Scalable microresonators for room-temperature detection of electron spin resonance from dilute, sub-nanoliter volume solids Nandita Abhyankar^{1,2*}, Amit Agrawal^{1,2}, Pragya Shrestha^{2,3}, Russell Maier², Robert D. McMichael², Jason Campbell², Veronika Szalai^{2*}

 ¹Institute for Research in Electronics and Applied Physics, University of Maryland, College Park, MD 20742, USA
 ²National Institute of Standards and Technology, Gaithersburg, MD 20899, USA
 ³Theiss Research, La Jolla, CA 92037, USA
 *veronika.szalai@nist.gov, *nandita.abhyankar@nist.gov

13 **Teaser:** Toroidal metamaterials make tiny, better-ringing bells for microwaves.

14 Abstract

15 We report a microresonator platform that allows room temperature detection of electron spins in 16 volumes on the order of 100 pl, and demonstrate its utility to study low levels of dopants in 17 perovskite oxides. We exploit the toroidal moment in a planar anapole, using a single unit of an 18 anapole metamaterial architecture to produce a microwave resonance exhibiting a spatially 19 confined magnetic field hotspot and simultaneously high quality-factor (Q-factor). To demonstrate 20 the broad implementability of this design and its scalability to higher frequencies, we deploy the 21 microresonators in a commercial electron paramagnetic resonance (EPR) spectrometer operating 22 at 10 GHz and a NIST-built EPR spectrometer operating at 35 GHz. We report continuous-wave (CW) EPR spectra for various samples, including a dilute Mn²⁺-doped perovskite oxide, CaTiO₃, 23 24 and a transition metal complex, $CuCl_2.2H_2O$. The anapole microresonator presented here is 25 expected to enable multifrequency EPR characterization of dopants and defects in perovskite oxide 26 microcrystals and other volume-limited materials of technological importance.

27 Introduction

28 Spin detection in volume-limited samples has applications in fields ranging from solid-state 29 physics to structural biology (1-4). Magnetic resonance spectroscopies based on inductive 30 detection are powerful and versatile techniques that can provide atomic-level structural and 31 functional information for a wide range of samples under broadly variable conditions. However, 32 conventional instrumentation is not sensitive enough to detect a large fraction of relevant volume-33 limited samples (<10 pl), which are often dilute doped samples with broad lines and concentrations <1 mole percent (mol %), resulting in fewer than 10^8 spins per picoliter. For example, electron 34 35 paramagnetic resonance (EPR) spectroscopy is a widely used technique to characterize atomic 36 environments of dopants and defects in technologically relevant materials, which are often studied 37 in their polycrystalline form because of the difficulty of growing single crystals. Single crystallites 38 of perovskite oxides typically have micro- to nanoscale dimensions and volumes ranging from 39 pico- to nanoliters (5). The perovskite complex oxide has a crystal structure that, due to its 40 chemical tunability, is suited for a wide variety of technical and multifunctional applications (6). 41 Depending on a number of crystal chemistry considerations that include but are not limited to 42 stoichiometry, layering, cation ordering, and defect chemistry, the material can be designed for 43 piezoelectric, insulating, catalytic, superconducting, and capacitive uses (7–10). Simple perovskite 44 chemistries like SrTiO₃ or CaTiO₃ have limited use in commercial applications; however, these 45 compositions serve as important model systems in which a multitude of fundamental studies are 46 conducted (11–13). The study of point defects in these model systems helps facilitate metrology 47 of defect chemistry in a broad range of technical ceramics.

The defect chemistry of a material can have a controlling effect on its resulting functional
properties (14). The use of single crystals in EPR spectroscopy can yield orientational dependences

50 of spin Hamiltonian parameters, allowing characterization of the substitutional properties of 51 dopants (15). Rigorous characterization of the site of substitution, valence state, and nature of 52 defect complex formation is necessary to explain the effect of a dopant ion on the resulting physical 53 properties of a material (16-19). Critical information about anisotropies is masked by the 54 superposition of EPR spectra from a distribution of orientations in polycrystalline materials. 55 Despite the clear advantage of studying single crystals, sufficiently large (several microliters for 56 conventional resonators) single crystals of dilute doped oxides are difficult to synthesize. Typical 57 crystallite volumes are smaller than 1 pl, often approaching only 1 fl (5). To conduct routine 58 inductive-detection EPR spectroscopy on single microcrystals of dilute doped oxides with sub-59 nanoliter volumes, it is necessary to develop resonators that have active volumes approaching 1 60 pl. These resonators must couple easily to microwave feedlines and must be scalable to higher 61 frequencies. It is also advantageous if they can be deployed in various spectrometers without the 62 need for customized hardware. We note that alternate spin detection techniques can provide 63 ultrahigh sensitivities; for example, pulsed electrically detected magnetic resonance (20) can 64 provide detection limits of a few hundred spins, while optically detected magnetic resonance (21) 65 and magnetic resonance force microscopy (22, 23) can provide sensitivities down to the single-66 spin limit. However, these methods cannot provide the same depth of spectroscopic information provided by inductive-detection EPR spectroscopy. Sensitivities down to 1000 spins/ $\sqrt{1000}$ Hz have 67 68 been reported for inductive detection using superconducting microresonators (4). However, these 69 devices also require highly restrictive experimental conditions, including cryogenic temperatures, 70 low magnetic fields, and exotic detection circuitry such as Josephson parametric amplifiers. Given 71 that existing instrumentation in many laboratories relies on spectrometers built to measure spins 72 using inductive detection, increasing the sensitivity of inductive detection for a broad range of 73 experimental conditions extends the power of magnetic resonance spectroscopies to nanoscale 74 samples. Here, we report a novel microresonator design for EPR spectroscopy, which uses a single 75 unit of a planar anapole metamaterial architecture exhibiting toroidal moment to increase the 76 quality-factor (Q-factor) while simultaneously confining the spatial extent of the electromagnetic 77 field (Fig. 1) (24). We exploit the duality of electric and magnetic fields—predicted by Babinet's 78 principle—to design an inverse architecture that efficiently confines microwave magnetic fields 79 within a picoliter-scale volume at the center of the resonator (25–27). Babinet's principle has been 80 previously used in the design of complementary pairs of resonant structures in which the 81 "inverted" counterpart shows complementary magnetic/electric near-field distributions compared 82 to the original structure. We provide experimental verification of the active volume of these 83 "planar inverse anapole" microresonators, which simultaneously exhibit high Q-factors and have 84 a geometry that allows easy coupling to an external microwave feedline. We have deployed these 85 microresonators in a Bruker E580 EPR spectrometer operating at 10 GHz and a National Institute 86 of Standards and Technology (NIST)-built EPR spectrometer operating at 35 GHz to obtain room 87 temperature continuous-wave (CW) EPR spectra of various materials, including a dilute (< 0.05 mol %) Mn^{2+} -doped sample of CaTiO₃ and a transition metal complex, CuCl₂.2H₂O. 88

Compared to conventional cavities, miniaturized active volumes offer a path toward improved detection limits. Nonresonant scanning probes and microresonators have been designed and demonstrated as planar metallic structures patterned on dielectric substrates (4, 28–35). These structures can be readily fabricated using standard photolithographic techniques, yielding nanoliter active volumes in micrometer-scale resonators. The effect of this miniaturization on sensitivity can be explained in terms of two main resonator characteristics: the filling factor and the quality factor (Q-factor) (30, 33, 36–38). The filling factor can be roughly described as the fraction of the active 96 volume of the resonator to the volume occupied by the sample (see the "Sensitivity Analysis" 97 section in the Supplementary Materials for a quantitative description of filling factor, Q-factor, 98 and signal gain as a function of filling factor and Q-factor). When the active volume becomes 99 comparable to the sample volume, there is a gain of several orders of magnitude in the filling factor 100 (compared to conventional cavity resonators) and a corresponding gain in absolute sensitivity.

101 On the other hand, miniaturization typically deteriorates the Q-factor, which is a measure of how 102 well the resonator retains the energy coupled from the microwave source. Compared to cavity 103 resonators, power losses are higher in open resonant structures such as loop-gap resonators and 104 microstrip-based structures (39, 40). The lossy nature of microresonators increases the difficulty 105 of coupling with a microwave source such as a microstrip. In addition, the size mismatch between 106 microresonators and microstrips results in further inefficiency of coupling. Thus, a decrease in Q-107 factor deteriorates both absolute sensitivity and concentration sensitivity. To increase the Q-factor, 108 power losses must be decreased (Fig. 1C). The Q-factor is dependent on the combination of three 109 types of losses: dielectric losses from the substrate, conductive losses from the metal, and radiative 110 losses from the microstrip structure. Dielectric power loss is inversely proportional to the loss 111 tangent of the substrate (41) and can be decreased using a low-loss dielectric substrate (32, 33). 112 Resistive power loss can be decreased by operating at lower temperatures, which is a commonly 113 adopted strategy to increase Q-factors of small-volume planar resonators (4, 34, 35). Here, we 114 minimize radiative loss to increase the Q-factor of microresonators at room temperature while 115 confining the microwave excitation field within a volume on the order of 100 pl or smaller. It 116 should be noted that radiation shields can be used to decrease radiative losses from open resonant 117 structures. This approach can provide Q-factor improvements of up to 50% (42-44). In 118 comparison, the microresonator design reported here decreases radiation losses intrinsic to the

resonator, improving the Q-factor by an order of magnitude compared to microresonators reported previously. Using this approach, we report an upper spin detection limit of $(7 \pm 2 \times 108)/\text{mTV}_{-}$ Hz in a volume of approximately 100 pl at room temperature. The sensitivity gains at lower





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124 Fig. 1. Overview of planar inverse anapole microresonators. (A) Schematic of the planar inverse 125 anapole resonator composed of a dielectric substrate whose top surface is coated with a gold film. 126 The red highlighted region is the active region of the microresonator, where the microwave magnetic field is concentrated around the central bridge. (B) Two designs of the central bridge. 127 (C) Types of power losses occurring from planar microresonators (described in text below). (D) 128 129 Schematic of currents (red arrows) and dipoles in the microstrip-microresonator device. The 130 zoomed region shows the bridge, where B1 is concentrated. Red arrows indicate the directions of 131 currents flowing through and adjacent to the central bridge. Current through the bridge results in 132 a magnetic dipole in/out of the resonator plane (green arrow). The currents flowing through the 133 etched metallic region adjacent to the bridge result in a degenerate toroidal moment, also directed in/out of the plane (yellow arrows). (E) Schematic of the microresonator coupled to the 134 135 electromagnetic (E/M) fields radiating from the central conductor of the microstrip.

136 The reduction in radiation losses, resulting in high Q-factors of anapole resonators, is due to

- 137 diminished far-field radiation because of destructive interference between toroidal and electrical
- 138 dipole moments (24, 45–49). Arrays of such resonators with toroidal moments can produce Q-
- 139 factors as high as 105 (24). This approach cannot be directly applied to resonators for EPR

140 spectroscopy because of the following additional considerations: (i) For sensitive measurements 141 of the reflected power, the resonator must be critically coupled to a microwave source; (ii) there 142 must be a sample volume where the microwave magnetic field B_1 is perpendicular to the static 143 magnetic field B0 (for perpendicular mode measurements); and (iii) the microwave electric field 144 must be minimized in the active volume to avoid dielectric losses from lossy samples such as 145 aqueous solutions. With these considerations in mind, our design uses a complementary or inverse 146 anapole structure. Previously investigated anapole resonators typically feature mostly bare 147 substrates with regions of patterned metals and microscale gaps where the electric field is 148 concentrated. In contrast, we exploited the duality of electric and magnetic fields to design an 149 inverse, mostly metallized structure with a central bridging strip that supports a magnetic field 150 "hotspot" at the center of the resonator (Fig. 1A). We have simulated both anapole and inverse 151 anapole resonators to verify their complementarity (see fig. S1). In the case of a regular anapole 152 design (as reported by Basharin et al., for example), (24) the electric dipole is formed in the central 153 gap in the split ring, and the resulting circulating magnetic field (in the air gaps) generates the 154 toroidal moment that is anti-parallel to the electric dipole. In the complementary or inverse 155 architecture, an in/ out-of-plane magnetic dipole forms around the top and bottom of the central 156 metal notch (the short). On the other hand, the electrical field-driven circulating currents around 157 the etched parts result in a net toroidal moment that is also in/out of plane—anti-parallel and 158 degenerate with the magnetic dipole. A simplified picture of the current flow on the resonator 159 surface is shown in Fig. 1D. The current distribution in the microstrip-microresonator device is 160 more complicated (see fig. S2). In the ideal inverted structure, the metal plane should be infinite, 161 while in the resonator, it is truncated at the edges. We conducted simulations to test the effect of 162 this truncation on the inverse anapole mode (see table S1). Increasing the outer length of the metal

rectangle from 12 to 15 mm changes the resonant frequency and loss factor (imaginary component of eigenmode) by less than 10%. We surmise that the structure approximates an ideal inverted structure for two reasons: (i) Fringing fields from the microstrip extend for a length much smaller than the length of the microresonator (see fig. S3), and (ii) the outer length of the metal layer is much larger than the coupling structure (the capacitive gaps) and the central bridge.

168 This structure was fabricated on a low-loss dielectric [either lanthanum aluminate (LAO) or 169 lanthanum strontium titanate (LSAT)] to minimize dielectric losses from the resonator (32, 33). 170 The dielectric permittivities of LAO and LSAT vary in the ranges of 23.6 to 24.0 and 22.7 to 22.9, 171 respectively, in the temperature range of 2 to 300 K (50, 51). In this temperature range, the loss tangents of LAO and LSAT vary in the ranges of 1×10^{-6} to 2×10^{-5} and 1×10^{-4} to 6×10^{-4} , 172 173 respectively. Finite element simulations indicate that the variation in dielectric permittivity is 174 expected to result in a variation of < 0.5 GHz in the resonance frequency of the device, shifting it 175 from 9.7 to 9.3 GHz. The observed frequency varies in the range of 9.2 to 9.8 GHz, depending on 176 the x position of the microresonator on the microstrip so that the decrease in frequency caused by 177 low temperature may be compensated for by changing the position of the microresonator on the 178 microstrip.

We made microresonators with two types of bridges (Fig. 1B): in design I, the bridge is cinched at the center to obtain a smaller active surface, and in design II, the bridge is a straight line that results in a large active surface. Smaller active volumes and active heights are advantageous for samples such as microcrystals or thin films, in which it is desirable to restrict the microwave power to the epitaxial film so that it can be selectively probed without interference from the substrate. Here, we report the use of design I for demonstration at 10 GHz and design II at 35 GHz. This choice was arbitrary because either design can be applied at either frequency. We merely wanted

186 to demonstrate the functionality of both designs. Lack of scalability to higher frequencies is one 187 of the challenges in microresonator design. Higher-frequency EPR studies can provide greater 188 sensitivity and resolution, potentially providing spectral information not available at lower 189 frequencies. In addition, multifrequency EPR can be used to separate field-dependent and field-190 independent components of the EPR spectrum. However, most reported microresonator designs, 191 such as those based on loop-gap architectures, become impractically small at higher frequencies. 192 In contrast, the large overall size of the planar inverse anapole resonator enables scaling to higher 193 frequencies without sacrificing the active volume or ease of coupling to a microwave source. Thus, 194 this design overcomes the challenges of ring or loop-gap microresonators, which become difficult 195 to fabricate and to couple to microwave sources owing to progressively small radii with increasing 196 frequency. The scalability of the anapole architecture can enable high-frequency EPR studies for 197 volume-limited samples. In both bridge designs, the microwave magnetic field B1 is concentrated 198 in a small volume around the central bridge and is directed perpendicular to the flow of current 199 (zoom inset in Fig. 1D). Below, we show that the experimental Q-factors for these structures are 200 in the approximate range of 250 to 350 at both 10 and 35 GHz. Important advantages of this design 201 include active volumes smaller than 100 pl, ease of coupling to a microwave feedline, and 202 scalability to higher frequencies. Last, we demonstrate that these devices can be integrated into 203 existing EPR spectrometers for wide implementability.

204 **Results and Discussion**

All resonators were fabricated by patterning gold films of thickness 500 nm on either LAO or LSAT substrates (dielectric constants ranging from 22 to 25) with thicknesses of 500 μ m. The complete fabrication protocol is provided in Materials and Methods. Simulations of field distributions of the devices were conducted using the commercial finite element analysis software 209 COMSOL. The complete finite element model of the planar inverse anapole resonator with 210 dimensions is shown in fig. S4. Figure S5 provides dimensions of features of the metallized layer.



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212 Fig. 2. A 10-GHz device and finite element simulation of active volume. (A) Top view of a 213 microresonator-microstrip device with an experimental resonant frequency of 9.7 GHz. Scale bar, 214 5 mm. The zoomed region in the panel on the right shows the microresonator chip. The red outline 215 at the center of the right panel encloses the active region of the resonator (photo credit: Nandita 216 Abhyankar, NIST). (B) The left panel shows a zoomed-in optical micrograph of the active region 217 (design I) of the microresonator. Scale bar, 10 µm. The panels to the right of the optical micrograph 218 show simulated distributions of perpendicular $(B_{1\perp})$ and tangential $(B_{1\parallel})$ components of the 219 microwave magnetic field B1 in the x-y plane, showing the central $B_{1\perp}$ hotspot. (C to E) 220 Normalized absolute values of simulated $B_{1\perp 2}$ (solid lines) and $B_{1\parallel 2}$ (dashed lines) along the x, y, 221 and z coordinates. The black dotted lines in the insets are the cut lines along which the field is 222 plotted (z is perpendicular to the plane of the resonator). An input voltage of 1 V and impedance 223 of 50 ohms was set in the finite element simulations, resulting in an input power of 20 mW.

consisting of the planar inverse anapole microresonator coupled to a microstrip (which is further connected to the microwave bridge via a coaxial cable, not shown in the figure). The resonator was designed to exhibit a high-Q anapole mode at 10 GHz. The left panel of Fig. 2B shows a micrograph of the active region of the microresonator based on design I, while the right panel shows finite element simulations of the distribution of the perpendicular (B_{14}) and tangential (B_{14})

Simulation and experimental verification of the active volume Figure 2A shows a device

components of the microwave magnetic field in the active region. $B_{1\perp}$ is the sum of components of B_1 that are perpendicular to the static magnetic field B0. Here, $B_{1\perp}$ is designated as the absolute value of $\sqrt{(B_{1x}^2 + B_{1z}^2)}$, with B_0 applied along the *y* axis. Thus, $\sqrt{B_{1y}^2}$ is the absolute value of the tangential component of the microwave magnetic field. The EPR signal is directly proportional to $B_{1\perp}^2$. Figure S6 shows that the electric field is concentrated at the edges of the capacitive gaps and is well separated from the active region at the center of the resonator. This separation of electric and magnetic fields is particularly advantageous for samples with high dielectric losses.

237 The patterned gold film converges on the small central bridge of design I, with an area of approximately (5 × 5) μ m². Figure 2 (C to E) shows plots of the simulated B₁ μ ² and B₁ μ ² in the x, 238 y, and z directions, respectively, normalized to the highest value of $B_{1\perp}^2$. The dotted lines in the 239 insets are the cut lines along which $B_{1\perp}^2$ and $B_{1\parallel}^2$ are plotted. They were chosen to cut through the 240 region of strongest B1 in the plane of the resonator. These distributions indicate that $B_{1\perp}^2$ drops by 241 80% from its maximum value outside a volume of (15 µm by 20 µm by 5 µm) around the central 242 bridge, i.e., approximately 1500 μ m³ or 1.5 pl. The dimension in the z direction is halved because 243 244 only the volume above the resonator surface is available for sample placement. The tangential component of B_1^2 , i.e., B_{111}^2 , is also plotted in Fig. 2 (C to E) and comprises less than 5% of the 245 total B_1^2 . Table 1 shows the calculated mode volumes for the two different bridge designs at two 246 247 different frequencies. In Fig. 3 below, we show that mode volumes are not an accurate 248 representation of the volume responsible for most of the signal in an open resonant structure such 249 as a microstrip resonator. The calculated mode volumes are much higher than the estimated active 250 volume, and we show in Fig. 3 that most of the signal does originate from a much smaller active 251 volume at the center of the microresonator.



254 Fig. 3. Experimental demonstration of active volume for 10-GHz microresonator. (A) Optical micrograph of a 10-GHz microresonator with the active region based on design I. (B and C) Optical 255 256 micrographs of a BDPA-benzene crystal (approximately 50 µm by 90 µm by 15 µm) placed over 257 the active surface (B) and $7 \pm 3 \mu m$ away from the active surface (C). Scale bars in (A) to (C) and 258 (G) represent 10 µm, and the width of the central bridge is 5 µm. (D) Comparison of EPR spectra 259 obtained from (B) and (C) at approximately 20-uW applied power and normalized to the maximum 260 signal intensity obtained from (B). (E) Comparison of power saturation curves, i.e., plots of double-integrated (DI) signal intensity versus square root of power in positions (B) and (C) (a.u., 261 arbitrary units). The maximum power output of the Bruker bridge is 158 mW. The error bars 262 263 represent a single SD in double-integrated area due to random noise of the EPR spectrum. (F) 264 Ratio of double-integrated signal intensities in positions (B) and (C) as a function of attenuation. (G) Simulation of loss of signal in sample excluding the active volume (hole) of $60 \times 60 \times 15 \,\mu\text{m}^3$, 265 266 when compared to volume including active volume. (H) Normalized volume-integrals of $B_{1\perp}^2$ as

a function of selected sample volume. As the sample radiates outwards from the central bridge, itsweighted contribution to the signal decreases.

269 The trends in simulations of field distributions were verified by simulating and observing the loss 270 in signal when a sample is moved away from the active region (Fig. 3). A single crystal of the α,γ -271 bisdiphenylene- β -phenylallyl (BDPA)-benzene complex was placed on the B₁ hotspot and then 272 moved away by a small increment along the x axis. The crystal had a volume of about 70 pl and 273 covered an area much larger than the active area of the resonator. Figure 3A shows the active 274 region of the microresonator surface with no sample on it. Figure 3 (B and C) shows the sample at 275 two different positions separated in x by $7 \pm 3 \mu m$. The BDPA-benzene crystal was chosen because 276 it has a strong and narrow signal that is easy to quantify. On the basis of the large extent of the 277 BDPA-benzene microcrystal compared to the size of the active region, the reduction in signal 278 intensity going from Fig. 3B to Fig. 3C is attributed solely to the change in amount of sample 279 occupying the resonator active volume. In Fig. 3B, the entire active volume is occupied by the 280 BDPA-benzene crystal. Moving the crystal $7 \pm 3 \mu m$ away from the active region causes the signal 281 intensity to decrease by 75%, as seen from the CW EPR spectra in Fig. 3D. Because the y and z 282 dimensions are also much larger than the simulated dimensions of the active volume, this reduction 283 in signal intensity can be used to directly estimate the active range along the x axis. Assuming an 284 equal range on both sides of the active surface, the active range along the x axis is estimated to be 285 20 µm, which is comparable to the active range indicated by Fig. 2C. Figure 3E shows the 286 powersaturation curves with the BDPA-benzene single crystal in positions Fig. 3B and Fig. 3C. 287 Figure 3F shows that the ratio of double-integrated signals from Fig. 3B and Fig. 3C reaches a 288 constant value upon saturation. These results suggest that even if a large sample is placed on the 289 hotspot, most of the signal originates from a small volume around the central bridge. To estimate 290 the volume responsible for a majority of the signal from a large sample, we used finite element

simulations to obtain the integral of B_1^2 over a large sample, and over smaller sub-volumes at the 291 292 center of the sample. The field inhomogeneity in planar microresonators makes it difficult to 293 estimate their active volume. For example, Fig. 3H shows that a volume of approximately 2 pl around the central bridge shown in Fig. 3A accounts for 20% of the total integrated $B_{1\perp}^2$ over a 294 large sample. A volume of approximately 25 pl accounts for 55% of the integrated $B_{1\perp}^2$ while a 295 volume of approximately 50 pl accounts for 65% of the total integrated $B_{1\perp}^2$ over a large sample. 296 297 This weighted distribution of B112 is graphically represented in Fig. 3G. The mode volumes 298 calculated in Table 1 are much higher than the "active volume" of approximately 50 to 100 pl 299 estimated from Fig. 3G. This discrepancy can be explained by taking into account the high B₁ 300 inhomogeneity and diffuse nature of B₁ distribution on the resonator surface.

301 Figure 3E shows the power saturation curves of the BDPA-benzene single crystal placed at 302 positions shown in Fig. 3B and Fig. 3C. The error bars represent a single SD in double-integrated 303 area, due to random noise of the EPR spectrum. Crystalline BDPA saturates at a B1 value of 0.03 mT [based on (52) and assuming a conversion factor of approximately 0.1 mT/ \sqrt{W} for a 304 305 rectangular cavity with a Q-factor of approximately 3000]. The power saturation curves were fit 306 to an asymptotic growth function, and the saturation power was defined as that at which the 307 saturation curve deviates from linearity (see fig. S7A). By this analysis, the power-to-field 308 conversion efficiency for the microresonator-microstrip device (Fig. 4) used in Figs. 2 and 3 was found to be $(3 \pm 0.5) \text{ mT}/\sqrt{W}$. The error represents a single SD due to uncertainty in the power 309 310 corresponding to saturation. The simulated value of the conversion efficiency, based on the highest value of B_{1⊥} in the model, is $(3 \pm 0.4) \text{ mT}/\sqrt{W}$ (see Table 1). These values appear to be low for 311 312 the active volume in consideration and are comparable at 10 and 35 GHz. The conversion 313 efficiency is calculated for the entire microstrip-microresonator device on the basis of the nominal

314 output power of the bridge. In reality, only a small fraction of this power is ultimately coupled into 315 the microresonator. Second, while the active volume is on the order of 50 to 100 pl, it is much 316 smaller than the outer dimensions of the resonator. Thus, a decrease in overall size of the resonator 317 is not expected to have a substantial effect on the filling factor or conversion efficiency. While 318 there appears to be a reasonable correspondence between the experimental and simulated 319 conversion efficiencies of the microstrip-microresonator devices, there are many parameters that 320 affect the coupling between the microresonator and microstrip and hence can be used to tune the 321 conversion efficiency. These are discussed in the next section. This experimental conversion efficiency does not account for the $B_{1\perp}$ inhomogeneity in the active region, which can be 322 323 disadvantageous for pulse measurements. An estimate of the B1 homogeneity can be obtained from 324 the power saturation curve using equation 7 from (53). This analysis of the power saturation data 325 in Fig. 3 resulted in a value of $\mathcal{E} = 0.5 \pm 0.1$, indicating highly inhomogeneous saturation. The fit 326 is presented in fig. S7B.





329 Fig. 4. Microresonator-microstrip coupling. (A) A 10-GHz microresonatormicrostrip device that 330 replaces the resonator in a Bruker E580 EPR spectrometer. Scale bar, 5 mm. (B) Cartoon 331 representation of the device, showing the position parameters that can be used to control coupling. 332 The blue double-headed arrow indicates the y-offset of the resonator center from the central 333 conductor of the microstrip. (C) Photographs show the microresonator position in the uncoupled 334 and critically coupled states (dashed blue lines are visual aids to demarcate the tops of the 335 microstrip and capacitive gap of the microresonator). Both scale bars represent 0.5 mm. The red 336 and black lines are the plots of reflected power versus frequency for the uncoupled state and 337 critically coupled state, respectively, after background subtraction. (D) Simulated (blue) and experimental (red, black) CW EPR spectra of 0.05 mol % Mn²⁺-doped CaTiO₃. The sharp black 338 line at the center is the signal from the BDPA microcrystal used for modulation coil calibration. 339 340 The BDPA signal has been adjusted to make it visually comparable to the Mn²⁺ signal. The experimental spectrum was obtained using the coupled microresonatormicrostrip device from (C). 341 The inset optical micrograph shows the single microparticle placed over the microresonator. The 342 343 dashed yellow lines are visual aids showing the edges of the microresonator below the sample. 344 The SNR of the component highlighted in the dashed box was used for sensitivity calculations, as 345 explained in the text (photo credits: Nandita Abhyankar, NIST).

346 **Coupling and tuning** An advantage of the planar inverse anapole resonator is that its overall large 347 size allows easy coupling to an external microwave feedline. Figure 4A shows a microresonator-348 microstrip device operating at 9.75 GHz. The microresonator is adhered to a commercial RO4003 349 microstrip using a small amount of silicone grease. The position of the microresonator relative to 350 the central conductor of the microstrip is defined in terms of three parameters: x (distance along 351 the central conductor of the microstrip), y (vertical offset from the central conductor), and θ (angle 352 between the central conductor and capacitive gaps of the microresonator). The parameters y and θ 353 can be used to control the coupling between the microstrip and the microresonator (Fig. 4B). The 354 photographs in Fig. 4C show the relative positions of the microresonator with respect to the 355 microstrip in the critically coupled and uncoupled states. Also shown are the experimental plots of 356 the reflection coefficient (S11) versus frequency in the critically coupled and uncoupled states, 357 showing a resonance frequency of 9.75 GHz for the critically coupled device. The linewidth at 3 358 dB below the baseline is typically used as an estimate of the O-factor. Therefore, it is important to 359 establish the baseline by comparing S11 profiles of the coupled and uncoupled devices. Using 360 these data, the experimental Q-factor is estimated to be 250 ± 50 at room temperature. The error 361 is a single SD due to variability in coupling of the microresonator and microstrip. Because we have 362 used low-loss dielectric substrates such as those used in previous reports (33), we attribute this 363 improvement in Q-factor at room temperature to the diminished radiation losses provided by the 364 inverse anapole mode. This improvement is obtained while confining B1 to a volume on the order 365 of 100 pl. Basharin et al. (24) report Q-factors in the range of 104 to 105 for arrays of coupled 366 resonators in the metamaterial. However, the microresonator in the present report is a unit of the 367 metamaterial array and therefore intrinsically has a lower Q-factor compared to an array. Second, 368 the thin metal layer deposited on a dielectric substrate results in additional losses compared to

369 purely metallic arrays. These factors combine to yield Q-factors that are much smaller than those 370 observed by Basharin et al. (24). We observed that the resonant frequency of the microresonator-371 microstrip device can be varied simply by changing the position of the microresonator on the 372 microstrip (fig. S8). This method provides a tunability of approximately 500 MHz at both 10 and 373 35 GHz. Because of the complex structure of the device, a model of the coupling between 374 microresonator and microstrip is beyond the scope of this paper. Figures S8 and S9 provide a 375 detailed phenomenological description of the dependence of device frequency and coupling on x, 376 v, and θ .

377 Testing microresonator sensitivity at room temperature We tested the sensitivity of the planar inverse anapole microresonator by obtaining EPR spectra of a dilute (0.05 mol %) Mn²⁺-doped 378 379 sample of CaTiO₃ (inset of Fig. 4D), using the critically coupled device with a resonance frequency 380 of 9.75 GHz. A crystal of BDPA-benzene complex was used to calibrate modulation coil settings 381 in the Bruker EPR software Xepr. Currently, single-crystal data for dilute perovskite oxide single 382 crystals are difficult to obtain because (i) the commercial availability of doped single crystals is 383 limited, (ii) a high amount of expertise is required to grow single-crystal perovskites, (iii) high-384 quality single crystals grown from conventional melt processes exhibit defect inhomogeneities, 385 and (iv) nonconventional growth techniques result in crystallite volumes that are typically smaller 386 than 1 pl and often closer to 1 fl (54). Therefore, in conventional EPR spectrometers, novel 387 perovskite chemistries can only be measured in their polycrystalline form, usually as compressed 388 pellets consisting of thousands of microparticles, with a total volume of several microliters. To test 389 the upper limit of detection of the microresonator, we picked out a microparticle with a total 390 volume of approximately 5 nl (Fig. 4D). The finite element simulations detailed in Fig. 3 suggest 391 that only 50 ± 20 pl of this large volume is probed by the microresonator. We use this simulated

392 "active volume" to estimate the upper limit of detection, although further corroboration is required 393 using a smaller crystal with a volume approaching 1 pl. We anticipate that further refinements in 394 the detection circuitry will allow us to increase the power incident on the microresonator, resulting 395 in proportionate improvements in volume-sensitivity. To estimate the sensitivity, we chose the 396 signal enclosed in the dashed outline in Fig. 4D because it is clearly identifiable and its linewidth 397 and peak-to-peak signal intensity can be determined with reasonable certainty. The data shown in 398 Fig. 4D were obtained with a power output of 158 mW from the Bruker bridge. As noted in the 399 discussion of conversion efficiency above, the actual power incident on the microresonator is a 400 small fraction of the power entering the microstrip. The total spin density for this sample is approximately 9×10^{18} /ml [sample "0.05Mn" from (55)]. Therefore, the total number of Mn²⁺ 401 spins in the active volume of 50 ± 20 pl is approximately 5×10^{11} . The number of spins contributing 402 403 to the chosen line was calculated from the ratio of its double-integrated intensity to the double-404 integrated intensity of the complete spectrum, excluding the BDPA signal. This ratio was found to be (10 ± 2) %, leading to a spin count of 5 × 10¹⁰ spins for the chosen line. The error is a single SD 405 406 due to uncertainty in observed linewidth. In previous reports, the sensitivity is normalized per unit 407 signal-to-noise ratio (SNR), linewidth, and square root of the detection bandwidth (4, 30–35). In the present case, these numbers are 25, 0.8 mT, and 0.7 \sqrt{Hz} (Materials and Methods), 408 respectively. Using these values and the previous sensitivity calculation approach, our 409 410 demonstrated upper limit of detection is

411
$$\frac{5*10^{10}}{25*0.8*0.7} = (4 \pm 1) * 10^9 / mT \sqrt{Hz}.$$

412 If the sensitivity is calculated based on the method used in Reference (*35*), the total linewidth for413 the spectrum would be approximately 40 mT. Therefore, the calculated sensitivity, given by the

414 number of spins in the active volume (1 x 10^{10}), normalized to the linewidth (40 mT), bandwidth 415 (0.7 $\sqrt{\text{Hz}}$), and SNR (25), is:

416
$$\frac{5 * 10^{11}}{25 * 40 * 0.7} = (7 \pm 2) * 10^8 / \text{mT} \sqrt{\text{Hz}}$$

417 The data were obtained by integrating our devices into standard operational EPR spectrometers.

418 We anticipate that further refinements in the detection circuitry will allow us to increase the power

419 incident on the microresonator and will result in further improvements in volume sensitivity.

- 420 The experimental EPR spectrum was validated by simulations using isotropic Landé g-factor =
- 421 2.001, isotropic hyperfine splitting parameter A = 239.3 MHz, linewidth = 0.5 mT, and zero-field
- 422 splitting parameters D = 434 MHz and E = -41 MHz. Random noise to produce an SNR of 25 was
- 423 added to the simulated spectrum to match the SNR measured from experiment.

	Design I, 10 GHz	Design II, 10 GHz	Design I, 35 GHz	Design II, 35 GHz
V _{res}	9.3 to 9.8 GHz	9.3 to 9.8 GHz	34.7 to 35 GHz	34.7 to 35 GHz
Q (simulation)	220 ± 20	200 ± 20	580 ± 30	760 ± 50
Q (experiment)	250 ± 50			250 ± 50
Conversion efficiency (simulation)	$3 \pm 0.4 \text{ mT/}\sqrt{W}$	$9 \pm 1 \text{ mT/}\sqrt{W}$	$11 \pm 2 \text{ mT/}\sqrt{W}$	$3 \pm 0.3 \text{ mT/}\sqrt{W}$
Conversion efficiency (experiment)	$3 \pm 0.3 \text{ mT}/\sqrt{W}$			$6 \pm 1 \text{ mT}/\sqrt{W}$
P _{1/2} (experiment)	$0.025\pm0.05\ mW$			Lower than lowest available power
Mode volume (simulation)*	30 nL	3 nL	400 pL	4 nL

- **Table 1:** Resonator parameters obtained from simulations and experiment.
- 427 *Mode volume was calculated based on the filling factor of a small volume in the active region of
- 428 the microresonaotor, using the following formula (56): Mode volume = Small volume *
- $\frac{\int_{resonator} B_{1\perp}^2 dV}{\int_{small \, volume} B_{1\perp}^2 dV}$

430 Scalability to higher frequencies We report the first CW EPR spectra acquired from picoliter 431 active volumes at 35 GHz. Figure 5A shows a microresonator-microstrip device operating at 432 35 GHz. Figure 5B shows an optical micrograph of the active region (outlined in red in Fig. 5A) 433 based on design II. The area of the active surface is $\approx 1000 \ \mu\text{m}^2$. Figure 5 (C to E) shows the 434 distribution of B_{1⊥} along the *x*, *y*, and *z* directions, respectively.



435

Fig. 5. A 35-GHz device and simulation of active volume. (A) Planar inverse anapole 436 437 microresonator-microstrip device operating at 35 GHz. The zoomed-in region on the right shows the microresonator chip (the red outline encloses the active region) (photo credit: Nandita 438 439 Abhyankar, NIST). (B) Optical micrograph of the active region. The right panel shows the 440 simulated distributions of the absolute values of perpendicular and tangential components of B1 in the xy plane, showing the central B_1 hotspot in a small volume around the bridge. (C to E) 441 Normalized absolute values of $B_{1\perp}^2$ and $B_{1\parallel}^2$ along the *x*, *y*, and *z* coordinates. An input voltage of 442 1 V and an impedance of 50 ohms, i.e., an input power of 20 mW, were set in the finite element 443 444 simulations.

448 Fig. 6A. The Q-factor of this microresonator-microstrip device is 250 ± 50 . The error is a single

⁴⁴⁵ As is the case at 10 GHz, the coupling of the 35 GHz microresonators is controlled via the y

⁴⁴⁶ position and orientation θ of the microresonator relative to the central conductor of the microstrip.

⁴⁴⁷ The frequency profiles of reflection coefficient in the coupled and uncoupled states are shown in

449 SD due to variability in coupling between the microresonator and microstrip. The power-to-field 450 conversion ratio, determined from the power saturation curve for the BDPA-benzene complex, is $(7 \pm 1) \text{ mT} / \sqrt{W}$ (Fig. 6B). The error is a single SD due to uncertainty in measurement of the power 451 452 at which the EPR signal saturates. The maximum power output of the NIST-built EPR 453 spectrometer in CW mode is 200 mW. Figure 6 (C and D) shows CW EPR spectra obtained from microcrystals of CuCl₂.2H₂O and crystalline BDPA-benzene complex, respectively. The signal 454 455 intensity for CuCl₂.2H₂O is limited by our maximum modulation amplitude of ~0.1 mT (limited 456 by spectrometer settings in the present case) compared to the linewidth of 5.5 mT. For 457 $CuCl_2.2H_2O$, the Landé g-factor, [ga gb gc] = [2.187 2.037 2.252], as reported in (44). We surmise 458 that the two observed signals at 11.1 and 12.1 T are caused by crystal twinning. We have also 459 obtained CW EPR spectra for a dilute (0.01 mol %) doped single crystal of Fe³⁺:SrTiO₃ (see fig. 460 S10). In our current configuration, we are unable to obtain a modulation amplitude of more than 461 1G with the microresonator setup. This limits the apparent sensitivity of the 35-GHz microstrip-462 microresonator devices, and hence, we have not estimated this quantity.

This is the first report of CW EPR spectra obtained from picoliter volumes at 35 GHz, owing to improved coupling provided by better Q-factors. These results demonstrate the scalability of the planar inverse anapole design to higher frequencies, which has previously been a major obstacle in the application of microresonators to higher-frequency EPR experiments.



468

469 Fig. 6. Performance of the 35-GHz planar inverse anapole microresonator coupled to a
 470 microstrip. (A) Frequency profiles of reflection coefficient in the uncoupled (red) and critically

471 coupled (black) states. (B) Power saturation curve for a BDPA-benzene single crystal. The error

472 bars represent systematic uncertainty of a single SD in double-integrated area due to splitting of

473 the EPR signal detected in the I/Q channels. (C) CW EPR spectrum of a microcrystal of

474 CuCl₂.2H₂O. (D) CW EPR spectrum of a microcrystal of BDPA-benzene complex. (Photo

475 credits for (C) and (D): Nandita Abhyankar, NIST)

476 Conclusions

477 In conclusion, we have demonstrated the use of a toroidal metamaterial unit to improve the O-478 factors of EPR microresonators by an order of magnitude while confining the microwave magnetic 479 field to picoliter volumes. The improvement in Q-factors enables CW EPR experiments by 480 integration of microresonator-microstrip devices into standard operation EPR spectrometers. 481 Experimental demonstration of the active volume is provided using CW EPR spectra of a strongly 482 paramagnetic sample. The CW EPR spectrum obtained for a microparticle of < 0.05 mol % Mn^{2+} :CaTiO₃ yields a calculated upper limit of detection of $(7 \pm 2 \times 10^8)/mT/\sqrt{Hz}$. We anticipate 483 484 that further refinement of the coupling apparatus and spectrometer setup will result in further improvement of volume sensitivity. Mn²⁺-doped CaTiO₃ and Fe³⁺-doped SrTiO₃ samples were 485 486 used to show the applicability of this resonator to dilute doped samples of oxides, but the results 487 apply equally to any other dilute microcrystal. We have shown that the planar inverse anapole 488 microresonator can be incorporated into existing spectrometers for easy deployment. This 489 resonator design can easily couple to a microwave feedline and is scalable to higher frequencies 490 without sacrificing ease of implementation, overcoming these limitations of previous 491 microresonator designs. Easily applicable microresonator designs are necessary for routine studies 492 of nanomaterials, for example, perovskite microcrystals and thin films, and biomacromolecular 493 single crystals such as microcrystals of metalloenzymes. Owing to their ease of coupling with a 494 microwave feedline and high power-to-field conversion efficiencies, these devices may also be 495 potentially applied in EPR imaging modalities. Future work will include the construction of 496 coupled arrays of these microresonator units- replacing a single unit with an array is expected to 497 yield Q-factors approaching those of cavity resonators (>1000) at room temperature. We will also 498 develop a variable-temperature probe with microfluidics to enable studies of liquid samples.

499 Materials and Methods

500 Simulations: Finite element simulations were conducted using the electromagnetics module of 501 COMSOL. The microresonator was modeled as a perfectly conducting plane on a dielectric slab. 502 The device model included the microstrip and the microresonator. The microstrip consisted of a 503 dielectric with a ground plane on one face and a central conducting strip on the other face. The 504 microresonator was modeled with the dielectric substrate directly in contact with the central 505 conductor of the microstrip, and the metallic face pointing upward so that the metal film is 506 separated from the central conductor of the microstrip by the dielectric of the microresonator. The 507 dielectric constant of the microresonator substrate was set to 22 and that of the microstrip substrate 508 was set to 3.55. A schematic of the complete model is provided in Figure S1 of the Supporting 509 Information while Figure S2 shows the dimensions of features of the metallized layer.

Fabrication: The microresonators were fabricated on either lanthanum aluminate (LAO) or 510 511 lanthanum aluminate-strontium aluminum titanate (LSAT) substrates with a thickness of 500 µm 512 and dielectric constants of ranging from 22 to 25. The substrates were first cleaned in piranha 513 solution and then spin-coated with photoresist (LOR 10 pre-baked at 175°C followed by SPR 220 514 pre-baked at 115°C). The resonator layout was patterned into the photoresist using a UV laser (375 515 nm at 300 mJ/cm²). The resist was developed using MIF300. The surface of the coated dielectric 516 was then cleaned by reactive ion etching with oxygen plasma. Next, a 30 nm thick film of Ti 517 followed by a 500 nm thick film of gold were deposited over the patterned photoresist using e-518 beam evaporation. Excess gold was removed by manual liftoff (soaked in Remover 1165 519 overnight). Finally, a 50 nm layer of silicon nitride was deposited using plasma-enhanced chemical 520 vapor deposition, to protect the gold from abrasion.

521 **Characterization of microresonators:** The microresonators were coupled to a commercial 522 **RO4003** microstrip feedline. The microresonator was adhered to the microstrip using a small 523 amount of silicone grease and was critically coupled to the microstrip by adjusting its position 524 relative to the central conductor of the microstrip. The microstrip was terminated with a 50 Ω load. 525 Coupling was monitored using a Keysight Fieldfox vector network analyzer (VNA). Internal 526 reflections from the coaxial cable were calibrated out by 1-port short-open-load (SOL) calibration.

527 **EPR spectroscopy:** The critically coupled microresonator-microstrip device was affixed in a 528 holder made of acrylonitrile butadiene styrene (ABS). To provide modulation of the static 529 magnetic field, commercial air-core inductor coils were mounted on this holder and connected to 530 the modulation amplifier in either the 10 GHz E580 Bruker spectrometer or NIST-built 35 GHz 531 spectrometer. The microstrip was connected to the spectrometer bridge in each instrument using a 532 coaxial cable. The microresonator-microstrip device was mounted on the ABS holder and placed 533 in between the magnet poles of the spectrometer on an ABS post (Figure S4 of the Supporting 534 Information). In the EPR spectrometer operating at 10 GHz, the reference arm was kept on and the 535 microwave frequency was locked at a value (around the dip observed on the VNA) that yielded an 536 absorption lineshape. An automated procedure was run to match the response of the external 537 modulation coils to the modulation amplitude settings in the EPR spectrometer. Here the 538 bandwidth of detection for CW spectra was defined as (0.5*conversion time). The NIST-built 35 539 GHz spectrometer operates without a reference arm (57). The resonant frequency of the 35 GHz 540 microresonator-microstrip device was first identified on the VNA and then confirmed in the 541 spectrometer. In the 35 GHz system, we were able to apply a maximum modulation amplitude of 542 only ≈ 0.1 mT due to internal settings. The modulation amplitude was determined from the

543 linewidth of the EPR absorption line of a BDPA-benzene crystal. Here the bandwidth was defined 544 as $1/2\pi\tau$, where τ is the time constant.

545 <u>Disclaimer:</u> Certain commercial equipment, instruments, or materials are identified in this paper 546 in order to specify the experimental procedure adequately. Such identification is not intended to 547 imply recommendation or endorsement by the National Institute of Standards and Technology, nor 548 is it intended to imply that the materials or equipment identified are necessarily the best available 549 for the purpose.

550 Supporting Information: A quantitative description of resonator sensitivity is provided in the 551 Supplementary Materials. Also provided are additional simulations describing the inverse anapole 552 mode, device dimensions, a phenomenological description of microstrip-microresonator coupling, 553 and images of the microstrip-microresonator device placed in the spectrometer. Corresponding 554 Authors

555 *Veronika Szalai: <u>veronika.szalai@nist.gov</u>, Nandita Abhyankar: <u>nandita.abhyankar@nist.gov</u>

556 Author Contributions

All authors contributed to the design of experiments, interpretation of data, and writing of the manuscript. N. A. and V. S. were involved in all stages, including conception of the idea, designing experiments, conducting measurements, and interpretation of data. Simulations were performed by N.A. and A. A. Resonator fabrication was conducted by N. A.. N. A., R. D. M., and V. S. designed the microresonator-microstrip devices. N. A., J. C., P. S., and V. S. conducted EPR spectroscopic measurements. R. M. provided characterized samples of dilute perovskites.

563 Statement of Competing Interests

All authors declare that they have no competing interests. A provisional patent titled 'Planar Inverse Anapole Microresonators for Inductive Detection Electron Paramagnetic Resonance Spectroscopy' (Serial # 62982879) has been filed on 28th Feb. 2020 by the National Institute of Standards and Technology on behalf of Nandita Abhyankar, Veronika Szalai and Amit Agrawal for the microstrip-microresonator devices.

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574 Statement of data availability

575 All data needed to evaluate the conclusions in the paper are present in the paper and/or the

576 Supplementary Materials. Raw data can be provided upon request.

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716	Supporting Information: Scalable microresonators
717	for room-temperature detection of 10 ⁶ spins in
718	picoliter-volume solids
719	
720	Nandita Abhyankar ^{1,2*} , Amit Agrawal ^{1,2} , Pragya Shrestha ^{2,3} , Russell Maier ² , Robert
721	McMichael ² , Jason Campbell ² , Veronika Szalai ^{2.*}
722	•
723	¹ Institute for Research in Electronics and Applied Physics, University of Maryland, College
724	Park, MD 20742, USA
725	² National Institute of Standards and Technology, Gaithersburg, MD 20899, USA
726	³ Theiss Research, La Jolla, CA 92037, USA
727	*veronika.szalai@nist.gov, *nandita.abhyankar@nist.gov

729 Sensitivity Analysis

728

730 The sensitivity of an EPR resonator can be quantified in terms of the signal-to-noise ratio (SNR).

Here, the noise is the thermal noise of all the circuit elements including the microresonator and the

detector. The signal is the voltage induced in the resonator loop by the precessing magnetization

of the sample placed in the active region of the resonator (Eq. 1) (1-4). Eq.1 below shows that the

SNR, and therefore the sensitivity of a resonator is directly proportional to resonator filling factor

735 (η) and quality factor (*Q*-factor). Each of these factors is discussed in detail below.

736 **Signal.** The CW EPR signal intensity, in terms of voltage (V_S) , is given by the formula ((1)):

737
$$V_S = \chi'' \eta Q_L \sqrt{P_A Z_0} \qquad \underline{Eq. 1.}$$

Here, η is the resonator filling factor; Q_L is the loaded quality factor of the resonator; P_A is the microwave power, in W, incident on the microresonator (i.e. the microwave power at the end of the microwave transmission line); and Z_0 is the characteristic impedance of the microwave transmission line (in Ω). $\chi^{"}$ is the dimensionless imaginary component of the effective RF susceptibility.

743 The filling factor η is given by the equation:

744
$$\eta = \frac{\int_{sample} B_1^2 dV}{\int_{resonator} B_1^2 dV} = \frac{V_{sample} \langle B_1^2 \rangle_{sample}}{V_{res} \langle B_1^2 \rangle_{res}} \quad \text{Eq. 2}$$

When B_1 is homogeneous over the resonator mode volume, the filling factor can be equated to the ratio of sample volume divided by the mode volume. This is indicated by the right side of the above equation.

The above formula for calculating either the filling factor or mode volume is not accurate for structures with large B1-inhomogeneity. In such structures, a small volume with the strongest B_1 can make a disproportionately large contribution to the EPR signal, compared to a large volume with a small B_1 .

- 752 The quality-factor *Q* can be defined in two ways:
- i. In terms of resonator bandwidth:

754
$$Q = \frac{v_{res}}{\Delta v} \quad \text{Eq. 3}$$

755 where v_{res} is the resonant frequency and Δv is the resonator bandwidth at 3 dB 756 below the baseline.

757 ii. In terms of energy retention in the resonator.

758
$$Q = \omega \frac{average \ energy \ stored \ in \ resonator \ volume}{average \ power \ dissipated \ from \ resonator \ surfaces} \quad Eq. 4$$

759 **Noise.** The thermal noise in a detection setup with a characteristic impedance of 50 Ω can be 760 calculated by the following formula:

761
$$N = \sqrt{4k_B T R \Delta f}$$
 Eq. 5

Here, k_B is Boltzmann's constant, T is temperature, R is the resistance of the microresonator coil

763 and Δf is the bandwidth of the detection electronics.



764

Figure S1: Complementary magnetic and electric field distributions in anapole and inverseanapole architectures.





Figure S2: Field distributions in the plane of the microstrip show that fringing fields from the

- 771 microstrip extend for much shorter length scales compared to the outer dimensions of the
- 772 microresonator.

Edge length (mm)	Eigenfrequency of	anapole	B_1 maximum at hotspot (A/m)
	mode		
12	9.86 + 0.18i		9 x 10 ⁴
12.5	9.77 + 0.18 i		8 x 10 ⁴
13	9.69 + 0.18i		8 x 10 ⁴
13.5	9.62 + 0.19i		8 x 10 ⁴
14	9.53 + 0.21i		8 x 10 ⁴
14.5	9.42 + 0.24i		$7 \ge 10^4$
15	9.27 + 0.27i		6 x 10 ⁴

 Table S1: Dependence of eigenfrequency of anapole mode on outer length of metal plane



777 778

776

Figure S3: Schematic of device model used in finite element simulations. The scale bar represents 5 mm. The microstrip, with a characteristic impedance of 50 Ω , radiates microwave fields owing to currents in the central conductor. The coupling of these fields with the microresonator is dependent on the position of the microresonator relative to the central conductor of the microstrip, as shown in Figures 4 and 5 of the main text. In the finite element simulations, the length of the microstrip ranged from 20 mm to 50 mm while the real microstrip has a length of 50 mm. Smaller lengths were used in the finite element calculation to reduce computational time.

786



788 Figure S4: Top-view of the microresonator surface, showing the design and dimensions for a 10

- GHz planar inverse anapole microresonator with an active volume of approximately 1 pL.
- 790





Figure S5: (a) Top-view of the microresonator coupled to microstrip. The scale bar indicates 3 mm. (Photo credit: Nandita Abhyankar, NIST). (b) Simulated electric field distribution, showing that the electric field is concentrated at the edges of the central capacitive gaps, as shown in the left panel. The right panel shows a zoomed-in view of the active region. (c) Simulated magnetic field distribution at the active region. A comparison of the right panel of (b) and (c) shows the separation between regions of magnetic and electric field. Electric field in the active region is negligible. The scale bars in (b) and (c) represent 10 μ m.





800

Figure S6: (a) Fits of the power saturation curve of BDPA on 10 GHz microstrip-microresonator device (device used in Figure 3) to linear and asymptotic growth functions. The power at which the curve deviates from the linearity is taken as the saturation power. (b) Fit of peak-to-peak amplitude 'A' vs. power 'P' to the following eqn.: $A = IP_{1/2}[1 + (2^{1/\epsilon} - 1)P/P_{1/2}]^{-\epsilon}$ (5). The fit yielded $\epsilon = 0.5 \pm 0.1$, indicating highly inhomogeneous saturation.





Figure S7: (a) Top view of the coupled microresonator-microstrip device. (Photo credit: Nandita Abhyankar, NIST). (b) Cartoon depiction of the top view of the microresonator-microstrip device showing the parameters x, y, and θ , which affect resonant frequency and coupling. (c) Dependence

812 of resonant frequency of the 9.75 GHz microresonator-microstrip device on the x-position of the

813 microresonator on the microstrip. (d) Dependence of resonant frequency of the 35 GHz

814 microresonator-microstrip device on the *x*-position of the microresonator on the microstrip.





816 Figure S8: (a) Cartoon depiction of the top view of the microresonator-microstrip device showing the parameters x, y, and θ , which affect resonant frequency and coupling. (b) Simulation of shift 817 in resonant frequency upon changing y-position at constant x-position and θ , evident from the 818 819 change in S11 profiles. (c) Changes in voltage standing wave ratio corresponding to the scans in 820 (b). (d) and (e) Comparison of coupling at incremental positions, when x is changed by 821 approximately 4 mm from (d) to (e). These data show that the *y*-position has a dominant effect in 822 determining resonant frequency and coupling. However, when x is changed, the y-position of 823 critical coupling also changes, which in turn shifts the resonant frequency of the device at critical 824 coupling. The field distributions in (d) and (e) show that the conversion efficiency is also 825 dependent on the *y*-position at which critical coupling occurs.





(c)



826

- Figure S9: (a) Top view and (b) side view of a 10 GHz microresonator-microstrip device used to replace the resonator and modulation coils in a commercial EPR spectrometer. Scale bars represent
- 5 mm. (c) Microresonator-microstrip device placed in between magnet poles of a commercial
- 830 electromagnet in an EPR spectrometer. (Photo credits: Nandita Abhyankar, NIST)





Figure S10: CW EPR spectrum of 0.01 mole% Fe³⁺:SrTiO3, obtained from microstrip microresonator device operating at 35 GHz.