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Rashba realization: Raman with RF

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Abstract

PAPER

We theoretically explore a Rashba spin–orbit coupling scheme which operates entirely in the absolute ground state manifold of an alkali atom, thereby minimizing all inelastic processes. An energy gap between ground eigenstates of the proposed coupling can be continuously opened or closed by modifying laser polarizations. Our technique uses far-detuned 'Raman' laser coupling to create the Rashba potential, which has the benefit of low spontaneous emission rates. At these detunings, the Raman matrix elements that link $m_{\rm F}$ magnetic sublevel quantum numbers separated by two are also suppressed. These matrix elements are necessary to produce the Rashba Hamiltonian within a single total angular momentum *f* manifold. However, the far-detuned Raman couplings can link the three *XYZ* states familiar to quantum chemistry, which possess the necessary connectivity to realize the Rashba potential. We show that these *XYZ* states are essentially the hyperfine spin eigenstates of ⁸⁷Rb dressed by a strong radio-frequency magnetic field.

Introduction

Geometric gauge potentials are encountered in many areas of physics [1–9]. In atomic gases, the geometric vector and scalar potentials were first considered in the late 90s to fully describe atoms 'dressed' by laser beams [10–12]. Atoms that move in a spatially varying, internal state dependent optical field experience geometric vector and scalar potentials. Our understanding of these potentials has been refined, and now allow for the engineered addition of spatially homogeneous geometric gauge potentials [13–15]. In many cases, the resulting atomic Hamiltonian is equivalent to iconic models of spin–orbit coupling (SOC): Rashba, Dresselhaus and combinations thereof.

Often, systems with SOC will have multiply degenerate single particle eigenstates with topological character: this suggests that strongly correlated phases will exist in the presence of interactions for both bosonic and fermionic systems. Interesting phenomena such as topological insulating states and the spin-Hall effect include SOC as a necessary component [16, 17]. Rashba SOC (present for 2D free electrons in the presence of a uniform perpendicular electric field, such as in asymmetric semiconductor heterostructures) [18, 19], is an iconic 2D SOC potential and has maximal ground state symmetry. Indeed, interesting many-body phases [20–22] predicted for atomic systems with Rashba SOC include unconventional and fragmented Bose–Einstein condensation [23], composite fermion phases of bosons [24] and anisotropic or topological superfluids in fermionic systems [25].

It is in the context of such potentially fragile many-body states that we propose a scheme that is implemented entirely within the ground hyperfine manifold of an alkali with spin greater than or equal to spin-1. Recently, the Rashba potential was realized with ⁴⁰K fermions using lasers coupling the f = 7/2 and f = 9/2 manifolds [26]. In alkali bosonic systems with density *n* the two-body collisional relaxation lifetime from the f + 1 to the *f* ground state hyperfine manifold is $> n \times 10^{-14}$ cm³ s⁻¹ [27]: a timescale that is potentially too small to observe meaningful many-body physics. Such relaxation may be a lesser, but still pertinent, concern in fermionic systems. We propose an alternative coupling scheme implemented entirely within the ground hyperfine manifold of alkali atoms.

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Figure 1. Rashba dispersion in electron systems. (a) Cross-section of the 2D Rashba dispersion. (b) Contour plot of dispersion demonstrating the cylindrical symmetry of the potential. (c) Vector plot of $B_{SOC} = \hbar k/m \times E/c^2$, the ground state electron spin is anti-aligned with B_{SOC} . An electron that loops about the momentum origin adiabatically traces out the equator on the Bloch sphere. After one full loop a Berry's phase of π is acquired.

Rashba SOC for electrons

The simplest model of Rashba SOC describes a 2D free electron system in terms of electron momentum $\hbar k$ and gyromagnetic ratio g in the presence of an out-of-plane electric field $E = |E|e_z$. We consider the electrons relativistically: in the electron's moving frame an in-plane magnetic field $B_{SOC} = \hbar k/m \times E/c^2$ appears in proportion to momentum, as shown in figure 1. The additional contribution to the spin-1/2 electron's Zeeman Hamiltonian from B_{SOC} is

$$\hat{H}_{\text{SOC}} = \frac{2\alpha}{m} (\mathbf{k} \times \mathbf{e}_z) \cdot \hbar \hat{\boldsymbol{\sigma}} / 2, \qquad (1)$$

where $\alpha = g\mu_{\rm B}|\boldsymbol{E}|/2c^2$, $\hbar\hat{\boldsymbol{\sigma}}/2$ is the electron spin operator, and $\hat{\boldsymbol{\sigma}} = (\hat{\sigma}_x, \hat{\sigma}_y, \hat{\sigma}_z)$ is the vector of Pauli matrices. As shown in figures 1(a) and (b), a degenerate ring of momenta described by $k_x^2 + k_y^2 = \alpha^2$ comprises the ground state of this Hamiltonian. At the origin ($\boldsymbol{k} = 0$) the eigenenergies of the Rashba Hamiltonian intersect: this point is often called a Dirac point.

Ignoring overall energy shifts, the Hamiltonian including \hat{H}_{SOC} and the kinetic energy can be expressed as $\hat{H} = (\hbar \mathbf{k} - \hat{A})^2/2m$, in terms of an effective vector potential $\hat{A} = \alpha (\hat{\sigma}_y \mathbf{e}_x - \hat{\sigma}_x \mathbf{e}_y)$. The Cartesian components of the vector potential manifestly fail to commute: the vector potential is non-abelian.

An atom that adiabatically traverses a loop about the momentum origin shown in figures 1(b) and (c) acquires a Berry's phase of π . Likewise, an interferometer in which one arm orbits the momentum origin would display destructive interference. It is anticipated that the presence of this phase winding in the ground state potential will result in unusual many-body ground states for both fermionic and bosonic systems [23–25].

Rashba SOC in cold atoms

One of several methods for producing SOC in ultracold neutral atoms uses lasers to impart a discrete momentum kick whenever they induce a spin flip. This SOC is strictly 1D, e.g. SOC in the analogous electron system would have the form $\propto p_x \sigma_x$, motivating the addition of a third atomic ground state and two added Raman couplings, each with a distinct orientation of momentum kick, to produce the desired 2D Rashba SOC. The necessary coupling configuration is either a laser scheme that links all three ground states to a common state [28] or, when the excited state(s) are adiabatically eliminated, a closed group of *N*-states where each constituent state is coupled to exactly two others (this may be visualized as *N*-states coupled in a loop) [29]. The two configurations can overlap in the case of N = 3, which is the configuration adopted in this paper.

The problem encountered with the simplest possible implementation of this scheme is that direct Raman coupling of spins within the ground hyperfine manifold of alkali atoms cannot couple differences in spin greater than 1 unit of angular momentum [30]. Coupling as shown in figure 2(a) is possible, while coupling as shown in figure 2(b) does not link $|+1\rangle$ and $|-1\rangle$. Detuning the lasers near to a transition with the excited electronic hyperfine states as proposed in [31] lifts the angular momentum restriction sufficiently to realize a coupling scheme similar to figure 2(b) but the spontaneous emission rate increases and atomic ensemble lifetimes become much shorter than typical equilibration times. Many theoretical results, and so far the only experimental result, use one or more states from both hyperfine *f* manifolds to complete the minimum set of three states [26, 28]. Although feasible, collisions that change *f* are expected to lead to atom-loss and heating, potentially de-cohering fragile many-body phases.



Figure 2. Schematic view of spin–orbit coupling in the spin-1 ground state of ⁸⁷Rb. (a) In most current experiments, the same lasers simultaneously Raman couple pairs of adjacent spin states. Lasers are labeled with their amplitudes $|E_1|$ and $|E_2|$. (b) To produce Rashba SOC all pairs of spin states need to be independently coupled. Under experimental conditions considered in this paper, coupling within an alkali ground electronic hyperfine spin manifold $\Omega_{-1,+1}$ + h.c. is negligible.



obtained for a slice taken along the *x*-axis as shown in panel (f).

Our approach, illustrated in figure 3, uses a primary then a secondary coupling. First, a rf coupling is applied, much stronger than the intended Raman coupling, to produce a set of eigenstates. These rf eigenstates are themselves Raman coupled by lasers to produce a set of eigenstates that include the Rashba subspace. We perform a Floquet analysis showing the viability of this approach when a rf coupling strength in excess of 100 kHz is achieved.

Overview

In the following section we build the Rashba potential by Raman coupling arbitrary states. We then find the form of the Raman coupling in the rf eigenbasis. With these building blocks, the eigenenergies may be calculated using Floquet theory. From the Floquet Hamiltonian we pick a set of three states that are resonantly coupled to one another, together with their resonant couplings, and construct an effective 3×3 Hamiltonian. Here, we learn that it is not necessary to phase lock the rf to the Raman couplings while, by contrast, the laser polarizations are constrained to a particular geometry. In the appendix we detail the parameters of an experiment that could produce the Rashba potential using this technique.

Building the Rashba potential by Raman coupling arbitrary states

We consider a subspace of three long-lived states $|j\rangle$ for $j \in \{1, 2, 3\}$ within a potentially much larger pool of available states. We illuminate these states with three coherent lasers that are indexed by β , $\beta' \in \{1, 2, 3\}$. Each of these lasers has distinct wavevector k_{β} , each with magnitude $k_{\rm R}$, and frequency

$$f_{\beta} = (\omega_L - \omega_{\beta})/2\pi.$$
⁽²⁾

The possible two-photon Raman frequencies differences are given by $\omega_{\beta,\beta'} = -(\omega_{\beta} - \omega_{\beta'})$ for $\beta \neq \beta'$. Likewise, we define difference wavevectors $\mathbf{k}_{\beta,\beta'} = \mathbf{k}_{\beta} - \mathbf{k}_{\beta'}$ and difference phases between lasers $\gamma_{\beta,\beta'} = \gamma_{\beta} - \gamma_{\beta'}$. Figure 3(d) illustrates the relationship between laser momentum recoil $\hbar \mathbf{k}_{\beta}$, with magnitude $\hbar \mathbf{k}_{\mathrm{R}}$, and Raman recoil $\hbar \mathbf{k}_{\beta,\beta'}$. The Hamiltonian describing Raman coupling in this general form is

$$\hat{H}(\mathbf{k}) = \sum_{j,j'} \left\{ \left[\frac{\hbar^2 \mathbf{k}^2}{2m} + E_j \right] \delta_{j,j'} + \sum_{\beta \neq \beta'} \hbar \Omega_{j,j',\beta,\beta'} \exp(\mathbf{i} [\mathbf{k}_{\beta,\beta'} \cdot \mathbf{x} - \omega_{\beta,\beta'}t - \gamma_{\beta,\beta'}]) (1 - \delta_{j,j'}) \right\} |j\rangle \langle j'|, \qquad (3)$$

where E_j is the eigenenergy of state $|j\rangle$ in the absence laser-coupling.

We shall make the simplifying assumption that each pair of lasers uniquely Raman couples a pair of states, greatly simplifying the form of the coupling amplitude in equation (3): $\Omega_{j,j'}$, which is potentially complex. This configuration can be realized by requiring that the lasers resonantly Raman couple pairs of states

$$\hbar\omega_{j,j'} = E_j - E_{j'},\tag{4}$$

$$\hbar\omega_j = E_j,\tag{5}$$

where we have linked each Raman coupling to a state with this resonance condition (recall that the laser frequencies are given by equation (2). We also apply the rotating wave approximation (RWA) to eliminate terms that are $\propto \exp(i\omega_{j,j'}t)|j\rangle\langle j'|$.

With these constraints on equation (3) it is always possible to apply a unitary transformation that eliminates the complex exponentials from the Hamiltonian

$$\hat{U}(\boldsymbol{x},t) = \sum_{j} \exp(\mathrm{i}[\boldsymbol{k}_{j} \cdot \boldsymbol{x} - \omega_{j}t - \gamma_{j}])|j\rangle\langle j|, \qquad (6)$$

and also applies a state-dependent momentum displacement to the momentum operator in equation (3). In the rotating frame, $\hat{U}(\mathbf{x}, t)(\hat{H}(\mathbf{k}) - i\hbar \partial_t)\hat{U}^{\dagger}(\mathbf{x}, t)$ is

$$\hat{H}(\boldsymbol{q}) = \sum_{j,j'} \left\{ \frac{\hbar^2 (\boldsymbol{q} - \boldsymbol{k}_j)^2}{2m} \delta_{j,j'} + \hbar \Omega_{j,j'} (1 - \delta_{j,j'}) \right\} |j\rangle \langle j'|,$$
(7)

where we have made a simple substitution of variables, $k \rightarrow q$, indicating that the momentum term is a quasimomentum.

Rashba subspace

We apply a discrete Fourier transform to equation (7)

$$|n\rangle = \frac{1}{\sqrt{3}} \sum_{j=1}^{3} \exp(-i2\pi j n/3) |j\rangle.$$
 (8)

This is a useful diagonalization tool when all the off-diagonal matrix elements are nearly equal in amplitude and larger than the energy scale of any of the three two photon recoils $\hbar^2 \mathbf{k}_{j,j'}^2/2m$. We specify our discussion to equal amplitudes $\Omega = |\Omega_{j,j'}|$ for each matrix element. We also define a phase $\phi_{j,j'} = i \ln(\Omega_{j,j'}/|\Omega_{j,j'}|)$. Applying the discrete Fourier transform in equation (8) to the Hamiltonian in equation (7) we find the diagonal elements in this transformed Hamiltonian (which are nearly the eigenenergies) are

$$E_n = 2\hbar\Omega\cos(2\pi n/3 + \bar{\phi}),\tag{9}$$

$$\bar{\phi} = (\phi_{3,2} + \phi_{2,1} + \phi_{1,3})/3 = -(\phi_{2,3} + \phi_{1,2} + \phi_{3,1})/3.$$
(10)

The phase sum $\bar{\phi}$ adds the phase contributions from nearest neighbor matrix elements that sequentially chains all three states together. $\bar{\phi}$ is an example of a phase that is not simply the result of our choice of basis: it cannot be eliminated by the transformation in equation (6). If $\bar{\phi} = 0$ the states $|n = 1\rangle$ and $|n = 2\rangle$ are degenerate in energy.

We define an effective vector $\mathbf{k}_{j,j'} = \mathbf{K}_j - \mathbf{K}_{j'}$ where $\mathbf{K}_j = \mathbf{k}_j - \sum_{j=1}^3 \mathbf{k}_j/3$. When

 $K_j = k_{\text{eff}} [\cos(2\pi j/3)\mathbf{e}_x + \sin(2\pi j/3)\mathbf{e}_y]$ are the vertices of an equilateral triangle, the Hamiltonian in the discrete Fourier basis is

$$\hat{H} = \sum_{n=1}^{3} \left[\frac{\hbar^2 \boldsymbol{q}^2}{2m} + E_n \right] |n\rangle \langle n| + \frac{\hbar^2 k_{\text{eff}}}{m} \left[(iq_x + q_y)(|1\rangle \langle 3| + |3\rangle \langle 2| + |2\rangle \langle 1|) + \text{h.c.} \right].$$
(11)

We neglect the most energetic state when $\bar{\phi} = 0$ and recover the two-state Rashba Hamiltonian

$$\hat{H}_{\text{sub}} = \frac{\hbar^2 \boldsymbol{q}^2}{2m} \hat{1} + \frac{\hbar^2 k_{\text{eff}}}{m} (\hat{\sigma}_x q_y - \hat{\sigma}_y q_x) + \hat{\sigma}_z \bar{\phi}, \qquad (12)$$

where $\hat{1}$ is the identity for a two state system. The last term in equation (12) describes a gap opening at q = 0 between the ground eigenstates for small values of $\bar{\phi}$.

Phase considerations

As made evident by its presence in equation (3) and absence in equation (7) the phase of each laser does not contribute to the steady state Hamiltonian. This symmetry is absent when there are more than three Raman frequency differences for a three state subsystem or in ring coupling geometries with N > 3 [29]. This consideration is very compelling from an experimental perspective since small variations in the pathlength of each laser could otherwise produce dramatic changes in the potential.

The Raman matrix elements $\Omega_{j,j'}$ acquire a sign from the lasers' detuning $1/\Delta = 1/\Delta_{3/2} - 1/\Delta_{1/2}$ from the $P_{3/2}$ and $P_{1/2}$ lowest electronic fine structure. A phase of π is contributed to $\bar{\phi}$ when $1/\Delta$ is negative and 0 otherwise. Recently, an experiment realized the Rashba dispersion using positive $1/\Delta$ [26]. In most schemes, laser detuning is the primary consideration but with our approach both the detuning of the Raman relative to the rf and laser polarization will additionally contribute to $\bar{\phi}$.

Physical implementation

Raman coupling in the spin basis

We introduce the local electric field

$$E(t) = \sum_{\beta} \frac{E_{\beta}}{2} \left[e^{i(\boldsymbol{k}_{\beta}\cdot\boldsymbol{x} - \omega_{\beta}t - \gamma_{\beta})} + e^{-i(\boldsymbol{k}_{\beta}\cdot\boldsymbol{x} - \omega_{\beta}t - \gamma_{\beta})} \right]$$
(13)

of linearly polarized lasers impinging upon an atomic system. The vector light shift of the local electric field acting upon the ground state hyperfine spin manifold in an alkali atom can be cast in the form of a time and position dependent effective magnetic field [30, 32]. This gives a coupling

$$\hat{H}_{\rm eff} = \frac{g_{\rm F} \mu_{\rm B}}{\hbar} \boldsymbol{B}_{\rm eff} \cdot \hat{\boldsymbol{F}},\tag{14}$$

$$\boldsymbol{B}_{\text{eff}} = \frac{\mathrm{i}u}{g_{\text{S}}\mu_{\text{B}}} (\boldsymbol{E}^{*}(\boldsymbol{x},\,t) \times \boldsymbol{E}(\boldsymbol{x},\,t)), \tag{15}$$

in the ground hyperfine manifold of an alkali atom, where g_S is the gyromagnetic ratio of the electron spin, g_F is the Landé g-factor for the hyperfine states, μ_B is the Bohr magneton, and the two-photon vector light shift matrix element is

$$u = \frac{|\langle ||\boldsymbol{d}|| \rangle|^2}{4} \left(\frac{1}{3\Delta_{3/2}} - \frac{1}{3\Delta_{1/2}} \right).$$
(16)

The far off-resonant Wigner–Eckart reduced matrix element is given by $\langle ||\boldsymbol{d}|| \rangle = \langle l = 0 ||\boldsymbol{d}|| l = 1 \rangle$ where l = 0, 1 is the orbital angular momentum quantum number for the ground and excited electronic states, respectively.

We compute the pairwise product of components of the local electric field in the effective Hamiltonian equation (14) and retain terms that have

$$\Phi_{\beta,\beta'} = \boldsymbol{k}_{\beta,\beta'} \cdot \boldsymbol{x} - \omega_{\beta,\beta'} t - \gamma_{\beta,\beta'}$$
(17)

in the argument of the complex exponentials.

When laser polarizations are linear we may rearrange terms and obtain the effective coupling between the ground electronic hyperfine spin projections

$$\hat{H}_{\rm eff} = \sum_{\beta \neq \beta'} \frac{-g_{\rm F} u |(E_{\beta} \times E_{\beta'}) \cdot F|}{2\hbar g_{\rm S}} \sin[\Phi_{\beta,\beta'}], \qquad (18)$$

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where

$$\hat{F} = (\hat{F}_x, \ \hat{F}_y, \ \hat{F}_z) \tag{19}$$

is the vector of spin-1 operators.

We tune some Raman frequency differences to near resonance $|\omega_{\beta,\beta'} - \delta_Z| \ll \delta_Z$ with the linear Zeeman splitting $\hbar \delta_Z = g_F \mu_B |\mathbf{B}_{dc}|$ produced by a dc magnetic field $|\mathbf{B}_{dc}|\mathbf{e}_z$. We apply a RWA to these and keep couplings proportional to $\hat{F}_{x,y}$

$$\hat{H}_{\beta,\beta'}^{\perp} = \Omega_{\beta,\beta'}^{\perp} \hat{F}_{+} e^{i\Phi_{\beta,\beta'}} \theta(\omega_{\beta,\beta'}) + \text{h.c.},$$
(20)

where θ is the Heaviside function and $\hat{F}_{+} = \hat{F}_{x} + i\hat{F}_{y}$. The matrix elements $\Omega^{\perp}_{\beta,\beta'}$ in the RWA are

$$\Omega_{\beta,\beta'}^{\perp} = \frac{\mathrm{i}g_{\mathrm{F}}u|E_{\beta} \times E_{\beta'}|}{4\hbar g_{\mathrm{S}}} \boldsymbol{\xi}_{\beta,\beta'} \cdot (\mathbf{e}_{x} + \mathrm{i}\mathbf{e}_{y}), \qquad (21)$$

where

$$\boldsymbol{\xi}_{\boldsymbol{\beta},\boldsymbol{\beta}'} = \frac{\boldsymbol{E}_{\boldsymbol{\beta}} \times \boldsymbol{E}_{\boldsymbol{\beta}'}}{|\boldsymbol{E}_{\boldsymbol{\beta}} \times \boldsymbol{E}_{\boldsymbol{\beta}'}|} \tag{22}$$

are complex unitary numbers that take on different values when the vector orientations of $E_{\beta} \times E_{\beta'}$ differ but the same pair of hyperfine spin projections are coupled. The Hamiltonian in equation (18) also contains couplings proportional to \hat{F}_z

$$\hat{H}_{\beta,\beta'}^{||} = \Omega_{\beta,\beta'}^{||} \hat{F}_{z} \sin(\Phi_{\beta,\beta'}), \qquad (23)$$

$$\Omega_{\beta,\beta'}^{||} = \frac{-g_{\rm F} u |E_{\beta} \times E_{\beta'}|}{2\hbar g_{\rm S}} \eta_{\beta,\beta'},\tag{24}$$

$$\eta_{\beta,\beta'} = \boldsymbol{\xi}_{\beta,\beta'} \cdot \boldsymbol{e}_{z},\tag{25}$$

where $\Omega_{\beta,\beta'}^{\parallel}$ changes sign when $\boldsymbol{\xi}_{\beta,\beta'}$ is aligned or anti-aligned with $B_{dc} \boldsymbol{e}_z$. In the spin basis $\hat{H}_{\beta,\beta'}^{\parallel}$ is simply a time dependent detuning; we shall explore a different set of basis states where $\hat{H}_{\beta,\beta'}^{\parallel}$ produces an off-diagonal coupling.

Construction of fully coupled basis states

For the remainder of this manuscript we narrow our discussion to the f = 1 ground hyperfine manifold of ⁸⁷Rb and adopt the simplified labels $|m_F\rangle$, where $m_F \in \{-1, 0, +1\}$ label hyperfine (spin) projections and E_{m_F} label spin eigenenergies. We divide the overall Zeeman shift into a scalar part which we neglect, a linear part given by $\hbar\delta_Z = (E_{-1} - E_{+1})/2$ and a quadratic part given by $\hbar\epsilon = (2E_0 - E_{-1} - E_{+1})/2$.

We introduce the $|X, Y, Z\rangle = |X\rangle$, $|Y\rangle$ and $|Z\rangle$ eigenstates, which consist of linear combinations of $|m_F\rangle$ states in the f = 1 hyperfine manifold

$$|X\rangle = \frac{|+1\rangle - |-1\rangle}{\sqrt{2}}, |Y\rangle = i\frac{|+1\rangle + |-1\rangle}{\sqrt{2}}, \text{ and } |Z\rangle = |0\rangle.$$
(26)

The $|X, Y, Z\rangle$ state obey

$$\frac{\epsilon_{jlm}\hat{F}_j}{\hbar}|l\rangle = \mathbf{i}|m\rangle \tag{27}$$

for indices j, l, m in {X, Y, Z}. The Raman couplings from the previous subsection have a spin dependence $\propto \hat{F}_x$, \hat{F}_y , or \hat{F}_z and may therefore couple any pair of $|X, Y, Z\rangle$ states. This observation was made recently by [33] in the context of producing optical flux lattices.

A set of atomic eigenstates which approach the *XYZ* states can be produced by an oscillating magnetic field $B_{rf} \cos(\omega_{rf} t + \gamma_{rf})$ that is orthogonal to $B_{dc} e_z$. The rf coupling is described by

$$\hat{H}_{\rm rf} = \frac{g_{\rm F} \mu_{\rm B} B_{\rm rf}}{\hbar} \cos(\omega_{\rm rf} t + \gamma_{\rm rf}) (\boldsymbol{\xi}_{\rm rf} \cdot \hat{\boldsymbol{F}}), \qquad (28)$$

where

$$\boldsymbol{\xi}_{\rm rf} = \frac{\boldsymbol{B}_{\rm rf}}{|\boldsymbol{B}_{\rm rf}|}.$$
(29)

The rf is chosen to be resonant with the average of the two hyperfine spin transitions in the ground manifold, $\hbar\omega_{\rm rf} = \hbar\delta_Z$. In the rotating frame of the rf and applying the RWA, the complex exponential exp($i\omega_{\rm rf} t$) can be eliminated from equation (28). Together with the atomic hyperfine energy levels the Hamiltonian with rf coupling is

$$\hat{H}_B = (\delta_Z - \omega_{\rm rf})\hat{F}_z - \frac{\epsilon}{\hbar}(\hat{1} - \hat{F}_z^2) + \Omega_{\rm rf}\hat{F}_+ e^{-i(\omega_{\rm rf}t + \gamma_{\rm rf})} + \text{h.c.}, \qquad (30)$$

where $\Omega_{\rm rf} = g_{\rm F} \mu_{\rm B} B_{\rm rf} \boldsymbol{\xi}_{\rm rf} \cdot (\mathbf{e}_x + i \mathbf{e}_y) / 2\hbar$ has an equivalent magnitude $\Omega_{\rm rf}$ and phase i ln($\boldsymbol{\xi}_{\rm rf}$).

The rf eigenenergies E_j of the Hamiltonian in the presence of the rf magnetic field are plotted verses B_{dc} in figure 5(b). For large Ω_{rf} , the rf eigenvalues change weakly as a function of B_{dc} . We therefore set $\delta_Z = \omega_{rf}$ and drop terms proportional to $\delta_Z - \omega_{rf}$ for the remainder of this document. When we write down the rf eigenstates $|x, y, z\rangle$

$$\begin{split} |x\rangle &= |X\rangle \xrightarrow{\epsilon/|\Omega_{\rm rf}| \to -\infty} |X\rangle, \\ |y\rangle &= \frac{-i2\Omega_{\rm rf}|Y\rangle + (\epsilon + \Omega_*)|Z\rangle}{\sqrt{2}\,\Omega_* \sqrt{1 + \frac{|\epsilon|}{\Omega_*}}} \xrightarrow{\epsilon/|\Omega_{\rm rf}| \to -\infty} |Y\rangle, \\ |z\rangle &= \frac{-i2\Omega_{\rm rf}|Y\rangle + (\epsilon - \Omega_*)|Z\rangle}{\sqrt{2}\,\Omega_* \sqrt{1 - \frac{|\epsilon|}{\Omega_*}}} \xrightarrow{\epsilon/|\Omega_{\rm rf}| \to -\infty} |Z\rangle. \end{split}$$

We see that these adiabatically approach the $|X, Y, Z\rangle$ states as $\epsilon/\Omega \to -\infty$. Here we defined $\Omega_* = \sqrt{\epsilon^2 + 4|\Omega_{\rm rf}|^2}$.

We resonantly link these eigenstates with the Raman coupling of the form described in the previous subsection and operate in the limit where the Raman is much smaller than the rf coupling, $|\Omega| \ll |\Omega_{rf}|$. We define a rf eigenstate coupling matrix

$$\hat{D}^{l} = \sum_{j,j'} |j\rangle \langle j|\hat{F}_{l}|j'\rangle \langle j'|$$
(31)

which gives the representation of \hat{F} in the rf eigenbasis. The \hat{D}^x and \hat{D}^y matrices may be transformed into one another by changing the rf phase in equation (30): we choose the phases $\gamma_{rf} = 0$, i ln(ξ_{rf}) = 0 while defining the matrix elements, and we incorporate the rf phases into the definition of the total coupling in the next section. These rf phases ultimately cancel in our coupling scheme.

The matrix elements $\langle j | \hat{D}^l | j' \rangle$ of \hat{D}^l , linking rf-eigenstate pairs are

$$\langle x|\hat{D}^{y}|z\rangle = \mathrm{i}\hbar\sqrt{1 - (\epsilon/\Omega_{*})},$$
(32)

$$\langle y | \hat{D}^{z} | x \rangle = \frac{2\hbar \left(\Omega_{\rm rf} / \Omega_{\ast} \right)}{\sqrt{1 + (\epsilon / \Omega_{\ast})}},\tag{33}$$

$$\langle z | \hat{D}^{x} | y \rangle = \sqrt{2} \,\hbar \,(\epsilon / \Omega_{*}). \tag{34}$$

We can transform between the rf-eigenbasis and the m_F basis using the rf-eigenstate coupling matrices, e.g. $\hat{F}_x \rightarrow \hat{D}^x$.

Numerically calculating the eigenstates of the Raman and rf coupling

The rf and Raman couplings produce a time-periodic effective Hamiltonian. Using Floquet theory we decompose the states of our Hamiltonian

$$|\psi(t)\rangle = \sum_{n} c_{n} |\psi(t)\rangle_{n} = \sum_{n} c_{n} \exp(-i\epsilon_{n} t/\hbar) |\phi(t)\rangle_{n}, \qquad (35)$$

where $\epsilon_n = hn/T$ corresponds to the energy spacing between Floquet states when a time periodicity of *T* exists in the Hamiltonian. The coefficients c_n are found by diagonalizing the Floquet Hamiltonian \hat{H}_{Fl} .

The Raman-rf CW Hamiltonian has multiple time periodicities and we use the RWA to eliminate rf and Raman coupling terms that very weakly couple the Floquet states. We consider the parameter regime where $\Omega_{\rm rf} \gg \Omega$ and as a result we exactly diagonalize the ground hyperfine manifold with rf coupling and expand in terms of the Raman coupling. The resulting Floquet Hamiltonian is



Figure 4. Calculated cross-section along $\hbar q_x$ for Floquet bands. Laser wavevectors, with magnitude of k_R , are mutually perpendicular, giving $\sqrt{2} k_R$ as a standard two-photon recoil and $2E_R$ as a characteristic recoil energy. The parameters used in this plot are $\hbar \Omega_{rf} = 65E_R$, $\hbar \epsilon = -54E_R$, $\bar{\phi} = 0$, $|\Omega_{x,z}| = |\Omega_{y,z}| = \Omega$ and $\hbar \Omega = 2E_R$. These quantities are defined in the preceding sections. The least (solid) and next least (dashed) energetic states are closely spaced while the most energetic (dashed dotted) state is separated by $3\hbar \Omega$ when $\bar{\phi} = 0$. The point at which the ground Floquet states meet is slightly displaced from the q = 0 at these couplings due to the presence of nearby Floquet states.

$$\begin{aligned} \hat{H}_{\text{FL}} &= \sum_{n,m} \{ [\hat{H}_{0} + (n\hbar\omega_{x,z} + m\hbar\omega_{y,x}) \hat{1}] \delta_{n,n'} \delta_{m,m'} \\ &+ [\Omega_{x,z}^{\perp} \hat{D}^{\perp} \delta_{n-1,n'} \delta_{m,m'} e^{-i(\gamma_{x,z} - \gamma_{\text{rf}})} \\ &+ \frac{-i\Omega_{y,x}^{\parallel}}{2} \hat{D}^{\parallel} \delta_{n,n'} \delta_{m-1,m'} e^{-i\gamma_{y,x}} \\ &+ \Omega_{y,z}^{\perp} \hat{D}^{\perp} \delta_{n-1,n'} \delta_{m-1,m'} e^{-i(\gamma_{y,z} - \gamma_{\text{rf}})}] + \text{h.c.} \}, \end{aligned}$$
(36)

where $\hat{1}$ is the identity in the rf-eigenbasis and the operators \hat{H}_0 , $\hat{D}^{\perp} = (\hat{D}^x + i\hat{D}^y)/2$ and $\hat{D}^{\parallel} = \hat{D}^z$ are the 3×3 matrices of rf eigenstates computed in the previous subsection. These are

$$\hat{H}_{0} = \begin{pmatrix} \left(\frac{\hbar^{2}(\boldsymbol{q} - \boldsymbol{K}_{y})^{2}}{2m} + E_{y}\right) & 0 & 0\\ 0 & \left(\frac{\hbar^{2}(\boldsymbol{q} - \boldsymbol{K}_{x})^{2}}{2m} + E_{x}\right) & 0\\ 0 & 0 & \left(\frac{\hbar^{2}(\boldsymbol{q} - \boldsymbol{K}_{z})^{2}}{2m} + E_{z}\right) \end{pmatrix}, \quad (37)$$
$$\hat{D}^{\perp} = \hbar \begin{pmatrix} 4(\Omega_{\mathrm{rf}}/\Omega_{*}) & \mathrm{i}\sqrt{1 + (\epsilon/\Omega_{*})} & \sqrt{2}(\epsilon/\Omega_{*})\\ -\mathrm{i}\sqrt{1 + (\epsilon/\Omega_{*})} & 0 & \mathrm{i}\sqrt{1 - (\epsilon/\Omega_{*})}\\ \sqrt{2}(\epsilon/\Omega_{*}) & -\mathrm{i}\sqrt{1 - (\epsilon/\Omega_{*})} & -4(\Omega_{\mathrm{rf}}/\Omega_{*}) \end{pmatrix}, \quad (38)$$

$$\hat{D}^{||} = \hbar \begin{pmatrix} 0 & \frac{2(\Omega_{\rm rf}/\Omega_{*})}{\sqrt{1 + (\epsilon/\Omega_{*})}} & 0\\ \frac{2(\Omega_{\rm rf}/\Omega_{*})}{\sqrt{1 + (\epsilon/\Omega_{*})}} & 0 & \frac{1}{\sqrt{2}}\sqrt{1 - (\epsilon/\Omega_{*})}\\ 0 & \frac{1}{\sqrt{2}}\sqrt{1 - (\epsilon/\Omega_{*})} & 0 \end{pmatrix}.$$
(39)

Figure 4 depicts a quasi-energy unit cell. When $\bar{\phi} = 0$ the two lowest quasi-energies meet at some quasimomentum $\hbar q$. For the parameters used in figure 4, noticeable drift in $\hbar q$ due to close spacing of Floquet unit cells occurs when either $\Omega/\Omega_{\rm rf} < 30$ or $2E_{\rm R}/\Omega_{\rm rf} < 30$. Adjusting the balance of Raman matrix elements, e.g. adjusting laser intensities, can compensate for this drift and return the quasimomentum at which the quasi-energies meet to $\hbar q = 0$. This is a configuration where the degeneracy of the ground state dispersion is maximized.



Figure 5. (a) The ground hyperfine spin projections in ⁸⁷Rb are plotted as a function of magnetic field. A rf magnetic field with amplitude 1 Gauss (G) applied within the $\mathbf{e}_x - \mathbf{e}_y$ plane links $|m_F\rangle$ states split by a dc magnetic field $|\mathbf{B}_{dc}| = 36$ G. (b) In the frame rotating with the oscillating magnetic field, the rf eigenstates, $|x\rangle$, $|y\rangle$, and $|z\rangle$ are plotted as a function of magnetic field. These eigenstates are linked with resonant $\Omega_{y,x}$, $\Omega_{z,y}$, and $\Omega_{x,z}$ Raman coupling. The conjugate couplings $\Omega_{x,y}$, $\Omega_{y,z}$, and $\Omega_{z,x}$ are present but not shown.

Construction of a 3×3 Hamiltonian with fully coupled basis states

In this section we apply the RWA to truncate the Floquet Hamiltonian at a single closed set of resonant couplings and obtain an effective 3×3 Hamiltonian. The validity of the RWA used to produce this Hamiltonian is determined by performing the numerics outlined in the previous subsection. From this Hamiltonian, we analytically determine the conditions necessary to modify the gap between the ground Raman eigenstates.

We take the form of the Raman coupling in equations (21) and (24) and transform them into the rotating frame of the rf, with angular frequency ω_{rf} . Then we substitute the rf eigenstate coupling matrices from equation (31) to determine the form of the Raman coupling in the rf eigenbasis:

$$\hat{H}_{\text{eff}} = \sum_{\beta \neq \beta'} \left\{ \left[\Omega^{\perp}_{\beta,\beta'} \frac{\hat{D}^{x} + i\hat{D}^{y}}{2} \exp(i[\Phi_{\beta,\beta'} + \omega_{\text{rf}}t])\theta(\omega_{\beta,\beta'}) + \text{h.c.} \right] + \Omega^{\parallel}_{\beta,\beta'} \hat{D}^{z} \sin(\Phi_{\beta,\beta'}) \right\}.$$
(40)

We require that the Raman frequency differences resonantly couple rf eigenstates E_i

$$\hbar\omega_{j,j'} \pm \hbar\omega_{\rm rf} \left(\delta_{j,z} - \delta_{j',z}\right) = E_j - E_{j'},\tag{41}$$

$$\hbar\omega_i = E_i \pm \hbar\omega_{\rm rf} \delta_{i,z}.\tag{42}$$

The upper (lower) sign choice corresponds to blue (red) detuning. This RWA is justified in the limit that $|\Omega_{j,j'}| \ll \omega_{j,j'}$ where $\omega_{j,j'} \approx |\Omega_{rf}|$.

Using the laser polarizations recommended in the previous section, essentially setting $\xi_{j,j'}$ parallel to the dc magnetic field B_{dc} for coupling between $|y\rangle$ and $|x\rangle$ and perpendicular otherwise, maximizes the ratio of coupling to laser intensity. The resonant terms comprise an effective Hamiltonian

$$\hat{H}_{\text{eff}} = \sum_{jj'} \left\{ \left[\frac{\hbar^2 \mathbf{k}^2}{2m} + E_j \right] \delta_{j,j'} + \left[\hbar \Omega_{j,j'} \exp(i\Phi_{j,j'}^{\text{rf}}) (1 - \delta_{j,j'}) + \text{h.c.} \right] \right\} |j\rangle \langle j'|, \qquad (43)$$

$$\Omega_{z,y} = \frac{\pm \Omega_{z,y}^{\perp}}{2} D_{z,y}^{x},\tag{44}$$

$$\Omega_{y,x} = \frac{\mp i \Omega_{y,x}^{\parallel}}{2} D_{y,x}^{z},\tag{45}$$

$$\Omega_{x,z} = \frac{\pm i\Omega_{x,z}^{\perp}}{2} D_{x,z}^{y},\tag{46}$$

where $\Phi_{j,j'}^{\text{rf}} = \Phi_{j,j'} \mp \hbar \omega_{\text{rf}} (\delta_{j,z} - \delta_{j',z})$ and $\Omega_{j,j'} = \Omega_{j',j}^*$. The upper (lower) sign choice corresponds to blue (red) detuning. Following a unitary transformation, the Hamiltonian in equation (7) is recovered.

From the matrix elements derived above, we may determine the phase sum $\bar{\phi} = \phi_{z,y} + \phi_{y,x} + \phi_{x,z}$ that contributes in equation (9) to the overall energy of the combined Raman and rf eigenstates:

$$\phi_{j,j'} = \mathrm{i} \ln \left(\frac{\Omega_{j,j'}}{|\Omega_{j,j'}|} \right),\tag{47}$$

$$\phi_{z,y} = \mp \frac{\pi}{2} + \frac{\pi}{2} [1 - \operatorname{sign}(u)] + \operatorname{i} \ln \left(\frac{\boldsymbol{\xi}_{z,y} \cdot (\mathbf{e}_x - \mathrm{i} \mathbf{e}_y)}{|\boldsymbol{\xi}_{z,y} \cdot (\mathbf{e}_x - \mathrm{i} \mathbf{e}_y)|} \right), \tag{48}$$

$$\phi_{y,x} = \mp \frac{\pi}{2} + \frac{\pi}{2} [1 - \operatorname{sign}(u)] + \frac{\pi}{2} [1 - \operatorname{sign}(\eta_{y,x})], \tag{49}$$

$$\phi_{x,z} = \pm \frac{\pi}{2} + \frac{\pi}{2} [1 - \operatorname{sign}(u)] + \operatorname{i} \ln \left(\frac{\boldsymbol{\xi}_{x,z} \cdot (\mathbf{e}_x + \mathrm{i}\mathbf{e}_y)}{|\boldsymbol{\xi}_{x,z} \cdot (\mathbf{e}_x + \mathrm{i}\mathbf{e}_y)|} \right), \tag{50}$$

$$\bar{\phi} = \mp \frac{\pi}{2} + \frac{\pi}{2} [1 - \operatorname{sign}(u)] + \operatorname{i} \ln \left(\frac{\boldsymbol{\xi}_{z,y} \cdot (\mathbf{e}_x - \mathrm{i}\mathbf{e}_y)}{|\boldsymbol{\xi}_{z,y} \cdot (\mathbf{e}_x - \mathrm{i}\mathbf{e}_y)|} \right) + \operatorname{i} \ln \left(\frac{\boldsymbol{\xi}_{x,z} \cdot (\mathbf{e}_x + \mathrm{i}\mathbf{e}_y)}{|\boldsymbol{\xi}_{x,z} \cdot (\mathbf{e}_x + \mathrm{i}\mathbf{e}_y)|} \right) + \frac{\pi}{2} [1 - \operatorname{sign}(\eta_{y,x})].$$
(51)

We usually choose to make the two-photon matrix element u negative: this contributes an overall factor of π to $\bar{\phi}$. Blue (red) detuning the Raman from the rf decreases (increases) $\bar{\phi}$ to $\pi/2$ ($3\pi/2$). The two log terms in equation (51) sum to a phase that is equivalent in radians to the azimuthal angle between the projections of $\xi_{z,y}$ and $\xi_{x,z}$ on the plane perpendicular B_{dc} . The last term changes by a factor of π when one log's argument changes sign. Together, the last three terms on the rhs of equation (51) contribute a phase to $\bar{\phi}$ bounded between 0 and π . The ground eigenstate of the effective Hamiltonian in equation (43) is the Rashba potential when $\bar{\phi} = 0$, 2π . To produce this phase, the Raman must be red detuned from the rf (the lower sign choice) and the last three terms of equation (51) must sum to $\pi/2$. We describe a simple laser geometry in the appendix that satisfies this requirement.

Conclusion

This proposal implements Rashba SOC using the ground atomic states of ⁸⁷Rb. As a result atoms cannot experience collisional deexcitation from the f = 2 hyperfine manifold and the associated heating and decoherence that may disrupt many-body states. Furthermore, we have exchanged technical challenges and expense associated with producing phase locked lasers separated by many GHz in frequency with the challenge of producing $\Omega_{\rm rf} \approx 200$ kHz of amplitude stabilized rf coupling.

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Appendix. Proposed preparation of experiment

Preparing the rf eigenstates

We propose the application of $B_{\rm dc}$ along \mathbf{e}_z with an amplitude necessary to produce a $h \times 30$ MHz linear Zeeman splitting between the ground hyperfine states of ⁸⁷Rb. In the presence of this magnetic field the quadratic Zeeman shift is $\approx h \times 250$ kHz. The ground hyperfine states are dressed by a $\omega_{\rm rf}/2\pi = 30$ MHz rf field with amplitude $\hbar \Omega_{\rm rf} = h \times 200$ kHz that is set equal to the two-photon resonance. In ⁸⁷Rb the necessary amplitude of the rf magnetic field is ~ 0.6 G. The polarization of $\mathbf{B}_{\rm rf}$ should be linear and orthogonal to $B_{\rm dc}$.

The Raman matrix elements given by equations (32)–(34) grow as $\epsilon/|\Omega_{\rm rf}| \to -\infty$; the matrix element in equation (34) is zero when $\epsilon = 0$. Simultaneously, as $\epsilon/|\Omega_{\rm rf}| \to -\infty$ the gap between $|x\rangle$ and $|y\rangle$ closes

$$\Delta_{y,x}^{\mathrm{rf}} = \frac{1}{2} \left(\epsilon + \sqrt{\epsilon^2 + 4|\Omega_{\mathrm{rf}}|^2} \right). \tag{A.1}$$

where $\Delta_{y,x}^{\text{rf}}$ is always the smallest gap in the system and $|\Delta_{y,x}^{\text{rf}}| \to 0$ as $\epsilon/|\Omega_{\text{rf}}| \to -\infty$. When $|\Delta_{y,x}^{\text{rf}}| < |\Omega|$ the states $|x\rangle$ and $|y\rangle$ cannot be separately Raman coupled. Similarly, $D_{y,z}^{x}$ is always the smallest matrix element in the system and $|D_{y,z}^{x}| \to 0$ as $\epsilon/\Omega_{\text{rf}} \to 0$. We compute that the product $|D_{y,z}^{x}\Delta_{y,x}^{\text{rf}}|$ is maximized when $-0.6 < \epsilon/|\Omega_{\text{rf}}| < -1.1$.

The ground eigenstate of the combined Raman and rf coupling becomes ring-like when the Raman coupling exceeds a characteristic energy scale $2E_R$ where $E_R = \hbar^2 k_R^2 / 2m$ and $\hbar k_R$ is the single-photon recoil. $2E_R$ is the



kinetic energy gained when the Raman coupling mediates a spin flip and can vary between 0 and $4\hbar k_{\rm R}^2/2m$ depending upon the laser geometry; $2E_{\rm R}$ is based on a laser geometry where all the lasers are perpendicular to one another. To produce the Rashba potential using our laser scheme and laser geometry the Raman coupling strength is bounded $2E_{\rm R} < \hbar\Omega \ll \hbar\Delta_{y,x}^{\rm rf}$.

In alkali atoms, dc magnetic field fluctuations often limit the long-term stability of an experiment that optically couples two or more magnetically split internal states. This is partly the case because the splitting between internal states is nominally linear with magnetic field. At resonance, the rf eigenstates respond quadratically to magnetic field fluctuations: $\Delta E_j \approx (g_F \mu_B \Delta B)^2 / 2\hbar |\Omega_{rf}|$. When the rf coupling is strong $\hbar |\Omega_{rf}| = h \times 200$ kHz compared to the Zeeman splitting amplitude fluctuations of a lab without active field control $h \times 1$ kHz, the resulting impact of the magnetic fluctuations is reduced $\Delta E_j \approx h \times 5$ Hz. Hence, rf eigenstates produced by sufficiently strong rf coupling become engineered clock states.

Raman laser frequencies, intensity and geometry

We illuminate a cloud of ⁸⁷Rb atoms using three linearly polarized lasers, all with wavelength very near $\lambda = 790.024$ nm. At this wavelength, the two-photon vector light shift matrix element *u* is negative, while the scalar light shifts are zero. The frequencies of these beams are

$$(\omega_L - \omega_j)/2\pi = \omega_L \mp (\omega_{\rm rf} \,\delta_{j,z} \mp E_j/\hbar),\tag{A.2}$$

where $\omega_L = 2\pi c/\lambda$. As shown in figure A1, the upper branch of equation (A.2) corresponds to Raman frequency differences $\omega_{y,z}$, $\omega_{x,z} > \omega_{rf}$ while the lower branch switches the inequality. Compared to the rf frequency the Raman coupling is blue and red detuned, respectively. We write the Raman coupling in terms of the intensity of each laser

$$\Omega_{j,j'} = \frac{\sqrt{I_j I_{j'}}}{R_{j,j'} I_0} \Omega_0,\tag{A.3}$$

$$\Omega_0 = \frac{g_{\rm F}}{g_{\rm s}} \frac{uI_0}{c\epsilon_0} \frac{1}{\hbar},\tag{A.4}$$

where Ω_0 is an arbitrarily chosen coupling strength that we use as a benchmark and $R_{j,j'}$ is a dimensionless coefficient

$$R_{z,y} = \frac{4\hbar}{|\boldsymbol{\xi}_{z,y} \cdot (\mathbf{e}_x - i\mathbf{e}_y)||\hat{D}_{z,y}^{\perp}|},\tag{A.5}$$

$$R_{y,x} = \frac{2\hbar}{|\boldsymbol{\xi}_{y,x} \cdot \mathbf{e}_{z}||\hat{D}_{y,x}^{\parallel}|},\tag{A.6}$$

$$R_{x,z} = \frac{4\hbar}{|\boldsymbol{\xi}_{x,z} \cdot (\mathbf{e}_x + i\mathbf{e}_y)||\hat{D}_{x,z}^{\perp}|}$$
(A.7)

that compensates for laser geometry, applications of the RWA, and matrix elements. We may then solve for the intensities in our system as a ratio of I_0

$$\frac{I_x}{I_0} = \frac{R_{x,y}R_{z,x}}{R_{y,z}},$$
(A.8)



Figure A2. The wavevectors of all lasers are mutually perpendicular. The polarizations (represented as the electric field at an instant in time) are also mutually perpendicular. The π polarized laser requires much more power and should be shifted in frequency by $\omega_{\rm rf}$ relative to the other two lasers.

$$\frac{I_y}{I_0} = \frac{R_{y,z} R_{x,y}}{R_{z,x}},$$
(A.9)

$$\frac{I_z}{I_0} = \frac{R_{z,x} R_{y,z}}{R_{x,y}}.$$
(A.10)

When $\epsilon / |\Omega_{\rm rf}| = -0.8$ these ratios are $I_x / I_0 = 1.1$, $I_y / I_0 = 5.4$ and $I_z / I_0 = 21.5$.

As shown in figure A2(a) the wavevectors \mathbf{k}_x , \mathbf{k}_y , and \mathbf{k}_z are aligned along $-\mathbf{e}_y$, $-\mathbf{e}_z$, and $-\mathbf{e}_x$. The electric fields \mathbf{E}_x , \mathbf{E}_y , and \mathbf{E}_z of these lasers are polarized along \mathbf{e}_x , \mathbf{e}_y , and \mathbf{e}_z . The corresponding Raman coupling vector orientations are $\boldsymbol{\xi}_{z,y} = -\mathbf{e}_x$, $\boldsymbol{\xi}_{x,z} = -\mathbf{e}_y$, and $\boldsymbol{\xi}_{y,x} = -\mathbf{e}_z$. With red detuning and negative *u*, these parameters give $\bar{\phi} = 0$.

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