# NIST Micronutrients Measurement Quality Assurance Program Summer 2011 Comparability Studies 

Results for Round Robin LXX Fat-Soluble Vitamins and Carotenoids in Human Serum and Round Robin 35 Ascorbic Acid in Human Serum

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U.S. Department of Commerce

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#### Abstract

The National Institute of Standards and Technology coordinates the Micronutrients Measurement Quality Assurance Program (MMQAP) for laboratories that measure fat- and water-soluble vitamins and carotenoids in human serum and plasma. This report describes the design of and results for the Summer 2011 MMQAP measurement comparability improvement studies: 1) Round Robin LXX Fat-Soluble Vitamins and Carotenoids in Human Serum and 2) Round Robin 35 Total Ascorbic Acid in Human Serum. The materials for both studies were shipped to participants in May 2011; participants were requested to provide their measurement results by September 19, 2011.


## Keywords

Human Serum<br>Retinol, $\alpha$-Tocopherol, $\gamma$-Tocopherol, Total and Trans- $\beta$-Carotene<br>Total Ascorbic Acid

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## Introduction

Beginning in 1988, the National Institute of Standards and Technology (NIST) has coordinated the Micronutrients Measurement Quality Assurance Program (MMQAP) for laboratories that measure fat- and water-soluble vitamins and carotenoids in human serum and plasma. The MMQAP provides participants with measurement comparability assessment through use of interlaboratory studies, Standard Reference Materials (SRMs) and control materials, and methods development and validation. Serum-based samples with assigned values for the target analytes (retinol, alpha-tocopherol, gamma/betatocopherol, trans- and total beta-carotene, and total ascorbic acid) and performanceevaluation standards are distributed by NIST to laboratories for analysis.

Participants use the methodology of their choice to determine analyte content in the control and study materials. Participants provide their data to NIST, where it is compiled and evaluated for trueness relative to the NIST value, within-laboratory precision, and concordance within the participant community. NIST provides the participants with a technical summary report concerning their performance for each exercise and suggestions for methods development and refinement. Participants who have concerns regarding their laboratory's performance are encouraged to consult with the MMQAP coordinators.

All MMQAP interlaboratory studies consist of individual units of batch-prepared samples that are distributed to each participant. For historical reasons these studies are referred to as "Round Robins". The MMQAP program and the nature of its studies are described elsewhere. [1,2]

## Round Robin LXX: Fat-Soluble Vitamins and Carotenoids in Human Serum

Participants in the MMQAP Fat-Soluble Vitamins and Carotenoids in Human Serum Round Robin LXX comparability study (hereafter referred to as RR70) received one lyophilized and four liquid-frozen human serum test samples for analysis. Unless multiple vials were previously requested, participants received one vial of each serum. These sera were shipped on dry ice to participants in May 2011. The communication materials included in the sample shipment are provided in Appendix A.

Participants are requested to report values for all fat-soluble vitamin-related analytes that are of interest to their organizations. Not all participants report values for the target analytes, and many participants report values for non-target analytes.

The final report delivered to every participant in RR70 consists of three documents:

- A cover letter for the current study, a brief description of the other two documents, and a discussion of our analysis of the overall results that may be of broad interest. This cover letter is reproduced as Appendix B.
- The "All-Lab Report" that lists all of the reported measurement results, a number of consensus statistics for analytes reported by more than one participant, and the mean median and pooled SD from any prior distributions of the serum. This report also provides a numerical "score card" for each participant's measurement
comparability for the more commonly reported analytes. This report is reproduced as Appendix C.
- An "Individualized Report" that graphically analyzes each participant's results for all analytes reported by at least five participants. This report also provides a graphical summary of their measurement comparability. The graphical tools used in this report are described in detail elsewhere [3]. An example "Individualized Report" is reproduced as Appendix D.


## Round Robin 35: Vitamin C in Human Serum

Participants in the MMQAP Vitamin C in Human Serum Round Robin 35 comparability study (hereafter referred to as RR35) received four frozen serum test samples, one frozen control serum, and a solid ascorbic acid control material for analysis. Unless multiple vials were previously requested, participants received one vial of each material. These sample materials were shipped on dry ice to participants in May 2011. The communication materials included in the sample shipment are provided in Appendix E.

The test and control serum materials were prepared by adding equal volumes of $10 \%$ metaphosphoric acid (MPA) to human serum that had been spiked with ascorbic acid. While these samples contain some dehydroascorbic acid, its content is variable. Therefore, the participants report only total ascorbic acid (TAA, ascorbic acid plus dehydroascorbic acid). Participants are also encouraged to prepare calibration solutions from the supplied solid control to enable calibrating their serum measurements to the same reference standard.

The final report delivered to every participant in RR35 consists of three documents:

- A cover letter for the current study, a brief description of the other two documents, and a discussion of our analysis of overall results that may be of broad interest. This cover letter is reproduced as Appendix F.
- The "All-Lab Report" that summarizes all of the reported measurement results and provides several consensus statistics. This report is reproduced as Appendix G.
- An "Individualized Report" that graphically analyzes each participant's results for TAA, including a graphical summary of their measurement comparability. The graphical tools used in this report are described in detail elsewhere [3]. An example "Individualized Report" is reproduced as Appendix H.


## References

1 Duewer DL, Brown Thomas J, Kline MC, MacCrehan WA, Schaffer R, Sharpless KE, May WE, Crowell JA. NIST/NCI Micronutrients Measurement Quality Assurance Program: Measurement Repeatabilities and Reproducibilities for Fat-Soluble Vitamin-Related Compounds in Human Sera. Anal Chem 1997;69(7):1406-1413.

2 Margolis SA, Duewer DL. Measurement Of Ascorbic Acid in Human Plasma and Serum: Stability, Intralaboratory Repeatability, and Interlaboratory Reproducibility. Clin Chem 1996;42(8):1257-1262.

3 Duewer DL, Kline MC, Sharpless KE, Brown Thomas J, Gary KT, Sowell AL. Micronutrients Measurement Quality Assurance Program: Helping Participants Use Interlaboratory Comparison Exercise Results to Improve Their Long-Term Measurement Performance. Anal Chem 1999;71(9):1870-1878.

## Appendix A. Shipping Package Inserts for RR70

The following three items were included in each package shipped to an RR70 participant:

- Cover letter
- Datasheet
- Packing List and Shipment Receipt Confirmation Form

The cover letter and datasheet were enclosed in a sealed waterproof bag along with the samples themselves. The packing list was placed at the top of the shipping box, between the cardboard covering and the foam insulation.

UNITED STATES DEPARTMENT OF COMMERCE National Institute of Standards and Technology Gaithersburg. Maryland 20899 -

May 23, 2011
Dear Colleague:
Enclosed are samples for the second fat-soluble vitamins and carotenoids in serum study (Round Robin LXX) for the 2011 NIST Micronutrients Measurement Quality Assurance Program. The set of samples (Sara 377-381) consists of one vial each of four liquid-frozen serum samples and one lyophilized sample for analysis along with a form for reporting your results. These samples should be stored in the dark at or below $-20^{\circ} \mathrm{C}$ upon receipt. When reporting your results, please submit one value for each analyte for a given serum sample. If a value obtained is below your limit of quantification, please indicate this result on the form by using NQ (Not Quantified). Results are due to NIST by September 19, 2011. Results received more than two weeks after the due date may not be included in the summary report for this round robin study. The feedback report concerning the study will be distributed in October 2011.

Samples should be allowed to stand at room temperature under subdued light until thawed. We recommend that sample mixing be facilitated with 3 to 5 min agitation in an ultrasonic bath or at least 15 min at room temperature with intermittent swirling. (CAUTION: Vigorous shaking will cause foaming and possibly interfere with accurate measurement. The rubber stopper contains phthalate esters that may leach into the sample upon intermittent contact of the liquid sample with the stopper. These esters absorb strongly in the UV region and elute near retinol in most LC systems creating analytical problems.)
Water should not be added to the liquid-frozen samples.
For consistency, we request that laboratories use the following absorptivities $(\mathrm{dL} / \mathrm{g} \cdot \mathrm{cm})$ : retinol, 1843 at 325 nm (ethanol); retinyl palmitate, 975 at 325 nm (ethanol); $\alpha$-tocopherol, 75.8 at 292 nm (ethanol); $\gamma$ tocopherol, 91.4 at 298 nm (ethanol); $\alpha$-carotene, 2800 at 444 nm (hexane); $\beta$-carotene, 2560 at 450 nm (ethanol), 2592 at 452 nm (hexane); and lycopene, 3450 at 472 nm (hexane).

Please report your results for Round Robin LXX by e-mail to david.duewer@nist.gov or fax to 301-9770685. If you have questions or comments regarding this study, please call me at (301) 975-3120 or e-mail me at jbthomas@nist.gg


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$\qquad$
$\qquad$
Round Robin LXX: Human Sera NIST Micronutrients Measurement Quality Assurance Program

| Analyte | 377 | 378 | 379 | 380 | 381 | Units* |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |
| trans-retinol |  |  |  |  |  |  |
| retinyl palmitate |  |  |  |  |  |  |
| $\alpha$-tocopherol |  |  |  |  |  |  |
| $\gamma / \beta$-tocopherol |  |  |  |  |  |  |
| $\delta$-tocopherol |  |  |  |  |  |  |
| total $\beta$-carotene |  |  |  |  |  |  |
| trans- $\beta$-carotene |  |  |  |  |  |  |
| total cis- $\beta$-carotene |  |  |  |  |  |  |
| total $\alpha$-carotene |  |  |  |  |  |  |
| total lycopene |  |  |  |  |  |  |
| trans-lycopene |  |  |  |  |  |  |
| total $\beta$-cryptoxanthin |  |  |  |  |  |  |
| total $\alpha$-cryptoxanthin |  |  |  |  |  |  |
| total lutein |  |  |  |  |  |  |
| total zeaxanthin |  |  |  |  |  |  |
| total lutein\&zeaxanthin |  |  |  |  |  |  |
| total coenzyme Q10 |  |  |  |  |  |  |
| ubiquinol $\left(\mathrm{QH}_{2}\right)$ |  |  |  |  |  |  |
| ubiquinone (Qox) |  |  |  |  |  |  |
| phylloquinone ( $\mathrm{K}_{1}$ ) |  |  |  |  |  |  |
| 25-hydroxyvitamin D |  |  |  |  |  |  |
| Phytoene |  |  |  |  |  |  |
| Phytofluene |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

* we prefer $\mu \mathrm{g} / \mathrm{mL}$

Were the liquid-frozen samples (378 to 381) frozen when received? Yes | No
Comments:
$\qquad$
$\qquad$

## Fat-Soluble Vitamins Round Robin LXX NIST Micronutrients Measurement Quality Assurance Program

## Packing List and Shipment Receipt Confirmation Form

This box contains: one vial each of the following five FSV M ${ }^{2}$ QAP sera

| Serum | Form |  | Reconstitute? |  |
| :--- | :--- | :--- | :--- | :--- |
|  | \#377 | Lyophilized |  | Yes |
| $\# 378$ | Liquid frozen |  | No | Amber/Red |
| $\# 379$ | Liquid frozen |  | No | Amber/Blue |
| $\# 380$ | Liquid frozen | No |  | Amber/Green |
| $\# 381$ | Liquid frozen | No |  | Amber/Green |
|  |  |  | Amber/Red |  |

Please 1) Open the pack immediately
2) Check that it contains all of the above samples
3) Check if the vials are intact
4) Store the sera at $-20^{\circ} \mathrm{C}$ or below until analysis
5) Complete the following information
6) Fax the completed form to us at 301-977-0685
(or email requested information to david.duewer@nist.gov)

1) Date this shipment arrived: $\qquad$
2) Are all five sera vials intact? Yes | No If "No", which one(s) were damaged?
3) Was there any dry-ice left in cooler? Yes | No
4) Did the liquid frozen samples (\#378 to \#381) arrive frozen? Yes | No
5) At what temperature are you storing the serum samples? $\qquad$ ${ }^{\circ} \mathrm{C}$
6) When do you anticipate analyzing these samples? $\qquad$

## Your prompt return of this information is appreciated.

The M ${ }^{2}$ QAP Gang

## Appendix B. Final Report for RR70

The following two pages are the final report as provided to all participants:

- Cover letter.
- An information sheet that:
o describes the contents of the "All-Lab" report,
o describes the content of the "Individualized" report,
o describes the nature of the test samples and details their previous distributions, if any, and
o summarizes aspects of the study that we believe may be of interest to the participants.

Dear Colleague:
Enclosed is the summary report of the results for round robin LXX (RR70) of the 2011 NIST Micronutrients Measurement Quality Assurance Program ( $\mathrm{M}^{2} \mathrm{QAP}$ ) for the fat-soluble vitamins and carotenoids in human serum. Included in this report are: 1) a summary of data and measurement comparability scores for all laboratories, 2) a detailed graphical analysis of your results; and 3) a graphical summary of your measurement comparability.

Your overall measurement comparability is summarized in the "Score Card" summary, page 6 of the All Lab Report. Combined results rated 1 to 3 are within 1 to 3 standard deviations of the assigned value, respectively; those rated 4 are $>3$ standard deviations from the assigned value. Similar information is presented graphically in the "target plots" that are the last page of your Individualized Report. If you have concerns regarding your laboratory's performance, please contact us for consultation.

Samples for the first fat-soluble vitamins and carotenoids in serum interlaboratory exercise (RR71) of the 2012 M $^{2}$ QAP will be shipped starting January 9, 2011. Please contact us immediately if this schedule is problematic for your laboratory.

If you have any questions regarding this report, please contact Dave Duewer at david.duewer@nist.gov or me at jbthomas@nist.gov, tel: 301/975-3120, or fax: 301/977-0685.


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## Enclosures

Cc: L.C. Sander

The NIST M ${ }^{2}$ QAP Round Robin LXX (RR70) report consists of:

| Page | "All Lab" Report |
| :---: | :--- |
| $1-4$ | A listing of all results and statistics for analytes reported by more than one participant. |
| 5 | A listing of the analytes reported by only one participant and a legend for the list of results <br> and statistics. |
| 6 | The text Comparability Summary ("Score Card") of measurement performance. |
| Page | "Individualized" Report |
| 1 | Your values, the number of labs reporting values, and our assigned values. |
| 2 to | "Four Plot" summaries of your current and past measurement performance, one page for |
| n | each analyte you report that is also reported by at least 8 other participants. |
| $\mathrm{n}+1$ | The graphical Comparability Summary (target plot) of measurement performance. |

Samples. Five samples were distributed in RR70.

| Serum | Description |  | Prior Distributions |
| :---: | :--- | :--- | :--- | :--- |
| 377 | Lyophilized, native serum prepared in 1999. Serum <br> \#380 is the liquid-frozen partner of this sample. |  | \#270:RR49-3/01, \#276:RR50-9/01, |
| 378 | \#367:RR68-9/10 |  |  |
| Fresh-frozen, native, multi-donor serum prepared in <br> 2005. This serum was prepared as a blend of the <br> \#381 pool and a second pool with generally higher <br> analyte levels. |  | \#315:RR58-9/05, \#335:RR62-9/07 |  |

## Results

1) Sera Stability. There was no significant change in the median level or measurement variability of any measurand in any of the materials.
2) SRM 968e. Sera \#379 is the "high" retinol, $\alpha$-tocopherol and $\beta$-carotene component of SRM 968e. It was prepared without spiking.

## Appendix C. "All-Lab Report" for RR70

The following six pages are the "All-Lab Report" as provided to all participants, with two exceptions:

- the participant identifiers (Lab) have been altered.
- the order in which the participant results are listed has been altered.

The data summary in the "All-Lab Report" has been altered to ensure confidentiality of identification codes assigned to laboratories.
Round Robin LXX Laboratory Results

|  | Total Retinol, $\mu \mathrm{g} / \mathrm{mL}$ |  |  |  |  | trans-Retinol, $\mu \mathrm{g} / \mathrm{mL}$ |  |  |  |  | Retinyl Palmitate, $\mu \mathrm{g} / \mathrm{mL}$ |  |  |  |  | $\alpha$-Tocopherol, $\mu \mathrm{g} / \mathrm{mL}$ |  |  |  |  | $\gamma / \beta$-Tocopherol, $\mu \mathrm{g} / \mathrm{mL}$ |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Lab | 377 | 378 | 379 | 380 | 381 | 377 | 378 | 379 | 380 | 381 | 377 | 378 | 379 | 380 | 381 | 377 | 378 | 379 | 380 | 381 | 377 | 378 | 379 | 380 | 381 |
| FSV-BA | 0.692 | 0.532 | 0.713 | 0.698 | 0.430 |  |  |  |  |  | 0.018 | 0.053 | 0.181 | 0.021 | 0.012 | 5.93 | 9.28 | 18.1 | 6.17 | 4.13 | 2.37 | 1.86 | 2.44 | 2.44 | 1.81 |
| FSV-BB | 0.641 | 0.486 | 0.683 | 0.688 | 0.397 |  |  |  |  |  | 0.023 | 0.039 | 0.064 | 0.023 | 0.008 | 5.45 | 8.57 | 16.8 | 5.84 | 3.71 | 2.08 | 1.64 | 2.16 | 2.19 | 1.62 |
| FSV-BC | 0.652 | 0.480 | 0.676 | 0.669 | 0.400 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-BD | 0.635 | 0.468 | 0.649 | 0.681 | 0.378 |  |  |  |  |  |  |  |  |  |  | 6.30 | 9.00 | 18.9 | 6.60 | 5.00 |  |  |  |  |  |
| FSV-BE | 0.635 | 0.530 | 0.694 | 0.706 | 0.393 |  |  |  |  |  |  |  |  |  |  | 4.62 | 8.05 | 16.6 | 5.18 | 3.36 | 1.87 | 1.64 | 2.17 | 2.11 | 1.54 |
| FSV-BF | 0.600 | 0.480 | 0.670 | 0.640 | 0.350 |  |  |  |  |  |  |  |  |  |  | 5.40 | 8.30 | 16.5 | 5.60 | 3.90 |  |  |  |  |  |
| FSV-BG | 0.729 | 0.501 | 0.674 | 0.721 | 0.395 |  |  |  |  |  | 0.017 | 0.041 | 0.115 | 0.017 | 0.012 | 6.95 | 9.54 | 19.2 | 6.87 | 4.27 | 2.67 | 1.80 | 2.32 | 2.62 | 1.74 |
| FSV-BH | 0.642 | 0.466 | 0.646 | 0.689 | 0.373 |  |  |  |  |  |  |  |  |  |  | 6.24 | 9.93 | 19.9 | 6.63 | 4.42 | 2.27 | 1.72 | 2.26 | 2.34 | 1.76 |
| FSV-BJ | 0.613 | 0.449 | 0.608 | 0.630 | 0.351 |  |  |  |  |  |  |  |  |  |  | 6.16 | 10.07 | 19.6 | 6.47 | 4.01 | 2.17 | 1.71 | 2.15 | 2.23 | 1.56 |
| FSV-BK | 0.648 | 0.499 | 0.656 | 0.681 | 0.403 |  |  |  |  |  |  |  |  |  |  | 6.00 | 9.41 | 18.8 | 6.50 | 4.23 |  |  |  |  |  |
| FSV-BL | 0.660 | 0.520 | 0.690 | 0.660 | 0.370 |  |  |  |  |  |  |  |  |  |  | 6.46 | 10.34 | 19.8 |  | 4.31 |  |  |  |  |  |
| FSV-BM | 0.660 | 0.500 | 0.640 | 0.660 | 0.396 |  |  |  |  |  |  |  |  |  |  | 6.20 | 9.80 | 18.7 | 6.90 | 5.50 |  |  |  |  |  |
| FSV-BN | 0.649 | 0.417 | 0.626 | 0.598 | 0.333 |  |  |  |  |  |  |  |  |  |  | 5.67 | 7.31 | 16.8 | 5.28 | 3.43 |  |  |  |  |  |
| FSV-BO | 0.520 | 0.420 | 0.540 | 0.580 | 0.330 |  |  |  |  |  |  |  |  |  |  | 5.10 | 8.40 | 15.7 | 5.50 | 3.70 | 1.90 | 1.60 | 1.90 | 2.10 | 1.50 |
| FSV-BP | 0.618 | 0.451 | 0.631 | 0.652 | 0.371 |  |  |  |  |  |  |  |  |  |  | 6.36 | 10.34 | 18.8 | 6.63 | 4.75 |  |  |  |  |  |
| FSV-BQ | 0.620 | 0.400 | 0.580 | 0.530 | 0.310 |  |  |  |  |  |  |  |  |  |  | 5.00 | 9.00 | 17.0 | 5.00 | 4.00 |  |  |  |  |  |
| FSV-BR | 0.630 | 0.490 | 0.650 | 0.650 | 0.340 |  |  |  |  |  |  |  |  |  |  | 6.50 | 8.90 | 19.0 | 6.20 | 4.30 |  |  |  |  |  |
| FSV-BS | $\geq 0.605$ | $\geq 0.474$ | $\geq 0.719$ | $\geq 0.648$ | $\geq 0.387$ | 0.605 | 0.474 | 0.719 | 0.648 | 0.387 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-BT | 0.559 | 0.461 | 0.596 | 0.616 | 0.356 |  |  |  |  |  |  |  |  |  |  | 5.67 | 9.14 | 18.3 | 6.28 | 4.11 | 2.00 | 1.62 | 2.26 | 2.13 | 1.51 |
| FSV-BU | 0.607 | 0.488 | 0.581 | 0.606 | 0.355 |  |  |  |  |  |  |  |  |  |  | 6.05 | 9.96 | 19.0 | 6.20 | 4.19 | 2.14 | 1.80 | 2.15 | 2.24 | 1.64 |
| FSV-BV | 0.636 | 0.518 | 0.657 | 0.701 | 0.390 |  |  |  |  |  |  |  |  |  |  | 6.65 | 10.75 | 19.9 | 6.99 | 4.38 | 2.36 | 1.92 | 2.37 | 2.54 | 1.78 |
| FSV-BW | 0.595 | 0.444 | 0.589 | 0.626 | 0.354 |  |  |  |  |  | 0.017 | 0.032 | 0.062 | 0.016 | 0.011 | 5.42 | 8.27 | 16.6 | 5.71 | 3.59 | 2.12 | 1.58 | 2.04 | 2.29 | 1.60 |
| FSV-CC | 0.647 | 0.488 | 0.668 | 0.664 | 0.377 | 0.639 | 0.483 | 0.663 | 0.654 | 0.371 |  |  |  |  |  | 6.26 | 9.83 | 20.0 | 6.39 | 4.30 |  |  |  |  |  |
| FSV-CD | 0.577 | 0.459 | 0.584 | 0.677 | 0.339 |  |  |  |  |  | 0.021 | 0.074 | 0.107 | 0.020 | 0.019 | 6.93 | 10.64 | 19.0 | 7.50 | 5.23 | 3.50 | 1.75 | 2.12 | 2.29 | 1.64 |
| FSV-CE | 0.770 | 0.480 | 0.660 | 0.700 | 0.430 |  |  |  |  |  |  |  |  |  |  | 5.10 | 10.00 | 20.4 | 6.65 | 5.52 |  |  |  |  |  |
| FSV-CG | 0.672 | 0.501 | 0.673 | 0.673 | 0.393 |  |  |  |  |  |  |  |  |  |  | 5.33 | 9.48 | 17.8 | 6.19 | 4.18 | 2.13 | 1.86 | 2.31 | 2.41 | 1.79 |
| FSV-CI | 0.704 | 0.541 | 0.741 | 0.747 | 0.405 |  |  |  |  |  | 0.012 | 0.050 | 0.108 | 0.014 | 0.001 | 5.71 | 8.93 | 18.2 | 6.18 | 4.02 | 2.36 | 1.69 | 2.39 | 2.42 | 1.68 |
| FSV-CW | 0.866 | 0.499 | 0.573 | 0.705 | 0.363 |  |  |  |  |  | 0.016 | 0.053 | 0.094 | 0.019 | 0.004 | 4.42 | 8.64 | 17.3 | 5.54 | 4.00 | 1.80 | 1.60 | 2.09 | 2.10 | 1.58 |
| FSV-CZ | 0.641 | 0.542 | 0.637 | 0.657 | 0.395 |  |  |  |  |  |  |  |  |  |  | 6.35 | 9.29 | 18.6 | 6.08 | 4.12 | 2.06 | 1.63 | 2.03 | 2.10 | 1.59 |
| FSV-DD | 0.620 | 0.460 | 0.640 | 0.600 | 0.360 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-DQ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 10.36 | 22.5 | 7.02 | 4.47 | 2.47 | 2.07 | 3.15 | 2.89 | 2.03 |
| FSV-DV | 0.677 | 0.512 | 0.683 | 0.686 | 0.405 |  |  |  |  |  |  |  |  |  |  | 5.80 | 8.40 | 16.2 | 5.80 | 3.90 |  |  |  |  |  |
| $\begin{aligned} & \text { FSV-EE } \\ & \text { FSV-FK } \end{aligned}$ | 0.597 | 0.452 | 0.609 | 0.609 | 0.369 |  |  |  |  |  |  |  |  |  |  | 6.00 | 9.10 | 17.5 | 6.40 | 4.30 |  |  |  |  |  |
| N | 31 | 31 | 31 | 31 | 31 | 2 | 2 | 2 | 2 | 2 | 7 | 7 | 7 | 7 | 7 | 30 | 30 | 30 | 30 | 30 | 17 | 17 | 17 | 17 | 17 |
| Min | 0.520 | 0.400 | 0.540 | 0.530 | 0.310 | 0.605 | 0.474 | 0.663 | 0.648 | 0.371 | 0.012 | 0.032 | 0.062 | 0.014 | 0.001 | 4.42 | 7.31 | 15.7 | 5.00 | 3.36 | 1.80 | 1.58 | 1.90 | 2.10 | 1.50 |
| Median | 0.641 | 0.486 | 0.649 | 0.664 | 0.373 | 0.622 | 0.479 | 0.691 | 0.651 | 0.379 | 0.017 | 0.050 | 0.107 | 0.019 | 0.011 | 5.97 | 9.29 | 18.7 | 6.24 | 4.19 | 2.14 | 1.71 | 2.17 | 2.29 | 1.64 |
| Max | 0.866 | 0.542 | 0.741 | 0.747 | 0.430 | 0.639 | 0.483 | 0.719 | 0.654 | 0.387 | 0.023 | 0.074 | 0.181 | 0.023 | 0.019 | 6.95 | 10.75 | 22.5 | 7.50 | 5.52 | 3.50 | 2.07 | 3.15 | 2.89 | 2.03 |
| SD | 0.034 | 0.038 | 0.040 | 0.050 | 0.033 |  |  |  |  |  | 0.002 | 0.013 | 0.019 | 0.004 | 0.004 | 0.58 | 0.98 | 1.7 | 0.59 | 0.28 | 0.32 | 0.13 | 0.19 | 0.23 | 0.14 |
| CV | 5 | 8 | 6 | 8 | 9 |  |  |  |  |  | 11 | 26 | 18 | 19 | 36 | 10 | 11 | 9 | 9 | 7 | 15 | 8 | 9 | 10 | 9 |
| Npast | 36 | 33 | 32 | 39 | 34 | 11 | 6 | 7 | 11 | 6 | 10 | 11 | 10 | 10 | 8 | 40 | 35 | 33 | 42 | 35 | 22 | 22 | 19 | 24 | 22 |
| Medianpast | 0.635 | 0.498 | 0.655 | 0.666 | 0.390 | 0.617 | 0.490 | 0.618 | 0.657 | 0.385 | 0.023 | 0.050 | 0.089 | 0.026 | 0.012 | 5.97 | 9.43 | 18.7 | 6.39 | 4.19 | 2.23 | 1.80 | 2.24 | 2.34 | 1.74 |
| SDpast | 0.052 | 0.045 | 0.060 | 0.060 | 0.029 | 0.040 | 0.031 | 0.087 | 0.048 | 0.037 | 0.010 | 0.009 | 0.029 | 0.012 | 0.004 | 0.49 | 0.65 | 1.4 | 0.63 | 0.31 | 0.17 | 0.13 | 0.21 | 0.21 | 0.10 |
| NAV | 0.641 | 0.486 | 0.649 | 0.664 | 0.373 |  |  |  |  |  | 0.017 | 0.050 | 0.107 | 0.019 | 0.011 | 5.97 | 9.29 | 18.7 | 6.24 | 4.19 | 2.14 | 1.71 | 2.17 | 2.29 | 1.64 |
| NAU | 0.051 | 0.039 | 0.051 | 0.053 | 0.033 |  |  |  |  |  | 0.011 | 0.016 | 0.028 | 0.011 | 0.010 | 0.58 | 0.98 | 1.7 | 0.59 | 0.44 | 0.32 | 0.18 | 0.22 | 0.23 | 0.18 |

Round Robin LXX Laboratory Results

Round Robin LXX Laboratory Results

|  | Total Lycopene, $\mu \mathrm{g} / \mathrm{mL}$ |  |  |  |  | trans-Lycopene, $\mu \mathrm{g} / \mathrm{mL}$ |  |  |  |  | Total $\beta$-Cryptoxanthin, $\mu \mathrm{g} / \mathrm{mL}$ |  |  |  |  | Total $\alpha$-Cryptoxanthin, $\mu \mathrm{g} / \mathrm{mL}$ |  |  |  |  | Total Lutein, $\mu \mathrm{g} / \mathrm{mL}$ |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Lab | 377 | 378 | 379 | 380 | 381 | 377 | 378 | 379 | 380 | 381 | 377 | 378 | 379 | 380 | 381 | 377 | 378 | 379 | 380 | 381 | 377 | 378 | 379 | 380 | 381 |
| FSV-BA | 0.221 | 0.225 | 0.95 | 0.231 | 0.136 | 0.136 | 0.128 | 0.446 | 0.147 | 0.072 | 0.065 | 0.056 | 0.054 | 0.065 | 0.043 | 0.039 | 0.022 | 0.033 | 0.037 | 0.016 |  |  |  |  |  |
| FSV-BB | 0.199 | 0.209 | 0.73 | 0.202 | 0.113 | 0.100 | 0.097 | 0.314 | 0.111 | 0.052 | 0.041 | 0.039 | 0.032 | 0.045 | 0.029 | 0.019 | 0.010 | 0.013 | 0.021 | 0.007 | 0.099 | 0.068 | 0.145 | 0.102 | 0.0221 |
| FSV-BC |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-BD |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-BE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-BF |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-BG | 0.205 | 0.211 | 0.96 | 0.229 | 0.144 | 0.128 | 0.116 | 0.500 | 0.160 | 0.083 | 0.055 | 0.044 | 0.024 | 0.053 | 0.036 |  |  |  |  |  |  |  |  |  |  |
| FSV-BH | 0.229 | 0.248 | 1.03 | 0.241 | 0.144 |  |  |  |  |  | 0.050 | 0.053 | 0.037 | 0.054 | 0.039 |  |  |  |  |  | 0.083 | 0.063 | 0.123 | 0.085 | 0.0167 |
| FSV-BJ | 0.143 | 0.168 | 0.81 | 0.156 | 0.076 |  |  |  |  |  | 0.029 | 0.033 | 0.017 | 0.028 | 0.017 |  |  |  |  |  | 0.072 | 0.057 | 0.111 | 0.069 | $n q$ |
| FSV-BK |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-BL |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-BM |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-BN | 0.224 | 0.199 | 0.91 | 0.206 | 0.113 |  |  |  |  |  | 0.054 | 0.042 | 0.057 | 0.051 | 0.028 |  |  |  |  |  |  |  |  |  |  |
| FSV-BO | 0.180 | 0.188 | 0.61 | 0.185 | 0.104 |  |  |  |  |  | 0.035 | 0.036 | 0.015 | 0.038 | 0.026 |  |  |  |  |  | 0.095 | 0.076 | 0.132 | 0.112 | 0.0270 |
| FSV-BP | 0.254 | 0.233 | 1.00 | 0.278 | 0.253 |  |  |  |  |  | 0.046 | 0.048 | 0.050 | 0.054 | 0.049 |  |  |  |  |  |  |  |  |  |  |
| FSV-BQ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-BR |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-BS | 0.219 | 0.216 0.216 | 0.90 0.83 | 0.214 0.212 | 0.158 0.151 | 0.150 | 0.143 0.135 | 0.604 0.388 | 0.149 0.148 | 0.099 0.082 | 0.033 | 0.021 0.034 | 0.060 0.031 | 0.029 0.042 | 0.022 0.026 |  |  |  | 0.020 | 0.020 | 0.062 | 0.035 | 0.078 | 0.066 | 0.0110 |
| FSV-BU | 0.221 | 0.231 | 0.85 | 0.256 | nq |  |  | 0.388 |  |  | 0.044 | 0.034 0.042 | 0.031 0.027 | 0.045 | nq |  | 0.014 | 0.028 | 0.020 | 0.020 |  |  |  |  |  |
| FSV-BV | 0.218 | 0.245 | 0.98 | 0.258 | 0.150 |  |  |  |  |  | 0.034 | 0.034 | 0.020 | 0.036 | 0.025 |  |  |  |  |  |  |  |  |  |  |
| FSV-BW | 0.100 | 0.200 | 0.86 | 0.220 | 0.100 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-CC |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-CD | 0.332 | 0.369 | 1.05 | 0.349 | 0.214 |  |  |  |  |  | 0.062 | 0.064 | 0.054 | 0.067 | 0.045 | 0.029 | 0.013 | 0.040 | 0.031 | $n q$ |  |  |  |  |  |
| FSV-CE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-CG | 0.195 | 0.272 | 0.97 | 0.244 | 0.161 | 0.124 | 0.154 | 0.478 | 0.151 | 0.088 | 0.065 | 0.070 | 0.063 | 0.067 | 0.049 |  |  |  |  |  |  |  |  |  |  |
| FSV-CI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 0.080 | 0.054 | 0.102 | 0.082 | 0.0220 |
| FSV-CW |  |  |  |  |  | 0.108 | 0.117 | 0.354 | 0.126 | 0.067 | 0.040 | 0.040 | 0.026 | 0.049 | 0.029 |  |  |  |  |  |  |  |  |  |  |
| FSV-CZ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-DD |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-DQ | 0.350 | 0.188 | 0.68 | 0.302 | 0.217 |  |  |  |  |  | 0.067 | 0.060 | 0.044 | 0.070 | 0.049 |  |  |  |  |  | 0.086 | 0.079 | 0.162 | 0.095 | 0.0240 |
| FSV-DV |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-EE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FSV-FK |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| N | 16 | 16 | 16 | 16 | 15 | 7 | 7 | 7 | 7 | 7 | 16 | 16 | 16 | 16 | 15 | 4 | 4 | 4 | 4 | 3 | 7 | 7 | 7 | 7 | 6 |
| Min | 0.100 | 0.168 | 0.61 | 0.156 | 0.076 | 0.100 | 0.097 | 0.314 | 0.111 | 0.052 | 0.029 | 0.021 | 0.015 | 0.028 | 0.017 | 0.018 | 0.010 | 0.013 | 0.020 | 0.007 | 0.062 | 0.035 | 0.078 | 0.066 | 0.0110 |
| Median | 0.219 | 0.216 | 0.91 | 0.230 | 0.144 | 0.128 | 0.128 | 0.446 | 0.148 | 0.082 | 0.045 | 0.042 | 0.035 | 0.050 | 0.029 | 0.024 | 0.014 | 0.031 | 0.026 | 0.016 | 0.083 | 0.063 | 0.123 | 0.085 | 0.0221 |
| Max | 0.350 | 0.369 | 1.05 | 0.349 | 0.253 | 0.150 | 0.154 | 0.604 | 0.160 | 0.099 | 0.067 | 0.070 | 0.063 | 0.070 | 0.049 | 0.039 | 0.022 | 0.040 | 0.037 | 0.020 | 0.099 | 0.079 | 0.162 | 0.112 | 0.0270 |
| SD | 0.025 | 0.025 | 0.12 | 0.037 | 0.045 | 0.021 | 0.018 | 0.086 | 0.004 | 0.015 | 0.015 | 0.012 | 0.022 | 0.015 | 0.010 | 0.008 | 0.003 | 0.009 | 0.008 |  | 0.017 | 0.014 | 0.030 | 0.023 | 0.0051 |
| CV | 11 | 12 | 14 | 16 | 32 | 17 | 14 | 19 | 3 | 19 | 33 | 28 | 64 | 29 | 35 | 34 | 23 | 29 | 31 |  | 20 | 22 | 25 | 28 | 23 |
| Npast | 23 | 20 | 17 | 24 | 20 | 10 | 9 | 8 | 10 | 9 | 22 | 21 | 17 | 24 | 21 | 5 | 5 | 4 | 6 | 9 | 13 | 14 | 9 | 13 | 13 |
| Medianpast | 0.226 | 0.243 | 0.96 | 0.234 | 0.151 | 0.123 | 0.119 | 0.399 | 0.134 | 0.069 | 0.048 | 0.045 | 0.032 | 0.051 | 0.035 | 0.023 | 0.020 | 0.021 | 0.027 | 0.009 | 0.086 | 0.063 | 0.121 | 0.089 | 0.0242 |
| SDpast | 0.034 | 0.037 | 0.19 | 0.036 | 0.029 | 0.024 | 0.019 | 0.092 | 0.021 | 0.012 | 0.009 | 0.007 | 0.011 | 0.008 | 0.004 | 0.005 | 0.010 | 0.008 | 0.003 | 0.002 | 0.021 | 0.011 | 0.021 | 0.013 | 0.0057 |
| NAV | 0.219 | 0.216 | 0.91 | 0.230 | 0.144 | 0.128 | 0.128 | 0.446 | 0.148 | 0.082 | 0.045 | 0.042 | 0.035 | 0.050 | 0.029 | 0.024 | 0.014 | 0.031 | 0.026 | 0.016 | 0.083 | 0.063 | 0.123 | 0.085 | 0.0221 |
| NAU | 0.053 | 0.052 | 0.17 | 0.055 | 0.045 | 0.022 | 0.022 | 0.086 | 0.026 | 0.015 | 0.015 | 0.012 | 0.022 | 0.015 | 0.010 |  |  |  |  |  | 0.017 | 0.014 | 0.030 | 0.023 | 0.0052 |

Round Robin LXX Laboratory Results



## Round Robin LXX Laboratory Results

## Analytes Reported By One Laboratory

| Analyte | Code | 377 | 378 | 379 | 380 | 381 |
| ---: | :---: | :--- | :--- | :--- | :--- | :--- |
| Phytofluene, $\mu \mathrm{g} / \mathrm{mL}$ | FSV-BS | 0.049 | 0.082 | 0.351 | 0.052 | 0.040 |
| Phytoene, $\mu \mathrm{g} / \mathrm{mL}$ | FSV-BS | $n d$ | $n d$ | 0.124 | $n d$ | $n d$ |
|  |  | $n d$ | $n d$ |  |  |  |

N Number of (non-NIST) quantitative values reported for this analyte
Min Minimum (non-NIST) quantitative value reported
Median Median (non-NIST) quantitative value reported
Max Maximum (non-NIST) quantitative value reported
SD Adjusted median absolute deviation from the median of the non-NIST results
CV Coefficient of Variation for (non-NIST) results: 100*SD/Median

| $N_{\text {past }}$ | Mean of $\mathrm{N}(\mathrm{s})$ from past RR(s) |
| :---: | :---: |
| Median ${ }_{\text {past }}$ | Mean of Median(s) from past RR(s) |
| SD past | Pooled SD from past RR(s) |
| NIST | Mean of NIST results |
| NAV | NIST Assigned Value <br> $=($ Median + NIST $) / 2$ for analytes reported by NIST <br> $=$ Median for analytes reported by $\geq 5$ labs but not NIST |
| NAU | NIST Assigned Uncertainty: $\sqrt{ }\left(\mathrm{S}^{2}+\mathrm{Sbtw}^{2}\right)$ <br> $S$ is the maximum of ( $0.05^{*}$ NAV, SD, SD past, eSD) and Sbtw is the standard deviation between Median and NIST. The expected long-term SD, eSD, is defined in: Duewer et al., Anal Chem 1997;69(7):1406-1413. |
| nd | Not detected (i.e., no detectable peak for analyte) |
| nq | Detected but not quantitatively determined |
| ? | Non-quantitative value: extrapolated beyond upper limit of calibration curve |
| italics | Not explicitly reported but calculated by NIST from reported values |

Round Robin LXX Laboratory Results
Comparability Summary

| Lab | TR | aT | $\mathrm{g} / \mathrm{bT}$ | bC |  | aC | TLy | TbX | TLu |  | L\&Z |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| FSV-BA | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 2 |  |  | 2 |
| FSV-BB | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 3 | 1 |
| FSV-BC | 1 |  |  |  |  |  |  |  |  |  |  |
| FSV-BD | 1 | 1 |  |  |  |  |  |  |  |  |  |
| FSV-BE | 1 | 2 | 1 | 1 |  |  |  |  |  |  |  |
| FSV-BF | 1 | 2 |  | 1 |  |  |  |  |  |  |  |
| FSV-BG | 2 | 1 | 2 | 2 |  | 1 | 1 | 1 |  |  | 1 |
| FSV-BH | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 |
| FSV-BJ | 1 | 1 | 1 | 1 |  |  | 2 | 2 | 1 |  |  |
| FSV-BK | 1 | 1 |  |  |  |  |  |  |  |  |  |
| FSV-BL | 1 | 1 |  |  |  |  |  |  |  |  |  |
| FSV-BM | 1 | 2 |  |  |  |  |  |  |  |  |  |
| FSV-BN | 2 | 2 |  | 2 |  | 2 | 1 | 1 |  |  | 2 |
| FSV-BO | 2 | 2 | 1 | 1 |  | 1 | 2 | 1 | 1 | 1 | 1 |
| FSV-BP | 1 | 1 |  | 2 |  | 4 | 2 | 2 |  |  | 1 |
| FSV-BQ | 2 | 2 |  |  |  |  |  |  |  |  |  |
| FSV-BR | 1 | 1 |  |  |  |  |  |  |  |  |  |
| FSV-BS | 1 |  |  | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 3 |
| FSV-BT | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |  |  | 1 |
| FSV-BU | 1 | 1 | 1 | 2 |  | 2 | 1 | 1 |  |  | 1 |
| FSV-BV | 1 | 2 | 1 | 1 |  | 1 | 1 | 1 |  |  | 1 |
| FSV-BW | 1 | 2 | 1 | 2 |  | 2 | 2 |  |  |  |  |
| FSV-CC | 1 | 1 |  |  |  |  |  |  |  |  |  |
| FSV-CD | 2 | 2 | 3 | 4 |  | 4 | 3 | 2 |  |  | 4 |
| FSV-CE | 2 | 2 |  | 3 |  |  |  |  |  |  |  |
| FSV-CG | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 2 |  |  | 2 |
| FSV-CI | 2 | 1 | 1 | 1 |  | 2 |  |  | 1 | 1 | 1 |
| FSV-CW | 3 | 2 | 1 | 1 |  | 1 |  | 1 |  |  | 2 |
| FSV-CZ | 1 | 1 | 1 | 2 |  |  |  |  |  |  |  |
| FSV-DD | 1 |  |  |  |  |  |  |  |  |  |  |
| FSV-DQ |  | 2 | 3 | 2 |  | 1 | 2 | 2 | 1 | 1 | 1 |
| FSV-DV | 1 | 1 |  |  |  |  |  |  |  |  |  |
| FSV-FK | 1 | 1 |  |  |  |  |  |  |  |  |  |
| n | 32 | 30 | 17 | 22 | 6 | 17 | 16 | 16 | 7 | 6 | 16 |
|  | TR | aT | $\mathrm{g} / \mathrm{bT}$ | bC | tbC | aC | TLy | TbX | TLu | TZ | L\&Z |
| \% 1 | 69 | 60 | 82 | 55 | 83 | 53 | 63 | 56 | 86 | 50 | 63 |
| \% 2 | 28 | 40 | 6 | 36 | 17 | 35 | 31 | 44 | 14 | 33 | 25 |
| \% 3 | 3 | 0 | 12 | 5 | 0 | 0 | 6 | 0 | 0 | 17 | 6 |
| \% 4 | 0 | 0 | 0 | 5 | 0 | 12 | 0 | 0 | 0 | 0 | 6 |


| Label | Definition |
| ---: | :--- |
| Lab | Participant code |
| TR | Total Retinol |
| aT | $\alpha$-Tocopherol |
| g/bT | $\gamma / \beta$-Tocopherol |
| bC | Total $\beta$-Carotene |
| tbC | trans- $\beta$-Carotene |
| aC | Total $\alpha$-Carotene |
| TLy | Total Lycopene |
| TbX | Total $\beta$-Cryptoxanthin |
| TLu | Total Lutein |
| TZ | Total Zeaxanthin |
| L\&Z | Total Lutein \& Zeaxanthin |
|  |  |
| n | number of participants providing quantitative data |
| \% 1 | Percent of CS = 1 (within 1 SD of medians) |
| \% 2 | Percent of CS = 2 (within 2 SD of medians) |
| \% 3 | Percent of CS = 3 (within 3 SD of medians) |
| $\% 4$ | Percent of CS = 4 (3 or more SD from medians) |

## "Comparability Score"

The Comparability Score (CS) summarizes your measurement performance for a given analyte relative to the consensus medians in this study. CS is the average distance (in units of standard deviation) of your measurement performance characteristics from the consensus performance. CS is calculated when the number of quantitative values you reported, $\mathrm{N}_{\text {you }}$, is at least two and at least six participants reported quantitative values for the analyte.

We define CS as follows:
$\operatorname{CS}=\operatorname{MINIMUM}\left(4, \operatorname{INTEGER}\left(1+\sqrt{\mathrm{C}^{2}+A P^{2}}\right)\right)$
$C=$ Concordance $=\frac{\sum_{i=1}^{N_{\text {you }}} \frac{\text { You }_{i}-\text { Median }_{i}}{\text { NAU }_{i}}}{N_{\text {you }}}$
AP $=$ Apparent Precision $=\sqrt{\frac{\sum_{i=1}^{N_{\text {you }}}\left(\frac{\text { You }_{i}-\text { Median }_{i}}{N A U_{i}}\right)^{2}}{N_{\text {you }}-1}}$
NAU $=$ NIST Assigned Uncertainty
For further details, please see
Duewer DL, Kline MC, Sharpless KE, Brown Thomas J, Gary KT. Micronutrients Measurement Quality Assurance Program: Helping participants use interlaboratory comparison exercise results to improve their long-term measurement performance. Anal Chem 1999;71(9):1870-8.

## Appendix D. Representative "Individualized Report" for RR70

Each participant in RR70 received an "Individualized Report" reflecting their reported results. Each report included a detailed analysis for analytes that were assayed by at least five participants. The following analytes met this criterion in RR70:

- Total Retinol
- Retinyl Palmitate
- $\alpha$-Tocopherol
- $\gamma / \beta$-Tocopherol
- $\delta$-Tocopherol
- Total $\beta$-Carotene
- trans- $\beta$-Carotene
- Total cis- $\beta$-Carotene
- Total $\alpha$-Carotene
- Total Lycopene
- trans-Lycopene
- Total $\beta$-Cryptoxanthin
- Total Lutein
- Total Zeaxanthin
- Total Lutein \& Zeaxanthin
- Coenzyme Q10

The following sixteen pages are the "Individualized Report" for the analytes evaluated by participant FSV-BA.
Individualized Round Robin LXX Report: FSV-BA

You: Your reported values for the listed analytes (micrograms/milliliter)
NAV: NIST Assigned Values, here equal to this RR's median
$\mathrm{n}:$ Number of non-NIST laboratories reporting quantitative values for
IIST laboratories reporting quantitative values for this analyte in this serum
Please check our records against your records. Send corrections and/or updates to...
Micronutrients Measurement Quality Assurance Program National Institute of Standards and Technology 100 Bureau Drive Stop 8392

## Individualized RR LXX Report: FSV-BA

Total Retinol, $\mu \mathrm{g} / \mathrm{mL}$


- You, this RR
$\triangle$ You, $\geq x$, this RR
$\Delta$ You, $\geq x$, past RRs
+ Others, this RR
O You, past RRs
Expectation
For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
History
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor
49\#270, 50\#276, 68\#367
58\#315, 62\#335
66\#359, 67\#363, 69\#373
48\#267, 50\#274, 68\#368
58\#316, 62\#336


You, this RR
O You, past RRs
Expectation
$\Delta$ You, $\geq x$, past RRs

## Individualized RR LXX Report: FSV-BA

Retinyl Palmitate, $\mu \mathrm{g} / \mathrm{mL}$






- You, this RR
$\triangle$ You, $\geq x$, this RR
$\Delta$ You, $\geq x$, past RRs
+ Others, this RR
O You, past RRs
Expectation
For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor

History
$\xrightarrow{\text { History }}$
49\#270, 50\#276, 68\#367
58\#315, 62\#335
66\#359, 67\#363, 69\#373
48\#267, 50\#274, 68\#368
58\#316, 62\#336

## Individualized RR LXX Report: FSV-BA



For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
History
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor
49\#270, 50\#276, 68\#367
58\#315, 62\#335
66\#359, 67\#363, 69\#373
48\#267, 50\#274, 68\#368
58\#316, 62\#336

## Individualized RR LXX Report: FSV-BA



For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
History
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor
49\#270, 50\#276, 68\#367
58\#315, 62\#335
66\#359, 67\#363, 69\#373
48\#267, 50\#274, 68\#368
58\#316, 62\#336

## Individualized RR LXX Report: FSV-BA



For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
History
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor
49\#270, 50\#276, 68\#367
58\#315, 62\#335
66\#359, 67\#363, 69\#373
48\#267, 50\#274, 68\#368
58\#316, 62\#336

## Individualized RR LXX Report: FSV-BA



For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor

History
8\#367
49\#270, 50\#276, 68\#367
58\#315, 62\#335
66\#359, 67\#363, 69\#373
48\#267, 50\#274, 68\#368
58\#316, 62\#336

## Individualized RR LXX Report: FSV-BA

Total cis- $\beta$-Carotene, $\mu \mathrm{g} / \mathrm{mL}$






- You, this RR
$\triangle$ You, $\geq x$, this RR
- You, past RRs
$\Delta$ You, $\geq x$, past RRs
+ Others, this RR
Expectation
For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor

History
$\xrightarrow{\text { B\#367 }}$
49\#270, 50\#276, 68\#367
58\#315, 62\#335
66\#359, 67\#363, 69\#373
48\#267, 50\#274, 68\#368
58\#316, 62\#336

## Individualized RR LXX Report: FSV-BA

Total $\alpha$-Carotene, $\mu \mathrm{g} / \mathrm{mL}$

For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
History
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor



$\Delta$ You, $\geq \mathrm{x}$, past RRs $\quad+$ Others, this RR

A You, $\geq x$, this RR

## Individualized RR LXX Report: FSV-BA

Total Lycopene, $\mu \mathrm{g} / \mathrm{mL}$






- You, this RR
$\triangle$ You, $\geq x$, this RR
O You, past RRs
$\Delta$ You, $\geq x$, past RRs
+ Others, this RR
Expectation
For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor

History
$\xrightarrow{\text { History }}$
49\#270, 50\#276, 68\#367
58\#315, 62\#335
66\#359, 67\#363, 69\#373
48\#267, 50\#274, 68\#368
58\#316, 62\#336

## Individualized RR LXX Report: FSV-BA



For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Serum
Comments
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor

History
49\#270, 50\#276, 68\#367
58\#315, 62\#335
66\#359, 67\#363, 69\#373
48\#267, 50\#274, 68\#368
58\#316, 62\#336

## Individualized RR LXX Report: FSV-BA

Total $\beta$-Cryptoxanthin, $\mu \mathrm{g} / \mathrm{mL}$

$\Delta$ You, $\geq x$, this RR
$\Delta$ You, $\geq x$, past RRs $\quad+$ Others, this RR

For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
History
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor
49\#270, 50\#276, 68\#367
58\#315, 62\#335
66\#359, 67\#363, 69\#373
48\#267, 50\#274, 68\#368
58\#316, 62\#336



## Individualized RR LXX Report: FSV-BA

Total Lutein, $\mu \mathrm{g} / \mathrm{mL}$


For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
History
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor
49\#270, 50\#276, 68\#367
58\#315, 62\#335
66\#359, 67\#363, 69\#373
48\#267, 50\#274, 68\#368
58\#316, 62\#336

## Individualized RR LXX Report: FSV-BA

Total Zeaxanthin, $\mu \mathrm{g} / \mathrm{mL}$





$\triangle$ You, $\geq x$, this RR
$\Delta$ You, $\geq x$, past RRs $\quad+$ Others, this $R R$

For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor

History
$\xrightarrow{\text { History }}$
49\#270, 50\#276, 68\#367
58\#315, 62\#335
66\#359, 67\#363, 69\#373
48\#267, 50\#274, 68\#368
58\#316, 62\#336

## Individualized RR LXX Report: FSV-BA

Total Lutein\&Zeaxanthin, $\mu \mathrm{g} / \mathrm{mL}$


- You, this RR
$\triangle$ You, $\geq x$, this RR
$\Delta$ You, $\geq x$, past RRs
+ Others, this RR
O You, past RRs

Expectation
For details of the construction and interpretation of these plots, see:
Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments
History
\#377 Lyophilized, same native pool as \#380
\#378 Fresh-frozen, native, multi-donor
\#379 Fresh-frozen, native, multi-donor: SRM 968e III
\#380 Fresh-frozen, same native pool as \#377
\#381 Fresh-frozen, native, multi-donor



- Others, this RR
Individualized Round Robin LXX Report: FSV-BA




Graphical Comparability Summary










## Appendix E. Shipping Package Inserts for RR35

The following five items were included in each package shipped to an RR35 participant:

- Cover letter
- Protocol for Preparation and Analysis of the Ascorbic Acid Solid Control Material
- Preparation and Validation of Ascorbic Acid Solid Control Material Datasheet
- Analysis of Control Materials and Test Samples Datasheet
- Packing List and Shipment Receipt Confirmation Form

The cover letter, preparation protocol, and the two datasheets were enclosed in a sealed waterproof bag along with the samples themselves. The packing list was placed at the top of the shipping box, between the cardboard covering and the foam insulation.


UNITED STATES DEPARTMENT OF COMMERCE National Institute of Standards and Technology Gaithersburg, Maryland 20899-

May 23, 2011

## Dear Colleague:

The samples within this package constitute Vitamin C Round Robin 35 (RR35) of the 2011Micronutrients Measurement Quality Assurance Program. RR35 consists of four vials of frozen serum test samples (\#351, \#352 \#353, and \#354), one vial of frozen control serum (CS \#1), and one vial of ascorbic acid solid control material (Control). Please follow the attached protocols when you prepare and analyze these samples. If you cannot prepare the solid control solutions gravimetrically, please prepare equivalent solutions volumetrically and report the exact volumes used. (Routine 0.5 g gravimetric measurements are generally 10 -fold more accurate than routine 0.5 mL volumetric measurements.)

Please use the control serum to validate the performance of your measurement system before you analyze the test samples. The target value for $C S \# 1$ is $8.41 \mu \mathrm{~mol} / \mathrm{L}$ of sample; the $\approx 95 \%$ confidence interval for the target value is 7.75 to $9.07 \mu \mathrm{~mol} / \mathrm{L}$ of sample.

Please be aware that sample contact with any oxidant-contaminated surface (vials, glassware, etc.) may degrade your measurement system's performance (SA Margolis and E Park, "Stability of Ascorbic Acid in Solutions in Autosampler Vials", Clinical Chemistry 2001, 47(8), 1463-1464). You should suspect such degradation if you observe unusually large variation in replicate analyses.

Please report your results (using the attached form) for RR35 by e-mail to david.duewer@nist.gov or fax to 301-977-0685 by September 19, 2011. If you have questions or comments regarding this study, please call me at (301) 975-3120 or e-mail me at jbthomas@nist.gov.


[^0]
# Micronutrient Measurement Quality Assurance Program for Vitamin C 

Please Read Through Completely BEFORE Analyzing Samples

## Protocol for Preparation and Analysis of the Ascorbic Acid Solid Control Material

The ascorbic acid solid control material (in the amber vial) should be prepared and used in the following manner:

1) Prepare at least 500 mL of $5 \%$ mass fraction metaphosphoric acid (MPA) in distilled water. This solution will be referred to as the "Diluent" below.
2) Weigh 0.20 to 0.22 g of the ascorbic acid solid control material to 0.0001 g (if possible), dissolve it in the Diluent in a 100 mL volumetric flask, and dilute with the Diluent to the 100 mL mark. Weigh the amount of Diluent added to 0.1 g . Record the weights. The resulting material will be referred to as the "Stock Solution" below.
3) Prepare three dilute solutions of the Stock Solution as follows:

Dilute Solution 1: Weigh 0.500 mL of the Stock Solution to 0.0001 g into a 100 mL volumetric flask; dilute with Diluent to the 100 mL mark. Record the weight.

Dilute Solution 2: Weigh 0.250 mL of the Stock Solution to 0.0001 g into a 100 mL volumetric flask; dilute with Diluent to the 100 mL mark. Record the weight.

Dilute Solution 3: Weigh 0.125 mL of the Stock Solution to 0.0001 g into a 100 mL volumetric flask; dilute with Diluent to the 100 mL mark. Record the weight.
4) Calculate and record the total ascorbic acid concentrations, [TAA], in these Dilute Solutions. If you follow the above gravimetric preparation directions, the [TAA] in $\mu \mathrm{mol} / \mathrm{L}$ is calculated:

$$
[\mathrm{TAA}]_{\mathrm{DS}}=\frac{(\mathrm{g} \text { Stock Solution in Dilute Solution }) \cdot(\mathrm{g} \mathrm{AA} \text { in Stock Solution }) \cdot(56785 \mu \mathrm{~mol} / \mathrm{g} \cdot \mathrm{~L})}{(\mathrm{g} \text { AA in Stock Solution })+(\mathrm{g} \text { Diluent in Stock Solution })}
$$

For example, if you prepared the Stock Solution with 0.2000 g of solid ascorbic acid and 103.0 g of Diluent, then 0.5 mL of the Stock Solution should weigh $(0.2+103) / 200=0.52 \mathrm{~g}$ and $[T A A]_{\text {DS } 1}=(0.52 \mathrm{~g})(0.2 \mathrm{~g}) \cdot(56785 \mu \mathrm{~mol} / \mathrm{g} \cdot \mathrm{L}) /(0.2+103 \mathrm{~g})=57.2 \mu \mathrm{~mol} / \mathrm{L}$. Likewise, 0.25 mL of the Stock Solution should weigh 0.26 g and $[\mathrm{TAA}]_{\mathrm{DS} 2}=29.4 \mu \mathrm{~mol} / \mathrm{L}$ and 0.125 mL should weigh 0.13 g and $[\mathrm{TAA}]_{\mathrm{DS} 3}=14.2 \mu \mathrm{~mol} / \mathrm{L}$.
5) Measure the ultraviolet absorbance spectrum of Dilute Solution 1 against the Diluent as the blank using paired 1 cm path length cuvettes. Record the absorbance at 242, 243, 244, and 245 nm . Record the maximum absorbance ( $\mathrm{A}_{\max }$ ) within this region. Record the wavelength $\left(\lambda_{\max }\right)$ at which this maximum occurs.

The extinction coefficient $\left(\mathrm{E}^{1 \%}\right)$ of ascorbic acid at $\lambda_{\max }$ (using a cell with a 1 cm path length) of Dilute Solution \#1 can be calculated:

$$
\mathrm{E}^{1 \%}\left(\frac{\mathrm{dL}}{\mathrm{~g} \cdot \mathrm{~cm}}\right)=\frac{\left(\mathrm{A}_{\text {max }}\right) \cdot((\mathrm{g} \mathrm{AA} \text { in Stock Solution })+(\mathrm{g} \text { Diluent in Stock Solution }))}{(\mathrm{g} \text { Stock Solution in Dilute Solution } 1) \cdot(\mathrm{g} \mathrm{AA} \text { in Stock Solution })}
$$

If your spectrophotometer is properly calibrated, $\lambda_{\max }$ should be between 243 and 244 nm and $\mathrm{E}^{1 \%}$ should be $550 \pm 30 \mathrm{dL} / \mathrm{g} \cdot \mathrm{cm}$. If they are not, you should recalibrate the wavelength and/or absorbance axes of your spectrophotometer and repeat the measurements.
6) Measure and record the concentration of total ascorbic acid in all three dilute solutions and in the $5 \%$ MPA Diluent in duplicate using exactly the same method that you will use for the serum control materials and test samples, including any enzymatic treatment. We recommend that you analyze these solutions in the following order: Diluent, Dilute Solution 1, Dilute Solution 2, Dilute Solution 3, Dilute Solution 3, Dilute Solution 2, Dilute Solution 1, Diluent.
a) Compare the values of the duplicate measurements. Are you satisfied that your measurement precision is adequate?
b) Compare the measured with the calculated [TAA] values. This is most conveniently done by plotting the measured values on the $y$-axis of a scatterplot against the calculated values on the $x$-axis. The line through the four \{calculated, measured\} data pairs should go through the origin with a slope of 1.0. Are you satisfied with the agreement between the measured and calculated values?
Do not analyze the serum control materials or test samples until you are satisfied that your system is performing properly!
7) Once you have confirmed that your system is properly calibrated, analyze the serum control CS \#2 (see protocol below). The target values for this materials is $28.1 \pm 1.0 \mu \mathrm{~mol} / \mathrm{L}$ of sample. If your measured values are not close to this value, please review your sample preparation procedure and whether you followed exactly the same measurement protocol the solutions prepared from the solid control material as you used for these serum controls. If the protocols differ, please repeat from Step 6 using the proper protocol. If the proper protocol was used, your measurement system may not be suitable for MPA-preserved samples; please contact us at 301-975-3120 or jbthomas@NIST.gov.
Do not analyze the test samples until you are satisfied that your system is performing properly and is suitable for the analysis of MPA-preserved serum!

## Protocol for Analysis of the Serum Control Materials and Test Samples

The serum control material and test samples are in sealed ampoules. They were prepared by adding equal volumes of $10 \%$ MPA to spiked human serum. We have checked the samples for stability and homogeneity. Only the total ascorbic acid is stable. While these samples contain some dehydroascorbic acid, its content is variable. Therefore, only total ascorbic acid should be reported. The serum control material and test samples should be defrosted by warming at $20^{\circ} \mathrm{C}$ for not more than 10 min otherwise some irreversible degradation may occur.

Each serum test sample contains between 0.0 and $80.0 \mu \mathrm{~mol}$ of total ascorbic acid/L of solution. The total ascorbic acid in each ampoule should be measured in duplicate. Please report your results in $\mu \mathrm{mol} /(\mathrm{L}$ of the sample solution) rather than $\mu \mathrm{mol} /(\mathrm{L}$ of serum NIST used to prepare the sample).
$\qquad$ Date: $\qquad$ Vitamin C Round Robin 35
NIST Micronutrient Measurement Quality Assurance Program Preparation and Validation of Ascorbic Acid Solid Control Material STOCK SOLUTION
Mass of ascorbic acid in the Stock Solution ..... g
Mass of 5\% MPA Diluent added to the 100 mL volumetric flask ..... g
DILUTE SOLUTION 1
Mass of added stock solution $(0.5 \mathrm{~mL})$ ..... g
Mass of 5\% MPA Diluent added to the 100 mL volumetric flask ..... g
Absorbance of Dilute Solution 1 at 242 nm ..... AU
Absorbance of Dilute Solution 1 at 243 nm ..... AU
Absorbance of Dilute Solution 1 at 244 nm ..... AU
Absorbance of Dilute Solution 1 at 245 nm ..... AU
Absorbance of Dilute Solution absorbance maximum ..... AU
Wavelength of maximum absorbance ..... nm
Calculated $\mathrm{E}^{1 \%}$

$\qquad$
$\mathrm{dL} / \mathrm{g} \cdot \mathrm{cm}$Calculated $[\mathrm{TAA}]_{\text {DS } 1}$
$\qquad$ $\mu \mathrm{mol} / \mathrm{L}$
DILUTE SOLUTION 2
Mass of added stock solution ( 0.25 mL ) ..... g
Mass of 5\% MPA Diluent added to the 100 mL volumetric flask ..... g
Calculated $[\mathrm{TAA}]_{\mathrm{DS} 2}$

$\qquad$ $\mu \mathrm{mol} / \mathrm{L}$

## DILUTE SOLUTION 3

Mass of added stock solution ( 0.125 mL ) ..... g
Mass of 5\% MPA Diluent added to the 100 mL volumetric flask ..... g
Calculated [TAA] ${ }_{\text {DS3 }}$
$\qquad$

Participant \#: $\qquad$ Date: $\qquad$

# Vitamin C Round Robin 35 <br> NIST Micronutrient Measurement Quality Assurance Program <br> <br> Analysis of Control Materials and Test Samples 

 <br> <br> Analysis of Control Materials and Test Samples}

| Sample | Replicate 1 | Replicate 2 | Units |
| :---: | :---: | :---: | :---: |
| Dilute Solution 1 |  |  | $\mu \mathrm{mol} / \mathrm{L}$ of Dilute Solution |
| Dilute Solution 2 |  |  | $\mu \mathrm{mol} / \mathrm{L}$ of Dilute Solution |
| Dilute Solution 3 |  |  | $\mu \mathrm{mol} / \mathrm{L}$ of Dilute Solution |
| 5\% MPA Diluent |  |  | $\mu \mathrm{mol} / \mathrm{L}$ of Diluent |
| CS \#1 |  |  | $\mu \mathrm{mol} / \mathrm{L}$ of Sample <br> Target: $8.41 \mu \mathrm{~mol} / \mathrm{L}$ ( $7.75 \mu \mathrm{~mol} / \mathrm{L}$ to $9.07 \mu \mathrm{~mol} / \mathrm{L}$; $95 \%$ confidence interval) |
| Serum Test Sample \#351 |  |  | $\mu \mathrm{mol} / \mathrm{L}$ of Sample |
| Serum Test Sample \#352 |  |  | $\mu \mathrm{mol} / \mathrm{L}$ of Sample |
| Serum Test Sample \#353 |  |  | $\mu \mathrm{mol} / \mathrm{L}$ of Sample |
| Serum Test Sample \#354 |  |  | $\mu \mathrm{mol} / \mathrm{L}$ of Sample |

Were samples frozen upon receipt? Yes | No
Analysis method: HPLC-EC | HPLC-Fluor DAB | HPLC-OPD | HPLC-UV | AO-OPD | Other If "Other", please describe:

## COMMENTS:

$\qquad$

## Vitamin C Round Robin 35

NIST Micronutrients Measurement Quality Assurance Program

## Packing List and Shipment Receipt Confirmation Form

This box contains one vial each of the following six VitC M ${ }^{2}$ QAP samples:

| Label |  | Form |
| :---: | :---: | :---: |
| VitC \#351 |  | Liquid frozen (1:1 serum:10\% MPA) |
| VitC \#352 |  | Liquid frozen (1:1 serum:10\% MPA) |
| VitC \#353 |  | Liquid frozen (1:1 serum:10\% MPA) |
| VitC \#354 |  | Liquid frozen (1:1 serum:10\% MPA) |
| CS \#1 |  | Liquid frozen (1:1 serum:10\% MPA) |
| Control | Solid AA |  |

Please 1) Open the pack immediately
2) Check that it contains one vial each of the above samples
3) Check if the samples arrived frozen
4) Store the samples at $-20^{\circ} \mathrm{C}$ or below until analysis
5) Complete the following information
6) Fax the completed form to us at 301-977-0685
(or email requested information to david.duewer@nist.gov)

1) Date this shipment arrived: $\qquad$
2) Are all of the vials intact? Yes | No If "No", which one(s) were damaged?
3) Was there any dry-ice left in cooler? Yes | No
4) Did the samples arrive frozen? Yes | No
5) At what temperature are you storing the samples? $\qquad$ ${ }^{\circ} \mathrm{C}$
6) When do you anticipate analyzing these samples? $\qquad$

## Your prompt return of this information is appreciated.

The M ${ }^{2}$ QAP Gang

## Appendix F. Final Report for RR35

The following two pages are the final report as provided to all participants:

- Cover letter.
- An information sheet that:
o describes the contents of the "All-Lab" report,
o describes the content of the "Individualized" report,
o describes the nature of the test samples and details their previous distributions, if any, and
o summarizes aspects of the study that we believe may be of interest to the participants.

UNITED STATES DEPARTMENT OF COMMERCE National Institute of Standards and Tachnolagy Gaitharsburg. Maryiand $20899-$

November 21, 2011
Dear Colleague:
Enclosed is the summary report of the results for Round Robin 35 (RR35) for the measurement of total ascorbic acid (TAA, ascorbic acid plus dehydroascorbic acid) in human serum. Included in this report are a summary of data for all laboratories and an individualized summary of your laboratory's measurement performance. The robust median is used to estimate the consensus value for all samples, the "median absolute deviation from the median" (MADe) is used to estimate the expected standard deviation, and the coefficient of variation (CV) is defined as $100 \times \mathrm{MADe} / \mathrm{median}$.

RR35 consisted of four test samples (S351, S352, S353, and S354), one serum control material (CS\#1), and one solid control material for preparation of TAA control solutions. Details regarding the samples can be found in the enclosed report.

If you have concerns regarding your laboratory's performance, we suggest that you obtain and analyze a unit of Standard Reference Material (SRM) 970, Vitamin C in Frozen Human Serum. SRM 970 can be purchased from the NIST SRM Program at phone: 301-975-6776; fax: 301-948-3730. If your measured values do not agree with the certified values, we suggest that you contact us for consultation.

Samples for the first vitamin C round robin (RR36) of the 2012 M $^{2}$ QAP will be shipped starting January 9,2012 . Please contact us immediately if this schedule is problematic for your laboratory.

If you have questions or concerns regarding this report, please contact David Duewer at 301-975-3935; email: david.duewer@nist.gov or me at 301-975-3320; e-mail: jbthomas@nist.gov; or fax: 301-977-0685.


Jeanice Brown Thomas, M.B.A.
Research Chemist
Analytical Chemistry Division Material Measurement Laboratory


Research Chemometrician Analytical Chemistry Division Material Measurement Laboratory

Enclosures
Cc: L. C. Sander

The NIST M ${ }^{2}$ QAP Vitamin C Round Robin 35 (RR35) report consists of

| Page | "Individualized" Report |
| :---: | :--- |
| 1 | Summarizes your reported values for the nominal $55 \mathrm{mmol} / \mathrm{L}$ solution you prepared from the <br> ascorbic acid solid control sample, the serum control sample, and the four serum test <br> samples. |
| 2 | Graphical summary of your RR35 sample measurements. |
| Page | "All Lab" Report |$|$| A tabulation of results and summary statistics for Total Ascorbic Acid [TAA] in the RR35 |
| :--- |
| samples and control/calibration solutions. |

Serum-based Samples. One serum control and four unknowns were distributed in RR35.
CS\#1 SRM 970 level 1, ampouled in mid-1998.
S35:1 Ampouled in late 2009, previously distributed as sample S33:3 (RR33, Fall 09) and S34:2 (RR34, Spring 10)
S35:2 Ampouled in late 2009, previously distributed as sample S32:2 (RR32, Spring 09) and S34:2 (RR34, Spring 10)
S35:3 Ampouled in late 2009, previously distributed as sample S32:3 (RR32, Spring 09)
S35:4 Ampouled in late 2009, previously distributed as sample S32:4 (RR32, Spring 09) and S34:3 (RR34, Spring 10)

## Results.

1) All participants who prepared the four $5 \%$ MPA control/calibration solutions (the three "Dilute Solutions" and the "Diluent") did so correctly. The criteria used to evaluate this success are: the density of the $5 \%$ MPA ( $\approx 1.03 \mathrm{gm} / \mathrm{mL}$ ), the observed wavelength maximum of "Dilute Solution $\# 1 "(\approx 244 \mathrm{~nm})$, the observed absorbance at that maximum ( $\approx 0.58 \mathrm{OD})$, the calculated $\mathrm{E}^{1 \%} \# 1 "(\approx 560$ $\mathrm{dL} / \mathrm{g} \cdot \mathrm{cm})$.
2) The Measured $=\mathrm{a}+\mathrm{b} *$ Gravimetric calibration parameters for the control/calibration solutions (columns 10 to 13 of the All Lab Report) indicate that the measurement systems for all participants are linear ( $\mathrm{R}^{2}$ close to 1 and RMS close to 0.0 ) and well calibrated (intercepts range from - 0.4 to 0.6 and slopes range from 0.94 to 1.14 ).
3) The Measured $=\mathrm{p}+\mathrm{q}^{*}$ Median regression parameters for samples $\mathrm{S} 35: 1$ to $\mathrm{S} 35: 4$ (columns 23 to 26 of the All Lab Report) confirm the linearity of all measurement systems ( $\mathrm{R}^{2}$ close to 1 and RMS close to 0.0 ).
4) There is no evidence of sample degradation.

## Appendix G. "All-Lab Report" for RR35

The following single page is the "All-Lab Report" as provided to all participants, with two exceptions:

- the participant identifiers (Lab) have been altered.
- the order in which the participant results are listed has been altered.

The data summary in the "All-Lab Report" has been altered to ensure confidentiality of identification codes assigned to laboratories.

| 9 | 10 | 10 | 10 | 10 |
| ---: | ---: | ---: | ---: | ---: |
| 8.6 | 15.4 | 23.2 | 30.6 | 45.2 |
| 1.3 | 2.4 | 2.6 | 2.8 | 4.2 |





[^1]
## Appendix H. Representative "Individualized Report" for RR35

Each participant in RR35 received an "Individualized Report" reflecting their reported results. The following two pages are the "Individualized Report" for participant "VC-MA".

## Vitamin C "Round Robin" 35 Report: Participant VC-MA



Dilute Solution 1
Control/Calibration Solutions Spectrophotometry $\quad Y_{\text {meas }}=$ Inter + Slope $^{*} X_{\text {grav }}$

| $\lambda_{\max }$ | $\mathrm{A}_{\max }$ | $\mathrm{E}^{1 \%}$ |
| ---: | ---: | ---: |
| 242.0 | 0.569 | 555.6 |
| 244.0 | 0.566 | 546.1 |
| 242.0 | 0.566 | 545.1 |
| 244.0 | 0.560 | 540.5 |
| 244.0 | 0.575 | 555.2 |
| 242.0 | 0.568 | 547.7 |
| 243.0 | 0.57 | 548.4 |
| 1.1 | 0.00 | 5.9 |
| 0.45 | 0.9 | 1.1 |


| Inter | Slope | $\mathrm{R}^{2}$ | SEE |
| ---: | ---: | :--- | ---: |
| 0.2 | 1.03 | 1.000 | 0.40 |
| -0.1 | 1.02 | 1.000 | 0.20 |
| 0.3 | 1.03 | 1.000 | 0.46 |
| 0.4 | 1.08 | 1.000 | 0.43 |
| 0.6 | 1.14 | 1.000 | 0.78 |
| 0.0 | 1.03 | 1.000 | 0.24 |
| Pooled SEE |  |  |  |

1.1
[TAA] mmol/Lsample

| Date | RR | Sample | $\mathrm{Rep}_{1}$ | $\mathrm{Rep}_{2}$ | $\mathrm{F}_{\text {adj }}$ | Mean | $\mathrm{SD}_{\text {dup }}$ | N | Mean | $\mathrm{SD}_{\text {repeat }}$ | SD ${ }_{\text {reprod }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 09/27/10 | 33 | S33:3 | 16.6 | 16.8 | 1.0 | 16.7 | 0.1 | 3 | 16.4 | 0.5 | 0.5 |
| 02/28/11 | 34 | S34:2 | 16.3 | 15.7 | 1.0 | 16.0 | 0.4 |  |  |  |  |
| 08/24/11 | 35 | S35:1 | 16.1 | 17.1 | 1.0 | 16.6 | 0.7 |  |  |  |  |
| 02/24/10 | 32 | S32:2 | 26.2 | 26.0 | 1.0 | 26.1 | 0.1 | 3 | 25.8 | 0.2 | 1.1 |
| 09/27/10 | 33 | S33:4 | 26.9 | 26.4 | 1.0 | 26.7 | 0.4 |  |  |  |  |
| 08/24/11 | 35 | S35:2 | 24.7 | 24.5 | 1.0 | 24.6 | 0.2 |  |  |  |  |
| 02/24/10 | 32 | S32:3 | 33.4 | 32.8 | 1.0 | 33.1 | 0.5 | 2 | 33.2 | 0.3 | 0.3 |
| 08/24/11 | 35 | S35:3 | 33.4 | 33.4 | 1.0 | 33.4 | 0.1 |  |  |  |  |
| 02/24/10 | 32 | S32:4 | 49.0 | 48.6 | 1.0 | 48.8 | 0.3 | 3 | 48.9 | 0.2 | 1.0 |
| 02/28/11 | 34 | S34:3 | 47.9 | 48.1 | 1.0 | 48.0 | 0.1 |  |  |  |  |
| 08/24/11 | 35 | S35:4 | 50.2 | 49.8 | 1.0 | 50.0 | 0.3 |  |  |  |  |

Please check our records against your records. Send corrections and/or updates to...

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## Vitamin C "Round Robin" 35 Report: Participant VC-MA

Total Ascorbic Acid, $\mu \mathrm{mol} / \mathrm{mL}$



For details of the construction and interpretation of these plots, see: Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

## Sample

Comments
S35:1 VitC \#351, previously distributed in RRs 33 and 34
S35:2 VitC \#352, previously distributed in RR 32 and 33
S35:3 VitC \#353, previously distributed in RR 32
S35:4 VitC \#354, previously distributed in RR32 and 34


[^0]:    Enclosures: . Protocols, Preparation and Analysis of Control Materials and Analysis of Test Samples RR35 Report Form for Ascorbic Acid Solid Control Material Preparation RR35 Report Form for Control Material and Test Sample Analyses

[^1]:    a) $5 \%$ Trichloroacetic acid solution
    b) By our err, provided with $\mathrm{CS} \# 2$ rat

