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# Aqueous fullerene aggregates ( $nC_{60}$ ) generate minimal reactive oxygen species and are of low toxicity in fish: a revision of previous reports

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This review aims to clarify inconsistencies in previous reports regarding the potential for aqueous aggregates of fullerenes ( $nC_{60}$ ) to generate reactive oxygen species (ROS) and cause toxicity in fish. Methods for evaluation of ROS production and toxicity of aqueous  $nC_{60}$  have evolved over time and limitations in initial studies have led to unintentional erroneous reports of  $nC_{60}$  ROS generation and toxicity. Some of these reports continue to lead to misconceptions of the environmental effects of  $C_{60}$ . Critical review of the evidence (2007–2011) indicates that aqueous  $nC_{60}$  have minimal potential to produce ROS and that oxidative stress in fish is not induced by environmentally relevant exposure to  $nC_{60}$ . Future studies should acknowledge that current evidence indicates low toxicity of  $nC_{60}$  and refrain from citing articles that attribute toxicity in fish to  $nC_{60}$  based on methods shown to be compromised by experimental artifacts. Despite low toxicity of  $nC_{60}$  in fish, an emerging environmental issue is that  $nC_{60}$  can affect environmental fate, transport, and bioavailability of co-contaminants in aquatic environments in a similar manner to that observed for other anthropogenic particulates (e.g., microplastics).

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## Introduction

Advancements in nanoscience have enabled arrangements of atoms into novel configurations and development of new

materials with unique properties that offer considerable potential benefits to society. Nanoparticles (NPs; particles with at least one dimension between 1 and 100 nm) and nanomaterials (NMs; materials that contain NPs) [1] are increasingly being incorporated into products, and lifecycle models of NMs predict that many NPs will ultimately be released into the environment [2]. To address concerns of negative environmental effects of NPs, emerging disciplines of nanotoxicology [3] and nanoecotoxicology [4] are evolving rapidly; however, lack of established methods for evaluating toxicity of NPs is a major concern [5]. Some initial experiments have led to erroneous reports that continue to contribute to a misunderstanding of NP toxicity and could impede potential benefits of nanotechnology by creating negative public perceptions [6].

One NP that has perhaps generated the most controversy regarding its toxicity is the  $C_{60}$  fullerene.  $C_{60}$  is a spherical cage-like molecule ( $\sim 1$  nm in diameter) composed of 60 carbon atoms arranged as a highly stable truncated icosahedron [7]. The ability of  $C_{60}$  to both generate and quench reactive oxygen species (ROS) has emerged as a particularly important property for interaction with biological systems [8], and numerous studies have investigated beneficial and toxicological effects of  $C_{60}$  [9]. Among those studies, investigations of  $C_{60}$  toxicity in fish have generated considerable interest because (i) effects in fish are frequently consistent with the effects in other vertebrates including humans, (ii) fish are important components of ecosystems, and (iii) fish are a primary exposure route of humans to persistent environmental contaminants that bioaccumulate [10]. Reports of ROS generation by aqueous preparations of  $C_{60}$  and toxicity in fish have been inconsistent and the objective of this review is to clarify misconceptions and discuss properties of aqueous  $C_{60}$  that are of toxicological importance in fish.

## Potential for $C_{60}$ to generate reactive oxygen species (ROS) in water

Generation of ROS by  $C_{60}$  is influenced by the medium, functionalization of  $C_{60}$ , state of  $C_{60}$  aggregation, and presence and type of illumination. Delocalized  $\pi$  double bonds of the fullerene cage can absorb energy from light and produce a triplet excited state sufficiently long lived for high efficiency transfer of energy to molecular oxygen and formation of reactive singlet oxygen [11]. In water, the lifetime of singlet oxygen is only nano or micro-seconds, but this is sufficient to induce formation of other

ROS species [12] that are also highly reactive with biological molecules. However,  $C_{60}$  is extremely insoluble in water [13] and detection of ROS has been inconsistent for aqueous preparations of  $C_{60}$  {termed  $nC_{60}$ ; diameter tens to hundreds of nm (and some exceed nanodimensions  $>100$  nm) [14]}. If functional groups are added to  $C_{60}$  [e.g.,  $C_{60}(OH)_n$ ], the aqueous fullerene can produce ROS [15], but this review is focused on un-derivatized  $C_{60}$ .

ROS generation by aqueous  $nC_{60}$  has been related to preparation method, presence of associated substances in water, and exposure to light. Preparation methods for aqueous  $nC_{60}$  have been reviewed extensively [8] and can be divided into three categories as follows: solvent extraction ( $nC_{60}(\text{solvent})$  [16]); use of micellar solutions ( $nC_{60}(\text{micelle})$  [17]); and water stirred ( $nC_{60}(\text{stirred})$ ) [18]. ROS have been detected in aqueous  $nC_{60}(\text{solvent})$  preparations [notably tetrahydrofuran (THF); e.g. [19,20,21]; however, these reports have been confounded by evidence that solvent can reside between individual  $C_{60}$  molecules within  $nC_{60}(\text{solvent})$  [22], and that degradation products of solvents (e.g., THF) can remain in the water [23,24,25]. Zhang *et al.* [26<sup>\*</sup>] demonstrated that  $nC_{60}(\text{solvent/THF})$  preparations contained oxidizing agents (THF degradation products) that explained ROS activity and that vigorous washing of  $nC_{60}(\text{solvent/THF})$  preparation was necessary to eliminate ROS activity. Results of experiments that did not appropriately control for solvent effects should no longer be used as evidence that aqueous  $nC_{60}$  can produce ROS.

Potential for ROS generation in aqueous  $nC_{60}$  preparations that are not compromised by solvents depends on aggregate structure and interactions among  $C_{60}$  molecules. Aqueous  $nC_{60}$  preparations absorb light at wavelengths (near 450 nm [15,27]) expected to excite  $C_{60}$  to the triplet state; however, lack of photoreactivity and minimal generation of ROS have now been consistently reported for aqueous  $nC_{60}(\text{solvent})$  and  $nC_{60}(\text{stirred})$  preparations [15,28,29,30,26<sup>\*</sup>,31]. An exception is the studies by Hou and Jafvert [32,33<sup>\*</sup>] that report detectable ROS production after longer periods of solar irradiation, but investigators note that ROS is 'drastically' less than expected for  $C_{60}$ . Selfquenching (interactions among  $C_{60}$  within  $nC_{60}$ ) is suggested to resolve higher  $C_{60}$  energy states induced by light absorption [29,32], a process influenced by aggregate size (based on theoretical models [34]), and also expected with bulk  $C_{60}$  [27]. Overall, present evidence indicates that ROS production by aqueous  $nC_{60}$  is minimal.

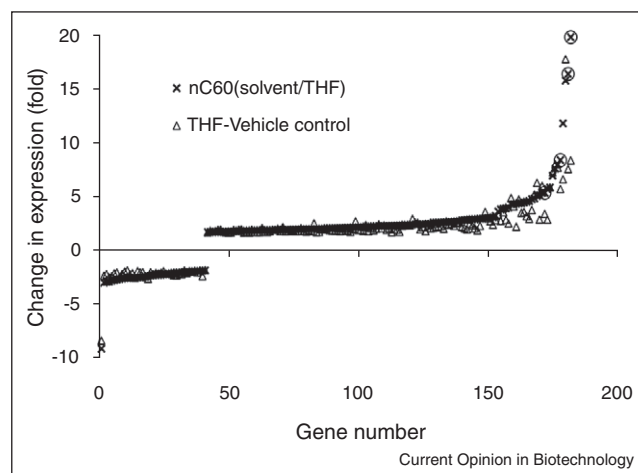
Appreciable amounts of ROS can be generated by micellar solutions of aqueous  $nC_{60}(\text{micelle})$  depending on arrangement of  $C_{60}$  molecules and associated substances. Numerous studies have reported ROS generation in  $nC_{60}(\text{micelle})$  preparations [15,28,29,35,36,27,17], and ROS production can occur when a surfactant (e.g., Triton X100, TX) is applied at above the critical micelle con-

centration (cmc) [27]. Above the cmc,  $C_{60}$  may behave as if dissolved in an organic solvent; however, when  $nC_{60}$  aggregates are present within micelles, selfquenching is likely (as described above) and ROS are minimal [15,27,34]. Environmental relevance of  $nC_{60}(\text{micelle})$  is debatable, but behavior of  $C_{60}$  within micelles may be similar to what could happen if  $C_{60}$  is able to reside within a lipid bi-layer of a cell membrane [15].

### Clarification of $C_{60}$ toxicity in fish

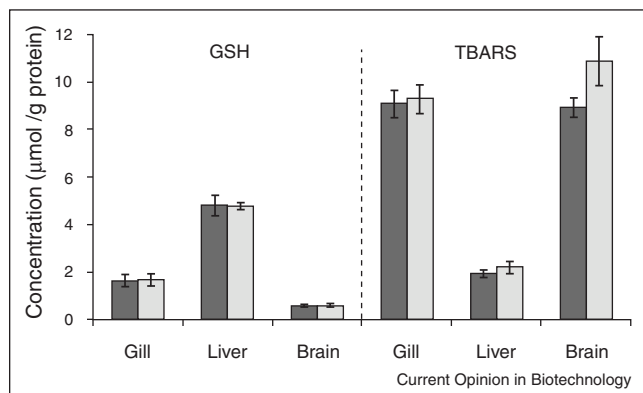
Oxidative stress has been reported in fish exposed to aqueous  $nC_{60}(\text{solvent})$  preparations, but recent studies indicate that some results must be revised. Oxidative stress reported in  $nC_{60}(\text{solvent/THF})$  exposures that did not control for solvent effects [e.g. [19,37,38]] is no longer an appropriate evidence of  $nC_{60}$  toxicity because effects have been convincingly linked to THF decomposition products (Figure 1) rather than  $nC_{60}$  [23,24,25,26<sup>\*</sup>]. Investigations with  $nC_{60}[\text{solvent/dimethyl sulfoxide(DMSO)}]$  in zebrafish and Japanese medaka *Oryzias latipes* reported significant embryo mortality and deformity [39,31], induction of antioxidant defense genes [40], and induction of GSH [31]; and similar effects have been reported for  $nC_{60}(\text{solvent/toluene})$  in Japanese medaka embryos [31]. However, although solvents are known to reside within

Figure 1



Fold changes in expression of larval zebrafish *Danio rerio* genes (182) that differed significantly ( $P < 0.05$ ) relative to the control (normal zebrafish husbandry water) after 72-h exposure to aqueous  $nC_{60}(\text{solvent/THF})$  or to the tetrahydrofuran (THF) vehicle control. Gene expression was evaluated by the Affymetrix GeneChip<sup>®</sup> Zebrafish Genome Array designed to interrogate expression of approximately 14,900 *D. rerio* gene transcripts. Expression profiles were essentially identical for  $nC_{60}(\text{solvent/THF})$  and THF vehicle treatments, which had only four genes (indicated by circle around  $\times$ ) that differed significantly in expression from each other (all up-regulated). In the same experiment, no toxicity was observed in *D. rerio* larvae exposed to water-stirred  $nC_{60}$  [ $nC_{60}(\text{stirred})$ ]. Only ten genes of fish exposed to  $nC_{60}(\text{stirred})$  were differentially expressed (from 2.10 to  $-6.3$  fold) relative to control, eight of these genes were down-regulated, and none were associated with any known toxicological response (no evidence of oxidative stress; further details in Henry *et al.* [23]).

Figure 2



Total glutathione (GSH) and thiobarbituric acid reactive substances (TBARS) in the gills, liver, and brain of juvenile rainbow trout *Oncorhynchus mykiss* fed 500 mg  $C_{60}$ /kg food (shaded bars) compared to control fed fish (light bars) after six weeks exposure. No significant differences in GSH or TBARS were detected and there were also no significant effects on any other toxicological endpoint measured (including: survival, growth, haematology, tissue ion concentration, histopathology, osmoregulation, or biochemistry). No dietary toxicity of  $C_{60}$  was observed; details in Fraser *et al.* [45\*].

$nC_{60}$  [22], the effects of residual solvents on these fish embryo toxicity test results are not well understood. Perhaps solvent generated aqueous  $nC_{60}$  will become industrially important such that  $nC_{60}(\text{solvent})$  exposure in fish becomes environmentally relevant, but it is inappropriate to attribute toxicity to  $C_{60}$  until effects of the solvent are more adequately understood. Preparation of  $nC_{60}$  without solvents (i.e.,  $nC_{60}(\text{stirred})$ ) is recognized as most environmentally relevant and numerous studies have now investigated toxicity of these preparations [e.g., [41,23,42,31]].

Oxidative stress has been reported in fish exposed to aqueous  $nC_{60}(\text{stirred})$ , but critical review indicates that these results are more likely a consequence of the assay technique rather than  $nC_{60}$ . Indications of oxidative stress (enzyme induction, lipid peroxidation) in fish attributed to  $nC_{60}(\text{stirred})$  was reported in one study [37], but the same investigators reported no effect on these endpoints in a separate study [41]. Chronic (32 d) exposure to  $nC_{60}(\text{stirred})$  had a subtle reduction in growth of goldfish *Crassius auratus* and some changes in antioxidant enzyme activity, but effects were not related to  $C_{60}$  concentration (0.04, 0.2, 1.0 mg/L) [43]. Some results of oxidative stress reported in the literature are likely to be false positives. Shinohara *et al.* [44\*] demonstrated lipid peroxidation assays are vulnerable to false positives when  $nC_{60}$  is present, and when conditions (light intensity) were properly controlled, no effects were observed. Similar false positives could explain inconsistencies in oxidative stress indicators reported in Zhu *et al.* [43] and Blickley and McClellan-Green [42]. It is noteworthy that 72-h

exposure to 6 mg/L  $nC_{60}(\text{stirred})$  did not cause significant changes in global gene expression in larval zebrafish *Danio rerio* assessed by the Affymetrix GeneChip<sup>®</sup> Zebrafish Genome array ( $\approx 15,000$  gene transcripts [23]). The only dietary exposure (500 mg  $C_{60}$ /kg food) in fish (juvenile rainbow trout *Oncorhynchus mykiss*) did not report any oxidative stress or other toxicological effects of  $C_{60}$  during or after 6-week exposure (Figure 2) [45\*]. Taken together these studies indicate  $nC_{60}(\text{stirred})$  is of minimal toxicity in fish for the endpoints that have been assessed.

### Ability of $nC_{60}$ to affect the environmental fate and bioavailability of co-contaminants

Emerging concerns about release of  $C_{60}$  into the environment include interactions between aqueous  $nC_{60}$  and other substances (e.g., toxicants, termed here ‘co-contaminants’) and consequent effects on co-contaminant fate, transport, and bioavailability. Changes in environmental behavior of co-contaminants by  $nC_{60}$  could be similar to that recognized as an important component of the presence of other anthropogenic particulates, such as microplastics, in aquatic environments [46]. Co-contaminants can accumulate in aqueous  $nC_{60}$  and accumulation appears to be related to physicochemistry of both  $nC_{60}$  and the co-contaminant [47,48]. Some co-contaminants appear to associate strongly within  $nC_{60}$ , and there is some evidence that co-contaminants [e.g.,  $17\alpha$ -ethinylestradiol (EE2)] adsorb to aggregate surfaces before absorption within  $nC_{60}$  and then become considerably more difficult to disassociate [48,49\*].

Effects of  $nC_{60}$ -co-contaminant associations on co-contaminant bioavailability are largely unknown. Only one study has effectively tested environmentally relevant bioavailability of a co-contaminant (EE2) associated with  $nC_{60}(\text{stirred})$  and demonstrated by assessment of vitellogenin gene (*vtg*) expression that  $nC_{60}$  reduced bioavailability of EE2 in fish [49\*]. The association between EE2 and  $nC_{60}$  led to a greater propensity for aggregates to sediment out of the water column over time, and supports the hypothesis that accumulation of settled aggregates by filter feeding and sediment dwelling organisms as a first step into the aquatic food chain [50]. Filter feeding invertebrates can accumulate  $nC_{60}$  with associated EE2 [51]; however, the EE2 did not become bioavailable (*vtg* not induced) when invertebrates were fed to fish suggesting that aggregate integrity and  $nC_{60}$ -EE2 association were sufficiently robust to withstand fish digestive processes [51]. Co-contaminants held within  $nC_{60}$  may be less vulnerable to degradation processes and lead to enhanced persistence and transport of co-contaminants in the environment although perhaps with decreased co-contaminant bioavailability.

### Conclusions

Techniques for evaluation of ROS production and toxicity of aqueous preparations of  $nC_{60}$  have evolved

over time, and current understanding of fullerene toxicity must recognize that limitations in some initial techniques have led to unintentional erroneous reports of  $nC_{60}$  ROS generation and toxicity. Minimal ROS production by aqueous  $nC_{60}$  based on current evidence and revisions of early reports of oxidative stress induced by  $nC_{60}$  in fish leads to the conclusion that  $nC_{60}$  is of minimal toxicity in fish when appropriate experimental controls have been employed to eliminate artefacts (i.e., solvent effects and controlling light). An emerging environmental issue is that  $nC_{60}$  may have important effects on environmental fate, transport, and bioavailability of co-contaminants in aquatic environments similar to that observed for microplastics.

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Certain commercial equipment, instruments, and materials are identified in order to specify experimental procedures as completely as possible. In no case does such identification imply a recommendation or endorsement by the NIST nor does it imply that any of the materials, instruments or equipment identified are necessarily the best available for the purpose.

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