Development and Application of an Indoor Carbon Dioxide Metric

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ABSTRACT

Indoor carbon dioxide (CO₂) concentrations have been considered for decades in evaluating indoor air quality (IAQ) and ventilation, and more recently in discussions of the risk of airborne infectious disease transmission. However, many of these applications reflect a lack of understanding of the connection between indoor CO₂ levels, ventilation and IAQ. For example, a single indoor concentration such as 1000 ppm_v is often used as a metric of IAQ and ventilation without an understanding of the significance of this or any other value. CO₂ concentrations are of limited value as IAQ metrics, and a single concentration will not serve as a ventilation indicator for spaces with different occupancies and ventilation requirements. An approach has been developed to estimate a space-specific CO₂ level that can serve as a metric of outdoor ventilation rates. The concept is to estimate the CO₂ concentration that would be expected in a specific space given its intended or expected ventilation rate, the number of occupants, the rate at which they generate CO₂ and the time that has transpired since the space was occupied. This paper describes the approach and presents example calculations for several commercial, institutional and residential occupancies.

Practical Implications:

Space-specific CO_2 metrics for ventilation are proposed that account for space geometry, target ventilation rate and occupant characteristics.

These metrics avoid the confusion associated with using a single value for all spaces that ignores important differences between spaces and their occupants.

Application of these metrics provides an opportunity to improve the understanding of the significance of indoor CO₂ concentrations by practitioners and other building professionals.

KEYWORDS

carbon dioxide; indoor air quality; metrics; occupancy; standards; ventilation

INTRODUCTION

Indoor air quality (IAQ) is characterized by the chemical and physical constituents of air that impact occupant health, comfort and productivity as well as the durability of building materials, furnishings and equipment. The number of airborne contaminants in most indoor environments is quite large, and the impacts on occupants are known for only a limited number of contaminants. The large number of contaminants and their wide variation among and within buildings makes it extremely challenging to quantify IAQ, let alone to distinguish between good and bad IAQ based on a single metric. There have been efforts to define IAQ metrics, but none have been shown to fully capture the multiple health and comfort impacts of IAQ very well or have become widely accepted ¹⁻³, though recent discussions, analyses and proposals reflect progress ⁴⁻⁹.

Many discussions of IAQ metrics have included indoor CO_2 concentrations. In fact, indoor CO_2 has been featured in discussions of ventilation and IAQ since the 18th century, when Lavoisier suggested that CO_2 build-up rather than oxygen depletion was responsible for "bad air" indoors ¹⁰. About one hundred years later, von Pettenkofer suggested that biological contaminants from human occupants caused indoor air problems, not CO_2 , though he proposed using CO_2 as an indicator of vitiated air. Since that time, discussions of CO_2 in relation to IAQ and ventilation have evolved, focusing on the impacts of CO_2 on building occupants, how CO_2 relates to occupant perception of bioeffluents, the use of indoor CO_2 as a tracer gas to estimate ventilation rates, and the control of outdoor air ventilation rates based on measured CO_2 concentrations ¹¹⁻¹³.

Indoor CO₂ concentrations are typically well below values of interest based on health concerns and relative to workplace concentration limits, e.g., the OSHA limit of 5,000 ppm_v averaged over any 8-hour work shift during a 40-hour work week ¹⁴. Several studies have shown associations of CO₂ levels above about 1000 ppm_v with self-reported sick building syndrome symptoms, absenteeism and performance ¹⁵⁻¹⁷, but these studies did not control for other

contaminants and environmental conditions. Therefore these associations are likely due to lower ventilation rates elevating CO₂ concentrations as well as the concentrations of other more important indoor contaminants ^{18,19}. More recent work has examined the impacts of pure CO₂ at concentrations in the range of those commonly observed in non-industrial environments ^{18,20,21}. Some but not all of these studies have seen associations between CO₂ and reductions in cognitive performance. More research is needed to understand these inconsistent results and to explore potential mechanisms.

Indoor CO_2 concentrations are related to the outdoor air ventilation rates per person specified in standards, guidelines and building regulations ²²⁻²⁴ based on the relationship of indoor CO₂ to bioeffluent emissions from building occupants. These outdoor air requirements reflect research dating back to the 1930s on the amount of ventilation needed to control the perception of odor associated with these bioeffluents ²⁵. This research found that about 7.5 L/s to 9 L/s per person of ventilation air dilutes body odor to levels judged to be acceptable by individuals entering a space from clean air, i.e., unadapted visitors. Some of these experiments also included measurements of CO₂ concentrations, allowing examination of the relationship between CO₂ concentrations and body odor acceptability. These studies showed that CO₂ concentrations about 700 ppm_{v} above outdoors resulted in roughly 80 % of unadapted visitors judging the odor to be acceptable. For an outdoor CO_2 level of 300 ppm_v, this concentration difference corresponds roughly to the commonly-cited indoor value of 1000 ppm_v. (Note that outdoor levels have increased to over 400 ppm_v since these odor acceptability studies were done ²⁶.) This body of research supports 1000 ppm_v of CO₂ as a reflection of body odor acceptability as perceived by unadapted visitors to a building. However, there are many other important indoor air contaminants that are not associated with the number of occupants, and CO₂ concentrations are not good indicators of those contaminants as noted below.¹³

Indoor CO₂ concentrations are being increasingly discussed as an indicator of the risk of airborne infectious disease transmission ^{27,28}. In that context, CO₂ can be useful as an indicator of ventilation rates as discussed in this paper, but that first requires the determination of ventilation rates that are protective against these risks. Alternatively, CO₂ can be employed as a more direct indicator of infection risk using concepts such as rebreathed air ^{29,30}. These applications of CO₂ are the topic of current research, which will hopefully provide useful insights that can be implemented in practice. However, it is important to note that the fate and transport of infectious aerosols is different from that of CO₂ in several important ways, including the fact that CO₂ does not deposit on surfaces and is not removed by particle filtration and other air cleaning technologies ³¹.

Indoor CO₂ concentrations have been widely promoted and applied as a metric of IAQ and ventilation for decades, in many cases without a clear explanation of what they are intended to characterize or the limitations in such applications ³². Many practitioners use 1000 ppm_v as an IAQ metric, in many cases erroneously basing it on ASHRAE Standard 62.1 ²³. However, that standard has not contained an indoor CO₂ limit for almost 30 years ^{25,33}. While a CO₂ concentration metric that characterizes IAQ would be attractive, there are many other indoor air contaminants with more significant health and comfort impacts than CO₂, and many of those contaminants have been shown not to be well-correlated with indoor CO₂ concentrations ³⁴⁻³⁶. However, a CO₂ metric to evaluate outdoor air ventilation rates is feasible, but it must be based on the space in question and its occupancy.

This paper proposes using CO_2 as an indicator or metric of outdoor air ventilation rates relative to a design value, a recommended ventilation rate or a requirement in a standard. As discussed below, indoor CO_2 concentrations depend primarily on the rate at which the occupants generate CO_2 , the outdoor air ventilation rate of the space, the time since occupancy began, and the outdoor CO₂ concentration. For indoor CO₂ to serve as a meaningful indicator of ventilation, all of these factors need to be considered. This paper describes calculations to predict the expected CO₂ concentration at a specific time, which can be compared to a measured concentration as an indication that the actual ventilation rate is below the assumed or desired ventilation rate. Example calculations demonstrating this concept are presented and discussed for several commercial, institutional and residential occupancies, which are necessarily based on multiple assumptions about these spaces and their occupants. In order to facilitate these calculations for other values of these inputs, an online tool *QICO2* has been developed and is described briefly in the Discussion section of this paper.

THEORY AND BACKGROUND

This section presents the well-established single-zone mass balance theory on which the CO_2 metric for ventilation presented in this paper is based. It then describes how to estimate CO_2 generation rates of building occupants, as these values are needed to implement this CO_2 metric. The ventilation requirements in ASHRAE Standards 62.1 and 62.2 are then described, as they serve as the basis for the example calculations described later.

Single-zone mass balance

The underlying model on which the CO_2 metric for ventilation is based is a single-zone mass balance of a ventilated space. While a single-zone mass balance is a simplification and will not apply in all buildings and spaces, it is widely used when considering indoor air contaminants and is helpful in this application. A single-zone mass balance of CO_2 in a building or space of interest can be expressed as follows:

$$V\frac{dC}{dt} = Q(t)(C_{out}(t) - C) + G(t)$$
⁽¹⁾

where V is the volume of the building or space being considered (m^3), C is the CO₂ concentration in the space (ppm_v), C_{out} is the outdoor CO₂ concentration, t is time (h), Q is the volumetric flow of outdoor air into the building (space) from outdoors and from the building (space) to the outdoors (L/s), and G is the CO_2 generation rate in the space (L/s). For the purposes of this discussion, the outdoor air ventilation rate Q refers to the total rate at which outdoor air enters the building or space of interest, including mechanical and natural ventilation as well as infiltration. Note that the relative proportions of mechanical ventilation, natural ventilation and infiltration depend on the specific building, its ventilation system design and operation, and the weather conditions. Note that, in general, Q, Cout and G are functions of time, as noted in the equation, but they are assumed to be constant in this discussion. Also, air density differences between indoors and outdoors are being ignored by using the same value of Q for the airflow into the space (building) and out. Finally, this single zone formulation ignores indoor removal of CO_2 , concentration differences between building zones, and CO₂ transport between zones. These last two assumptions are not always valid, and their appropriateness must be considered in applying single-zone, mass balance analysis to CO₂ or any other indoor contaminant.

Based on these assumptions, the solution to Equation 1 can be expressed as follows:

$$C(t) = C(0)e^{-\frac{Q}{v}t} + C_{SS}\left(1 - e^{-\frac{Q}{v}t}\right)$$
(2)

where C(0) is the indoor concentration at t = 0 and C_{ss} is the steady-state indoor concentration. Note that the indoor concentration will only reach steady-state if conditions, specifically Q and G, are constant for a sufficiently long period of time, which can be many hours. A constant value of G requires that the occupancy and the intensity of occupant activity remain constant, but in many spaces occupancy will be too short or too variable for steady-state to be achieved. However, as noted above, G is assumed to be constant in these calculations. A convenient means of assessing whether steady-state is likely to be achieved is by considering the time constant of the system, which is equal to the inverse of Q/V in Equation 2, i.e., the inverse of the air change rate. One can consider that the system is essentially at steady-state after three time constants, at which point the concentration (relative to outdoors) will be 95 % of its steady-state value. For example, for a space with an air change rate of 1 h⁻¹, steady-state will exist after three hours. For a space with an air change rate of 0.5 h⁻¹, it will take six hours. Assuming steady-state has been achieved, Equation 2 can be solved for C_{ss} as follows:

$$C_{SS} = C_{out} + \frac{G}{Q},\tag{3}$$

If G and Q are both expressed in L/s, the value on the right side of the equation is multiplied by 10^6 to express C_{ss} in units of ppm_v.

CO₂ generation from building occupants

An approach to estimating CO₂ generation rates from building occupants based on human metabolism and exercise physiology concepts has been described ³⁷. This approach uses the basal metabolic rate *BMR*, which is the energy needed to sustain the basic functions of human life, including the function of cells, the brain and the cardiac and respiratory systems, as well as the maintenance of body temperature. The *BMR* value of an individual is a function of their sex, age and body mass, which when multiplied by their level of physical activity yields their rate of energy expenditure. The rate of energy expenditure can be related to oxygen consumption, and then the CO₂ generation rate via the value of the respiratory quotient *RQ. RQ* is the ratio of the volumetric rate at which CO₂ is produced to the rate at which oxygen is consumed and depends primarily on diet. Reference 37 provides a discussion of *RQ* values, equations to estimate *BMR* and data on met levels for different activities. Assuming *RQ* equals 0.85, the CO₂ generation rate of an individual can be estimated with the following equation:

$$V_{CO2} = BMR M(T/P) 0.000179$$
(4)

where V_{CO2} is the CO₂ generation rate per person (L/s), *M* is the level of physical activity, sometimes referred to as the metabolic rate or met level (dimensionless), *T* is the air temperature (K), and *P* is the air pressure (kPa). There have been a small number of recent studies in which measured CO₂ generation rates from humans have been compared with predictions based on Equation 4. The level of agreement between measurements and predictions is variable, but it should be noted that the predictions are highly dependent on the assumed value of *M* and that the sample sizes in these studies tend to be small ^{38,39}. All of the CO₂ generation rates in this paper are based on an air temperature of 296.15 K (23 °C).

Ventilation requirements in standards

In order to use the CO_2 metric approach described in this paper, the user must have a target ventilation rate for the space they are considering. That rate can come from a ventilation standard or some other reference, but it serves as the basis for comparing measured CO_2 concentrations to the CO_2 metric value derived using this approach. The calculations that follow use ventilation rates based on ANSI/ASHRAE Standard 62.1 and Standard 62.2, which apply to non-residential and residential buildings respectively ^{22,23}.

ASHRAE Standard 62.1 contains minimum outdoor air ventilation requirements in the prescriptive Ventilation Rate Procedure in the form of a People Outdoor Air Rate R_p (L/s•person) and an Area Outdoor Air Rate R_a (L/s•m²) for 109 different Occupancy Categories ²³. Those two values are combined to yield the outdoor air requirement to the breathing zone V_{bz} of the space using the following equation:

$$V_{bz} = R_p \times P_z + R_a \times A_z \tag{5}$$

where P_z is the number of people in the zone and A_z is the net occupiable floor area of the zone. For example, in the case of Office Space, $R_p = 2.5$ L/s•person and $R_a = 0.3$ L/s•m². For an office with a floor area of 100 m² and an occupancy of 5 individuals, the outdoor air requirement under Standard 62.1 is 8.5 L/s•person. The standard requires that the breathing zone outdoor airflow be adjusted to account for air distribution in the space to determine the required zone outdoor airflow. These zone outdoor airflows are then used to determine the outdoor air intake required at the air handler, with adjustments for multiple-zone recirculating systems and occupancy variations over time (referred to as diversity in the standard). However, adjustments for zone air distribution, multiple-zone system effects and occupant diversity are not considered here.

ASHRAE Standard 62.2 applies to residential occupancies and contains an outdoor air ventilation requirement for a dwelling unit expressed by the following equation ²²:

$$Q_{tot} = 0.15A_{floor} + 3.5(N_{br} + 1), \tag{6}$$

where Q_{tot} is the total required ventilation rate in L/s, A_{floor} is the floor area in m² and N_{br} is the number of bedrooms. For example, in a house with a floor area of 200 m² and 3 bedrooms, the ventilation requirement is 44 L/s. The value of Q_{tot} is used in this analysis without any of the adjustments allowed by Standard 62.2, such as a credit for infiltration.

Other ventilation standards, regulations and guidance documents have been published around the world. Many of these ventilation requirements were first issued in the 1980s and 1990s, in some cases in the form of mandatory standards and building regulations, and in other cases less formal guidance ^{40,41}. European Committee for Standardization (CEN) standard EN 16798-1 describes methods for determining ventilation requirements for non-residential and residential buildings, with default criteria contained in an informative appendix ²⁴. Method 3 in that standard provides minimum ventilation airflow rates in L/s per person "estimated to meet requirements for both perceived air quality and health in the occupied zone" for four categories of indoor environmental quality related to the level of occupant expectations. Those categories are Ihigh level of expectation, II-medium level, III-moderate level, and IV-low level. As noted in that standard, "A normal level would be "Medium". A higher level may be selected for occupants with special needs (children, elderly, persons with disabilities, etc.). A lower level will not provide any health risk but may decrease comfort." The ventilation rates for offices provided in the informative appendix are 20 L/s, 14 L/s, 8 L/s and 5.5 L/s per person for categories I, II, III and IV respectively.

The adequacy of the minimum outdoor air ventilation requirements in ASHRAE and other standards has been debated for decades and those discussions continue. However, these requirements are taken as a given in this discussion, but these calculations of a CO₂ metric for ventilation can be performed for any ventilation rate.

CO₂-BASED VENTILATION METRIC

While a single CO_2 concentration metric that comprehensively characterized IAQ would be attractive, indoor CO_2 concentrations only reflect occupant exposure to contaminant sources that are proportional to the number of occupants in a space and their activity levels. However, a CO_2 metric can be used to evaluate outdoor air ventilation rates relative to a design value, a recommended rate or a requirement in a standard, but such a CO_2 ventilation metric must be based on the space in question and its occupancy. Relevant space information includes the required outdoor air ventilation rate, geometry (floor area and ceiling height), and the number of occupants and their characteristics that impact the rate at which they generate CO_2 (sex, age, body mass and met level). The concept behind this ventilation metric approach is to calculate an expected CO_2 concentration for a space under consideration and then to compare that value to a measured CO_2 concentration. A measured value that is above the expected or metric value serves as an indication that the space is not being ventilated at the assumed rate. This section presents

calculations for the proposed CO₂-based ventilation metric for several commercial-institutional and residential buildings and discusses how the results can support its application.

CO2 Metric Example Calculations for Commercial-Institutional Buildings

In order to demonstrate and explore this approach to a CO₂ ventilation metric, indoor CO₂ concentrations were calculated using Equation (2) for the space types listed in Table 1, which includes several commercial-institutional building spaces covered by ASHRAE Standard 62.1²³.

The space types considered in these examples were selected from the commercialinstitutional building space types listed in ASHRAE Standard 62.1. The second column of Table 1 is the occupant density, expressed as the number of people per 100 m^2 of floor area (corresponding to the default values in Standard 62.1). The third and fourth columns are the outdoor air ventilation rate in L/s per person and h⁻¹ based on Standard 62.1, with the conversion to h⁻¹ using a ceiling height of 3 m for all spaces except for those identified in the note to the table. The fifth column contains information on the occupants (number, sex, age, body mass and met level) used to calculate the CO₂ generation rates, with the average per person generation rate in the last column. In some cases the number of occupants of a particular type is listed as an integer value plus one-half in order for the total number to match the Standard 62.1 default occupant density. Most of the average CO_2 generation rates range from about 0.004 L/s to 0.006 L/s per person. Higher values are seen in spaces where the occupants are assumed to be more active, i.e., Lobby and Retail/Sales. The average CO_2 generation rate in the hotel bedroom is below 0.004 L/s given that the occupants are assumed to be sleeping. The assumptions reflected in Table 1 are not claimed to be representative but rather to provide example results for the purpose of these discussions.

For each space type the time required to achieve steady-state and the steady-state CO₂ concentration (above the outdoor concentration) were calculated using the assumptions in Table

1. These values are presented in the third and fourth columns in Table 2, along with the CO_2 concentration that would occur one hour after the space is fully occupied (in the fifth column). A value of *t_{metric}* is listed for each space type in the second column of the table, which is the length of time over which the particular space type may be expected to be fully occupied. The values of t_{metric} are provided for the purposes of discussion and are not suggested to be definitive or recommended for these particular space types. The CO_2 concentration at t_{metric} is listed in the sixth column of the table. Note that for some spaces, the CO₂ concentration will not have achieved steady-state at this time. In these spaces the occupancy is not expected to be constant long enough for a steady-state concentration to occur, so the concentration at t_{metric} is offered as a more realistic metric. The last three columns of the table contain the three CO₂ concentration values (steady-state, 1 h after full occupancy and t_{metric}) for a ventilation rate that is 25 % below the assumed value in Table 1. These reduced-ventilation cases are considered based on the desire for a CO₂-based ventilation metric to be able to capture ventilation deficiencies of this magnitude. The concentration calculations in this table employ the single-zone formulation in Equation 2 and therefore neglect CO₂ removal and any air and CO₂ transport from adjoining spaces. They also assume that all of the occupants enter the space at the same time, which will not necessarily be the case in an actual building.

The time for the CO_2 concentration (relative to outdoors) to reach 95 % of steady-state in Table 2 is linked to the air change rate in Table 1, i.e., it is three times the inverse of that rate. For most of the spaces, the time to steady-state is less than 1.5 h. In those cases, the three calculated CO_2 concentrations are generally within 100 ppm_v, making the timing of a measurement for comparison to a metric less critical than in spaces with longer time constants. For spaces with longer times required to achieve steady-state, the three calculated CO_2 concentrations cover a broader range, and the concentration after 1 h of occupancy is more sensitive to time than the values at t_{metric} or at steady-state. Of particular note is the Office space, which takes almost 6 h to reach steady-state due in large part to its low air change rate. As a result, the three concentrations values are quite different, covering a range of almost 3 to 1. However, it's unlikely for a typical office space to be at full occupancy for 6 h given lunch schedules and other variations in scheduling; therefore, the t_{metric} value of 2 h and the corresponding concentration of about 383 ppm_v above outdoors is presumably more relevant in practice.

It is worth noting that the concentrations at *t_{metric}* (and at steady-state and 1 h for low time constant cases) tend to cluster around a number of values: 400 ppm_v, 600 ppm_v, 1100 ppm_v, 1500 ppm_v , and 2500 ppm_v above C_{out} . Calculated concentrations for other input values will be different, and the ability to identify characteristic concentrations would need to be reassessed after additional analyses. Nevertheless, based on the results in Table 2 and the desire to have a CO₂ metric that can capture ventilation deficiencies and be less sensitive to the timing of the concentration measurement, Table 3 summarizes potential CO_2 metric values for these spaces along with the corresponding measurement time. Given the transient nature of indoor CO₂ concentrations and the amount of time required to reach steady-state, it is not surprising that a potential CO₂ metric needs to be linked to a concentration measurement time. Therefore, reported CO₂ concentrations relative to these and other metrics need to include the time that has passed since the space reached full occupancy. Note that for the Office space, the CO_2 concentrations at t_{metric} for the Standard 62.1 ventilation rate and the 25 % reduced rate are within 50 ppm_v due to the long time constant of that space. This small difference, relative to typical measurement uncertainties, makes it difficult to identify a potential concentration metric that will capture ventilation rate deficiencies in offices. Additional analyses over a range of input values and for other space types are needed to convert these potential metric values to values that are more welljustified for application in practice.

Table 4 presents calculated CO₂ concentrations for the same commercial-institutional space types shown in Tables 2 and 3 using 10 L/s per person instead of the Standard 62.1 ventilation requirements. This value has been discussed in the context of airborne infectious disease control and is therefore of current interest ⁴²⁻⁴⁵. Compared to the Standard 62.1 calculations, the outdoor air ventilation rates in units of h⁻¹ are much higher for 10 L/s per person and the times to steadystate are much lower, except in the office space for which the Standard 62.1 ventilation requirement is already 8.5 L/s per person. For several spaces, the outdoor air ventilation rates in units of h⁻¹ are two or more times the Standard 62.1 value, with a corresponding decrease in the time to steady-state and the calculated CO_2 concentrations. Note that there is much less variation in the calculated CO₂ concentrations among the different spaces and for the different calculation times. In contrast to the CO₂ concentrations in Table 2 for the Standard 62.1 rates, all but one of these values are less than 900 ppm_v above outdoors; in several spaces, the Standard 62.1 concentrations are well above 1000 ppm_v above outdoors. Table 4 also contains calculated CO₂ concentrations for a 25 % reduction in ventilation rates, which corresponds to 7.5 L/s per person. As in the case of the Standard 62.1 requirements, the CO_2 concentrations in the Office space at t_{metric} are similar for the baseline 10 L/s per person ventilation rate and the 25 % reduced rate due to the long time constant of that space, making it difficult to identify a potential metric that will capture ventilation rate deficiencies of this magnitude. Based on consideration of the calculated CO₂ concentrations in the different space types and the impact of a 25 % reduction in the ventilation rate, potential concentration metrics are provided in Table 5. In considering the impact of 10 L/s per person on CO₂ concentration, it is important to bear in mind that an increase of this magnitude may not be achievable in all buildings and ventilation systems given the details of their existing designs. Such increases may also be challenging in some cases depending on outdoor contaminant and humidity levels and the system's capacity to manage these loads.

CO2 Metric Example Calculations for Residential Buildings

This section presents example calculations of the CO₂ ventilation metric in residential spaces, which can exhibit large variations in dwelling and family size and in occupant characteristics, as well as potentially less predictable durations of occupancy relative to some commercialinstitutional spaces. However, the many hours associated with sleep provide helpful options for these analyses in bedrooms. Equation (2) is again be used to calculate CO₂ concentrations for a given space based on the assumed CO₂ generation and ventilation rates. Several residential occupancies were considered as listed in Table 6, which describes three families: a baseline with 4 members (2 adults and 2 children), a larger family with 2 additional children, and a smaller family with 2 adults and no children. The sex, age, body mass and level of physical activity are described for each family member, including the CO₂ generation rate for each person as well as the average generation rate per person for all of the defined occupants. These generation rates are assumed to exist for the whole house during non-sleeping hours when occupants are assumed to be more active, and for individual bedrooms when occupants are sleeping. For each occupancy in Table 6, CO₂ concentrations were calculated for the ventilation scenarios listed below:

Whole house:

- Ventilation rate requirement from ASHRAE Standard 62.2
- Ventilation rate of 0.5 h⁻¹

Bedrooms:

- 62.2/Perfect Distribution: Bedroom ventilation rate is the Standard 62.2 rate divided by the number of house occupants, multiplied by the number of bedroom occupants
- 62.2/Uniform Distribution: Bedroom ventilation rate is the Standard 62.2 rate divided by the whole house floor area, multiplied by the bedroom floor area
- 0.5/Perfect Distribution: Bedroom ventilation rate is 0.5 h⁻¹ times the house volume divided by the number of house occupants and then multiplied by the number of occupants in each bedroom
- 0.5/Uniform Distribution: Bedroom ventilation rate is 0.5 h⁻¹ times the house volume divided by the whole house floor area, and then multiplied by the bedroom floor area
- 10 L/s per person/Perfect Distribution: Bedroom ventilation rate is 10 L/s multiplied by the number of bedroom occupants

The whole house calculations are done using the ventilation requirements based on ASHRAE Standard 62.2 as well for 0.5 h-1, a value contained in residential ventilation standards in several Nordic countries ⁴⁶ and which has been shown to reduce health symptoms in residential buildings ^{47,48}. For the bedroom cases, two idealized air distribution scenarios are applied to the Standard 62.2 and 0.5 h⁻¹ whole house rates. In the first, Perfect Distribution, the whole house rate is divided by the number of occupants in the house. That normalized value is multipled by the number of occupants in each bedroom to determine the outdoor air ventilation provided to each bedroom. Perfect Distibution may correspond to a ventilation system that supplies outdoor air directly to each bedroom based on the number of occupants. Under Uniform Distribution, the whole house rate is divided by the floor area of the house. That normalized value is multipled by the floor area of each bedroom to determine the outdoor air ventilation provided to each bedroom. Uniform distribution may correspond to a building ventilated by infiltration only, an exhaust-only ventilation system or a mechanical ventilation system that is integrated into a forced-air distribution system. Both of these distribution cases are idealized, but they are included to account for the potential impacts of air distribution. The last bedroom ventilation rate, 10 L/s per person/Perfect Distribution, assumes 10 L/s of outdoor air is supplied for each person in each bedroom and is based on the CEN residential ventilation recommendation ²⁴. As noted for the commercial-institutional buildings, the assumptions used in the residential calculations are not claimed to be representative but rather to provide example results for the purpose of these discussions.

Table 7 presents the assumed dimensions (ceiling heights and floor areas) for the houses and bedrooms considered, and Table 8 presents ventilation information and calculated CO_2 concentrations for each case. The second and third columns of Table 8 contain the outdoor air ventilation rate in L/s per person and h⁻¹ for the whole house and bedroom cases. The fourth

column is the time to reach 95 % of the steady-state CO₂ concentration (relative to outdoors). The whole house air change rates based on Standard 62.2 are about 0.3 h⁻¹ in all but the small house/baseline family case, where it is just over 0.4 h⁻¹. The bedroom air change rates cover a range of almost 10 to 1 for the different cases in the large house/baseline family and the small house/small family. In these two cases, delivering the whole house ventilation rate of 0.5 h⁻¹ directly to the bedrooms under Perfect Distribution results in ventilation rates above 15 L/s per person. On the other hand, Uniform Distribution to the bedrooms results in less than 5 L/s per person in several cases. These air change rates impact the time required to achieve steady-state, which are 6 h or less for the bedrooms cases other than for 62.2/Uniform. For the whole house, the time to 95 % of steady-state is always 6 h for the 0.5 h⁻¹ cases and ranges from about 7 h to 11 h for the 62.2 cases.

As was the case for the commercial-institutional spaces, the residential calculations presented in Table 8 were redone with the assumed ventilation rates reduced by 25 %. These results are shown in Table SI.1. CO₂ concentrations that increase by 100 ppm_v or more relative to the corresponding values in Table 8 are noted in bold font in Table SI.1. The whole-house, reduced-ventilation concentrations at t_{metric} increase very little relative to the corresponding values in Table 8, by about 40 ppm_v or less, which is less than the measurement accuracy of many field measurements of CO₂ concentrations. This lack of increase is partly due to the long time constants of the whole-house cases, which allow little time for the concentration to increase after only 2 h. The increases in the bedroom concentrations at t_{metric} are larger for the reduced ventilation cases, typically at least 50 ppm_v and often several hundred ppm_v. These larger increases for the bedroom support the use of a 6 h value of t_{metric} to capture ventilation deficiencies. In contrast to the commercial-institutional occupancies discussed earlier, residential cases may be more likely to vary in space size, occupancy and ventilation, making it difficult to

generalize the calculated CO_2 concentrations. Therefore potential CO_2 concentration metrics, like those presented for the commercial-institutional spaces, are not provided for the residential cases. Instead, the specific house, occupancy and air distribution approach of interest need to be accounted for in developing a metric value for evaluating the adequacy of the ventilation rate.

DISCUSSION

The CO_2 values calculated as described in this paper can be applied to a specific space by comparing them to measured values, with a measured value that is higher serving as an indication that the actual ventilation rate is below the assumed or desired ventilation rate. Whether one uses a CO_2 metric value for one of the specific examples in this paper, the potential metrics values shown in Table 3 and 5, or a preferably a value calculated for the specific space being considered, it is critical that the user carefully assess and report the inputs used to calculate the CO_2 metric. These inputs include the space geometry, target ventilation rate of the space, occupancy of the space of over time, time of the CO_2 measurement, and information on the occupants used to estimate the CO_2 generation rate.

Using the CO₂ concentration at a specific time as a metric of ventilation requires consideration of occupancy schedules. If the concentration calculation starts as soon as the space contains any occupants (but the actual occupancy increases from unoccupied to the assumed full occupancy over time), the calculated concentration at a given time will be less than it would have been than if the space was fully occupied all at once. Therefore, if the 1 h or t_{metric} concentration value is used as a metric, the space CO₂ concentration could be below this criterion even though it would not be the case over the longer term. However, if the concentration calculation is delayed until the space is fully occupied, then the actual concentration increase will have a "head start" on that calculation and may exceed the metric value. This situation would make the metric conservative, i.e., some spaces might "fail" (i.e., indicate a lower ventilation rate than desired)

even though they would pass if the space achieved full occupancy at a single instant in time. Note also that if early occupants are different from the full occupants (in terms of their CO₂ generation rates), it could complicate application of this approach.

Residential cases are more likely to vary in space size, occupancy and ventilation than many commercial-institutional occupancies, making it difficult to offer generalizations about calculated CO_2 concentrations. Rather than offering potential CO_2 concentration metrics, like those presented in Tables 3 and 5 for the commercial-institutional spaces, the house, occupancy and air distribution approach for the case of interest need to be accounted for in developing a metric value for evaluating the adequacy of the ventilation rate. For comparisons with a calculated whole house value, the measured CO_2 concentration should be a volume-weighted, whole house average based on the concentrations measured in each room. Since the calculations assume constant occupancy, the measurement needs to occur after a sufficiently longer period of constant occupancy, which can be challenging in some residences. Ideally, a constant occupancy period that lasts for *t_{metric}* occurs for the building or space being considered, and the calculated metric value can then provide a more meaningful indicator of ventilation.

In the case of bedrooms, the calculated CO_2 concentrations can be compared to measured values in the bedroom. Given the more stable bedroom occupancy during sleeping, that comparison should occur several hours after the bedroom is occupied for sleeping. A value of t_{metric} for bedrooms of 6 h is offered for making these comparisons. A measured CO_2 concentration that is higher serves as an indication that the actual ventilation rate is below the assumed or desired ventilation rate. Note that these comparisons neglect the impact of interzone transport on the bedroom CO_2 concentration, which will be impacted by factors such as operation of central HVAC systems, open bedroom doors, and transfer grilles in doors and other interior partitions. Also, the calculation assumes that the CO_2 concentration starts at the outdoor level.

However, the initial concentration in the bedroom may be higher than outdoors due to previous occupancy of the house, in which case the calculated concentration will be lower than it would if the actual initial concentration were considered. This situation would result in the calculated metric value being conservative, meaning some spaces might "fail" that would have otherwise "passed" if they started at the outdoor CO₂ concentration.

There are several limitations to the approach described in this paper. First, the examples provided are for very specific spaces. The assumed input values are based on reasonable judgements, but different values could be justified. In actual application, some of these inputs may be hard to identify, for example occupant characteristics (e.g., age and body mass). Also, this approach assumes that the ventilation rate, outdoor CO₂ concentration and the rate of CO₂ generation by the occupants are all constant, which won't necessarily be the case. While the user needs to examine the validity of these assumptions, additional analyses will allow the estimation of the uncertainty associated with specific levels of variation in these parameters. As noted in this paper, this approach can be particularly challenging to apply in spaces with more transient occupancies, such as retail spaces and lobbies. Also, spaces with long time constants, i.e., low air change rates, such as some offices will create challenges in that the CO₂ concentration will not necessarily increase significantly relative to measurement uncertainty during periods of constant occupancy.

While the potential CO_2 concentrations metrics shown in Tables 3 and 5 are attractive for general application, they are presented only for illustrative purposes. Additional analyses are needed before these specific CO_2 metrics values should be widely applied. Also, a more complete application of the approach would involve additional information, such as continuous CO_2 concentration measurements starting at initial occupancy and information on ventilation system operation, including the operating schedule and outdoor air intake rates as a function of time. A

simplified approach may also merit consideration, in which one only considers the measured CO₂ concentration and the elapsed time since the start of occupancy. Additional analyzes of additional scenarios and input values are needed to explore this simplified concept. In addition to the analysis of more space types and a wider range of input values, this approach would benefit from application by practitioners in order to gauge its practicality and to identify other issues regarding its usefulness as a ventilation metric. Field studies in which calculated metric values are studied in conjunction with measured outdoor air intake rates would be useful and likely lead to improvements in the approach.

As noted earlier in this paper, an online tool *QICO2* has been developed to implement the calculation methodology presented here, allowing users to vary the required input values to examine other cases⁴⁹, and is available at <u>https://pages.nist.gov/CONTAM-</u>

<u>apps/webapps/CO2Tool/#/</u>. After providing the relevant inputs, or selecting from a number of predefined cases, the tool allows the user to estimate indoor CO₂ concentrations in a ventilated space at steady-state, 1 h after occupancy and at a selected value of t_{metric} . The predefined cases include all of the example calculations described in this paper. The tool allows the user to modify the inputs contained in these examples or to create new cases, and for a given case to compare the calculated CO₂ concentrations for two different ventilation rates.

CONCLUSION

While indoor CO_2 is not a comprehensive indicator of IAQ, this paper proposes using CO_2 as an indicator or metric of outdoor air ventilation rates. This ventilation metric concept reflects the fact that indoor CO_2 concentrations depend on the rate at which the occupants generate CO_2 , the outdoor air ventilation rate of the space, the time since occupancy began, and the outdoor CO_2 concentration. As a result, the value of the metric necessarily will be different for different spaces, as opposed to using a single value for all spaces and occupancies as has been widely

suggested. If all of these factors are properly accounted for, indoor CO₂ concentrations can serve as meaningful indicators of ventilation. Example calculations are presented that provide insight into the application of this concept and demonstrate its potential merit, but more analysis is needed for a wide range of space types, occupancy scenarios and target ventilation rates. An online tool that has been developed that will facilitate the application of the CO₂-based ventilation metric, enabling more meaningful interpretations of measured indoor CO₂ concentrations. As additional analyses are performed and the concept discussed with ventilation and IAQ practitioners and researchers, it is anticipated that the approach will become more well defined and useful.

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Space Type	Occupant	Outdoo	or air	Occupants	Average CO ₂
	density	ventila		(age in y, body mass in kg,	generation per
	(#/100 m ²)	L/s per	h ⁻¹	physical activity in met)	person (L/s)
		person			
Classroom (5 to 8 y)	25	7.4	2.2	12 males (8, 23, 2);	0.0047
				12 females (8, 23, 2);	
				1 male (35, 85, 3)	
Classroom (>9 y)	35	6.7	2.8	17 males (15, 65, 1.7);	0.0063
				17 females (15, 60, 1.7);	
				1 male (35, 85, 2.5)	
Lecture classroom	65	4.3	2.5	32 males (20, 80, 1.3);	0.0049
				32 females (20, 70, 1.3);	
				1 female (35, 75, 2)	
Lecture hall (fixed	150	4.0	4.3	74.5 males (20, 80, 1.3);	0.0049
seats)				74.5 females (20, 70, 1.3);	
				1 female (35, 75, 2)	
Restaurant dining	70	5.1	3.2	33 males (35, 85, 1.5);	0.0058
room				33 females (35, 75, 1.5);	
				2 males (35, 85, 3);	
				2 females (35, 75, 3)	
Conference meeting	50	3.1	1.9	25 males (35, 85, 1.4);	0.0051
room				25 females (35, 75, 1.4)	
Hotel/motel	10	5.5	0.7	1 male (35, 85, 1.0);	0.0036
bedroom				1 female (35, 75, 1.0)	
Office space	5	8.5	0.5	2.5 male (35, 85, 1.4);	0.0051
				2.5 female (35, 75, 1.4)	
Auditorium	150	2.7	1.9	75 males (35, 85, 1.3);	0.0047
				75 females (35, 75, 1.3)	
Lobby	150	2.7	2.9	75 males (35, 85, 2);	0.0073
-				75 females (35, 75, 2)	
Retail/Sales	15	7.8	1.1	7.5 male (35, 85, 2);	0.0091
				7.5 female (35, 75, 2)	

Table 1: CO₂ concentration calculations for commercial-institutional building

Occupancy densities and outdoor air ventilation requirements from ASHRAE Standard 62.1-2019; ceiling height assumed to equal 3 m except as follows: Lecture classroom 4 m; Lecture hall with fixed seats 5 m, Restaurant dining room 4 m, Auditorium 7.5 m, Lobby 5 m, and Retail/Sales 4 m.

			CO₂ concentration above outdoors (ppm _v)			CO ₂ for 25 % reduced ventilation rate (ppm _v)		
Space Type	<i>t_{metric}</i> (h)	Time to steady- state (h)*	Steady -state	1 h	<i>t_{metric}</i>	Steady -state	1 h	t _{metric}
Classroom (5 to 8 y)	2	1.4	631	563	624	842	682	811
Classroom (>9 y)	1	1.1	937	881	881	1250	1099	1009
Lecture classroom	1	1.2	1154	1058	1058	1538	1301	1301
Lecture hall (fixed seats)	1	0.7	1226	1210	1210	1634	1570	1570
Restaurant dining room	1	0.9	1133	1087	1087	1511	1374	1374
Conference/meeting room	1	1.6	1642	1386	1386	2189	1646	1646
Hotel/motel bedroom	6	4.5	661	319	648	881	344	836
Office space	2	5.9	599	239	383	798	254	427
Auditorium	1	1.5	1750	1500	1500	2333	1790	1790
Lobby	1	1.0	2692	2547	2547	3590	3187	3187
Retail/Sales	2	2.9	1165	759	1023	1553	848	1233

Table 2: Calculated CO₂ concentrations for commercial-institutional buildings using ASHRAE Standard 62.1 ventilation requirements

* Time to achieve 95 % of steady-state CO₂ concentration relative to outdoors, i.e., three time constants

Table 3: Potential CO₂ concentration metrics based on ASHRAE 62.1 ventilation requirements

Space Type	CO ₂ concentration metric above outdoors (ppm _v)	Corresponding time (h after full occupancy)
Classroom (5 to 8 y)	600	2
Classroom (>9 y)	900	1
Lecture classroom	1100	1
Lecture hall (fixed seats)	1200	1
Restaurant dining room	1100	1
Conference meeting room	1400	1
Hotel/motel bedroom	600	6
Office space	400	2
Auditorium	1500	1
Lobby	2500	1
Retail/Sales	1000	2

Table 4: Calculated CO₂ concentrations for commercial-institutional buildings for an outdoor air ventilation rate of 10 L/s per person

			CO ₂ concentration above outdoors (ppm _v)			CO ₂ for 25 % reduced ventilation rate (ppm _v)		
Space Type	Outdoor ventilation rate (h ⁻¹)	Time to steady- state (h)*	Steady -state	1 h	tmetric	Steady -state	1 h	t metric
Classroom (5 to 8 y)	3.0	1.0	467	444	466	623	557	616
Classroom (>9 y)	4.2	0.7	629	620	620	839	803	803
Lecture classroom	5.9	0.5	492	490	490	656	647	647
Lecture hall (fixed seats)	10.8	0.3	490	490	490	654	654	654
Restaurant dining room	6.3	0.5	576	575	575	768	762	762
Conference/meeting	6.0	0.5	509	508	508	678	671	671
Hotel/motel bedroom	1.2	2.5	363	254	363	485	288	482
Office space	0.6	5.0	509	230	356	678	246	403
Auditorium	7.2	0.4	473	472	472	630	627	627
Lobby	10.8	0.3	727	727	727	969	969	969
Retail/Sales	1.4	2.2	909	673	848	1212	771	1052

* Time to achieve 95 % of steady-state CO₂ concentration relative to outdoors, i.e., three time constants

Space Type	CO ₂ concentration metric above outdoors (ppm _v)	Corresponding time (h after full occupancy)
Classroom (5 to 8 y)	450	2
Classroom (>9 y)	600	1
Lecture classroom	500	1
Lecture hall (fixed seats)	500	1
Restaurant dining room	600	1
Conference meeting room	500	1
Hotel/motel bedroom	350	6
Office space	350	2
Auditorium	500	1
Lobby	700	1
Retail/Sales	850	2

Table 5: Potential CO₂ concentration metrics based on 10 L/s of outdoor air per person

Case	Occupants	CO ₂	Average CO ₂
	(age in y, body mass in kg, physical	generation per	generation per
	activity in met)	person (L/s)	person (L/s)
Baseline family of 4			
Whole house	1 male (40, 85, 1.3);	0.0053	0.0046
	1 female (40, 75, 1.3);	0.0042	
	1 male (6, 23, 2);	0.0045	
	1 female (10, 40, 1.7)	0.0046	
Primary Bedroom	1 male (40, 85, 1);	0.0041	0.0036
•	1 female (40, 75, 1)	0.0032	
Child Bedrooms	1 male (6, 23, 1);	0.0023	0.0025
	1 female (10, 40, 1)	0.0027	
Additional occupants i	in larger family of 6		
Whole house	1 male (8, 32, 2);	0.0054	0.0046*
	1 female (4, 14, 2)	0.0034	
Primary Bedroom	No change		0.0036
Child Bedrooms	1 male (8, 32, 1);	0.0027	0.0023*
	1 female (4, 14, 1)	0.0017	
Smaller family of 2 (no	o children)	•	
Whole house	Only adults		0.0047
Primary Bedroom	Only adults		0.0036

Table 6: Occupancy assumptions for residential CO₂ calculations

* Average CO₂ generation rate accounts for all 6 occupants in whole house and all 4 children in child bedrooms.

	Ceiling height (m)	House floor area (m²)	Primary bedroom floor area (m ²)	Child bedrooms floor area (m ²)
Large House	2.74	250	30	20
Small house	2.44	100	20	15

Table 7: House and bedroom sizes for cases considered

	Outdo		Time to 95	CO ₂ Concentration above			
	ventil		% of		loors (ppn	nv)	
Case*	L/s per	h-1	steady-state	Steady-	1 h	<i>tmetric</i>	
	person		(h)	state		**	
Large House/Baseline family							
Whole house – 62.2	12.9	0.27	11.1	360	85	151	
Whole house -0.5 h^{-1}	23.8	0.50	6.0	195	77	123	
62.2/PBR/Perfect	12.9	1.13	2.7	282	191	282	
62.2/CBR/Perfect	12.9	0.85	3.5	193	110	191	
62.2/PBR/Uniform	3.1	0.27	11.1	1176	279	944	
62.2/CBR/Uniform	4.1	0.27	11.1	602	143	483	
0.5 h ⁻¹ /PBR/Perfect	23.8	2.08	1.4	153	134	153	
0.5 h ⁻¹ /CBR/Perfect	23.8	1.56	1.9	104	82	104	
0.5 h ⁻¹ /PBR/Uniform	5.7	0.50	6.0	637	251	605	
0.5 h ⁻¹ /CBR/Uniform	7.6	0.50	6.0	326	128	310	
10 L/s per person/PBR/Perfect	10.0	0.88	3.4	363	212	362	
10 L/s per person/CBR/Perfect	10.0	0.66	4.6	248	119	243	
Large House/Large family							
Whole house – 62.2	9.8	0.31	9.8	468	124	215	
Whole house -0.5 h^{-1}	15.9	0.50	6.0	288	113	182	
62.2/PBR/Perfect	9.8	0.85	3.5	373	214	371	
62.2/CBR/Perfect	9.8	0.64	4.7	240	114	235	
62.2/PBR/Uniform	3.5	0.31	9.8	1036	274	872	
62.2/ CBR/Uniform	4.7	0.31	9.8	500	132	421	
0.5 h ⁻¹ /PBR/Perfect	15.9	1.39	2.2	229	172	229	
0.5 h ⁻¹ /CBR/Perfect	15.9	1.04	2.9	148	96	147	
0.5 h ⁻¹ /PBR/Uniform	5.7	0.50	6.0	637	251	605	
$0.5 \text{ h}^{-1}/\text{CBR/Uniform}$	7.6	0.50	6.0	308	121	292	
10 L/s per person/PBR/Perfect	10.0	0.88	3.4	363	212	362	
10 L/s per person/CBR/Perfect	10.0	0.66	4.6	234	113	230	
Small House/Baseline family	10.0	0.00	1.0	254	115	250	
Whole house $- 62.2$	7.3	0.43	7.0	640	223	368	
Whole house -0.5 h^{-1}	8.5	0.43	6.0	548	225	346	
62.2/PBR/Perfect	7.3	1.07	2.8	501	329	501	
62.2/CBR/Perfect	7.3	0.71	4.2	342	174	337	
62.2/PBR/Uniform	2.9	0.43	7.0	1253	436	1157	
62.2/ CBR/Uniform	4.4	0.43	7.0	570	199	527	
0.5 h ⁻¹ /PBR/Perfect	8.5	1.25	2.4	429	306	429	
0.5 h ⁻¹ /CBR/Perfect	8.5	0.83	3.6	293	166	291	
					422	1019	
0.5 h ⁻¹ /PBR/Uniform	3.4	0.50	6.0	1073			
0.5 h ⁻¹ /CBR/Uniform	5.1	0.50	6.0	488	192	464	
10 L/s per person/PBR/Perfect	10.0	1.48	2.0	363	280	363	
10 L/s per person/CBR/Perfect	10.0	0.98	3.1	248	155	247	
Small House/Small family	11.0	0.22	0.2	420	110	205	
Whole house – 62.2	11.0	0.32	9.2	430	119	205	
Whole house -0.5 h^{-1}	16.9	0.50	6.0	279	110	176	
62.2/PBR/Perfect	11.0	1.62	1.8	330	265	330	
62.2/PBR/Uniform	2.2	0.32	9.2	1652	458	1417	
0.5 h ⁻¹ /PBR/Perfect	16.9	2.50	1.2	215	197	215	
0.5 h ⁻¹ /PBR/Uniform	3.4	0.50	6.0	1073	422	1019	
10 L/s per person/PBR/Perfect	10.0	1.45	2.0	363	280	363	

Table 8: Ventilation rates and calculated CO₂ concentrations for the residential cases

* PBR and CBR stand for Primary bedroom and Child bedroom, respectively. ** t_{metric} equals 2 h for the whole house and 6 h for the bedrooms.

SUPPLEMENTARY INFORMATION

ic 51.1. Calculated CO ₂ conten				CO ₂ Concentration above			
	Outdoo		Time to				
	ventila		95 % of		loors (ppn	nv)	
Case*	L/s per	h-1	steady-	Steady-	1 h	t _{metric} **	
I II /D II 6 'I	person		state (h)	state		**	
Large House/Baseline family	0.7	0.00	14.0	404	0.0	1.60	
Whole house – 62.2	9.7	0.20	14.8	481	88	160	
Whole house -0.5 h^{-1}	17.8	0.38	8.0	260	81	137	
62.2/PBR/Perfect	9.7	0.85	3.5	376	215	374	
62.2/CBR/Perfect	9.7	0.63	4.7	257	121	251	
62.2/PBR/Uniform	2.3	0.20	14.8	1568	288	1104	
62.2/CBR/Uniform	3.1	0.20	14.8	803	147	565	
0.5 h ⁻¹ /PBR/Perfect	17.8	1.56	1.9	204	161	204	
0.5 h ⁻¹ /CBR/Perfect	17.8	1.17	2.6	139	96	139	
0.5 h ⁻¹ /PBR/Uniform	4.3	0.38	8.0	849	265	760	
0.5 h ⁻¹ / CBR/Uniform	5.7	0.38	8.0	435	136	389	
10 L/s per person/PBR/Perfect	7.5	0.66	4.6	485	233	475	
10 L/s per person/CBR/Perfect	7.5	0.49	6.1	331	129	314	
Large House/Large family							
Whole house – 62.2	7.3	0.23	13.0	624	129	231	
Whole house -0.5 h^{-1}	11.9	0.38	8.0	384	120	202	
62.2/ PBR/Perfect	7.3	0.64	4.7	497	235	486	
62.2/ CBR/Perfect	7.3	0.48	6.2	320	122	302	
62.2/PBR/Uniform	2.6	0.23	13.0	1381	284	1035	
62.2/CBR/Uniform	3.5	0.23	13.0	667	137	500	
0.5 h ⁻¹ /PBR/Perfect	11.9	1.04	2.9	306	198	305	
0.5 h ⁻¹ /CBR/Perfect	11.9	0.78	3.8	197	107	195	
0.5 h ⁻¹ /PBR/Uniform	4.3	0.38	8.0	849	265	760	
0.5 h ⁻¹ / CBR/Uniform	5.7	0.38	8.0	410	128	367	
10 L/s per person/PBR/Perfect	7.5	0.66	4.6	485	233	475	
10 L/s per person/CBR/Perfect	7.5	0.00	6.1	312	121	296	
Small House/Baseline family	1.5	0.77	0.1	512	121	270	
Whole house – 62.2	4.5	0.32	9.9	853	234	404	
Whole house -0.5 h^{-1}	6.4	0.32	8.0	730	234	385	
62.2/ PBR/Perfect	5.4	0.38	3.7	668	369	663	
62.2/ CBR/Perfect	5.4	0.80	5.6	456	189	438	
62.2/CBR/Perfect 62.2/PBR/Uniform	2.2		<u> </u>		459	438	
62.2/PBR/Uniform 62.2/ CBR/Uniform	3.3	0.32	9.3	1671	209	<u>1427</u> 650	
				760			
0.5 h ⁻¹ /PBR/Perfect	6.4	0.94	3.2	572	348	570	
0.5 h ⁻¹ /CBR/Perfect	6.4	0.63	4.8	390	181	381	
0.5 h ⁻¹ /PBR/Uniform	2.5	0.38	8.0	1430	447	1279	
0.5 h ⁻¹ / CBR/Uniform	3.8	0.38	8.0	651	203	582	
10 L/s per person/PBR/Perfect	7.5	1.11	2.7	485	324	484	
10 L/s per person/CBR/Perfect	7.5	0.74	4.1	331	173	327	
Small House/Small family		0.5.1			10.1		
Whole house – 62.2	8.3	0.24	12.3	573	124	221	
Whole house -0.5 h^{-1}	12.7	0.38	8.0	372	116	196	
62.2/ PBR/Perfect	8.3	1.22	2.5	441	310	440	
62.2/PBR/Uniform	1.7	0.24	12.3	2203	476	1692	
0.5 h ⁻¹ /PBR/Perfect	12.7	1.88	1.6	286	242	286	
0.5 h ⁻¹ /PBR/Uniform	2.5	0.38	8.0	1430	447	1279	
10 L/s per person/PBR/Perfect	7.5	1.11	2.7	485	324	484	

Table SI.1: Calculated CO₂ concentrations for residential cases with 25 % ventilation rate reduction

* PBR and CBR stand for Primary bedroom and Child bedroom, respectively. ** t_{metric} equals 2 h for the whole house and 6 h for the bedrooms.