poorly ventilated rooms where long-range airborne transmission of disease is more likely to occur.

There are three potential approaches to using CO<sub>2</sub> data collected in classrooms to evaluate ventilation:

1. Evaluate relative risk by determining how much air we rebreathe that has previously been in other people's lungs (rebreathed fraction).
2. Examine the maximum daily CO<sub>2</sub> concentration in a classroom.
3. Determine the outdoor air change rate from CO<sub>2</sub> concentration decay.

## 2 MATERIALS/METHODS

This talk will examine the second case by comparing the maximum CO<sub>2</sub> concentration in a classroom to model concentrations. NIST has a web-based single zone, mass balance tool (<https://pages.nist.gov/CONTAM-apps/webapps/CO2Tool/#/>) that allows the user to determine what the CO<sub>2</sub> concentration would be in a range of school density and activity scenarios IF the room ventilation system was operating as designed. The tool assumes the entire building has a uniform CO<sub>2</sub> concentration and all air entering the space comes from outside

## 3 RESULTS

For a given scenario, the NIST tool can be used to determine a relationship between ventilation rates and the maximum steady state CO<sub>2</sub> concentration in a classroom (Figure 1). The purple line shows potential maximum CO<sub>2</sub> concentrations when the students and teacher have minimal activity (low met values). The green line shows the same potential maximum CO<sub>2</sub> concentrations when the students and teacher have a higher activity level. If the room was operating at the ASHRAE requirement of 6.7 L/s/p the maximum CO<sub>2</sub> concentration could be anywhere from 800 ppm<sub>v</sub> to 1250 ppm<sub>v</sub> depending only on the activity levels of the occupants.

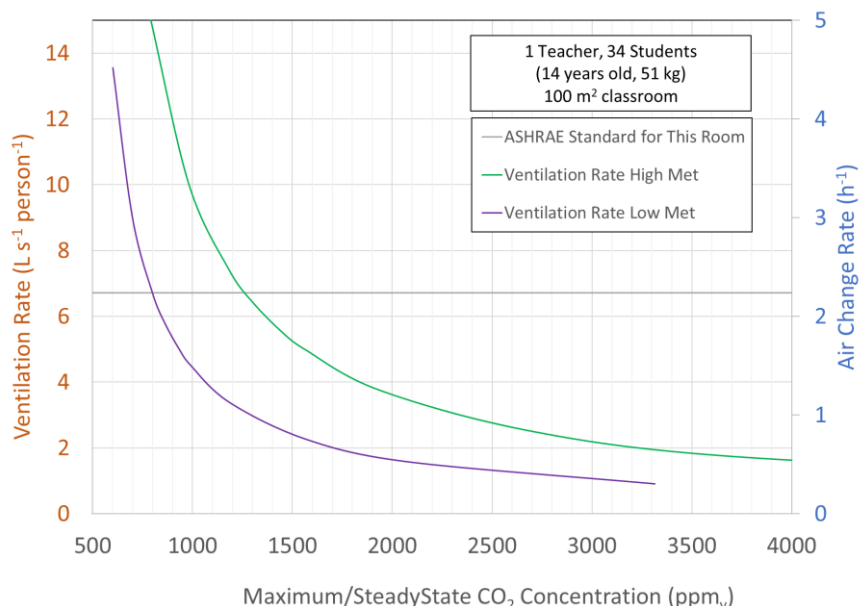


Figure 1. Example relationship between maximum CO<sub>2</sub> concentration in classroom with ventilation rate

## 4 DISCUSSION

Modeled rooms give a sense of the uncertainty in the model due to activity level, age and number of students. Despite this uncertainty, high maximum daily CO<sub>2</sub> readings are indicative of low outdoor ventilation rates. If the maximum daily CO<sub>2</sub> readings are below 700 ppm<sub>v</sub> we can be fairly confident the ventilation rates are high, especially if reading are repeated over multiple days, HVAC operating modes and weather conditions. If the maximum daily CO<sub>2</sub> readings are consistently above 2000 ppm<sub>v</sub> we can be fairly confident the ventilation rates are low and the rooms ventilation system should be inspected and/or addressed, and the room usage (student density) should be checked.